

Graduate Student Life Weekly Digest

Graduate Student Life Weekly Digest Week of September 23, 2024

Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers-New Brunswick! Share with your friends and tell them to subscribe [HERE!](#) You can contact the Office of Graduate Student Life by emailing gradstudentlife@echo.rutgers.edu or visiting our offices during the week in the Graduate Student Lounge (126 College Ave, behind Panera Bread). Click [HERE](#) for information about weekly staff drop-in hours.

The Graduate Student Lounge is open from 6:45am-12:00am Mondays-Fridays and 9:00am-12:00am Saturdays and Sundays. Click [HERE](#) to view the daily hours for the College Ave Student Center (includes Graduate Student Lounge). Learn more about the Office of Graduate Student Life by visiting our website [HERE!](#)

ANNOUNCEMENTS

Last Chance to Submit ScarletWell Wellness Connection Grant Proposals!

ScarletWell Wellness Connection grants support student directed wellness activities that cultivate interpersonal connection through the arts, humanities, movement, mental and emotional health, and/or physical activity. The Office of Graduate Student Life is invested in supporting graduate students who are interested in proposing student-driven wellness initiatives through the ScarletWell Wellness Connection grant and is willing to serve as a staff partner. If you are interested in applying for a ScarletWell Wellness Connection Grant with the support of the Office of Graduate Student Life, please contact Dean Ghada Endick gendick@echo.rutgers.edu. Check out the “Professional Development” section below for more details on applying for a ScarletWell Connection Grant!

Help Design a Research Study About Cannabis Messaging on Reddit!

Graduate students who actively participate in cannabis-related discussions on Reddit are invited to join the Reddit Community Advisory Board for Project CannTalk through the lab of Dr. Kristina Jackson in the Department of Psychiatry. Advisory Board Members will share their insights and perspectives to assist the research team in

refining their study design and data collection efforts, Advisory Board Members are not study participants and their personal information will be used for CannTalk. Click [HERE](#) to learn more or register to participate in two 1 hour discussion meetings, free pizza will be served!

September is National Student Parent Month!

September is National Student Parent Month! For the month of September acknowledge a graduate student parent superhero by submitting an empowering message of support and recognition of their hard work and commitment juggling the demands of graduate school and family life. Notes will be sent to students along with an RU Express card from the Office of Graduate Student Life. Submit notes [HERE](#) by September 30. Check out the program and events for National Student Parent Month [HERE!](#)

RU Registered to Vote?

If you're planning to vote in the General Election on November 5th, make sure your voter registration is up-to-date. [The RU Voting program](#) recommends all voters check their voter registration status for the state in which they are registered so they can successfully cast their ballot this fall. If you are registered to vote in New Jersey, all voter registration changes must be submitted by 11:59pm on October 15th.

– GET INVOLVED –

Leadership Opportunity: Rutgers NOBCChE Chapter

Student leaders are needed to establish a NOBCChE Chapter at Rutgers University! [NOBCChE](#), the National Organization for the Professional Advancement of Black Chemists and Chemical Engineers, is a leading national group of professional and student leaders. Chapter participation opens the door to leadership, networking, mentoring, and training opportunities at Rutgers, and many leading Pharma companies here in New Jersey and beyond. Student leaders interested in establishing a chapter would be responsible for identifying leadership positions, drafting a constitution, creating an online presence, and developing a roster of members. Student leaders, alongside the chapter advisor, will also host and organize various social and professional events throughout the year. Students interested in serving in a leadership role and establishing a NOBCChE chapter at Rutgers should contact Dr. Gene Hall Gene.Hall@Rutgers.edu and Shawn Rumrill Shawn.Rumrill@Rutgers.edu.

Explore Involvement in Graduate Student Organizations (GSOs)!

Explore the official directory of Graduate Student Organizations (GSOs) recognized by the Graduate Student Association (GSA) and discover graduate involvement opportunities on campus. GSOs are a fantastic way to meet other graduate students and participate in campus activities. Find the GSO directory [HERE](#).

1:1 Coaching Sessions for Volunteer Engagement

Sign up [HERE](#) for a 1:1 Coaching Session

Graduate students looking for ways to volunteer in the community should consider scheduling a 1:1 coaching session with the Office of Student Volunteer Engagement to kick-start their volunteer journey. Click [HERE](#) to schedule a coaching session.

– STAY INFORMED –

Looking for more ways to stay informed? Check out the [Newsletters page](#) on our website! The Newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including: the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more!

Follow Graduate Student Life on Instagram!

Stay up to date with the Office of Graduate Student Life by following us on Instagram [@rugradstudentlife](#)! Never miss another graduate student life event!

EVENTS

– RSVP NOW & COMING UP! –

REGISTER NOW! Scarlet Day of Service Graduate Student Team – Saturday, October 5, 8:00am-5:00pm

Location: Departs from Deiner Park (619 George St, New Brunswick, College Ave Campus)

Register [HERE](#)!

Register now to join the Scarlet Day of Service Graduate Student Team! Scarlet Day of Service is a campus-wide day long service event offered for the Rutgers-New Brunswick community. To join the Graduate Student Team, complete the Scarlet Day of Service Registration form and enter “Graduate Student Life” as your university recognized organization!

RESERVE TICKETS NOW! Milk & Cookies Series @ the State Theatre: Lively Storytelling and Music Series (all ages welcome, recommended for children ages 3-8) – Saturday, October 19, 10:00am-11:00am

Location: State Theatre, Studio (15 Livingston Ave, New Brunswick, NJ 08901)

Reserve your free tickets [HERE](#)!

Join [Amelia Robinson of Mil's Trills](#) as she presents songs from her fourth album, Let It Out, offering musical tools and activities for all ages that help identify, accept, and process emotions in positive and reaffirming ways. Connect with neighbors, family, and friends to restore community, nourish self-love, and build empathy. Milk & Cookies is a lively, interactive storytelling and music series for families. This program, which takes place in a studio and is the perfect way to introduce children ages 3-8 to live theater. Includes a cookie and a carton of milk for every child after the show. The performance

is approximately 45 minutes. Click [HERE](#) to reserve your tickets. Filling out this form is not a guarantee of a ticket, you will receive an email confirming your tickets, if we are able to accommodate. Feel free to contact gradstudentlife@echo.rutgers.edu with any questions! For more information on the show click [HERE](#).

REGISTER NOW! Bollywood Grooves Class – Tuesdays, 7pm–8pm (October 29-December 10)

Location: Sonny Werblin Recreation Center, Multipurpose Room (656 Bartholomew Rd. Piscataway, Busch Campus)

Register for session 2 of Bollywood Grooves, repeats every Tuesday from October 29-December 10!

Register [HERE!](#)

Join instructor Rihi Jain, a seasoned choreographer and Rutgers graduate student, for an energizing experience! Dive into the vibrant world of Bollywood with "Bollywood Grooves"! This dynamic class welcomes all levels to explore Bollywood fusion, Bhangra, and Contemporary dance while building skills and confidence. Advance registration required.

– THIS WEEK! –

Expert Analysis on Election Polling and the State of the Race – Tuesday, September 24, 7pm

Location: Zoom

Register to attend [HERE!](#)

Join the Eagleton Institute of and a panel of expert pollsters for a comprehensive analysis of national polling trends in the lead up to the November 2024 election. This webinar will provide invaluable insights into the way experts interpret pre-election polls and will offer insights into a range of national and state-level polling data. Please contact Nancy Shihadeh shihadeh@rutgers.edu with any questions.

Supporting Parents & Caregivers at Rutgers: Back to School Virtual Lunch – Wednesday, September 25, 12:00pm-1:00pm

Location: Zoom

RSVP [HERE!](#)

Join Supporting Parents & Caregivers at Rutgers (SPCR) for their first social event of the semester! SPCR will host a virtual lunch via Zoom to get to know other graduate student parents and caregivers at Rutgers and discuss resources available to students on campus. SPCR will reimburse attendees for up to \$15 for lunch purchases made to attend this meeting!

Flu Vaccination Clinic – Wednesday, September 25, 12:00pm-7:00pm

Location: The Yard, (40 College Ave. New Brunswick, College Ave Campus)

Rutgers Student Health is offering walk-in flu vaccination clinics through November! Students can bring their RU ID and health insurance card to the Yard on College Ave

and get their annual flu vaccine. The first 100 students at each walk-in clinic will receive a free t-shirt! Click [HERE](#) for more information about the Rutgers Student Health walk-in flu vaccine clinics. Students who wish to schedule an appointment to receive their flu vaccine may do so [HERE](#) through the Student Health portal.

Graduate Student Yoga – Wednesday, September 25, 5pm–6pm

Location: Graduate Student Lounge (126 College Ave, behind Panera Bread, College Ave Campus)

Graduate Yoga is part of the [Life @ The Graduate Student Lounge Event Series](#) and is held every Wednesday.

Graduate Student Yoga is back! Join us on Wednesdays and take a pause from your busy week by practicing Yoga and relax your mind and body with your fellow graduate students. Hosted by Rutgers Recreation and Office of Graduate Student Life. No Registration Needed. Yoga mats and blocks are provided, and all skill levels are welcome! Email gradstudentlife@echo.rutgers.edu with any questions.

Fall Farmers Market – Thursday, September 26, 11am-3pm (Every Thursday in September)

Location: Morrell Street outside the Graduate Student Lounge & College Ave Student Center (126 College Ave, College Ave Campus)

The New Brunswick Community Farmers Market is back! Visit for high-quality fresh fruits and vegetables, honey, flowers, and more! Many vendors accept Supplemental Nutrition Assistance Program (SNAP) Benefits, Good Food Bucks, WIC benefits, Senior Farmers Market Nutrition Program benefits, and Market Bucks provided by Rutgers Student Basic Needs. Click [HERE](#) for more information about the New Brunswick Community Farmers Market.

Scarlet Tabletop Gaming League Interest Meeting – Thursday, September 26, 7:00pm-9:00pm

Location: College Ave Student Center, Room 108 G2 Level (126 College Ave, New Brunswick, College Ave Campus)

Join fellow tabletop game enthusiasts for an evening of fellowship and fun! This will be a space where beginners and enthusiasts alike can unwind and immerse themselves in the intellectual challenges of strategic and thematic board games. This Graduate Student Organization will offer students a chance to relax from the demands of academic life and serve as a valuable networking opportunity. Members can connect with fellow tabletop gamers, build lasting friendships, and share their love for board games. Questions? Email Alex at an525@scarletmail.rutgers.edu.

Inclusion Summit: “Disrupt Hate: Coalition Building Across Difference” – Friday, September 27, 9:00am-3:30pm

Location: Livingston Student Center, Livingston Hall (84 Joyce Kilmer Ave, Piscataway, Livingston Campus) and Virtual

Register [HERE](#) by Wednesday, September 25!

Join the Tyler Clementi Center for Diversity Education & Bias Prevention, in the Division of Diversity, Inclusion, and Community Engagement for the third annual Inclusion Summit's theme this year is “Disrupt Hate: Coalition Building Across Difference.” This summit is a reminder that there is no better time to see the humanity in others, interrupt hatred when we witness it, and come together across our differences to create positive change on campus. The Tyler Clementi Center is thrilled to offer several dynamic capacity-building opportunities, from learning strategies to disrupt hate to transformative education emphasizing solidarity building on campus. In the afternoon, engage in a session unpacking lessons learned from queer activism to praxis toward building the community we want to be. Students may attend either in-person or virtually. Click [HERE](#) for more information.

Know Your Rights & Available Resources as a Pregnant or Parenting Graduate Student Information Session – Friday, September 27, 12pm-1pm

Location: Zoom

Register to attend [HERE](#)!

Are you a student who is currently pregnant, planning a pregnancy or lactating? Join us for this information session on understanding how Title IX protects you from discrimination, resources from the Office of Graduate Student Life and CAPS, and groups to get connected with to build community. Come learn about resources and support services, how the accommodation process works and community engagement opportunities. Hosted by the Office of Compliance & Title IX, Office of Graduate Student Life, and CAPS. Please reach out to gradstudentlife@echo.rutgers.edu with any questions.

A Joyful Noise: Student Well-being Resource Fair & Drum Circle – Friday, September 27, 12:00pm-4:00pm

Location: College Ave Student Center, Morrell St. (126 College Ave, New Brunswick, College Ave Campus)

Join Rutgers Student Health and learn more about student wellness resources and enjoy dancers, hula hoopers, a drum circle, and more!

Shopping Trip Sign-Up – International Students – Saturday, September 28, 10am-1pm

Location: Pick-ups from Bevier Road or Nichols Apartments on Busch Campus or College Ave Student Center on College Ave Campus

Reserve Your spot on the Shuttle [HERE](#)!

Rutgers Global–International Student and Scholar Services arrange shopping shuttles to local stores throughout the semester and summer so students can purchase groceries and other living essentials. You should sign up to reserve your spot on the shuttle. International students and scholars who have signed up will be given preference to ride on the shuttle. You may also register your dependents for the shuttle. To view the full fall schedule of shopping trips and learn more information about the Shopping Shuttle Service, click [HERE](#).

AfroBeats Workout Class – Saturday, September 28, 11:30am–12:15pm

Location: Cook/Douglass Recreation Center, Multipurpose Room (50 Biel Rd, New Brunswick, Cook/Douglass Campus)

AfroBeats Workout Class is held every Saturday from 11:30am-12:15pm except on October 12.

Join graduate instructor Zina Ogunnaya for Afrobeats Workout Class, a modern spin on traditional Nigerian dance! AfroBeats is open to all participants interested in the art of dance and cultural exploration of Afrobeats. Bring water and comfortable tennis shoes for our beginner-intermediate level class. No dance background is needed to enjoy the mix of cardio and choreography in this class!

Ultimo Domingo Celebration at the Zimmerli Art Museum – Sunday, September 29, 1pm – 3pm

Zimmerli Art Museum (71 Hamilton Street, New Brunswick, College Ave Campus)

Join the Zimmerli Art Museum for September’s Último Domingo ‘Last Sunday’ in celebration of Latinx Heritage Month! Enjoy a vibrant day filled with live music, guided tours of the museum, engaging art activities and delicious food. This free event is open to all ages and communities. Don't miss out on this exciting opportunity to honor and experience the rich cultural heritage of the Latinx community. Click [HERE](#) for more information. Please reach out to education@zimmerli.rutgers.edu with any questions.

– WELLNESS WORKSHOPS, GROUPS, & SUPPORT–

International Student Wellness Workshop: Adapting and Thriving at Rutgers – Thursday, September 26, 5pm-6:30pm

Location: Rutgers Global ISSS (180 College Ave, New Brunswick, College Ave Campus)

Register to attend [HERE](#)!

Join CAPS and RU Global ISSS for the first wellness workshop of the Fall! Do you feel stressed moving to a new country with different customs, values, and social norms? International students coming to the U.S. often find themselves struggling to adapt to the new way of life. This wellness workshop series is meant to bring international and domestic students together to share similarities, discuss culture differences, and strategies to help international students feel more comfortable in their new surroundings. Snacks will be provided!

Scuba Therapy Group for Survivors of Violence or Trauma

Sign up for a pre-screening [HERE!](#)

The Office of Violence Prevention and Victim Assistance (VPVA) is launching a new therapy group that utilizes scuba diving as a tool for healing! The Beneath the Surface Scuba Group is not a typical therapy group, it is a unique scuba diving experience that focuses on trust, empowerment, and letting go. Led by professional divers, participants will learn to scuba in the safety of the Werblin Rec Center pools, and will follow up with reflective sessions with a counselor. This program is free and will run on Thursdays from October 24th to November 21st. No prior scuba experience required. Participants must complete a pre-screening. Click [HERE](#) for more information.

FREE Executive Function & CBT Group for Students with Mild TBI (Traumatic Brain Injury)

The Rutgers Center for Youth Social Emotional Wellness (CYSEW) and Graduate School of Applied and Professional Psychology's (GSAPP) are piloting a FREE group for students with mild TBI (Traumatic Brain Injury) using an adaptation of the [well-researched ACCESS program](#). The group focuses on building executive functioning (organization, planning, and time management) and cognitive behavioral skills for mood and anxiety. The group will meet over the course of 8-10 weeks and begin in fall 2024. Click [HERE](#) if you are interested in participating in the free pilot ACCESS program for students with mild TBI.

Free or Low-Cost Assessments for ADHD, Anxiety, and Depression

The Rutgers Center for Youth Social Emotional Wellness (CYSEW) in collaboration with the Graduate School of Applied and Professional Psychology's (GSAPP) Center for Psychological Services (CPS) is offering comprehensive evaluations for ADHD, Anxiety, and Depression by trained PsyD clinicians at low or no cost to Rutgers Students. Assessments are conducted through convenient, confidential, virtual sessions. Students will receive a feedback session and diagnostic report along with a detailed list of support services and resources available at Rutgers. Students covered by Rutgers health insurance will pay \$0 for an evaluation, those not covered by Rutgers health insurance will pay \$150. Click [HERE](#) for more information, Click [HERE](#) to request services, and email cysew@gsapp.rutgers.edu with any questions.

ACCESS Program for Graduate Students with ADHD and Autism

The Rutgers College Support Program (CSP), run collaboratively with the Center for Youth Social Emotional Wellness (CYSEW) and Center for Adult Autism Services (RCAAS) is offering the [well-researched ACCESS program](#) for graduate students with ADHD and Autism. The ACCESS program provides small group and individual mentoring services that focus on psychoeducation, behavioral skills & strategies, and cognitive skills & strategies to help students build social connections, organization and time management skills, learn to navigate the resources available to them at Rutgers,

boost motivation and counteract negative thought patterns, and more. The ACCESS program is available in-person and virtually. Click [HERE](#) to learn more about the ACCESS program, click [HERE](#) to express your interest in participating in the ACCESS program, no diagnosis required. There is a \$1,000 participation cost for the semester, sliding scale pricing is available. Please contact Program Coordinator Sophia Frontale sf924@gsapp.rutgers.edu with any questions.

New Arts and Wellbeing Program – Scarlet Arts Rx

Discover the transformative power of the arts through a new FREE arts and well-being program for all Rutgers–New Brunswick students– Scarlet Arts Rx! Arts engagement is related to improvements in: mood, Sleep quality, Social connections, Self-confidence, Creative thinking skills, and more! You don't need to be an artist to participate in Scarlet Arts Rx and get: free reserved Mason Gross School of the Arts (MGSA) box office tickets for theater, dance, and music performances (and you can bring RU-NB friends for free), opportunities to connect socially and meet new people, and higher self-awareness about how the arts affect your well-being. Each time you fill out a 1-minute feedback survey after each RU-NB arts activity or event you attend, you can be entered into a monthly drawing for a chance to win a \$50 gift card. Sign up for Scarlet Arts Rx [HERE](#), and check out Scarlet Arts Rx on getINVOLVED [HERE](#). Please contact Peichi Waite pw337@mgsa.rutgers.edu with any questions.

Weekly Let's Talk Drop In Counseling Conversations

Free Private and Confidential Drop-In Conversations with licensed mental health professionals available in-person or virtual. CAPS Community Based Counselors offer support and counseling services from within university communities—including academic schools and cultural centers. Students are welcome to visit any Community Based Counselor they would like, and may choose a counselor based on the topic they would like to discuss and the counselor's therapeutic approach or community. Click [HERE](#) for information and schedules for Let's Talk sessions and click [HERE](#) to learn more about individual CAPS Community Based Counselors (look for "Community Based-Counselor").

Uwill: FREE Immediate-Access to Teletherapy

Uwill provides free immediate access to teletherapy through an easy-to-use, private, secure, confidential, online platform. Choose a therapist based on your preferences, including issue, gender, language, and ethnicity. Select a time that fits your schedule, including day, night, and weekend availability. Register and book your first session using your Rutgers email [HERE](#).

– ACADEMIC SUPPORT & WORKSHOPS –

New Brunswick Libraries Data and Research Methods Workshops for Graduate Students!

The New Brunswick Libraries' calendar of data and research methods workshops for Fall 2024 is available now. Check out workshops in citation managers, R, Python, systematic reviews, NVivo, ethnography, qualitative research, GIS, and more. Click [HERE](#) to view the full schedule of workshops and register. More workshops will be added later in the month on data science, so stay tuned for additional announcements. Please contact Francesca Giannetti, NBL Graduate Specialist Program francesca.giannetti@rutgers.edu with any questions.

Graduate Writing Accountability Groups

The Graduate Writing Program, in partnership with the Learning Centers in the Office of the Provost, is pleased to announce the launch of Writing Accountability Groups. Interested graduate students are invited to sign up for student-led writing accountability groups. Sessions will be held on Zoom at various times and days each week and students may choose the weekly slot that best suits their availability to meet and write alongside other Rutgers graduate students to make progress toward their writing goals. After registering, participants will be provided with materials to help them effectively structure and run these student-led productivity sessions. Click [HERE](#) to sign up for a Graduate Writing Accountability Group and [HERE](#) for more information about the Graduate Writing Program. A limited number of seats remain available for the Graduate Writing Program's zero-credit support course for the fall semester.

Scholarly Writing Support Available from the Graduate Writing Program

The Graduate Writing Program supports graduate students in achieving their scholarly writing goals by offering writing workshops, guest lectures, and free, zero-credit courses that carry no additional work other than writing students are already completing for their academic programs. Click [HERE](#) to learn more about the Graduate Writing Program, [HERE](#) to learn more about the courses offered by the Graduate Writing Program and click [HERE](#) to register for courses. Please reach out to the Director of the Graduate Writing Program, Mark DiGiacomo mark.digiacomo@rutgers.edu with any questions.

Stats & Writing Tutoring Available from the Learning Centers

The Rutgers Learning Centers offers stats and writing tutoring to graduate students. Learning Centers stats tutors can assist with quantitative study methods, analysis, interpretation, data clean-up, statistical software, and more. Graduate-level writing tutors can provide helpful feedback and suggestions on all aspects of your writing, from brainstorming and organizing topics, to creating and strengthening a thesis, to revisions and citations. Use Penji to connect with a tutor. Click [HERE](#) to learn how to use Penji online or download the Penji app. Please contact

academiccoaches@echo.rutgers.edu with any questions or issues using Penji. Click [HERE](#) to learn more about the resources available to graduate students through the Learning Centers.

Academic Coaching from the Learning Centers

The Rutgers Learning Centers offers academic coaching to graduate students. Academic Coaching can be particularly helpful for tackling motivation challenges, breaking down large tasks into more approachable segments, and seeking accountability for productivity. Several of Rutgers' Academic Coaches specifically support graduate students. Use Penji to join the Academic Coaching community and connect with an Academic Coach. Click [HERE](#) to learn how to use Penji online or download the Penji app. Please contact academiccoaches@echo.rutgers.edu with any questions or issues using Penji.

PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES

– PROFESSIONAL DEVELOPMENT –

Teaching Assistant Project (TAP) Workshop: Managing Your Time as a TA – Wednesday, September 25, 12pm-1:30pm

Location: Zoom

Register [HERE!](#)

Each semester the Teaching Assistant Project (TAP) offers workshops covering a wide range of topics to assist TAs with their continued professional development. These sessions, designed for current and future graduate student TAs, are free. All workshops are virtual. Teaching Assistant Project Staff at School of Graduate Studies are here to help! Feel free to contact them with questions at tapweb@grad.rutgers.edu.

NEXT WEEK! Virtual Workshop: Strategic Career Development for Non-Academic Pathways – Wednesday, October 2, 5pm

Location: Zoom

Register [HERE!](#)

Join the School of Graduate Studies for a professional development workshop led by Aditya Narain, Co-Managing Partner of Mark Cohen & Company and an expert in career strategy and leadership. This workshop will focus on helping graduate students explore and prepare for successful careers outside academia. Mr. Narain will guide students through identifying transferable skills, building a personal brand, and navigating career transitions in non-academic sectors. The session will emphasize practical strategies for self-marketing and long-term career management, providing tools to approach non-academic roles with confidence and foresight. Students will learn how to conduct a process-driven career search, identify leadership opportunities,

and maximize their impact beyond academia. Please reach out to Ramazon Gungor rg835@grad.rutgers.edu with any questions.

LAST CHANCE TO APPLY! ScarletWell Wellness Connection Grants!

Apply [HERE](#) by September 27!

ScarletWell Student Wellness grants support student directed wellness activities that cultivate interpersonal connection through the arts, humanities, movement, mental and emotional health, and/or physical activity. Individuals, pairs, or teams of graduate students are encouraged to apply. Proposals that focus on graduate student wellness are welcomed. ScarletWell intends to issue 20 grants ranging from \$200-\$1,500 and the ScarletWell team will work closely with the cohort of selected applicants during the Fall 2024 semester to implement activities in the Winter and Spring semesters of 2025. The cohort of selected applicants will serve as Rutgers-New Brunswick Wellness Champions. Click [HERE](#) for more information about the ScarletWell Wellness Connection Grants and to view proposal requirements.

The Office of Graduate Student Life is invested in supporting graduate students who are interested in proposing student-driven wellness initiatives through the ScarletWell Wellness Connection grant and is willing to serve as a partner. If you are interested in applying for a ScarletWell Wellness Connection Grant with the support of the Office of Graduate Student Life, please contact Dean Ghada Endick gendick@echo.rutgers.edu.

BIG10 Virtual Academia Career Fair – Wednesday, October 16, 11am-2pm

Location: Virtual

Register [HERE](#) by October 16 (Submit CVs by October 8)!

Graduate Students interested in pursuing careers in research or academia are encouraged to attend the virtual BIG10 Academia Career Fair hosted by Ohio State University. Meet with academics and research organizations and interact with recruiters through video, audio, and chat. Discover new tenure, non-tenure track, postdoctoral trainee, and fellowship career opportunities. All levels of graduate students and postdocs are welcome to participate and explore career opportunities in academia and research. Sessions are limited, so be sure to register in advance!

– SCHOLARSHIP, & FUNDING OPPORTUNITIES –

SGS Conference and Research Travel Award Program

Apply [HERE](#) by December 15!

The School of Graduate Studies Conference and Research Award program is designed to provide support to Ph.D. students in the School of Graduate Studies (School 16) who do not have access to the [conference funding programs available through the New Brunswick/Piscataway and Newark Biomedical Sciences programs](#). The purpose of the SGS Conference and Research Award program is to help offset costs associated with off-campus research activities and presenting at academic, scholarly, and scientific conferences. Students may apply for a \$1000 stipend to support research or

conference travel between July 1, 2024 and June 30, 2025. Click [HERE](#) for more information about the SGS Conference and Research Travel Award Program and to access the application. Please contact SGS_Awards@grad.rutgers.edu with any questions.

Build a Fellowship Plan with GradFund!

[GradFund](#) provides graduate students with information on how to apply for external scholarship, fellowship, and funding opportunities. GradFund also provides guidance and assistance with application processes.

Schedule an appointment with a GradFund advisor for fellowship assistance! Schedule a Planning Meeting to learn how to search for fellowships and grants or to plan out your future funding applications. Request Help with a Funder to learn about the funder's application review process and find the best way to frame your research plans for a particular application. Book an Application Review appointment to have a GradFund advisor review your application materials for one application. Schedule a Post-Award Consultation for advice on moving forward after receiving a fellowship offer. Wherever you are in the fellowship, grant, or award process, GradFund is here to help! Click [HERE](#) for more information on GradFund and click [HERE](#) to schedule a Gradfund appointment.

Learn to Write a Competitive Funding Application with GradFund's FREE Self-Paced Canvas Course

Learn to write a competitive external funding application using GradFund's FREE self-paced Canvas course! This course teaches the art of competitive proposal writing through developing familiarity with both funders in your field of study and the proposal writing genre. Click [HERE](#) to enroll in GradFund's self-paced Canvas course.

[The Office of Financial Aid](#) can provide information about need-based funding and financial aid. Other forms of need-based aid or scholarships may be available through your school of enrollment.

– EMPLOYMENT OPPORTUNITIES –

Machine Learning Researcher – Game Research and Immersive Design: Division of Continuing Studies

Compensation: \$17 an hour, part time

Position dates: April 30, 2025 - May 30, 2025

Apply [HERE](#) by 6am on October 29!

Game Research and Immersive Design (GRID) at Rutgers-New Brunswick is seeking a graduate student to work as a Machine Learning Researcher alongside the GRID Director and DevOps Lead to manage data for a machine learning project. Current graduate students with experience with Python or R and Python frameworks

(FastAPI/Django), GitHub, and a strong understanding of statistical modeling are encouraged to apply.

To access even more jobs, and internship listings, schedule appointments with career advisors, network with recruiters, and more visit [Rutgers Handshake](#). Handshake is offered by the [Office of Career Exploration and Success \(CES\)](#). Click [HERE](#) to access and set up your Handshake account. Check out [THIS](#) video to assist you in the setup of Handshake and [THIS](#) video on updating your career community.

THE RESOURCE CORNER

Student Basic Needs: Rutgers Student Food Pantry & Mobile Food Pantry

The Rutgers Student Food Pantry and Mobile Food Pantry is dedicated to helping all Rutgers students in need of food. Students can visit the Student Food Pantry located in the College Avenue Student Center or visit one of the many Mobile Food Pantry locations and receive about one week's worth of groceries, no questions asked. Click [HERE](#) to view the operating hours and locations of the Rutgers Student Food Pantry and Mobile Food Pantry.

Student Basic Needs: Emergency Aid Fund

The Rutgers Emergency Aid Fund provides RU-New Brunswick students with one-time need-based financial support for unforeseen, unavoidable, and unplanned costs associated with emergencies like accidents, illnesses, fire and water damage, or the need for emergency housing or food. International and undocumented students are eligible to apply for the Emergency Aid Fund. Click [HERE](#) for more information and to find the application for Emergency Aid.

STUDENT SERVICES & SUPPORT

New Resource Webpage for Pregnant and Parenting Graduate Students!

The Office of Graduate Student Life, in partnership with the Office of Title IX & Compliance, and Supporting Parents & Caregivers at Rutgers (GSO), recently launched a new resource webpage for pregnant and parenting graduate students! This webpage serves as a platform for helping pregnant and parenting students locate resources, policies, support services, and community engagement opportunities available at Rutgers University and in the local community. Click [HERE](#) to visit the webpage.

Academic, Employment, and Student Support Resources on the Graduate Student Life Website!

Looking for graduate student resources, services, or support? Check out our newly revamped resource pages on our website! Find information on [Academic Support Resources](#), [Career & Professional Development](#), [Student Support Services & Resources](#) and more on our website!

Do you have an opportunity for graduate students that you would like to promote in the Graduate Student Life Weekly Digest? Submit it [HERE!](#)