

Graduate Student Life _____ Weekly Digest

Graduate Student Life Weekly Digest Week of May 5, 2025

Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers-New Brunswick! Share with your friends and tell them to subscribe HERE!! You can contact the Office of Graduate Student Life by emailing gradstudentlife@echo.rutgers.edu or visiting our offices during the week in the Graduate Student Lounge (126 College Ave, behind Panera Bread). Click HERE for information about staff office hours.

The Graduate Student Lounge is open from 6:45am-12am Monday-Friday and 9am-12am Saturday and Sunday. On May 15-16, the Lounge will be open from 8am-7pm, closed on May 17, and open from 8am-5pm on May 18. Starting May 19, the Graduate Student Lounge will transition to summer operating hours and will be open from 8am-6pm Monday-Thursday, 8am-5pm Friday, and closed Saturday-Sunday. Click HERE to view the current daily hours for the College Ave Student Center (includes Graduate Student Lounge). Learn more about the Office of Graduate Student Life by visiting our website HERE!

ANNOUNCEMENTS

Congratulations to the Class of 2025!

Congratulations to all the graduate and professional students graduating in the class of 2025! The Office of Graduate Life wishes you the best of luck in your future endeavors!

Happy Summer Break from Graduate Student Life!

Happy summer break from the Office of Graduate Student Life! This will be the final issue of the Graduate Student Life Weekly Digest for the Spring 2025 semester! The Weekly Digest will transition to a monthly distribution schedule for the months of June and July with issues on June 9 and July 14 and resume weekly distribution on August 18. On May 15-16, the Graduate Student Lounge will be open from 8am-7pm, closed on May 17, and open from 8am-5pm on May 18. Starting May 19, the Lounge will transition to summer operating hours and will be open from 8am-6pm Monday-Thursday, 8am-5pm Friday, and closed Saturday-Sunday.

Participate in a Survey on Graduate Student Appreciation Initiatives!

All graduate students are invited to participate in a brief survey on graduate student appreciation initiatives, including Graduate and Professional Student Appreciation Week, to help inform future programming by the Office of Graduate Student Life. All feedback is collected anonymously and participants are eligible to opt in to a drawing to receive one of two digital \$25 Amazon gift cards. Click HERE to complete the survey by 11:59pm EST on May 11.

Alexander Library Open 24 Hours During Finals!

The Archibald S. Alexander Library on College Avenue has announced it will remain open for 24 hours a day to students, faculty, and staff during reading days and final exams for specific periods of time. Alexander Library will be open 24 hours from Tuesday, May 6, 8am, through Saturday, May 10, 8pm, and from Sunday, May 11, 11am, through Wednesday May 14, 2am.

Searching for a Facilitator for the Supporting Neurodiversity at Rutgers (SNR) Affinity Group for 2025-2026

The Office of Graduate Student Life is seeking a new graduate student facilitator(s) for the Supporting Neurodiversity at Rutgers (SNR) Affinity Group for 2025-2026. Facilitators work with the Office of Graduate Student Life to plan and host monthly meetings for the affinity group. This is a voluntary position. Supporting Neurodiversity at Rutgers (SNR) is an affinity group for all neurodivergent graduate students, including those with Autism, ADHD, OCD, Sensory Processing Sensitivity, Dyslexia, Tourette's, and other neurological differences. This group will offer an intentional, supportive space for students with neurodivergent identities or experiences to connect and build community. If you are interested in becoming a facilitator for this group for the 2025-2026 academic year, please email Ghada Endick at gendick@echo.rutgers.edu no later than Monday May 12. For more information about Graduate Affinity Groups click HERE.

On Campus Over Summer? So is the Zimmerli!

The Zimmerli Art Museum will be open through July 31st, featuring special exhibitions, permanent collections, and programs. Admission is free! To learn more about upcoming events or exhibitions at the Zimmerli, click HERE.

PROJECT MOVE-OUT: free bulk waste recycling initiative for Rutgers students living in New Brunswick!

Rutgers University Off-Campus Living, in partnership with the City of New Brunswick, is taking part in Project Move Out. This initiative aims to recover discarded furniture, appliances and textiles from students residing in New Brunswick, keeping those items away from landfills and reducing the community's overall carbon footprint. Rutgers

students who pre-register by 12pm on May 19 will be eligible for free curbside pickup for bulk items between May 21 and May 23. Curbside pickup may not be available for apartment complexes that receive regular garbage collection through a private hauler. Students living outside of New Brunswick can drop off bulk trash May 19th–May 23rd between 7am–3pm at Lot 30 behind the College Avenue Gym. No Registration necessary for drop off, Rutgers ID is required. Click HERE to register for curbside pickup or to learn more about Project Move Out!

- STAY INFORMED -

Looking for more ways to stay informed? Check out the <u>Newsletters page</u> on our website! The Newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including: the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more!

Follow Graduate Student Life on Instagram!

Stay up to date with the Office of Graduate Student Life by following us on Instagram @rugradstudentlife! Never miss another graduate student life event!

EVENTS

- THIS WEEK! -

Study Break at the Zimmerli - Tuesday, May 6, 12pm-8pm

<u>Location: Zimmerli Art Museum (71 Hamilton Street, New Brunswick, College Ave Campus)</u>

On this Reading Day, the Zimmerli will be closed to the general public and open to Rutgers students for exclusive programming! Don't miss out on designated quiet study areas to study in the museum and free study break activities before finals. Relax with chair massages and chair yoga, unwind with brain break activities, and refuel with free sandwiches, pizza, snacks, and beverages! A valid RUID or CampusPass is required for entry. Click HERE for more information.

GSA Barbeque Party - Tuesday, May 6, 2pm-5pm

Location: Buell Apartments (55 Bevier Rd, Piscataway, Busch Campus)

RSVP HERE!

Join the Graduate Student Association (GSA) for an afternoon barbeque party! Take a break from finals and enjoy burgers, chilled drinks, beats, and unbeatable vibes with friends!

GSA Coffee and Breakfast - Wednesday, May 7, 9am-11am

<u>Location: Graduate Student Lounge (126 College Ave, New Brunswick, College Ave Campus)</u>

RSVP HERE!

Join the Graduate Student Association (GSA) for a delightful morning of warmth, conversation, and scrumptious treats! Kickstart your day or savor a leisurely morning and be sure to bring your smiles, appetite, and friends for a cozy hangout filled with good vibes and great company!

Free Lunchtime Music Performance Series – Wednesday, May 7, 12:30pm-1:15pm Location: Kirkpatrick Chapel (81 Somerset St, New Brunswick, College Ave Campus) Graduate Students and staff serving graduate students are warmly invited to join Scarlet Arts Rx and drop in to de-stress with a free lunchtime music performance series, Mid-Day Rest & Reset! The performance will take place in a gorgeous meditative space: the beautiful Kirkpatrick Cathedral. Bring your lunch to eat inside the chapel and learn about the connection between music and well-being! This is not a religious event, only the venue is being used, all are welcome! Please contact Anjel Fierst scoop.rutgersnb@gmail.com with any questions.

Shopping Trip Sign-Up – International Students – Thursday, May 8, 5pm-8pm Location: Pick-ups from Bevier Road or Nichols Apartments on Busch Campus Reserve Your spot on the Shuttle HERE!

Rutgers Global–International Student and Scholar Services arrange shopping shuttles to local stores throughout the semester and summer so students can purchase groceries and other living essentials. You should sign up to reserve your spot on the shuttle. International students and scholars who have signed up will be given preference to ride on the shuttle. You may also register your dependents for the shuttle.

- RSVP NOW & COMING UP! -

NEXT WEEK! Shopping Trip Sign-Up – International Students – Saturday, May 17, 10am-1pm

<u>Location: Pick-ups from Bevier Road or Nichols Apartments on Busch Campus or College Ave Student Center</u>

Reserve Your spot on the Shuttle **HERE!**

Rutgers Global–International Student and Scholar Services arrange shopping shuttles to local stores throughout the semester and summer so students can purchase groceries and other living essentials. You should sign up to reserve your spot on the shuttle. International students and scholars who have signed up will be given preference to ride on the shuttle. You may also register your dependents for the shuttle.

COMING UP! Virtual Career and Internship Fair for Master's & Doctoral Students – Friday, May 30, 12pm-3pm

Location: Virtual

Register on Handshake <u>HERE!</u>

Join the Office of Career Exploration and Success (CES) for their Virtual Career and Internship Fair for Master's & Doctoral Program Students. Actively recruiting employers will be available to virtually network with candidates to discuss full-time, part-time, and internship opportunities, including in-person, virtual, or hybrid roles. Employer registration is ongoing so be sure to check back often to see new additions! This Virtual Career and Internship Fair is open to all Rutgers University students and alumni currently pursuing or possessing master's and doctoral degrees. Please contact Senior Assistant Director, Lisa Goddard at Igoddard@rutgers.edu with any questions.

- WELLNESS WORKSHOPS, GROUPS, & SUPPORT-

Low Cost ADHD Assessments through the Rutgers Center for Youth Social Emotional Wellness and the Graduate School of Applied & Professional Psychology Center for Psychological Services

The Rutgers Center for Youth Social Emotional Wellness (CYSEW) in partnership with the Graduate School of Applied & Professional Psychology Center for Psychological Services (GSAPP) is now offering low-cost psychological assessments to all Rutgers Students. Assessments are \$150 and include a comprehensive screening for ADHD, anxiety, and depression, a detailed diagnostic report with resources, and a feedback session. To request a virtual assessment scheduled at your convenience, click <a href="https://example.com/heres/her

Couples Therapy Services Available at NJ Couples Clinic at the Rutgers Psychological Clinic

<u>Location: Rutgers Psychology Building, NJ Couples Clinic (152 Frelinghuysen Road, Piscataway, Busch Campus)</u>

The Rutgers University Couple Therapy Clinic is now offering evidence-based couples therapy, provided under expert supervision by advanced graduate students in clinical psychology. The clinic aims to provide a safe and supportive environment where couples and individuals can work on their relationship goals, whether it be overcoming challenges or simply enhancing their connection with their partner. The NJ Couples Clinic provides services such as guidance through communication improvement, conflict resolution, intimacy rekindling, and managing life transitions. Services are free to those with Rutgers Student Insurance and offered at a low sliding scale fee to those without. Contact Co-Director of the NJ Couples Clinic at Rutgers and GSAPP professor Karen Riggs kskean@gsapp.rutgers.edu with any questions.

Weekly Let's Talk Drop In Counseling Conversations

Free Private and Confidential Drop-In Conversations with licensed mental health professionals available in-person or virtual. CAPS Community Based Counselors offer support and counseling services from within university communities—including academic schools and cultural centers. Students are welcome to visit any Community Based Counselor they would like, and may choose a counselor based on the topic they would like to discuss and the counselor's therapeutic approach or community. Click HERE for information and schedules for Let's Talk sessions and click HERE to learn more about individual CAPS Community Based Counselors (look for "Community Based-Counselor").

Uwill: FREE Immediate-Access to Teletherapy

Uwill provides free immediate access to teletherapy through an easy-to-use, private, secure, confidential, online platform. Choose a therapist based on your preferences, including issue, gender, language, and ethnicity. Select a time that fits your schedule, including day, night, and weekend availability. Register and book your first session using your Rutgers email HERE.

- ACADEMIC SUPPORT & WORKSHOPS -

Registration Open: Fall 2025 Graduate Writing Program Courses!

Registration is now open for Fall 2025 Graduate Writing Program (GWP) courses! Students of all academic disciplines are encouraged to register for GWP courses to receive individualized, discipline-specific feedback throughout the semester. These free, zero-credit courses carry no additional work other than writing students are already completing for their academic programs. Seating is limited so be sure to register early! Click HERE to register for fall 2025 GWP courses. For questions, please contact Mark DiGiacomo at markid@english.rutgers.edu.

Graduate Writing Accountability Groups

The Graduate Writing Program, in partnership with the Learning Centers in the Office of the Provost, is pleased to announce the launch of Writing Accountability Groups. Interested graduate students are invited to sign up for student-led writing accountability groups. Sessions will be held on Zoom at various times and days each week and students may choose the weekly slot that best suits their availability to meet and write alongside other Rutgers graduate students to make progress toward their writing goals. After registering, participants will be provided with materials to help them effectively structure and run these student-led productivity sessions. Click HERE to sign up for a Graduate Writing Accountability Group.

Academic Coaching with Dr. Wilson Ng

Meet Dr. Wilson Ng (he/him/his), the newly appointed Senior Program Coordinator and Academic Coach for Graduate Student Services at the Rutgers Learning Centers. Dr.

Ng provides one-on-one academic coaching and facilitates workshops and programming tailored to graduate students. With a background in college student affairs and years of experience in student development and support, he is eager to bring his expertise to the Rutgers community and looks forward to collaborating with students as they navigate their academic journeys in graduate school! Click HERE to make a one-on-one appointment with Dr. Ng via Penji. For any questions, email him at wwn2@echo.rutgers.edu.

PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES

- SCHOLARSHIP & FUNDING RESOURCES -

Check Out GradSense - A Financial Resource for Graduate Students

GradSense is a website designed to help current and prospective students make informed financial decisions about graduate school. GradSense provides guidance on how to evaluate the cost and value of a graduate degree; determining if graduate school aligns with long-term career goals; options for funding a graduate degree and applying for financial assistance; and essential tips on managing finances while in graduate school. GradSense is free and available to anyone who is interested in learning more about the financial considerations of graduate school. GradSense is managed by the Council of Graduate Schools (CGS) and generously supported by TIAA. Click HERE to access GradSense.

Build a Fellowship Plan with GradFund!

<u>GradFund</u> provides graduate students with information on how to apply for external scholarship, fellowship, and funding opportunities. GradFund also provides guidance and assistance with application processes.

Schedule an appointment with a GradFund advisor for fellowship assistance! Schedule a Planning Meeting to learn how to search for fellowships and grants or to plan out your future funding applications. Request Help with a Funder to learn about the funder's application review process and find the best way to frame your research plans for a particular application. Book an Application Review appointment to have a GradFund advisor review your application materials for one application. Schedule a Post-Award Consultation for advice on moving forward after receiving a fellowship offer. Wherever you are in the fellowship, grant, or award process, GradFund is here to help! Click HERE for more information on GradFund and click HERE to schedule a Gradfund appointment.

Learn to Write a Competitive Funding Application with GradFund's FREE Self-Paced Canvas Course

Learn to write a competitive external funding application using GradFund's FREE self-paced Canvas course! This course teaches the art of competitive proposal writing through developing familiarity with both funders in your field of study and the proposal writing genre. Click <u>HERE</u> to enroll in GradFund's self-paced Canvas course.

The Office of Financial Aid can provide information about need-based funding and financial aid. Other forms of need-based aid or scholarships may be available through your school of enrollment.

- EMPLOYMENT OPPORTUNITIES -

Graduate Program Coordinator – Office of Graduate Student Life

Compensation: \$20 per hour, 7-10 hours per week (summer) & 15 hours per week

(academic year)

Position Dates: June 2, 2025 to May 16, 2026

Location: Hybrid

Apply HERE by 11:59pm on May 11!

The Graduate Program Coordinator will work in tandem with the Assistant Dean for Graduate Student Life to enhance the educational experience and quality of life for Rutgers University – New Brunswick graduate and professional students by serving their diverse needs, fostering community and a sense of belonging, and helping students navigate the vast array of resources available at Rutgers. Position responsibilities include planning events and programs, managing weekly newsletter, website updates, social media, and other communication initiatives, assessment and evaluation, office assistant supervision and partnering with the Graduate Student Association (GSA) for graduate student lounge utilization. Please review the job listing HERE for additional details. Please contact Dean Ghada Endick at gendick@echo.rutgers.edu with any questions.

Emerging Scholar Administrative Assistant – African Studies Association

Compensation: \$25 per hour, 10-20 hours per week (depending on time of year)

Position Dates: May 2025 - May 2027 Location: Hybrid, primarily on-site

Apply via email by May 23!

The African Studies Association (ASA) Emerging Scholar Administrative Assistant is a part-time administrative support position focusing on engagement with Emerging Scholars and related programming. This position involves reporting directly to the Executive Director and includes a paid trip to the ASA Annual Meeting, held annually in November or December. This is an exciting opportunity to learn more about nonprofits and the function of scholarly societies in higher education. The position also offers the chance to directly work with graduate students in the US and beyond. The ideal

candidate is a doctoral or master's student who is interested in continuing in the role for the next few years while completing their studies or dissertation. Authorization to work in the United States is Required. To apply, please email Ellen McPherson members@africanstudies.org an updated resume/CV and a short paragraph of interest.

Research Assistant (Multiple Openings) – Education and Employment Research Center, School of Management and Labor Relations

Compensation: \$16-18 per hour, 20 hours per week

Position Dates: April 2025-September 2025

Location: Onsite

Apply **HERE** by 6am on September 12 (Hiring Immediately)!

The Education and Employment Research Center at the School of Management and Labor Relations at Rutgers University is seeking research assistants to work on an education and workforce development research project. Researchers would help gather data to support an ongoing research study. The position is ideal for students with background or interest in social science research, database management, interactions with management and human resources professionals, or cold calling and sales. Please review the job listing for additional details.

THE RESOURCE CORNER

Free Professional Legal Services For Rutgers Students!

Rutgers University Student Legal Services offers professional legal advice and assistance to eligible Rutgers– New Brunswick students at no cost by attorneys licensed to practice in New Jersey! Student Legal Services offers legal consultations on various matters including: tenant/landlord disputes, domestic violence, traffic violations, intellectual property, immigration/INS/DACA, civil suits, and more. They also provide notary services, attorney referrals, community outreach & education, and pre-law advising services. Click HERE for more information about the services offered by Rutgers University Student Legal Services.

Student Basic Needs: Rutgers Student Food Pantry & Mobile Food Pantry

The Rutgers Student Food Pantry and Mobile Food Pantry is dedicated to helping all Rutgers students in need of food. Students can visit the Student Food Pantry located in the College Avenue Student Center or visit one of the many Mobile Food Pantry locations and receive about one week's worth of groceries, no questions asked. Click **HERE** to view the operating hours and locations of the Rutgers Student Food Pantry and Mobile Food Pantry.

STUDENT SERVICES & SUPPORT

Ongoing Support and Resources for International Students

Rutgers University is aware of the recent, unexpected, terminations of lawful immigration status that are impacting international students at Rutgers and across the United States. International students, scholars, and faculty are deeply valued members of the Rutgers community and the University is committed to providing support during this time. Rutgers Global has created a Global Alerts webpage that is updated with resources and guidance regarding issues related to travel advisories, immigration policies, and regulatory updates that impact international students and scholars, as well as domestic students and faculty traveling abroad. Visit the Global Alerts webpage HERE.

Emergency Support for Graduate Students Impacted by Federal Funding Cuts

Rutgers University is dedicated to providing emergency support for graduate students and postdoctoral fellows who have been negatively affected by a termination or delay in current, existing federal funding through June 30, 2025. Impacted graduate students and postdocs can apply for research-related funding through the Office of the Vice Provost for Research HERE. The Basic Needs Center provides assistance with housing, food, and other basic needs and maintains an emergency aid fund. Click HERE for more information about the Basic Needs Center and HERE for more information about the Emergency Aid Fund.

Resource Webpage for Pregnant and Parenting Graduate Students!

The Office of Graduate Student Life, in partnership with the Office of Title IX & Compliance, and Supporting Parents & Caregivers at Rutgers (GSO), recently launched a new resource webpage for pregnant and parenting graduate students! This webpage serves as a platform for helping pregnant and parenting students locate resources, policies, support services, and community engagement opportunities available at Rutgers University and in the local community. Click HERE to visit the webpage.

Academic, Employment, and Student Support Resources on the Graduate Student Life Website!

Looking for graduate student resources, services, or support? Check out our newly revamped resource pages on our website! Find information on <u>Academic Support Resources</u>, <u>Career & Professional Development</u>, <u>Student Support Services & Resources</u> and more on our website!

Do you have an opportunity for graduate students that you would like to promote in the Graduate Student Life Weekly Digest? Submit it <u>HERE!</u>