

Graduate Student Life Weekly Digest

Graduate Student Life Weekly Digest Week of April 28, 2025

Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers-New Brunswick! Share with your friends and tell them to subscribe [HERE](#)! You can contact the Office of Graduate Student Life by emailing gradstudentlife@echo.rutgers.edu or visiting our offices during the week in the Graduate Student Lounge (126 College Ave, behind Panera Bread). Click [HERE](#) for information about staff office hours.

The Graduate Student Lounge is open from 6:45am-12:00am Monday-Friday and 9:00am-12:00am Saturday and Sunday. Click [HERE](#) to view the current daily hours for the College Ave Student Center (includes Graduate Student Lounge). Learn more about the Office of Graduate Student Life by visiting our website [HERE](#)!

ANNOUNCEMENTS

PROJECT MOVE-OUT: free bulk waste recycling initiative for Rutgers students living in New Brunswick!

Rutgers University Off-Campus Living, in partnership with the City of New Brunswick, is taking part in Project Move Out. This initiative aims to recover discarded furniture, appliances and textiles from students residing in New Brunswick, keeping those items away from landfills and reducing the community's overall carbon footprint. Rutgers students who pre-register by 12pm on May 19 will be eligible for free curbside pickup for bulk items between May 21 and May 23. Curbside pickup may not be available for apartment complexes that receive regular garbage collection through a private hauler. Drop-off locations will also be provided for students to bring their bulk items. Click [HERE](#) to register for curbside pickup or to learn more about Project Move Out!

New Affinity Group launching for 2025-2026! Southeast Asian Graduate Student Affinity Group

The Office of Graduate Student Life invites students to join the Southeast Asian Graduate (SEA) Student Affinity Group for 2025-2026. This group is open to any graduate student interested in Southeast Asian culture and experiences. It is a group

that is focused on creating a supportive, friendly, and welcoming community at Rutgers. This group will meet monthly starting in September 2025. Peer facilitator, Tze Chang (Justin) Ng, will be hosting a meet-up this Spring for those interested. Date and time will be determined based on student availability. Students interested in joining should fill out [THIS](#) form by 11:59pm on Thursday, May 1. For more information about Graduate Affinity Groups click [HERE](#) or email Ghada Endick gendick@echo.rutgers.edu.

FREE 30 Under 30 Zimmerli Art Museum Membership Giveaways!

As a part of Rutgers Wellness Week 2025, Scarlet Arts Rx is giving away FREE 30 Under 30 Zimmerli Art Museum Membership to Rutgers-New Brunswick students ages 18-30 who will still be able to use the membership after May 2025 (while supplies last)! 30 Under 30 memberships provide members with a variety of benefits including access to exclusive member-only events, discounted tickets to select programs, benefits at local businesses, and more! DM your Rutgers NetID to [@scarletartsrx](#) on Instagram to request a FREE 30 Under 30 membership! Click [HERE](#) to learn more about membership benefits.

– STAY INFORMED –

Looking for more ways to stay informed? Check out the [Newsletters page](#) on our website! The Newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including: the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more!

Follow Graduate Student Life on Instagram!

Stay up to date with the Office of Graduate Student Life by following us on Instagram [@rugradstudentlife](#)! Never miss another graduate student life event!

– GET INVOLVED –

Volunteer at the 33rd Annual Rites of Passage Ceremony!

Register as a volunteer [HERE](#) by Friday, May 2!

Student and staff volunteers are needed for the 33rd Annual Rites of Passage (ROP) Ceremony and reception. The Rites of Passage Ceremony is a pre-commencement celebration that centers the experiences and culture of Black and Latine-identified students. ROP volunteers assist to ensure a smooth and spirited experience for the 2025 graduating class! The Rites of Passage Ceremony at Rutgers has existed for 33 years because of community participants who lend their support to the planning and execution processes. Click [HERE](#) to learn more about the Rights of Passage ceremony. Please contact rop@echo.rutgers.edu with any questions.

EVENTS

– THIS WEEK! –

Scarlet Tabletop Gaming League – Wednesday, April 30, 5:30pm-8pm

Location: College Ave Student Center, Room 108, G2 Level (126 College Avenue, New Brunswick, College Ave Campus)

Tabletop game enthusiasts are invited to join the Scarlet Tabletop Gaming League for their monthly evening of fellowship and fun! This is a space where beginners and enthusiasts alike can unwind and immerse themselves in the intellectual challenges of strategic and thematic board games. Come play games like Francis Drake, Heat: Pedal to the Metal, Werewolf, 6 Nimmt! and more! Come connect with fellow tabletop gamers, build lasting friendships, and share a love for board games. Contact Alex Nesenjuk an525@scarletmail.rutgers.edu with any questions.

SparkNight: Celebrating APIDA Heritage Month – Thursday, May 1, 5pm-8pm

Location: Zimmerli Art Museum (71 Hamilton Street, New Brunswick, College Ave Campus)

RSVP [HERE!](#)

Join the Zimmerli Art Museum in celebrating Asian Pacific Indian Desi American (APIDA) Heritage Month at SparkNight! Stop by for an evening of performances, henna, and an art activity led by Scarlet Arts Rx! Light complimentary refreshments will be provided, and there will be a photo booth onsite. Sparknight is free and open to the public.

Tower Jump – Friday, May 2, 8pm-10pm

Location: Sonny Werblin Recreation Center, Olympic Pool (656 Bartholomew Rd, Piscataway, Busch Campus)

Register [HERE](#) (\$10 registration fee)!

Experience what it is like to drop from over 30ft into the Olympic Pool at The Sonny Werblin Recreation Center! Jump from Sonny Werblin's 10-meter diving tower into a 17-foot diving well under the supervision and guidance of Rutgers' Varsity Diving Coach and the Rutgers Recreation Aquatic Staff. All participants must arrive by 8:00pm and be comfortable submerging in deep water.

Shopping Trip Sign-Up – International Students – Saturday, May 3, 10am-1pm

Location: Pick-ups from Bevier Road or Nichols Apartments on Busch Campus or College Ave Student Center on College Ave Campus

Reserve Your spot on the Shuttle [HERE!](#)

Rutgers Global-International Student and Scholar Services arrange shopping shuttles to local stores throughout the semester and summer so students can purchase groceries and other living essentials. You should sign up to reserve your spot on the shuttle. International students and scholars who have signed up will be given

preference to ride on the shuttle. You may also register your dependents for the shuttle. To view the full spring schedule of shopping trips and learn more information about the Shopping Shuttle Service, click [HERE](#).

Nature Explorers! - Nature Art Journaling for Children – Saturday, May 3, 12pm-1:30pm

Location: Meet at Rutgers Art Library on the steps facing Voorhees Mall (Set GPS directions to Voorhees Mall not Rutgers Art Library)

Join Scarlet Arts Rx, Supporting Parents and Caregivers at Rutgers (SPCR), and Graduate Student Life for a fun and relaxing afternoon outdoors! All student parents, guardians, their partners, and their children are invited to connect with nature and get creative through nature art journaling led by a Scarlet Arts Rx camp counselor! Participants will be able to explore their surroundings and sketch their favorite discoveries in their nature journals. Snacks and all supplies will be provided! Bathrooms are located nearby. This is not a drop-off event, a parent or guardian must be present with children at all times. For questions or more information, please contact Anjel Fierst at scoop.rutgersnb@gmail.com.

– RSVP NOW & COMING UP! –

REGISTER NOW! 27th Annual Rainbow Graduation – Tuesday, May 6, 5pm-8pm

Location: Livingston Student Center, Gathering Lounge & Livingston Hall (84 Joyce Kilmer Ave, Piscataway, Livingston Campus)

Register [HERE](#) by Friday, May 2 to participate!

Rainbow Graduation honors the achievements of Rutgers lesbian, gay, bisexual, transgender and nonbinary, Queer, intersex, asexual, and other Queer spectrum (LGBTQIA+) undergraduate and graduate students. The event acknowledges the challenges and triumphs experienced in their careers here at Rutgers University. This occasion honors students who have continued traditions of pride and activism. The celebration is a complement to a traditional graduation ceremony such as University Commencement or other celebrations hosted by academic departments. Graduating students who register will receive a Rainbow Graduation certificate as well as a Rainbow Graduation tassel. All graduates must complete registration to be formally recognized at the ceremony. Family and friends of graduating students and other supporters are encouraged to RSVP. Please reach out to sje@echo.rutgers.edu with any questions.

REGISTER NOW! 33rd Annual Rites of Passage Ceremony – Wednesday, May 14, 4-6pm

Location: Jersey Mike's Arena (83 Rockafeller Rd, Piscataway, Livingston Campus)

Register [HERE](#) by Friday, May 2 to participate!

The Rites of Passage Ceremony is a signature pre-commencement celebration to honor Black and Latine-identified students who through resolute persistence have

successfully completed an undergraduate or graduate degree at Rutgers University – New Brunswick. This event recognizes their accomplishments, hard work, and dedication, while simultaneously acknowledging the accomplishments of our students' families and networks of support. Distinguished speakers, live performances and the incorporation of African and Latine culture and traditions – specifically the culminating Kente Stole presentation – all add to the vibrancy of this occasion. Click [HERE](#) for more information about the Rites of Passage Ceremony and please reach out to rop@echo.rutgers.edu with any questions.

NEXT WEEK! Study Break at the Zimmerli – Tuesday, May 6, 12pm-8pm

Location: Zimmerli Art Museum (71 Hamilton Street, New Brunswick, College Ave Campus)

On this Reading Day, the Zimmerli will be closed to the general public and open to Rutgers students for exclusive programming! Don't miss out on designated quiet study areas to study in the museum and free study break activities before finals. Relax with chair massages and chair yoga, unwind with brain break activities, and refuel with free sandwiches, pizza, snacks, and beverages! A valid RUID or CampusPass is required for entry. Click [HERE](#) for more information.

NEXT WEEK! Free Lunchtime Music Performance Series – Wednesday, May 7, 12:30pm-1:15pm

Location: Kirkpatrick Chapel (81 Somerset St, New Brunswick, College Ave Campus)

Graduate Students and staff serving graduate students are warmly invited to join Scarlet Arts Rx and drop in to de-stress with a free lunchtime music performance series, Mid-Day Rest & Reset! The performance will take place in a gorgeous meditative space: the beautiful Kirkpatrick Cathedral. Bring your lunch to eat inside the chapel and learn about the connection between music and well-being! This is not a religious event, only the venue is being used, all are welcome! Please contact Anjel Fierst scoop.rutgersnb@gmail.com with any questions.

– WELLNESS WORKSHOPS, GROUPS, & SUPPORT–

NEXT WEEK! Mindfulness Meditation Workshop – Monday, May 5, 4pm

Location: Zoom (Join [HERE](#))

The Mindfulness Meditation Workshop with CAPS community based counselor Dana is postponed until further notice! Stay tuned for updates!

CAPS International Student Wellness Group (ISWG) – Tuesdays, 2pm-3:30pm

Location: In-Person, **call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.**

Many international students face unique challenges due to cross-cultural adjustment. Some experience homesickness, loneliness, language barriers, discrimination, and

different levels of acculturative stress socially and academically. This group aims to provide these international students with a safe, confidential, and therapeutic space to help form connections and discuss various concerns with one another. Students who are interested in joining ISWG, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) for more information and to see options for other CAPS Wellness groups.

Graduate Student Wellness Group: RU Grad – Fridays, 1pm-2:30pm

Location: In-Person, call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.

Graduate students looking for a safe space or supportive environment to share and explore struggles/feelings they may have—whether this be anxiety, self-esteem, sustaining or forming relationships, and the like, may benefit from joining this graduate student wellness group. This group may cover topics including: social adjustment and loneliness, romantic relationships, navigating conflicts/challenges with peers and professors, feelings of inadequacy, assertiveness, stress management and balancing family life and academics. Students who are interested in joining the RU Grad Group, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) to see options for other CAPS Wellness groups and for more information about the RU Grad Group.

Low Cost ADHD Assessments through the Rutgers Center for Youth Social Emotional Wellness and the Graduate School of Applied & Professional Psychology Center for Psychological Services

The Rutgers Center for Youth Social Emotional Wellness (CYSEW) in partnership with the Graduate School of Applied & Professional Psychology Center for Psychological Services (GSAPP) is now offering low-cost psychological assessments to all Rutgers Students. Assessments are \$150 and include a comprehensive screening for ADHD, anxiety, and depression, a detailed diagnostic report with resources, and a feedback session. To request a virtual assessment scheduled at your convenience, click [HERE](#). Contact the GSAPP Center for Psychological Services by calling 848-445-6111 or by emailing cysew@gsapp.rutgers.edu.

Couples Therapy Services Available at NJ Couples Clinic at the Rutgers Psychological Clinic

Location: Rutgers Psychology Building, NJ Couples Clinic (152 Frelinghuysen Road, Piscataway, Busch Campus)

The Rutgers University Couple Therapy Clinic is now offering evidence-based couples therapy, provided under expert supervision by advanced graduate students in clinical psychology. The clinic aims to provide a safe and supportive environment where couples and individuals can work on their relationship goals, whether it be overcoming

challenges or simply enhancing their connection with their partner. The NJ Couples Clinic provides services such as guidance through communication improvement, conflict resolution, intimacy rekindling, and managing life transitions. Services are free to those with Rutgers Student Insurance and offered at a low sliding scale fee to those without. Contact Co-Director of the NJ Couples Clinic at Rutgers and GSAPP professor Karen Riggs kskean@gsapp.rutgers.edu with any questions.

Weekly Let's Talk Drop In Counseling Conversations

Free Private and Confidential Drop-In Conversations with licensed mental health professionals available in-person or virtual. CAPS Community Based Counselors offer support and counseling services from within university communities—including academic schools and cultural centers. Students are welcome to visit any Community Based Counselor they would like, and may choose a counselor based on the topic they would like to discuss and the counselor's therapeutic approach or community. Click [HERE](#) for information and schedules for Let's Talk sessions and click [HERE](#) to learn more about individual CAPS Community Based Counselors (look for "Community Based-Counselor").

Uwill: FREE Immediate-Access to Teletherapy

Uwill provides free immediate access to teletherapy through an easy-to-use, private, secure, confidential, online platform. Choose a therapist based on your preferences, including issue, gender, language, and ethnicity. Select a time that fits your schedule, including day, night, and weekend availability. Register and book your first session using your Rutgers email [HERE](#).

– ACADEMIC SUPPORT & WORKSHOPS –

Intermediate Level Interviewing Skills: Integrating Oral History into Qualitative Research – Tuesday, April 29, 1pm-2pm

Location: Virtual

Register [HERE](#)!

Join the Rutgers Libraries Qualitative Research Methods Graduate Specialist, Anastasia Perez, for this Research Methods workshop! This intermediate-level workshop is designed for students and researchers looking to refine their interviewing skills and effectively incorporate oral history into qualitative research. This session will explore best practices for conducting structured and semi-structured interviews, ethical considerations, data analysis techniques, and strategies for integrating interview data with other qualitative methods. Click [HERE](#) to view more workshops offered by Rutgers libraries.

Introduction to EndNote 21 – Wednesday, April 30, 12:30pm-1:30pm

Location: Virtual

Register [HERE](#)!

Join the Rutgers Libraries for this workshop on EndNote 21! Learn how to use EndNote 21, a citation management software to organize citations and quickly generate a bibliography. Participants will learn how to download EndNote 21, capture references from databases such as PubMed and Google Scholar, create a library, and more importantly, use EndNote 21 to cite references while they are writing a paper in Microsoft Word. Click [HERE](#) to view more workshops offered by Rutgers libraries.

Data Publication 2: Publishing to Data Repositories and Creating R Packages – Thursday, May 1, 3pm-4:30pm

Location: Virtual

Register [HERE](#)!

Join the Rutgers Libraries Data Librarian, Ryan Womack, for this Data Publication workshop! This workshop will explore various repositories for data publication, including Dataverse, ICPSR, OSF, and Zenodo. This workshop will cover the process in creating R packages, covering the prerequisites, steps to creating the package, documentation, and testing. Click [HERE](#) to view more workshops offered by Rutgers libraries.

Spring 2025 New Brunswick Libraries Data and Research Methods Workshops for Graduate Students!

The New Brunswick Libraries' calendar of data and research methods workshops for Spring 2025 is available now. Don't miss workshops on machine learning, R, Python, systematic reviews, NVivo, ethnography, qualitative research, and more! Click [HERE](#) to view the full schedule of workshops and register. Additional workshops will be added throughout the semester so be sure to check back regularly!

Graduate Writing Accountability Groups

The Graduate Writing Program, in partnership with the Learning Centers in the Office of the Provost, is pleased to announce the launch of Writing Accountability Groups. Interested graduate students are invited to sign up for student-led writing accountability groups. Sessions will be held on Zoom at various times and days each week and students may choose the weekly slot that best suits their availability to meet and write alongside other Rutgers graduate students to make progress toward their writing goals. After registering, participants will be provided with materials to help them effectively structure and run these student-led productivity sessions. Click [HERE](#) to sign up for a Graduate Writing Accountability Group.

Academic Coaching with Dr. Wilson Ng

Meet Dr. Wilson Ng (he/him/his), the newly appointed Senior Program Coordinator and Academic Coach for Graduate Student Services at the Rutgers Learning Centers. Dr. Ng provides one-on-one academic coaching and facilitates workshops and programming tailored to graduate students. With a background in college student

affairs and years of experience in student development and support, he is eager to bring his expertise to the Rutgers community and looks forward to collaborating with students as they navigate their academic journeys in graduate school! Click [HERE](#) to make a one-on-one appointment with Dr. Ng via Penji. For any questions, email him at wwn2@echo.rutgers.edu.

PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES

– SCHOLARSHIP, & FUNDING OPPORTUNITIES –

Build a Fellowship Plan with GradFund!

[GradFund](#) provides graduate students with information on how to apply for external scholarship, fellowship, and funding opportunities. GradFund also provides guidance and assistance with application processes.

Schedule an appointment with a GradFund advisor for fellowship assistance! Schedule a Planning Meeting to learn how to search for fellowships and grants or to plan out your future funding applications. Request Help with a Funder to learn about the funder's application review process and find the best way to frame your research plans for a particular application. Book an Application Review appointment to have a GradFund advisor review your application materials for one application. Schedule a Post-Award Consultation for advice on moving forward after receiving a fellowship offer. Wherever you are in the fellowship, grant, or award process, GradFund is here to help! Click [HERE](#) for more information on GradFund and click [HERE](#) to schedule a Gradfund appointment.

Learn to Write a Competitive Funding Application with GradFund's FREE Self-Paced Canvas Course

Learn to write a competitive external funding application using GradFund's FREE self-paced Canvas course! This course teaches the art of competitive proposal writing through developing familiarity with both funders in your field of study and the proposal writing genre. Click [HERE](#) to enroll in GradFund's self-paced Canvas course.

[The Office of Financial Aid](#) can provide information about need-based funding and financial aid. Other forms of need-based aid or scholarships may be available through your school of enrollment.

– EMPLOYMENT OPPORTUNITIES –

Graduate Coordinator, Staff Management and Office Operations – Office of Career Exploration and Success

Compensation: \$25 per hour, 15 hours per week

Position Dates: May 16, 2025 - May 9, 2026

Location: Onsite

Apply [HERE](#) by 6am on May 1!

The Office of Career Exploration and Success (CES) is seeking a Graduate Coordinator to oversee the CES Customer Relations team, including interns, managers, and front office operations. The Graduate Coordinator will be responsible for: onboarding, training, scheduling, and leading development activities for interns; managing front desk staffing for both in-person and virtual services when needed; ensuring front desk policies, procedures, and documentation are up-to-date; and managing office supplies and inventory. Please review the job posting for additional details.

Graduate Coordinator, First-Year interest Group Seminars (Multiple Openings) – Office of Career Exploration and Success

Compensation: \$25 per hour, 13 hours per week

Position Dates: July 1, 2025-June 30, 2026

Location: Hybrid

Apply [HERE](#) by 12pm on May 2!

The Office of Career Exploration and Success is seeking candidates to serve as Graduate Coordinators for First Year Interest Group Seminars (FIGS). Graduate Coordinators support the administration of the FIGS Seminars, one-credit seminars for first-year students that are developed and taught by Rutgers juniors and seniors. FIGS Graduate Coordinators will help to train and supervise Peer Instructors who have developed a ten-week course for first-year students to explore an academic interests and career area, discover the wide array of resources available at Rutgers, and connect with students, faculty and staff connected to their course subject. Please review the job listing for additional details.

Graduate Coordinator, Industry-to-Campus Connections/Rutgers Scarlet Service Internship Program (RSSI) – Office of Career Exploration and Success

Compensation: \$25 per hour, 20 hours per week

Position Dates: April 30, 2025 - June 30, 2025, continuation beyond summer possible

Location: Remote and onsite

Apply [HERE](#) by 11pm on May 2!

The Office of Career Exploration and Success (CES) is hiring a Graduate Coordinator to support employer development for the Rutgers Scarlet Service Internship Program (RSSI) and provide general support for the Industry-to-Campus Connections (ICC) team. This position involves substantial oversight of employer development activities, technical responsibilities in data management, and a proactive role in training and leading Federal Work Study undergraduate students as assigned. The Graduate Coordinator will be responsible for: independent research; data administration; employer development; customer service; special events and programming; and recruiting among other projects. Please review the job posting for additional details.

Emerging Scholar Administrative Assistant – African Studies Association

Compensation: \$25 per hour, 10-20 hours per week (depending on time of year)

Position Dates: May 2025 - May 2027

Location: Hybrid, primarily on-site

Apply via email by May 23!

The African Studies Association ([ASA](https://africanstudies.org)) Emerging Scholar Administrative Assistant is a part-time administrative support position focusing on engagement with Emerging Scholars and related programming. This position involves reporting directly to the Executive Director and includes a paid trip to the ASA Annual Meeting, held annually in November or December. This is an exciting opportunity to learn more about nonprofits and the function of scholarly societies in higher education. The position also offers the chance to directly work with graduate students in the US and beyond. The ideal candidate is a doctoral or master's student who is interested in continuing in the role for the next few years while completing their studies or dissertation. Authorization to work in the United States is Required. To apply, please email Ellen McPherson members@africanstudies.org an updated resume/CV and a short paragraph of interest.

Research Assistant (Multiple Openings) – Education and Employment Research Center, School of Management and Labor Relations

Compensation: \$16-18 per hour, 20 hours per week

Position Dates: April 2025-September 2025

Location: Onsite

Apply [HERE](#) by 6am on September 12 (Hiring Immediately)!

The Education and Employment Research Center at the School of Management and Labor Relations at Rutgers University is seeking research assistants to work on an education and workforce development research project. Researchers would help gather data to support an ongoing research study. The position is ideal for students with background or interest in social science research, database management, interactions with management and human resources professionals, or cold calling and sales. Please review the job listing for additional details.

Graduate Student Research Assistant – Rutgers Center for State Health Policy

Compensation: \$23-\$27 per hour, 20 hours per week

Location: Hybrid

Apply via email ASAP! Open until filled!

The Rutgers Center for State Health Policy (CSHP) is looking to hire a graduate student with strong training and experience in survey data preparation, management, and analysis to work on the NJHealth Cohort Study. The Graduate Student Research Assistant will be responsible for: cleaning and recoding data, preparing codebooks, and conducting geocoding; collaborating with study investigators to analyze data for grant proposals and publications; conducting literature searches and reviews; and

assisting in the preparation, writing, and presentation of research findings. To apply, email a cover letter describing your relevant skills, course work, experience, expected date of graduation, a resume/CV, and 2 references to Angelina Lowder, Executive Assistant at CSHP, at alowder@cshp.rutgers.edu. Please review the job listing [HERE](#) for additional details.

THE RESOURCE CORNER

Title IX Legal Protections for Pregnant and Parenting Students

Students experiencing pregnancy or a related condition, including childbirth, false pregnancy, loss, termination, and subsequent recovery are entitled to equal access to education, employment, and university programs and activities. Students experiencing pregnancy or a related condition (including partners, foster, and adoptive parents) are encouraged to reach out to the team at the Title IX office to discuss their rights to reasonable accommodations using [THIS](#) form, emailing nbtitleix@rutgers.edu, or by calling 848-932-8200. The Team at the Title IX Office are here to help you. Click [HERE](#) to learn more about resources, accommodations, or support available to pregnant and parenting students.

Sexual Health & Wellness Services Provided by Rutgers Student Health

Rutgers Student Health provides a comprehensive range of sexual health and wellness services including: gynecological visits, male sexual health visits, STI screening and treatment, contraceptive consultation and prescription (options for hormonal and Long Acting Reversible Contraception devices such as an Implant or Intrauterine Device), along with pregnancy counseling and referral services for prenatal care and pregnancy termination. To learn more about the sexual health and wellness services provided by Rutgers Student Health, click [HERE](#). For further information including frequently asked questions about sexual health services, insurance, and billing, click [HERE](#). You can contact Rutgers Student Health by phone at 848-932-7402 or email at health@rutgers.edu.

STUDENT SERVICES & SUPPORT

Ongoing Support and Resources for International Students

Rutgers University is aware of the recent, unexpected, terminations of lawful immigration status that are impacting international students at Rutgers and across the United States. International students, scholars, and faculty are deeply valued members of the Rutgers community and the University is committed to providing support during this time. Rutgers Global has created a Global Alerts webpage that is updated with resources and guidance regarding issues related to travel advisories, immigration policies, and regulatory updates that impact international students and scholars, as well as domestic students and faculty traveling abroad. Visit the Global Alerts webpage [HERE](#).

Emergency Support for Graduate Students Impacted by Federal Funding Cuts

Rutgers University is dedicated to providing emergency support for graduate students and postdoctoral fellows who have been negatively affected by a termination or delay in current, existing federal funding through June 30, 2025. Impacted graduate students and postdocs can apply for research-related funding through the Office of the Vice Provost for Research [HERE](#). The Basic Needs Center provides assistance with housing, food, and other basic needs and maintains an emergency aid fund. Click [HERE](#) for more information about the Basic Needs Center and [HERE](#) for more information about the Emergency Aid Fund.

Resource Webpage for Pregnant and Parenting Graduate Students!

The Office of Graduate Student Life, in partnership with the Office of Title IX & Compliance, and Supporting Parents & Caregivers at Rutgers (GSO), recently launched a new resource webpage for pregnant and parenting graduate students! This webpage serves as a platform for helping pregnant and parenting students locate resources, policies, support services, and community engagement opportunities available at Rutgers University and in the local community. Click [HERE](#) to visit the webpage.

Academic, Employment, and Student Support Resources on the Graduate Student Life Website!

Looking for graduate student resources, services, or support? Check out our newly revamped resource pages on our website! Find information on [Academic Support Resources](#), [Career & Professional Development](#), [Student Support Services & Resources](#) and more on our website!

Do you have an opportunity for graduate students that you would like to promote in the Graduate Student Life Weekly Digest? Submit it [HERE](#)!