

GRADUATE STUDENT LIFE

WEEKLY DIGEST

Graduate Student Life Weekly Digest Week of April 22, 2024

Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers! Share with your friends and tell them to subscribe [HERE!](#) You can contact the Office of Graduate Student Life by emailing gradstudentlife@echo.rutgers.edu or visiting our offices during the week in the Graduate Student Lounge (126 College Ave, behind Panera Bread). The Graduate Student Lounge is open from 7am-12am (Midnight) on Weekdays and 9am-12am (Midnight) on Weekends, click [HERE](#) to view the daily hours for the College Ave Student Center (includes Graduate Student Lounge). Learn more about the Office of Graduate Student Life by visiting our website [HERE!](#)

ANNOUNCEMENTS

REGISTRATION FOR RAINBOW GRADUATION CLOSES TODAY!

Register [HERE!](#)

Rainbow Graduation honors the achievements of Rutgers lesbian, gay, bisexual, transgender and nonbinary, queer, intersex, asexual, and other queer spectrum (LGBTQIA+) undergraduate and graduate students. The event acknowledges the challenges and triumphs experienced in their careers here at Rutgers University. This occasion honors students who have continued traditions of pride and activism. Graduating students who register will receive a Rainbow Graduation certificate as well as a Rainbow Graduation tassel. Registration Closes **Monday, April 22**. All graduates must complete registration to be formally recognized at the ceremony.

Serve as a Volunteer at the 32nd Annual Rites of Passage Ceremony!

Register as a volunteer [HERE!](#)

Student and staff volunteers are needed for the 32nd Annual Rites of Passage ceremony and reception. The Rites of Passage event is open to over 2,000 Undergraduate and Graduate students on the New Brunswick Campus. ROP volunteers assist to ensure a smooth and spirited experience for the 2024 graduating class! The Rites of Passage Ceremony at Rutgers has existed for 32 years because of community participants who lend their support and are invested in the planning and execution process. The Rites of Passage planning committee will hold a virtual volunteer orientation session on Wednesday, May 1, 12:30PM - 1:30PM. Click [HERE](#) to learn more about the Rights of Passage ceremony. Please contact rop@echo.rutgers.edu with any questions.

Turn the Campus Teal for April!

Wear teal and Turn the Campus Teal for April to raise awareness and take a stand during Sexual Assault Awareness Month (SAAM). The Office for Violence Prevention and Victim Assistance (VPVA) will be

hosting a series of events during the month of April to raise awareness surrounding sexual violence including Denim Day on Wednesday, April 24, and Pause for Puppies on Tuesday, April 30. Tuesdays in April are Teal Tuesdays of Action and all are encouraged to wear teal shirts. Follow VPVA's instagram page @ruvpva for more information.

Opportunity to Work with the Office of Compliance and Title IX!

Are you interested in making a positive impact on the Rutgers Community while learning about the Title IX process? Consider applying to become a Title IX Campus Liaison! A Campus Liaison is a member of the Rutgers community who is trained to assist students engaged in the [formal grievance process](#) for cases of sexual misconduct, stalking, and relationship violence in understanding the Title IX policy, process, and procedures. The Title IX Office will provide comprehensive training and support to all Campus Liaisons throughout the entire process. This role serves on an as-needed basis and can be flexible around your schedule. Serving as a Campus Liaison is an excellent way to make a positive impact on the Rutgers community while gaining valuable knowledge and experience with University policies and procedures. This is an unpaid position. If you are interested in becoming a Title IX Campus Liaison, please fill out this [application form](#). To learn more about the role, please contact graduate intern Nikki Sullivan at ams1125@echo.rutgers.edu.

– GET INVOLVED –

Explore Involvement in Graduate Student Organizations (GSOs)!

Explore the official directory of Graduate Student Organizations (GSOs) recognized by the Graduate Student Association (GSA) and discover graduate involvement opportunities on campus. GSOs are a fantastic way to meet other graduate students and participate in campus activities. Find the GSO directory [HERE](#).

– STAY INFORMED –

Looking for more ways to stay informed? Check out the [Newsletters page](#) on our website! The Newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including: the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more! Any new newsletter information will still be shared here in the Weekly Digest!

Follow Graduate Student Life on Instagram!

Stay up to date with the Office of Graduate Student Life by following us on Instagram @rugradstudentlife! Never miss another graduate student life event!

EVENTS

– RSVP NOW & COMING UP! –

REGISTER NOW! 26th Annual Rainbow Graduation – Wednesday, May 1, 5-8pm

Location: College Ave Student Center, Multipurpose Room (126 College Ave, New Brunswick, College Ave Campus)

Register [HERE!](#)

Rainbow Graduation honors the achievements of Rutgers lesbian, gay, bisexual, transgender and nonbinary, queer, intersex, asexual, and other queer spectrum (LGBTQIA+) undergraduate and graduate students. The event acknowledges the challenges and triumphs experienced in their careers here at Rutgers University. This occasion honors students who have continued traditions of pride and activism.

The celebration is a complement to a traditional graduation ceremony such as University Commencement or other celebrations hosted by academic departments. Graduating students who register will receive a Rainbow Graduation certificate as well as a Rainbow Graduation tassel. Registration Closes **Monday, April 22**. All graduates must complete registration to be formally recognized at the ceremony. Family and friends of graduating students and other supporters are encouraged to RSVP. Please reach out to sje@echo.rutgers.edu with any questions.

REGISTER NOW! 32nd Annual Rites of Passage Ceremony – Wednesday, May 8, 3-5pm

Location: Jersey Mike's Arena (83 Rockafeller Rd, Piscataway, Livingston Campus)

Register [HERE!](#)

The Rites of Passage Ceremony is a signature pre-commencement celebration to honor Black and Latine-identified students who through resolute persistence have successfully completed an undergraduate or graduate degree at Rutgers University – New Brunswick. This event recognizes their accomplishments, hard work, and dedication, while simultaneously acknowledging the accomplishments of our students' families and networks of support. Distinguished speakers, live performances and the incorporation of African culture and traditions – specifically the culminating Kente Stole presentation – all add to the vibrancy of this occasion. Students must register by Monday, April 29th, 2024 to participate. Click [HERE](#) for more information about the Rites of Passage Ceremony and please reach out to rop@echo.rutgers.edu with any questions.

NEXT WEEK! Study Break at the Zimmerli – Tuesday, April 30, 12pm – 5pm

Location: Zimmerli Art Museum (71 Hamilton St, New Brunswick, College Ave Campus)

The Zimmerli Art Museum offers an exclusive, one-of-a-kind space to study or take a study break in the galleries! Study in a designated quiet area or enjoy an array of free study break activities including: gentle yoga and meditation sessions, art activities, chair massages, and complimentary food and refreshments including coffee, tea, and snacks! Rutgers student ID or Campus Event Pass required. Click [HERE](#) for more information about the Study Break at the Zimmerli!

NEXT WEEK! Graduate Research Symposium “Hidden Histories, Undiscovered Futures” – Tuesday, April 30, 1pm – 4pm

Location: Murray Hall, Writers House (510 George St, New Brunswick, College Ave Campus)

Join the Graduate Writing Program for engaging, interdisciplinary panel presentations on current research by graduate students from across the university and a light reception to follow. Please contact Erin Kelly erin.kelly@rutgers.edu, Mark DiGiacomo markdigiacomo@rutgers.edu, and Brian Reinken brian.reinken@rutgers.edu of the Graduate Writing Program with any questions.

NEXT WEEK! Tower Jump with Rutgers Recreation – Tuesday, April 30, 8pm – 10pm

Location: Sonny Werblin Recreation Center, Pool (656 Bartholomew Rd, Piscataway, Busch Campus)

Register [HERE!](#)

Dive into excitement with Rutgers Recreation's Tower Jump! From a 10-meter tower into our 17-foot diving well, this thrilling experience is free for Recreation staff and \$10 for non-Recreation staff. Feel the rush of leaping over 30 feet into an Olympic-sized pool, with trained staff ensuring your safety. Join Rutgers Recreation for an unforgettable plunge into deep water!

NEXT WEEK! SparkNight: APIDA Heritage Month – Thursday, May 2, 4:30 pm – 8:00 pm

Location: Zimmerli Art Museum (71 Hamilton St, New Brunswick, College Ave Campus)

Join the Zimmerli Art Museum for a celebration of Asian Pacific Islander Desi American (APIDA) Heritage Month! Enjoy featured performances by the Rutgers Belly Dance Troupe, Navrang Dance Academy, and

the Highland Park High School Asian Culture Club! Join gallery pop-up tours, and enjoy a live DJ and complimentary light refreshments throughout the evening! Click [HERE](#) for more information about SparkNight: APIDA Heritage Month.

– THIS WEEK! –

QuaC: Queer Priests Panel – Monday, April 22, 7:30pm–9pm TONIGHT!!

Location: Graduate Student Lounge, 126 College Ave (Behind Panera Bread), College Ave Campus

Gaypril Goes to Church! Join The Canterbury House and QuaC (Queer and Christian) for a community forum with LGBTQIA+ Christian clergy. Hear their stories. Learn about the need for safe spaces of faith for queer individuals and communities. Ask them anything! Food will be provided. sponsored by The Canterbury House and QuaC. Please reach out to canterbury.house@rutgers.edu with any questions.

Office of Disability Services Graduate Student Drop-In Hours – Wednesday, April 24, 2-4 pm

Location: Graduate Student Lounge, 126 College Ave (Behind Panera Bread), College Ave Campus and on Zoom, join meeting [HERE](#) (Meeting ID: 980 3049 3889, Password: 064210).

These sessions are part of the [Life @ The Graduate Student Lounge Event Series](#) and will be offered every Wednesday.

Every Wednesday, 2-4 p.m. at the Graduate Student Lounge (126 College Avenue) and on Zoom, Coordinator Nyche Michel from the Office of Disabilities Services (ODS) will offer drop-in hours just for graduate students. Come stop by and meet Nyche. She can be reached at (848)-202-3111 or nlm108@echo.rutgers.edu. Click [HERE](#) for more information.

CAPS Open House – Wednesday, April 24, 10am–3pm

Location: Rutgers University Counseling Center (17 Senior St, New Brunswick, College Ave Campus)

CAPS is Opening its doors to students and campus partners to help destigmatize Mental Health and encourage wellness. All students and campus partners are welcome to come and learn meditation, sip a mock-tail, learn sleeping tips, pet a therapy pony, eat healthy snacks and much much more. No RSVP necessary. Questions? Please reach out to Dr. Jones, directors of CAPS, dr.jenniferjones@rutgers.edu. Graduate students should stop by from 10am-1:30pm and visit Dean Ghada Endick of Graduate Student Life for a sweet treat and giveaway and be entered to win a free 45 minute massage therapy session from Rutgers Recreation!

LAST SPRING SESSION! Graduate Student Yoga – Wednesday, April 24, 5–6pm

Location: Graduate Student Lounge, 126 College Ave (Behind Panera Bread), College Ave Campus

Graduate Yoga is part of the [Life @ The Graduate Student Lounge Event Series](#) and is held every Wednesday.

Join us on Wednesdays and take a pause from your busy week by practicing Yoga and relax your mind and body with your fellow graduate students. Hosted by Rutgers Recreation and Office of Graduate Student Life. No Registration Needed. Yoga mats and blocks are provided, and all skill levels are welcome! Email gradstudentlife@echo.rutgers.edu with any questions.

Bring Your Child to Work Day – Thursday, April 25, 11:30am–1:30pm * Limited Tickets for Free Lunch

Location: College Ave Gym (130 College Ave, New Brunswick, College Ave Campus)

Graduate students, staff, and faculty who have children are invited to join Rutgers Recreation and Athletics for a fun afternoon of swimming, rock wall climbing, open recreation activities, temporary tattoos, exciting giveaways, and photos with Sir Henry! Children must be accompanied by an adult at all times, be sure to bring a swimsuit and change of clothes for swimming! You can also dine with your children on April 25, 2024, at any Rutgers University-- New Brunswick dining hall or the Atrium at College Avenue Student Center for \$15 each. Locations can be found [HERE](#). **The Office of Graduate Student Life**

is sponsoring lunch for Graduate and Professional Student parents and their child(ren) who are attending Take Your Child to Work Day! Click [HERE](#) to request FREE lunch that can be used at any Rutgers-New Brunswick Dining Hall or the Atrium on Take Your Child to Work Day! Please RSVP by 5pm on Tuesday 4/23. Questions email gendick@echo.rutgers.edu.

Shopping Trip Sign-Up – International Students – Thursday, April 25, 5pm-8pm

Location: Pick-ups from Bevier Road on Busch Campus & the College Avenue Student Center

Reserve Your spot on the Shuttle [HERE](#)!

Rutgers Global–International Student and Scholar Services arrange shopping shuttles to local stores throughout the semester and summer so students can purchase groceries and other living essentials. You should sign up to reserve your spot on the shuttle. International students and scholars who have signed up will be given preference to ride on the shuttle. To view the full schedule of shopping trips and learn more information about the Shopping Shuttle Service, click [HERE](#).

Spring Career and Internship Fair – Friday, April 26, 11:30am–3:30pm

Location: Jersey Mike’s Arena (83 Rockafeller Rd, Piscataway, Livingston Campus)

Join the Office of Career Exploration and Success at the Spring Career & Internship Fair to explore diverse opportunities in full-time, part-time, and internships across various fields while networking with employers, students, and alumni! This event is open to Rutgers University students and alumni from all campuses and members of the general public. Don't miss out on this fantastic career event! Click [HERE](#) for more information about the Spring Career and Internship Fair including the list of attending employers. Please contact Christine Wang cw928@echo.rutgers.edu with any questions.

RU Global Friendship Fridays: Ice Cream Social – Friday, April 26, 4pm-5pm

Location: Rutgers Global Courtyard, next to Rutgers Global (30 College Ave, New Brunswick, College Ave Campus) *will be moved inside in case of rain*

Looking for an opportunity to meet and hang out with other students before the weekend begins? Join Rutgers Global to celebrate the end of the semester with their annual ice cream social. Stop by for some free ice cream and meet some new friends! Friendship Fridays are open to all Rutgers students, domestic and international, and feature a different theme each week, where students can enjoy games, activities, and conversations while meeting new friends from all around the world! Click [HERE](#) for more information about Friendship Fridays.

– WELLNESS WORKSHOPS, GROUPS, & SUPPORT–

APIDA Business Student Exclusive Wellness Workshop: Destress and Decompress – Thursday, April 25, 2pm-3:30pm

Location: Asian American Cultural Center (AACC), Multipurpose Room (49 Joyce Kilmer Ave, Piscataway, Livingston Campus)

Asian Pacific Islander Desi American (APIDA) graduate and undergraduate students are invited to join CAPS Community Based Counselors Mei-Ling Cheng and Jessica Trusiani for this exclusive wellness workshop to destress and decompress! Food will be provided!

International Student Exclusive Wellness Workshop: Cultural Fusion, Wellness, Snack & FUN! – Friday, April 26, 1pm-3pm

Location: Buccleuch Park (321 Easton Ave, New Brunswick)

Register [HERE](#)!

International students are invited to join CAPS and RU Global ISSS for the final workshop of the Spring 2024 Wellness Series! This outdoor picnic-style workshop will explore wellness challenges and achievements along with games and snacks. Click [HERE](#) for more information.

Weekly Let's Talk Drop In Counseling Conversations – Mondays, Thursdays, Fridays

Locations: Zoom, Busch Campus, College Ave Campus

Free Private and Confidential Drop-In Conversations with licensed mental health professionals available in-person or virtual. Click [HERE](#) for more information about drop-in Let's Talk sessions with our graduate student focused counselors Dana and Shan! Click [HERE](#) for information about Let's Talk sessions with other CAPS Community Based-Counselors.

– ACADEMIC SUPPORT & WORKSHOPS –

Academic Coaching from Learning Centers

Academic Coaching is available to graduate students and can be particularly helpful for talking through motivation challenges, breaking down large tasks into more approachable segments, and seeking accountability for productivity. Several of Rutgers' Academic Coaches specifically support graduate students. [Click here](#) to download the Penji scheduling app. Once in the app, join the Academic Coaching community; then, under "Topics", click "See all Graduate Student Coaching" to view open coaching appointments. Please contact academiccoaches@echo.rutgers.edu with any questions or registration issues.

PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES

– PROFESSIONAL DEVELOPMENT –

NEXT WEEK! Workshop: Effective Mentoring of Undergraduates in Research – Wednesday, May 1, 12pm-2pm

Location: Zoom

Register to attend [HERE!](#)

Join iJobs for this active learning workshop for PhD students, Postdoctoral Fellows and faculty! Attendees will use techniques and case study discussions in breakout sessions to learn tools and skills to better mentor undergraduate students in a research setting. Attendees will also reflect upon approaches they would use to mentor trainees and employees when they are running a lab or research group in the future. An opportunity to earn a Microbadge in Mentoring Undergraduates will be available for those who wish to follow up with additional activities.

FREE Self-Service Professional Headshots at the Career Portrait Lounge! – By Appointment 9:30am-3:45pm

Locations: Busch Student Center (604 Bartholomew Rd, Piscataway, Busch Campus) **AND**

Gateway Transit Village Building, 4th Floor (106 Somerset St, New Brunswick, College Ave Campus)

Need a headshot? Professional photos are a snap for Rutgers-New Brunswick graduate students. The Office of Career Exploration and Success now has two self-service photography studios on the Busch and College Ave campuses. Take your candidacy and digital brand to the next level and schedule an appointment to get your picture-perfect headshot! Click [HERE](#) for more information and learn how to schedule a self-service headshot appointment via Handshake!

Build a Fellowship Plan with GradFund!

Schedule an appointment with a GradFund advisor for fellowship assistance! Schedule a Planning Meeting to learn how to search for fellowships and grants or to plan out your future funding applications. Request Help with a Funder to learn about the funder's application review process and find the best way to frame your research plans for a particular application. Book an Application Review appointment to have a GradFund advisor review your application materials for one application. Schedule a Post-Award Consultation for advice on moving forward after receiving a fellowship offer. Wherever you are in the fellowship, grant, or award process, GradFund is here to help! Click [HERE](#) for more information on GradFund and click [HERE](#) to schedule a Gradfund appointment.

Learn to Write a Competitive Funding Application with GradFund's FREE Self-Paced Canvas Course

Learn to write a competitive external funding application using GradFund's FREE self-paced Canvas course! This course teaches the art of competitive proposal writing through developing familiarity with both funders in your field of study and the proposal writing genre. Click [HERE](#) to enroll in GradFund's self-paced Canvas course.

– INTERNSHIP, SCHOLARSHIP, & FUNDING OPPORTUNITIES –

ACCEPTING APPLICATIONS! Women's Congressional Policy Institute Congressional Fellowship on Women and Public Policy

Apply [HERE](#) By 5pm on June 7, 2024!

The Women's Congressional Policy Institute (WCPI) is accepting applications for the 2025 Congressional Fellowship on Women and Public Policy. This fellowship is designed to train future leaders in public policy to examine issues from the perspectives, experiences, and needs of women. Fellows work 40 hours each week from January to July as a legislative assistant in a congressional office on policy issues that affect women and meet for weekly issue seminars directed by WCPI staff. Fellows receive a monthly stipend of approximately \$4,400 gross, from January to July and an additional \$1,000 to purchase health insurance. Graduate students and recent graduates from all academic disciplines with a serious interest in research and policy making relevant to issues impacting women and their families are encouraged to apply. Click [HERE](#) to learn more about the Congressional Fellowship on Women and Public Policy. Reach out to fellowships@wcpinst.org with any questions.

ACCEPTING APPLICATIONS! 2025-26 Fulbright U.S. Student Program

Apply [HERE](#)!

Graduate students and young professionals from all academic disciplines are invited to apply for the Fulbright U.S. Student Program! The Fulbright U.S. Student Program expands perspectives through academic and professional advancement and cross-cultural dialogue. Program participants pursue graduate study, conduct research, or teach English abroad. During their grants, Fulbrighters meet, work, live with and learn from the people of the host country by sharing daily experiences. The program facilitates cultural exchange through direct interaction on an individual and community basis in the classroom, field, home, and in routine tasks, allowing the grantee to gain an appreciation of others' views and beliefs, ways of life, and ways they think. Click [HERE](#) more information about the Fulbright U.S. Student Program, click [HERE](#) for more information about eligibility, and click [HERE](#) for more information about award benefits.

Students interested in applying for the 2025-26 Fulbright U.S. Student Program should consider attending informational Webinars hosted by the Fulbright Program to learn more about the program. Click [HERE](#)

for a complete schedule of upcoming Fulbright Info Webinars or [HERE](#) to view previous Webinar recordings.

Fulbright Info Session, Country Spotlight: Hungary – Wednesday, May 1, 12pm-1:30pm

Location: Van Dyck Hall, Room 301 (16 Seminary Pl, New Brunswick, College Ave Campus)

Register to attend [HERE](#)!

Interested in conducting research abroad? Join GradFund, the School of Graduate Studies, and the Center for European Studies for an in-person Fulbright Info Session. Featuring a panel of experts with Fulbright experiences in Hungary, this event will provide an opportunity for attendees to learn more about Fulbright programs by highlighting a featured country. Undergraduates, graduate students, and faculty with interests in Fulbright and/or Hungary and Central Europe are welcome to attend. Lunch will be provided. Please email fellowship_advisor@gradfund.rutgers.edu with any questions.

– EMPLOYMENT OPPORTUNITIES –

LAST CHANCE TO APPLY! 2024-25 Student Educators – Zimmerli Art Museum

Position Dates: September 2024 - May 2025.

Compensation: Graduate students are paid \$20 an hour

Apply [HERE](#) by TODAY, Monday, April 22!

The Zimmerli Art Museum is excited to announce openings for its Student Educator Program, which trains Rutgers students to lead tours of the museum galleries and assist in public programming events for visitors of all ages. Student Educators are not required to have any prior art or museum experience and will receive comprehensive training in order to provide high quality, engaging tours to museum visitors. Student Educators learn to guide visitors through conversational exercises about the art, interactive activities including games and writing prompts, and other multi-sensory modes of gallery teaching. Outside of gallery tours, Student Educators support a variety of educational initiatives that include public, exhibition, and family programming and serve as ambassadors for the museum. Click [HERE](#) for more information about the Student Educator positions at the Zimmerli Art Museum and contact education@zimmerli.rutgers.edu with any questions.

Please Note: Applicants must have an anticipated graduation date of no earlier than May 2026 to be eligible for consideration for Student Educator positions.

THE RESOURCE CORNER

FREE Fitness & Wellness Classes Offered by Rutgers Recreation!

Rutgers Recreation offers a wide range of FREE fitness and wellness classes at each of the four campus recreation centers! Choose from *Pilates, Yoga, BodyCombat, Spin, Strength, Grit*, and more! All necessary equipment and mats are provided and classes are designed to accommodate all fitness levels, chat with your instructor if you are new to a particular class type. Check out the daily schedule [HERE](#) or in the [RUREC2GO](#) app!

FREE On-Demand At-Home Fitness & Wellness Classes with RUREC2GO!

Can't make it to a recreation center? Check out the on-demand fitness and wellness classes offered by Rutgers Recreation online and in the [RUREC2GO](#) app! Stay active at work with *Strength or Stretch at Your Desk* or choose a *30 Minute Yoga, Strength or Pilates Class* to move at home! Click [HERE](#) for more information about on-demand fitness and wellness classes.

STUDENT SERVICES & SUPPORT

Looking for graduate student resources, services, or support? Check out the [University Resources page](#) on our website! The University Resources page is our new central hub for information pertaining to graduate student support services at Rutgers!

To unsubscribe from the Graduate Student Life Weekly Digest, send an email to gradstudentlife_nb-leave@email.rutgers.edu