

Graduate Student Life Weekly Digest

Graduate Student Life Weekly Digest Week of April 21, 2025

Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers-New Brunswick! Share with your friends and tell them to subscribe [HERE](#)! You can contact the Office of Graduate Student Life by emailing gradstudentlife@echo.rutgers.edu or visiting our offices during the week in the Graduate Student Lounge (126 College Ave, behind Panera Bread). Click [HERE](#) for information about staff office hours.

The Graduate Student Lounge is open from 6:45am-12:00am Monday-Friday and 9:00am-12:00am Saturday and Sunday. Click [HERE](#) to view the current daily hours for the College Ave Student Center (includes Graduate Student Lounge). Learn more about the Office of Graduate Student Life by visiting our website [HERE](#)!

ANNOUNCEMENTS

It's Rutgers Wellness Week!

From Monday, April 21 to Sunday, April 27, Rutgers University will celebrate Wellness Week with a variety of programs designed to enhance student wellbeing. Keep an eye out for graduate-exclusive wellness week programs hosted by the Office of Graduate Student Life! Click [HERE](#) to learn more about Wellness Week 2025 and click [HERE](#) to view the University-wide calendar of programs!

Graduate Student Featured in Rutgers Today!

Check out [THIS](#) new article in Rutgers Today featuring Graduate student Brandon Wildman, master's student in the Graduate School of Applied and Professional Psychology (GSAPP) and vice president of external affairs for the Graduate Student Association!

New Affinity Group launching for 2024-2025! Southeast Asian Graduate Student Affinity Group

The Office of Graduate Student Life invites students to join the Southeast Asian Graduate (SEA) Student Affinity Group for 2024-2025. This group is open to any

graduate student interested in Southeast Asian culture and experiences. It is a group that is focused on creating a supportive, friendly, and welcoming community at Rutgers. This group will meet monthly starting in September 2025. Peer facilitator, Tze Chang (Justin) Ng, will be hosting a meet-up this Spring for those interested. Date and time will be determined based on student availability. Students interested in joining should fill out [THIS](#) form by 11:59pm on Thursday, April 24. For more information about Graduate Affinity Groups click [HERE](#).

Ongoing Support and Resources for International Students

Rutgers University is aware of the recent, unexpected, terminations of lawful immigration status that are impacting international students at Rutgers and across the United States. International students, scholars, and faculty are deeply valued members of the Rutgers community and the University is committed to providing support during this time. Rutgers Global has created a Global Alerts webpage that is updated with resources and guidance regarding issues related to travel advisories, immigration policies, and regulatory updates that impact international students and scholars, as well as domestic students and faculty traveling abroad. Visit the Global Alerts webpage [HERE](#).

Emergency Support for Graduate Students Impacted by Federal Funding Cuts

Rutgers University is dedicated to providing emergency support for graduate students and postdoctoral fellows who have been negatively affected by a termination or delay in current, existing federal funding through June 30, 2025. Impacted graduate students and postdocs can apply for research-related funding through the Office of the Vice Provost for Research [HERE](#). The Basic Needs Center provides assistance with housing, food, and other basic needs and maintains an emergency aid fund. Click [HERE](#) for more information about the Basic Needs Center and [HERE](#) for more information about the Emergency Aid Fund.

FREE 30 Under 30 Zimmerli Art Museum Membership Giveaways!

As a part of Rutgers Wellness Week 2025, Scarlet Arts Rx is giving away FREE 30 Under 30 Zimmerli Art Museum Membership to Rutgers-New Brunswick students ages 18-30 who will still be able to use the membership after May 2025 (while supplies last)! 30 Under 30 memberships provide members with a variety of benefits including access to exclusive member-only events, discounted tickets to select programs, benefits at local businesses, and more! DM your Rutgers NetID to [@scarletartsrx](#) on Instagram to request a FREE 30 Under 30 membership! Click [HERE](#) to learn more about membership benefits.

Free Mason Gross School of The Arts (MGSA) Performance Tickets Available!

Scarlet Arts Rx is offering free MGSA performance tickets to Rutgers New Brunswick students! To qualify, students must be registered with Scarlet Arts Rx, register [HERE](#).

Once registered, students should use their Rutgers email account to email Peichi Waite (pw337@mgsa.rutgers.edu) with the following information: 1) a screenshot showing successful sign-up for Scarlet Arts Rx (the final page of the registration form or the confirmation email); 2) the name of the show they are requesting tickets for (choose from “[Rutgers Mingus Ensemble](#)” “[DancePlus](#)” “[Dancing at Lughnasa](#)” and “[Rutgers Jazz Ensemble](#)”); 3) the date and time of the show; 4) the number of tickets requested; 5) written confirmation that all tickets will be used only by currently enrolled RU-NB students. **All requests must be submitted a minimum of 5 business days in advance of the requested show.** E-tickets will be sent to RU-NB student email addresses only. The box office will not process tickets for non-RU-NB students.

– STAY INFORMED –

Looking for more ways to stay informed? Check out the [Newsletters page](#) on our website! The Newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including: the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more!

Follow Graduate Student Life on Instagram!

Stay up to date with the Office of Graduate Student Life by following us on Instagram [@rugradstudentlife](#)! Never miss another graduate student life event!

– GET INVOLVED –

Volunteer at the 33rd Annual Rites of Passage Ceremony!

Register as a volunteer [HERE](#) by Friday, May 2!

Student and staff volunteers are needed for the 33rd Annual Rites of Passage (ROP) Ceremony and reception. The Rites of Passage Ceremony is a pre-commencement celebration that centers the experiences and culture of Black and Latine-identified students. ROP volunteers assist to ensure a smooth and spirited experience for the 2025 graduating class! The Rites of Passage Ceremony at Rutgers has existed for 33 years because of community participants who lend their support to the planning and execution processes. Click [HERE](#) to learn more about the Rights of Passage ceremony. Please contact rop@echo.rutgers.edu with any questions.

EVENTS

– THIS WEEK! –

Grad Glow: A Wellness Afternoon for Graduate Students – Tuesday, April 22, 3:30pm-5:30pm

Location: Graduate Student Lounge (126 College Avenue, New Brunswick, College Ave Campus)

Let us know you're coming [HERE](#)!

This event is included in the Wellness Week 2025 graduate student programs coordinated by the Office of Graduate Student Life.

Join the Office of Graduate Student Life for an afternoon of wellness activities! Relax and unwind with a soothing chair massage and participate in a variety of interactive activities including make-your-own felt succulents & flowers, charmed writing, kawaii portraits, and a custom tea bag making bar! Indulge in a sweet treat or a slice of pizza and connect with your fellow graduate students! This event is a collaboration between the Office of Graduate Student Life and Scarlet Arts Rx.

Bollywood Grooves x Afrobeats Crossover – Tuesday, April 22, 7pm-8:45pm

Location: Sonny Werblin Recreation Center (656 Bartholomew Rd, Piscataway, Busch Campus)

Please arrive at least 10 minutes prior to the event for registration!

Bollywood Grooves x Afrobeats Crossover is back for Wellness Week! Experience a fusion dance class where the vibrant rhythms of India meet the rhythmic beats of Nigeria! Whether you're a seasoned dancer or a beginner, this class is designed to merge music from both cultures with Bollywood's expressive movements and Afrobeats dynamic footwork. Get ready to destress through a wellness focused discussion while elevating your dance skills in this fun and high-energy experience! This class will be taught by Rihi Jain and Zina Ogunnaya and is sponsored by the ScarletWell Initiative. Please contact Zina Ogunnaya zno1@rutgers.edu and Rihi Jain rdj47@scarletmail.rutgers.edu with any questions.

Cruel Summer Send-Off – Tuesday, April 22, 7pm

Location: College Ave Student Center, Room 108 (126 College Ave, New Brunswick, College Ave Campus)

Join Scarlet Arts Rx and the RU Swift Society for an end-of-year blowout! Wrap up the semester with mocktails, karaoke, free sunglasses, and t-shirt decorating. For questions or more information, please contact Anjel Fierst at scoop.rutgersnb@gmail.com. Sign up for Scarlet Arts Rx [HERE](#), and follow Scarlet Arts Rx on Instagram [HERE](#).

CAPS Open House to Promote Wellness and Connection – Wednesday, April 23, 12pm-5pm

Location: Rutgers Counseling Center (17 Senior Street, New Brunswick, College Ave Campus)

RSVP [HERE](#)!

Join CAPS Counselors and Student Wellness Champions to learn more about the mental health resources and support services offered by CAPS! Attendees will have the opportunity to meet CAPS counselors and participate in activities, such as creating a wellness kit. Giveaways and snacks will also be available for participants.

CES Drop-In Hours for Graduate Students – Wednesday, April 23, 4pm-6pm

Location: Zoom (Join [HERE!](#))

Have career questions? Need guidance on your next professional steps? Stop by virtually during drop-in hours to connect with Dr. Rudrani Gangopadhy, the Senior Assistant Director for Graduate Student Career Pathways in the Office of Career Exploration and Success! This is an opportunity for students to ask quick questions, receive advice, or explore resources tailored to their career goals. Whether you are considering academic, industry, or alternative pathways, help is available. No appointment is needed, students can simply drop in! Please reach out to Dr. Rudrani Gangopadhy rudrani.g@rutgers.edu with any questions.

Wellness Through Gaming! Graduate Student Game Night – Wednesday, April 23, 7pm-10pm

Location: Graduate Student Lounge (126 College Avenue, New Brunswick, College Ave Campus)

Let us know you're coming [HERE!](#)

This event is included in the Wellness Week 2025 graduate student programs coordinated by the Office of Graduate Student Life.

Come to the Graduate Student Lounge for an exciting game night, where you'll enjoy a night of strategy, laughter, and friendly competition! Whether you're a seasoned gamer or brand new to the scene, this event is for you. Gaming expert, Alex, will be on hand to teach new games, offer pro tips, and make sure everyone has a fantastic time. Feel free to bring your favorite games or discover a new one! Come ready to play, learn, and have fun. Pizza will be provided. All are welcome!

RAHSA Student Art Exhibit and Reception – Wednesday, April 23, 7:30pm-9pm

Location: Voorhees Hall (71 Hamilton St, New Brunswick, College Ave Campus)

RSVP [HERE!](#)

Join Scarlet Arts Rx and the Rutgers Art History Student Association (RAHSA) to support student artists! Mingle with other students, enjoy food and refreshments, and participate in a scavenger hunt to win prizes! For questions or more information, please contact Anjel Fierst at scoop.rutgersnb@gmail.com.

Get Vaxxed on the Bus: Schedule your HPV (Human Papillomavirus) Vaccination – Thursday, April 24

Location: Sonny Werblin Recreation Center (656 Bartholomew Rd, Piscataway, Busch Campus)

Schedule your appointment [HERE](#) by selecting ‘appointments’ then ‘HPV Clinic & Screen NJ Van’ in the Student Health Portal!

Student Health is partnering with ScreenNJ to bring the HPV vaccine across campus. Most people will contract HPV at some point in their lives through intimate contact. While it usually has no symptoms, certain types can lead to serious health issues, including cervical, throat, and other cancers. The HPV vaccine is recommended for everyone up to age 26 and most to age 45 and provides long-term protection against the most harmful types of the virus, preventing both cancer and warts. Student Health will confirm student insurance coverage once an appointment is booked. Prefer to get vaccinated elsewhere? Click [HERE](#) to find other locations through ScreenNJ. For more information, click [HERE](#), or visit Student Health.

Bring Your Kids to Work Day at the Zimmerli – Thursday, April 24, 9am-12pm & 2pm-4pm

Location: Zimmerli Art Museum (71 Hamilton St, New Brunswick, College Ave Campus)
Scarlet Arts Rx and the Zimmerli Art Museum invite parenting students to this free bring your kids to work day event, featuring activities such as mini rage piñata making and dream job diorama crafting! Click [HERE](#) for more information! For questions, please contact Anjel Fierst at scoop.rutgersnb@gmail.com.

Bring Your Child to Work Day - Parenting Graduate Student Breakfast Social – Thursday, April 24, 9:30am-11:30am

Location: Graduate Student Lounge (126 College Avenue, New Brunswick, College Ave Campus)

Let us know you’re coming [HERE](#)!

This event is included in the Wellness Week 2025 graduate student programs coordinated by the Office of Graduate Student Life.

The Office of Graduate Student Life invites parenting graduate students to a special breakfast social for Bring Your Child to Work Day! Drop by with or without your child to meet other graduate student parents and enjoy a delicious breakfast! Activity packets courtesy of Scarlet Arts Rx will be available for parents and children to enjoy at the event or to take home! Don’t miss this opportunity to unwind and connect with your fellow graduate student parents!

Bring Your Child to Work Day – Thursday, April 24, 11:30pm-1:30pm

Locations: Sonny Werblin Recreation Center (656 Bartholomew Rd, Piscataway, Busch Campus) & College Ave Gym (130 College Ave, New Brunswick)

All members of the Rutgers community are invited to bring their children for a day of fun activities hosted by Rutgers Recreation and Athletics! Stop by the College Ave

gym for rock climbing, games, giveaways, photos with Rutgers' mascot Sir Henry, and more! Then head over to the Sonny Werblin Recreation Center because the patio pool will also be open for both parents and their children to enjoy! Attendees must present a valid Rutgers ID to access Recreation facilities and must accompany their children at all times. Guests can also enjoy lunch at any of the all-you-can-eat campus dining facilities for \$15 per-person! Click [HERE](#) for more information!

Dessert for Dinner & Fun "Summer Camp" Crafts – Thursday, April 24, 5pm-7pm

Location: Livingston Student Center, Gathering Lounge (84 Joyce Kilmer Ave, Piscataway, Livingston Campus)

RSVP [HERE](#)!

Join Scarlet Arts Rx and Student Volunteer Engagement for a fun and stress-free evening of summer camp themed crafts including friendship bracelets, birdhouses, and windchimes, custom visors, and mini rage piñatas! Bring a friend and enjoy dessert for dinner!

Sex and Art Tour – Thursday, April 24, 6:30pm-7:30pm

Location: Zimmerli Art Museum (71 Hamilton St, New Brunswick, College Ave Campus)

Rutgers Student Health, the Office of Graduate Student Life, Scarlet Arts Rx, and the Zimmerli Art Museum have teamed up to bring you the SEX AND ART TOUR. An interactive evening where you will learn about Bodily Autonomy + Choice, Sex + Reproduction and Pleasure + Responsibility as inspired by viewings of different art works we will visit together in the Zimmerli's galleries. This is a free event - graduate and undergraduate students and their friends are welcome to attend. We will serve free refreshments, provide sex and reproductive health resources, and some amazing swag that you won't want to miss.

Shopping Trip Sign-Up – International Students – Thursday, April 24, 5pm-8pm

Location: Pick-ups from Bevier Road or Nichols Apartments on Busch Campus

Reserve Your spot on the Shuttle [HERE](#)!

Rutgers Global-International Student and Scholar Services arrange shopping shuttles to local stores throughout the semester and summer so students can purchase groceries and other living essentials. You should sign up to reserve your spot on the shuttle. International students and scholars who have signed up will be given preference to ride on the shuttle. You may also register your dependents for the shuttle. To view the full spring schedule of shopping trips and learn more information about the Shopping Shuttle Service, click [HERE](#).

Harambee Leadership Creative Community Building Workshop Series: #3 Our Leaves of Dreams – Thursday, April 24, 5:30pm-7:30pm

Location: Paul Robeson Cultural Center (600 Bartholomew Rd, Piscataway, Busch Campus)

RSVP [HERE](#)!

Join Scarlet Arts Rx and the Paul Robeson Cultural Center for their third and final workshop in the Harambee Leadership Community Building Workshop Series! Participants will be guided through a reflective activity to create their own symbolic tree, representing growth, unity, celebrating different aspects of their history, community, and aspirations. The workshop will be led by Dr. Nicole Burrowes, Assistant Professor of History, Honors College Faculty Fellow and African Diaspora Studies Scholar. Dinner will be provided.

Bob Ross Like a Boss: A ScarletWell Event – Thursday, April 24, 6pm-8pm

Location: The Yard, Commons (40 College Ave, New Brunswick, College Ave Campus)

Register [HERE](#) by April 21!

Looking for a fun and relaxing way to unwind? Join ScarletWell Ambassador Priya, Faculty Advisor Dr. Tabanli, and their team for a guided painting session! No prior painting experience is required. For questions or more information, please contact Priya Gohil at pag171@scarletmail.rutgers.edu or follow [@bobrosslikeaboss](https://www.instagram.com/bobrosslikeaboss) on Instagram. This event is part of Rutgers-granted ScarletWell projects designed to foster wellness across the Rutgers community.

Visible Mending: a Restorative Embroidery Workshop – Thursday, April 24, 6:30-8:30pm

Location: Academic Building East, Room 1180 (15 Seminary Pl, New Brunswick, College Ave Campus)

Join Scarlet Arts Rx and Fusion in discovering the art of visible mending through restorative embroidery! This hands-on workshop encourages participants to be creative and practice mindfulness through the act of repairing garments, emphasizing the fabric's history and imperfections with embroidery rather than concealing them. No prior experience is required and materials will be provided. Attendees are welcome to bring their own torn garment. For questions or more information, please contact Anjel Fierst at scoop.rutgersnb@gmail.com.

Polestar Pilates Mat Workout with Willa! – Friday, April 25, 10:30am-11:30am

Location: Nicholas Music Center, Dance Studio 122 (85 George St, New Brunswick, Cook/Douglass Campus)

Graduate students are invited to attend this free pilates mat class led by BFA Dance Major and Polestar Pilates Mat Teacher Training graduate, Willa O'Connor through Scarlet Arts Rx. This is the final class of the semester!

Rutgers Social Run Club – Saturday, April 26, 12pm

Location: In front of the College Ave Gym (130 College Ave, New Brunswick, College Ave Campus)

Register [HERE](#)!

Join the Rutgers Social Run Club for a chance to meet with new people, while supporting physical health through group running! Weekly group runs offer a great opportunity to stay active, connect with others, and explore the campus. All paces and experience levels are welcome—from beginners to seasoned runners. Snacks will be provided. For questions or more information, please contact Ishan Gupta at ig306@scarletmail.rutgers.edu.

– RSVP NOW & COMING UP! –

NEXT WEEK! "Making the Transition" Information Session with the Rutgers Graduate Consulting Club – Monday, April 28, 5pm-6:30pm

Location: Graduate Student Lounge (behind the Panera Bread, 129 College Ave, New Brunswick, College Ave Campus)

The Rutgers Graduate Consulting Club invites all Rutgers graduate students to attend an information session on "Making the Transition." This session provides a necessary overview for graduate students aiming for consulting careers post-graduation. Enjoy food and participate in shaping the direction of the Rutgers Graduate Consulting Club. The Rutgers Graduate Consulting Club wants to hear from you and connect you with resources that will ensure success! Please contact rutgersgraduateconsulting@gmail.com with any questions.

NEXT WEEK! "Peut-on encore être galant" - A Book Talk with Professor Jennifer Tamas – Monday, April 28, 5:30pm-7:30pm

Location: Academic Building West, Room 4190 (15th Seminary Place, New Brunswick, College Ave Campus)

Join the French Graduate Students Organization and the Graduate Student Association for a thought-provoking conversation on Professor Jennifer Tamas' latest work, exploring the history and future of seduction, care, and sexual civility. Revisiting the often-misunderstood concept of 'galanterie,' Professor Tamas redefines it as more than a simple expression of masculine politeness. *Peut-on encore être galant* demonstrates how galanterie was originally shaped by and for women in the 17th century as a means to rethink love, power, consent, and gender roles. Drawing from literary history and feminist critique, Tamas reveals how this "cultural battlefield" continues to be a space for negotiating freedom and resistance. The elevator will be accessible without a pass. Pizza will be served! For questions or more information, please contact The French Graduate Students Organization at dm1886@scarletmail.rutgers.edu.

NEXT WEEK! SparkNight: Celebrating APIDA Heritage Month – Thursday, May 1, 5pm-8pm

Location: Zimmerli Art Museum (71 Hamilton Street, New Brunswick, College Ave Campus)

RSVP [HERE!](#)

Join the Zimmerli Art Museum in celebrating Asian Pacific Indian Desi American (APIDA) Heritage Month at SparkNight! Stop by for an evening of performances, henna, and an art activity led by Scarlet Arts Rx! Light complimentary refreshments will be provided, and there will be a photo booth onsite. Sparknight is free and open to the public.

REGISTER NOW! 27th Annual Rainbow Graduation – Tuesday, May 6, 5pm-8pm

Location: Livingston Student Center, Gathering Lounge & Livingston Hall (84 Joyce Kilmer Ave, Piscataway, Livingston Campus)

Register [HERE](#) by Friday, May 2 to participate!

Rainbow Graduation honors the achievements of Rutgers lesbian, gay, bisexual, transgender and nonbinary, Queer, intersex, asexual, and other Queer spectrum (LGBTQIA+) undergraduate and graduate students. The event acknowledges the challenges and triumphs experienced in their careers here at Rutgers University. This occasion honors students who have continued traditions of pride and activism. The celebration is a complement to a traditional graduation ceremony such as University Commencement or other celebrations hosted by academic departments. Graduating students who register will receive a Rainbow Graduation certificate as well as a Rainbow Graduation tassel. All graduates must complete registration to be formally recognized at the ceremony. Family and friends of graduating students and other supporters are encouraged to RSVP. Please reach out to sje@echo.rutgers.edu with any questions.

REGISTER NOW! 33rd Annual Rites of Passage Ceremony – Wednesday, May 14, 4-6pm

Location: Jersey Mike's Arena (83 Rockafeller Rd, Piscataway, Livingston Campus)

Register [HERE](#) by Friday, May 2 to participate!

The Rites of Passage Ceremony is a signature pre-commencement celebration to honor Black and Latine-identified students who through resolute persistence have successfully completed an undergraduate or graduate degree at Rutgers University – New Brunswick. This event recognizes their accomplishments, hard work, and dedication, while simultaneously acknowledging the accomplishments of our students' families and networks of support. Distinguished speakers, live performances and the incorporation of African and Latine culture and traditions – specifically the culminating Kente Stole presentation – all add to the vibrancy of this occasion. Click [HERE](#) for more information about the Rites of Passage Ceremony and please reach out to rop@echo.rutgers.edu with any questions.

– WELLNESS WORKSHOPS, GROUPS, & SUPPORT–

POSTPONED! Mindfulness Meditation Workshop – Tuesday, April 22, 2pm-3pm

Location: Zoom

The Mindfulness Meditation Workshop with CAPS community based counselor Dana is postponed until further notice! Stay tuned for updates!

CAPS International Student Wellness Group (ISWG) – Tuesdays, 2pm-3:30pm

Location: In-Person, **call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.**

Many international students face unique challenges due to cross-cultural adjustment. Some experience homesickness, loneliness, language barriers, discrimination, and different levels of acculturative stress socially and academically. This group aims to provide these international students with a safe, confidential, and therapeutic space to help form connections and discuss various concerns with one another. Students who are interested in joining ISWG, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) for more information and to see options for other CAPS Wellness groups.

Graduate Student Wellness Group: RU Grad – Fridays, 1pm-2:30pm

Location: In-Person, **call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.**

Graduate students looking for a safe space or supportive environment to share and explore struggles/feelings they may have—whether this be anxiety, self-esteem, sustaining or forming relationships, and the like, may benefit from joining this graduate student wellness group. This group may cover topics including: social adjustment and loneliness, romantic relationships, navigating conflicts/challenges with peers and professors, feelings of inadequacy, assertiveness, stress management and balancing family life and academics. Students who are interested in joining the RU Grad Group, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) to see options for other CAPS Wellness groups and for more information about the RU Grad Group.

Low Cost ADHD Assessments through the Rutgers Center for Youth Social Emotional Wellness and the Graduate School of Applied & Professional Psychology Center for Psychological Services

The Rutgers Center for Youth Social Emotional Wellness (CYSEW) in partnership with the Graduate School of Applied & Professional Psychology Center for Psychological Services (GSAPP) is now offering low-cost psychological assessments to all Rutgers Students. Assessments are \$150 and include a comprehensive screening for ADHD, anxiety, and depression, a detailed diagnostic report with resources, and a feedback session. To request a virtual assessment scheduled at your convenience, click [HERE](#).

Contact the GSAPP Center for Psychological Services by calling 848-445-6111 or by emailing cysew@gsapp.rutgers.edu.

Couples Therapy Services Available at NJ Couples Clinic at the Rutgers Psychological Clinic

Location: Rutgers Psychology Building, NJ Couples Clinic (152 Frelinghuysen Road, Piscataway, Busch Campus)

The Rutgers University Couple Therapy Clinic is now offering evidence-based couples therapy, provided under expert supervision by advanced graduate students in clinical psychology. The clinic aims to provide a safe and supportive environment where couples and individuals can work on their relationship goals, whether it be overcoming challenges or simply enhancing their connection with their partner. The NJ Couples Clinic provides services such as guidance through communication improvement, conflict resolution, intimacy rekindling, and managing life transitions. Services are free to those with Rutgers Student Insurance and offered at a low sliding scale fee to those without. Contact Co-Director of the NJ Couples Clinic at Rutgers and GSAPP professor Karen Riggs kskean@gsapp.rutgers.edu with any questions.

Weekly Let's Talk Drop In Counseling Conversations

Free Private and Confidential Drop-In Conversations with licensed mental health professionals available in-person or virtual. CAPS Community Based Counselors offer support and counseling services from within university communities—including academic schools and cultural centers. Students are welcome to visit any Community Based Counselor they would like, and may choose a counselor based on the topic they would like to discuss and the counselor's therapeutic approach or community. Click [HERE](#) for information and schedules for Let's Talk sessions and click [HERE](#) to learn more about individual CAPS Community Based Counselors (look for "Community Based-Counselor").

Uwill: FREE Immediate-Access to Teletherapy

Uwill provides free immediate access to teletherapy through an easy-to-use, private, secure, confidential, online platform. Choose a therapist based on your preferences, including issue, gender, language, and ethnicity. Select a time that fits your schedule, including day, night, and weekend availability. Register and book your first session using your Rutgers email [HERE](#).

– ACADEMIC SUPPORT & WORKSHOPS –

NEXT WEEK! Introduction to EndNote 21 – Monday, April 28, 12:30pm-1:30pm

Location: Virtual

Register [HERE](#)!

Join the Rutgers Libraries for this workshop on EndNote 21! Learn how to use EndNote 21, a citation management software to organize citations and quickly generate

a bibliography. Participants will learn how to download EndNote 21, capture references from databases such as PubMed and Google Scholar, create a library, and more importantly, use EndNote 21 to cite references while they are writing a paper in Microsoft Word. Click [HERE](#) to view more workshops offered by Rutgers libraries.

Spring 2025 New Brunswick Libraries Data and Research Methods Workshops for Graduate Students!

The New Brunswick Libraries' calendar of data and research methods workshops for Spring 2025 is available now. Don't miss workshops on machine learning, R, Python, systematic reviews, NVivo, ethnography, qualitative research, and more! Click [HERE](#) to view the full schedule of workshops and register. Additional workshops will be added throughout the semester so be sure to check back regularly!

Graduate Writing Accountability Groups

The Graduate Writing Program, in partnership with the Learning Centers in the Office of the Provost, is pleased to announce the launch of Writing Accountability Groups. Interested graduate students are invited to sign up for student-led writing accountability groups. Sessions will be held on Zoom at various times and days each week and students may choose the weekly slot that best suits their availability to meet and write alongside other Rutgers graduate students to make progress toward their writing goals. After registering, participants will be provided with materials to help them effectively structure and run these student-led productivity sessions. Click [HERE](#) to sign up for a Graduate Writing Accountability Group.

Academic Coaching with Dr. Wilson Ng

Meet Dr. Wilson Ng (he/him/his), the newly appointed Senior Program Coordinator and Academic Coach for Graduate Student Services at the Rutgers Learning Centers. Dr. Ng provides one-on-one academic coaching and facilitates workshops and programming tailored to graduate students. With a background in college student affairs and years of experience in student development and support, he is eager to bring his expertise to the Rutgers community and looks forward to collaborating with students as they navigate their academic journeys in graduate school! Click [HERE](#) to make a one-on-one appointment with Dr. Ng via Penji. For any questions, email him at wwn2@echo.rutgers.edu.

PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES

– PROFESSIONAL DEVELOPMENT –

Exploring Community Engagement as a Pathway to Professional Growth – Tuesday, April 22, 3:30pm

Location: Virtual

Register [HERE!](#)

This interactive virtual workshop will explore how community engagement through research, teaching, and service can enhance professional development for graduate students, especially for those interested in careers beyond academia. Participants will gain insights into how meaningful partnerships with community organizations can build transferable skills such as leadership, communication, and project management while fostering a strong sense of purpose and societal impact. The session will feature a panel of graduate students, including the two second annual SGS Community Engagement Award winners, who have worked closely with community partners, and will share their experiences and offer practical advice on translating those engagements into valuable career skills and professional growth.

– SCHOLARSHIP, & FUNDING OPPORTUNITIES –

Build a Fellowship Plan with GradFund!

GradFund provides graduate students with information on how to apply for external scholarship, fellowship, and funding opportunities. GradFund also provides guidance and assistance with application processes.

Schedule an appointment with a GradFund advisor for fellowship assistance! Schedule a Planning Meeting to learn how to search for fellowships and grants or to plan out your future funding applications. Request Help with a Funder to learn about the funder's application review process and find the best way to frame your research plans for a particular application. Book an Application Review appointment to have a GradFund advisor review your application materials for one application. Schedule a Post-Award Consultation for advice on moving forward after receiving a fellowship offer. Wherever you are in the fellowship, grant, or award process, GradFund is here to help! Click [HERE](#) for more information on GradFund and click [HERE](#) to schedule a Gradfund appointment.

Learn to Write a Competitive Funding Application with GradFund's FREE Self-Paced Canvas Course

Learn to write a competitive external funding application using GradFund's FREE self-paced Canvas course! This course teaches the art of competitive proposal writing through developing familiarity with both funders in your field of study and the proposal writing genre. Click [HERE](#) to enroll in GradFund's self-paced Canvas course.

[The Office of Financial Aid](#) can provide information about need-based funding and financial aid. Other forms of need-based aid or scholarships may be available through your school of enrollment.

– EMPLOYMENT OPPORTUNITIES –

Student Educator – Zimmerli Art Museum

Compensation: \$20 per hour

Position Dates: September 2025-May 2026

Location: Onsite

Apply [HERE](#) by April 28!

The Zimmerli Art Museum is hiring Student Educators to advance and enhance the Zimmerli's mission in providing high quality, engaging experiences for its visitors. Student Educators are responsible for guiding visitors through the museum's works, interacting with gallery activities through games and writing prompts, along with using other modes of gallery teaching. In addition to tours, Student Educators also aid in supporting and facilitating educational initiatives through public, exhibition, and family programming. No previous art or museum experience is required. Applicants must have an anticipated graduation date of no earlier than May 2027. Please review the job listing for additional details.

Graduate Coordinator, First-Year interest Group Seminars (Multiple Openings) – Office of Career Exploration and Success

Compensation: \$25 per hour, 13 hours per week

Position Dates: July 1, 2025-June 30, 2026

Location: Hybrid

Apply [HERE](#) by 12pm on May 2!

The Office of Career Exploration and Success is seeking candidates to serve as Graduate Coordinators for First Year Interest Group Seminars (FIGS). Graduate Coordinators support the administration of the FIGS Seminars, one-credit seminars for first-year students that are developed and taught by Rutgers juniors and seniors. FIGS Graduate Coordinators will help to train and supervise Peer Instructors who have developed a ten-week course for first-year students to explore an academic interests and career area, discover the wide array of resources available at Rutgers, and connect with students, faculty and staff connected to their course subject. Please review the job listing for additional details.

Graduate Coordinator, Industry-to-Campus Connections/Rutgers Scarlet Service Internship Program (RSSI) – Office of Career Exploration and Success

Compensation: \$25 per hour, 20 hours per week

Position Dates: April 30, 2025 - June 30, 2025, continuation beyond summer possible

Location: Remote and onsite

Apply [HERE](#) by 11pm on May 2!

The Office of Career Exploration and Success (CES) is hiring a Graduate Coordinator to support employer development for the Rutgers Scarlet Service Internship Program (RSSI) and provide general support for the Industry-to-Campus Connections (ICC) team. This position involves substantial oversight of employer development activities, technical responsibilities in data management, and a proactive role in training and leading Federal Work Study undergraduate students as assigned. The Graduate Coordinator will be responsible for: independent research; data administration; employer development; customer service; special events and programming; and recruiting among other projects. Please review the job posting for additional details.

Research Assistant (Multiple Openings) – Education and Employment Research Center, School of Management and Labor Relations

Compensation: \$16-18 per hour, 20 hours per week

Position Dates: April 2025-September 2025

Location: Onsite

Apply [HERE](#) by 6am on September 12 (Hiring Immediately)!

The Education and Employment Research Center at the School of Management and Labor Relations at Rutgers University is seeking research assistants to work on an education and workforce development research project. Researchers would help gather data to support an ongoing research study. The position is ideal for students with background or interest in social science research, database management, interactions with management and human resources professionals, or cold calling and sales. Please review the job listing for additional details.

THE RESOURCE CORNER

Save an EXTRA 25% on NJ Transit Monthly Passes!

Rutgers graduate students enrolled in at least 2 courses this semester are eligible for a 25% discount on NJ Transit rail, bus, or light rail monthly passes! Apply online through the NJ Transit Quik-Tik Program by the 10th of the month to receive your discounted pass for the following month via mail (I.E. purchase before October 10th to receive a pass valid for the month of November). Click [HERE](#) for more information and to purchase a discounted NJ Transit monthly pass.

Get EndNote FREE through the Rutgers Libraries!

EndNote is available to all Rutgers students, faculty, and staff through the Rutgers Libraries! EndNote is a desktop program for collecting and organizing references that allows you to create a searchable personal reference database, find full text articles, manage and annotate pdf files, cite references while writing a paper, create bibliographies in your preferred style, and more! Click [HERE](#) for more information about downloading EndNote as a Rutgers affiliate.

STUDENT SERVICES & SUPPORT

Resource Webpage for Pregnant and Parenting Graduate Students!

The Office of Graduate Student Life, in partnership with the Office of Title IX & Compliance, and Supporting Parents & Caregivers at Rutgers (GSO), recently launched a new resource webpage for pregnant and parenting graduate students! This webpage serves as a platform for helping pregnant and parenting students locate resources, policies, support services, and community engagement opportunities available at Rutgers University and in the local community. Click [HERE](#) to visit the webpage.

Academic, Employment, and Student Support Resources on the Graduate Student Life Website!

Looking for graduate student resources, services, or support? Check out our newly revamped resource pages on our website! Find information on [Academic Support Resources](#), [Career & Professional Development](#), [Student Support Services & Resources](#) and more on our website!

Do you have an opportunity for graduate students that you would like to promote in the Graduate Student Life Weekly Digest? Submit it [HERE](#)!