

Graduate Student Life Weekly Digest

Graduate Student Life Weekly Digest Week of February 24, 2025

Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers-New Brunswick! Share with your friends and tell them to subscribe [HERE](#)! You can contact the Office of Graduate Student Life by emailing gradstudentlife@echo.rutgers.edu or visiting our offices during the week in the Graduate Student Lounge (126 College Ave, behind Panera Bread). Click [HERE](#) for information about staff office hours.

The Graduate Student Lounge is open from 6:45am-12:00am Mondays-Fridays and 9:00am-12:00am Saturdays and Sundays. Click [HERE](#) to view the current daily hours for the College Ave Student Center (includes Graduate Student Lounge). Learn more about the Office of Graduate Student Life by visiting our website [HERE](#)!

ANNOUNCEMENTS

Residency Reclassification Deadline is March 21!

The residency reclassification deadline is approaching! Graduate students who have resided in the state of New Jersey for at least one year may qualify for reclassification as in-state students. Click [HERE](#) for more information about determining in-state residency and click [HERE](#) to access the residency analysis form.

– GET INVOLVED –

Explore Involvement in Graduate Student Organizations (GSOs)!

Explore the official directory of Graduate Student Organizations (GSOs) recognized by the Graduate Student Association (GSA) and discover graduate involvement opportunities on campus. GSOs are a fantastic way to meet other graduate students and participate in campus activities. Find the GSO directory [HERE](#).

1:1 Coaching Sessions for Volunteer Engagement
Schedule a 1:1 Coaching Session [HERE](#)

Graduate students looking for ways to volunteer in the community should consider scheduling a 1:1 coaching session with the Office of Student Volunteer Engagement to kick-start their volunteer journey.

– STAY INFORMED –

Looking for more ways to stay informed? Check out the [Newsletters page](#) on our website! The Newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including: the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more!

Follow Graduate Student Life on Instagram!

Stay up to date with the Office of Graduate Student Life by following us on Instagram [@rugradstudentlife](#)! Never miss another graduate student life event!

EVENTS

– THIS WEEK! –

Advocating in State Legislatures for Diversity and Your Academic Freedoms – Tuesday, February 25, 3:30pm-5pm

Location: Virtual or In-Person at the Rutgers Club (85 Avenue E, Piscataway, Livingston Campus)

Register [HERE](#)!

Join the Division of Diversity, Inclusion, and Community Engagement with Florida Rep. Dr. Anna V. Eskamani to explore practical strategies for advocating for academic freedom and diversity in higher education with state legislators. Attendees will have the opportunity to learn how to build effective relationships and craft compelling messages, empowering them to be influential advocates for their institutions and communities.

MA in Political Science: Ask Me Anything – Wednesday, February 26, 2pm

Location: Virtual

Register [HERE](#)!

Interested in pursuing a Master of Arts in Political Science with a concentration in the United Nations and Global Policy (UNMA) at Rutgers University? Associate Director of the UNMA Program, Dr. Dilafruz Nazarova, will be hosting sessions to provide prospective students with the chance to have any questions regarding the program answered! This may include information about the application process, career opportunities, and more. For additional questions, feel free to reach out to the UNMA program at unma@polisci.rutgers.edu.

Financial Planning Workshop for Graduate Students and Postdocs – February 27, 2025, 4pm – 5:30pm

Location: Virtual

Register [HERE](#)

Join the Financial Planning Association (FPA) of New Jersey for this free workshop meant to educate graduate students and postdocs on student loans, budgeting, cash flow, debt, and taxes. Living on a grad student stipend or postdoc salary can be challenging and many students also have families to support. The skills students will gain in this workshop will help them navigate their financial situation and plan for their future. Please contact Dr. Janet Alder janet.alder@rutgers.edu with any questions.

Graduate Student Yoga – Thursday, February 27, 5pm-6pm

Location: Graduate Student Lounge (126 College Avenue, New Brunswick, College Ave Campus)

Graduate Student Yoga is part of the [Life @ The Graduate Student Lounge Event Series](#) and will be held every Thursday from 5-6pm.

Stop by on Thursdays to take a pause from your busy week by practicing Yoga and relax your mind and body with your fellow graduate students. Yoga mats and blocks are provided, and all skill levels are welcome! Hosted by Rutgers Recreation and Office of Graduate Student Life. ***NOTE* Next week on Thursday, March 6, Graduate Student Pilates Mat class will be held instead of Graduate Student Yoga. Weekly Graduate Student Yoga classes will resume again on Thursday, March 13.**

Shopping Trip Sign-Up – International Students – Thursday, February 27, 5pm-8pm

Location: Pick-ups from Bevier Road or Nichols Apartments on Busch Campus

Reserve Your spot on the Shuttle [HERE!](#)

Rutgers Global–International Student and Scholar Services arrange shopping shuttles to local stores throughout the semester and summer so students can purchase groceries and other living essentials. You should sign up to reserve your spot on the shuttle. International students and scholars who have signed up will be given preference to ride on the shuttle. You may also register your dependents for the shuttle. To view the full spring schedule of shopping trips and learn more information about the Shopping Shuttle Service, click [HERE](#).

Understanding Racial Trauma: A Conversation About the Impact of Racial Trauma – Thursday, February 27, 5pm – 7pm

Location: Paul Robeson Cultural Center (600 Bartholomew Road, Piscataway, Busch Campus)

RSVP [HERE](#)

In honor of Black History Month, join two Rutgers psychologists, alums and co-authors, Drs. Jennifer Jones-Damis and Kelly Moore as they highlight key aspects of racial trauma and its impact on Black Students from their book: [Racial Trauma in](#)

[Black Clients: Effective Practice for Clinicians](#). This event is open to all members of the Rutgers community and includes a book signing, dinner, and a drawing for free copies of the book. Co-hosted by Graduate Student Life, Rutgers Student Health, and the Paul Robeson Cultural Center and part of the [PRCC 2025 Black History Month Calendar](#).

Scarlet Arts Rx - Polestar Pilates Mat Workout with Willa! – Friday, February 28, 10:30am-11:30am

Location: Nicholas Music Center, Dance Studio 122 (85 George St, New Brunswick, Cook/Douglass Campus)

Graduate students are invited to attend this free pilates mat class led by BFA Dance Major and Polestar Pilates Mat Teacher Training graduate, Willa O'Connor through Scarlet Arts Rx. Additional classes will be held throughout the semester on 3/28, 4/11, and 4/25. Sign up for Scarlet Arts Rx [HERE](#), and check out Scarlet Arts Rx on getINVOLVED [HERE](#).

A Meeting of the Diaspora: Battle of the Rices – Friday, February 27, 6pm – 8pm

Location: Paul Robeson Cultural Center (600 Bartholomew Road, Piscataway, Busch Campus)

RSVP [HERE](#)!

Graduate students are invited to a vibrant and flavorful evening honoring the rich heritage and traditions of African, Caribbean, and African-American cultures. Come experience the flavors of our diverse cuisines, hear the stories behind each dish and enjoy the sense of community that brings us all together. May the best rice win! This event is jointly hosted by the Council of Black Graduates and the African Graduate Students Affinity Group in celebration of the Black History Month.

Zimmerli Highlights Tour – Sunday, March 2, 2pm-3pm

Location: Zimmerli Art Museum (71 Hamilton Street, New Brunswick, College Ave)

RSVP [HERE](#)!

Join the Zimmerli Art Museum and their team of student educators to explore a free, curated tour of artwork displayed throughout the galleries!

– RSVP NOW & COMING UP! –

NEXT WEEK! CES Drop-In Hours for Graduate Students – Wednesday, March 5, 4pm-6pm

Location: Zoom (Click [HERE](#)!)

CES Drop in Hours for Graduate Students will be held on Wednesdays from 4-6pm throughout the semester with additional sessions on 3/26, 4/9, and 4/23.

Have career questions? Need guidance on your next professional steps? Stop by virtually during drop-in hours to connect with Dr. Rudrani Gangopadhy, the Senior Assistant Director for Graduate Student Career Pathways in the Office of Career Exploration and Success! This is an opportunity for students to ask quick questions,

receive advice, or explore resources tailored to their career goals. Whether you are considering academic, industry, or alternative pathways, help is available. No appointment is needed, students can simply drop in! Please reach out to Dr. Rudrani Gangopadhyia rudrani.g@rutgers.edu with any questions.

NEXT WEEK! Graduate Student Pilates Mat Class – Thursday, March 6, 5pm-6pm

Location: Graduate Student Lounge (126 College Avenue, New Brunswick, College Ave Campus)

Graduate Student Polestar Mat Pilates will be held instead of Graduate Student Yoga on Thursday, March 6. Weekly Graduate Student Yoga will resume again on Thursday, March 13.

Join the Office of Graduate Student Life and Rutgers Recreation for an exclusive pilates mat class just for graduate students! Take a break from your busy week to exercise your mind and body. Mats are provided, and all skill levels are welcome!

NEXT WEEK! SparkNight: Celebrating Women's History Month – Thursday, March 6, 5pm-8pm

Location: Zimmerli Art Museum (71 Hamilton Street, New Brunswick, College Ave Campus)

RSVP [HERE!](#)

Join the Zimmerli Art Museum for a night of performances, artmaking, music, and pop-up tours! In honor of Women's History Month, this event will highlight contributions from Indigenous American Women Artists included in the Zimmerli's special exhibition: *Indigenous Identities: Here, Now & Always*. Complementary light refreshments will be served.

NEXT WEEK! LGBTQIA+ Graduate Student Social: Beads & Crafts – Friday, March 7, 12pm-3pm

Location: Center for Social Justice Education & LGBT Communities (17 Barlett St, New Brunswick, College Ave Campus)

RSVP [HERE!](#)

Join the Center for Social Justice Education & LGBT Communities (SJE) for an afternoon of beads and crafts at the second LGBTQIA+ Graduate Student Social of the semester! Please direct any questions to sje@echo.rutgers.edu or Paolo Miyashiro Bedoya at pm976@scarletmail.rutgers.edu.

NEXT WEEK! Hip-Hop with Me, You, We: Dance and Connection – Friday, March 7, 6pm-8pm

Location: College Avenue Gym, Dance Studio (130 College Avenue, New Brunswick, College Ave Campus)

RSVP [HERE!](#)

Step into the rhythm and soul of hip-hop with this dynamic dance class, hosted by the Scarlet Well Initiative! This beginner-friendly workshop offers a unique opportunity to explore the art of hip-hop, build confidence, and have fun—all with a special emphasis

on forming connections with others and oneself. Professionally trained choreographers will be present to teach participants a short, beginner-friendly combo. Dancers of all levels, including beginners, are welcome to attend.

NEXT WEEK! Basketball as a Tool to Promote Wellness and Build Community – Saturday, March 8, 9am-11am

Location: College Ave Gym, Annex (130 College Ave, New Brunswick, College Ave Campus)

Register [HERE!](#)

Enjoy a fun morning of basketball games and activities while connecting with fellow Rutgers graduate students! All skill levels and abilities are welcome. Please reach out to Alexander Gamble at a.gamble@scarletknights.com with any questions.

COMING UP! Free Speech and Civil Discourse Workshop - Wednesday, March 12, 12pm-2pm

Location: Murray Hall, Room 302 (George St, New Brunswick, College Ave Campus)

RSVP [HERE!](#)

Join The Foundation for Individual Rights and Expression (FIRE) staff for a two-part workshop, sponsored by the Rutgers Heterodox Academy Campus Community, that covers First Amendment rights on campus and what students can do to defend them. This workshop will guide participants through exercises and techniques that support productive and intellectually open conversations about controversial topics and provide opportunities for participants to ask questions to a FIRE attorney. Food will be provided.

– WELLNESS WORKSHOPS, GROUPS, & SUPPORT–

NEXT WEEK! CAPS/ISSS International Students Support Space: Building Communities & Making Connections – Friday, March 7, 2pm-3:30pm

Location: International Center Office Building (180 College Ave, New Brunswick, College Ave Campus)

Register [HERE!](#)

Studying abroad and adapting to a new culture, while also trying to pursue academic and personal goals, can present several challenges. This session provides international students with a safe and welcoming space to explore strategies for improving communication skills, building meaningful connections, and navigating interpersonal relationships in a new environment.

COMING UP! Time Management and Life Balance Workshop – Tuesday, March 11, 3pm-4pm

Location: Zoom (Join [HERE](#))

Balancing academic assignments, lab and coursework, all while trying to maintain a social life and prioritize personal wellness can sometimes be grueling, and it requires

careful planning. Join this graduate student wellness workshop to learn how to balance a busy schedule and explore time management strategies.

CAPS International Student Wellness Group (ISWG) – Tuesdays, 2pm-3:30pm (STARTING March 4)

Location: In-Person, **call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.**

Many international students face unique challenges due to cross-cultural adjustment. Some experience homesickness, loneliness, language barriers, discrimination, and different levels of acculturative stress socially and academically. This group aims to provide these international students with a safe, confidential, and therapeutic space to help form connections and discuss various concerns with one another. Students who are interested in joining ISWG, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) for more information and to see options for other CAPS Wellness groups.

CAPS Wellness Group: Coping With Social Anxiety – Mondays, 2pm-3:25pm & Tuesdays, 6:30pm–7:55pm

Location: In-Person, **Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.**

Students who struggle with social anxiety may benefit from joining this 6-session CAPS wellness group. This group provides students with a non-judgemental, supportive, and positive environment that may help them overcome their social anxiety. It will go over what causes social anxiety and how to develop proven skills to change it. Students who are interested in joining Coping With Social Anxiety, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) for more information and to see options for other CAPS Wellness groups.

CAPS Wellness Group: Stress Less With Art – Tuesdays, 5:30pm-6:30pm

Location: In-Person, To join, **Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.**

Graduate students seeking a creative outlet to relieve stress may benefit from joining this CAPS wellness group. This group offers a supportive space to navigate stress by using art as a tool to visualize, express, and reflect on thoughts, feelings, and behaviors through tough times, without the need for existing art skills. Students who are interested in joining Stress Less With Art, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) for more information and to see options for other CAPS Wellness groups.

Graduate Student Wellness Group: RU Grad – Fridays, 1pm-2:30pm

Location: In-Person, **Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.**

Graduate students looking for a safe space or supportive environment to share and explore struggles/feelings they may have—whether this be anxiety, self-esteem, sustaining or forming relationships, and the like, may benefit from joining this graduate student wellness group. This group may cover topics including: social adjustment and loneliness, romantic relationships, navigating conflicts/challenges with peers and professors, feelings of inadequacy, assertiveness, stress management and balancing family life and academics. Students who are interested in joining the RU Grad Group, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) to see options for other CAPS Wellness groups and for more information about the RU Grad Group.

Low Cost ADHD Assessments through the Rutgers Center for Youth Social Emotional Wellness and the Graduate School of Applied & Professional Psychology Center for Psychological Services

The Rutgers Center for Youth Social Emotional Wellness (CYSEW) in partnership with the Graduate School of Applied & Professional Psychology Center for Psychological Services (GSAPP) is now offering low-cost psychological assessments to all Rutgers Students. Assessments are \$150 and include a comprehensive screening for ADHD, anxiety, and depression, a detailed diagnostic report with resources, and a feedback session. To request a virtual assessment scheduled at your convenience, click [HERE](#). Contact the GSAPP Center for Psychological Services by calling 848-445-6111 or by emailing cysew@gsapp.rutgers.edu.

Couples Therapy Services Available at NJ Couples Clinic at the Rutgers Psychological Clinic

Location: Rutgers Psychology Building, NJ Couples Clinic (152 Frelinghuysen Road, Piscataway, Busch Campus)

The Rutgers University Couple Therapy Clinic is now offering evidence-based couples therapy, provided under expert supervision by advanced graduate students in clinical psychology. The clinic aims to provide a safe and supportive environment where couples and individuals can work on their relationship goals, whether it be overcoming challenges or simply enhancing their connection with their partner. The NJ Couples Clinic provides services such as guidance through communication improvement, conflict resolution, intimacy rekindling, and managing life transitions. Services are free to those with Rutgers Student Insurance and offered at a low sliding scale fee to those without. Contact Co-Director of the NJ Couples Clinic at Rutgers and GSAPP professor Karen Riggs kskean@gsapp.rutgers.edu with any questions.

Weekly Let's Talk Drop In Counseling Conversations

Free Private and Confidential Drop-In Conversations with licensed mental health professionals available in-person or virtual. CAPS Community Based Counselors offer support and counseling services from within university communities—including academic schools and cultural centers. Students are welcome to visit any Community Based Counselor they would like, and may choose a counselor based on the topic they would like to discuss and the counselor's therapeutic approach or community. Click [HERE](#) for information and schedules for Let's Talk sessions and click [HERE](#) to learn more about individual CAPS Community Based Counselors (look for "Community Based-Counselor").

Uwill: FREE Immediate-Access to Teletherapy

Uwill provides free immediate access to teletherapy through an easy-to-use, private, secure, confidential, online platform. Choose a therapist based on your preferences, including issue, gender, language, and ethnicity. Select a time that fits your schedule, including day, night, and weekend availability. Register and book your first session using your Rutgers email [HERE](#).

– ACADEMIC SUPPORT & WORKSHOPS –

Graduate Workshop Series: Reading and Selecting Journal Articles – Wednesday, February 26, 12pm-1pm

Location: Virtual

Register [HERE](#)!

This event is part of the Rutgers Learning Centers' Graduate Workshop Series, click [HERE](#) to view the full schedule of events under "Graduate Workshop Series".

The Rutgers Learning Centers encourage graduate students to attend this workshop, which will go over strategies on how to read journal articles effectively, tips on selecting appropriate journal articles, and discuss current struggles with reading said articles. Please contact Dr. Wilson Ng at wwn2@echo.rutgers.edu with any questions. Click [HERE](#) to explore the resources and academic support services offered by the Rutgers Learning Centers for graduate students.

Research Methods Workshop: R for Data Analysis - A tidyverse Approach – Thursday, February 27, 3pm-4:30pm

Location: Virtual

Register [HERE](#)!

Join the Rutgers Libraries Data Librarian, Ryan Womack, for this Data Science workshop! This workshop introduces the R statistical software environment, basic methods of data analysis, and the "tidyverse" package. Click [HERE](#) to view more workshops offered by Rutgers libraries.

Graduate Writing Group: “Get It Done” – Thursday, February 27, 4pm - 7pm

Location: Academic Building, West Room 5190 (15 Seminary Pl, New Brunswick, College Ave Campus)

RSVP [HERE!](#)

The Spanish and Portuguese Graduate Student Association invites all graduate students to join their “Get It Done” writing group! Whether starting or finishing a paper, working on class assignments, or making progress on a personal project, this session is designed to provide participants with a supportive environment for focus and productivity. Participants are welcome to stay for all three hours or drop-in for a quick writing boost, provided with a quiet, comfortable space to work, along with company to encourage accountability. The session will also feature a “Tomato” (or “Pomodoro”) clock, white noise, coffee, and snacks to fuel focus.

Research Methods Workshop: Coding and Queries in NVivo – Friday, February 28, 1pm - 2:30pm

Location: Virtual

Register [HERE!](#)

Join New Brunswick Libraries Graduate Specialist for Qualitative Research Methods, Xu Guo, for this qualitative data analysis workshop! This workshop is aimed towards experienced NVivo users. The workshop will cover coding and decoding data, running queries, and visualizing coded data. Click [HERE](#) to view more workshops offered by Rutgers libraries.

Academic Coaching with Dr. Wilson Ng

Meet Dr. Wilson Ng (he/him/his), the newly appointed Senior Program Coordinator and Academic Coach for Graduate Student Services at the Rutgers Learning Centers. Dr. Ng provides one-on-one academic coaching and facilitates workshops and programming tailored to graduate students. With a background in college student affairs and years of experience in student development and support, he is eager to bring his expertise to the Rutgers community and looks forward to collaborating with students as they navigate their academic journeys in graduate school! Click [HERE](#) to make a one-on-one appointment with Dr. Ng via Penji. For any questions, email him at wwn2@echo.rutgers.edu.

PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES

– PROFESSIONAL DEVELOPMENT –

Career Pathways Beyond Academia for Humanities and Social Sciences Doctoral Students Workshop – Tuesday, February 25, 3pm

Location: Zoom

Register [HERE](#)!

Join this workshop to explore ImaginePHD, a free online career exploration and planning tool designed for doctoral students in the humanities and social sciences. During the session, participants will learn how to utilize the platform to identify and articulate their unique skills and values, and pinpoint potential career paths. This workshop will also provide insights on career opportunities beyond academia, helping participants gain insights into various industries, develop personalized career goals, and craft a strategic career development plan.

Applications for the Rutgers Chapter of Psi Chi (The International Honor Society in Psychology) are now Open!

Apply by February 28 by completing and emailing [THIS](#) form!

The Rutgers Chapter of Psi Chi (The International Honor Society in Psychology) is excited to announce that they are now accepting graduate students to join their chapter! Applicants must be enrolled in a psychology or related graduate program and must have completed at least 9 credits in psychology courses, and have a cumulative graduate GPA of at least 3.0. Upon acceptance, members must pay a one-time lifetime membership fee of \$80. Graduate students who are interested should complete the application form and email it to psychi@psych.rutgers.edu along with a copy of their unofficial Rutgers transcript. Please direct any questions or inquiries regarding the application to psychi@psych.rutgers.edu. To learn more about the benefits of becoming a Psi Chi member, please visit the Psi Chi International Website [HERE](#).

Nominations Open: SGS Community Engagement Award

Apply [HERE](#) by March 1!

The School of Graduate Studies (SGS) is pleased to invite nominations for the second annual Community Engagement Award. This award and a \$250 scholarship per awardee will be presented to two graduate students in the School of Graduate Studies who have demonstrated ethical, collaborative community engagement through their research, teaching, and/or advocacy to advance the public good. SGS welcomes faculty, staff, graduate student peers, and postdoctoral fellows to nominate current SGS graduate students for this award. Self-nominations are also encouraged. The nominee must be currently enrolled in the School of Graduate Studies to be eligible for consideration.

Summer Study-Abroad: Education, Culture and Change in South Africa

Apply [HERE](#) by March 4!

The Education, Culture, and Change program is open to all graduate students and offers a hands-on, culturally immersive experience for those with a demonstrated interest in education. Participants will gain new perspectives, critically examine their beliefs, and develop valuable personal and professional skills. Financial support is available, including a \$1,000 airfare stipend. Click [HERE](#) for more information about the program.

NEXT WEEK! LinkedIn for the Non-Academic Job Search – Tuesday, March 4, 3pm

Location: Virtual

Register [HERE](#)!

Doctoral students are invited to this hands-on workshop, designed to help them leverage LinkedIn for exploring and securing non-academic career opportunities. This session will guide participants in optimizing their profiles to showcase transferable skills and research expertise, identifying potential career paths, and building professional connections. Participants will also learn effective networking strategies, including engaging with alumni and industry professionals, as well as how to leverage LinkedIn tools such as job search features and recommendations.

NEXT WEEK! Presentation: A National Framework for Equitable and Effective Teaching in STEM – Friday, March 7, 10am-11am

Location: Computing Research and Education (CoRE) Building, Room 101 (96 Frelinghuysen Rd, Piscataway, Busch Campus)

Register [HERE](#)!

Join Dr. Tracie Addy, director of the Institute for Teaching, Innovation, and Inclusive Pedagogy, for an insightful presentation on the future of STEM education. This session will go over an educational framework developed by a committee convened by the National Academies of Sciences, Engineering, and Medicine, outlining evidence-based strategies to foster more equitable and effective teaching within undergraduate STEM programs. View the registration link above for more details. For additional questions, please email Dr. Jamie Kim at jk2301@nbcpr.rutgers.edu.

COMING UP! Grant Seeking 101 for Postdocs and Doctoral Students – Tuesday, March 11, 2pm-4pm

Location: Virtual

RSVP [HERE](#)!

In this webinar, James Gentry, director of postdoctoral affairs at Ohio State University, and Kaylee Steen, associate director of graduate and postdoctoral studies in the University of Michigan Medical School, will present grant seeking strategies for postdoctoral and late-stage doctoral students. The session will provide advice on pursuing and applying for grants, including tailoring grant search based on citizenship status, research discipline, and career stages. Attendees will also learn how to enhance

their grant writing skills, and identify common elements within most grant proposals, and more.

COMING UP! From Research to Impact: Innovation and Research Commercialization at Rutgers for Graduate Students – Tuesday, March 11, 3pm

Academic Building West, Room 1170 (15 Seminary Pl, New Brunswick, College Ave Campus) and Virtual

Register [HERE!](#)

In collaboration with the RU Technology Transfer, this workshop will explore how Rutgers supports innovation and brings research to the market. This session is designed for graduate students, especially doctoral candidates who can potentially be inventors on patents with their PIs, and covers intellectual property protection, industry collaborations, and entrepreneurship. Participants will also be introduced to available resources, including the Technology Transfer Training Program, Educational Road to Commercialization Symposium Series, Rutgers Innovation Awards for student categories, and more. This workshop aims to equip students with the tools needed to effectively navigate academic research and commercialization, allowing them to make meaningful contributions within and beyond the university.

– SCHOLARSHIP, & FUNDING OPPORTUNITIES –

Build a Fellowship Plan with GradFund!

[GradFund](#) provides graduate students with information on how to apply for external scholarship, fellowship, and funding opportunities. GradFund also provides guidance and assistance with application processes.

Schedule an appointment with a GradFund advisor for fellowship assistance! Schedule a Planning Meeting to learn how to search for fellowships and grants or to plan out your future funding applications. Request Help with a Funder to learn about the funder's application review process and find the best way to frame your research plans for a particular application. Book an Application Review appointment to have a GradFund advisor review your application materials for one application. Schedule a Post-Award Consultation for advice on moving forward after receiving a fellowship offer. Wherever you are in the fellowship, grant, or award process, GradFund is here to help! Click [HERE](#) for more information on GradFund and click [HERE](#) to schedule a Gradfund appointment.

Learn to Write a Competitive Funding Application with GradFund's FREE Self-Paced Canvas Course

Learn to write a competitive external funding application using GradFund's FREE self-paced Canvas course! This course teaches the art of competitive proposal writing through developing familiarity with both funders in your field of study and the proposal writing genre. Click [HERE](#) to enroll in GradFund's self-paced Canvas course.

The Office of Financial Aid can provide information about need-based funding and financial aid. Other forms of need-based aid or scholarships may be available through your school of enrollment.

– EMPLOYMENT OPPORTUNITIES –

ACE Carnegie Graduate Fellow: Carnegie Elective Classification – American Council on Education (ACE)

Compensation: \$1,500

Position Dates: February 27 - August 14

Location: Fully remote

Apply [HERE](#) ASAP!

The American Council on Education (ACE) is seeking two additional graduate assistants to aid with the 2026 Carnegie Community Engagement Classification designation. Graduate student fellows will schedule group review meeting(s), draft minutes for review meetings, review and edit feedback documentation reports, and participate in the discussion of applications. This professional development experience is intended to build graduate fellows' networks, capacity for assisting with a community engagement application in the future, capacity to be a peer reviewer in future cycles, aid in the understanding of accreditation, and increase exposure to practices of community-engaged scholarship, community-engaged teaching, and service-learning pedagogies. Graduate Assistants will receive training and a stipend. Applicants should have knowledge about and have participated in Community Engagement research and events. Applicants are encouraged to apply ASAP. Please review the job application for additional details.

Market Ambassador – Rutgers Community Farmers Market (On-Campus Employment)

Compensation: \$20 per hour, Part time, flexible hours

Position Dates: May 1, 2025 - November 2025 (extension dependent on funding)

Location: Onsite (Various on campus locations and in New Brunswick)

Apply via email by March 7!

The Rutgers Community Farmers Market is hiring Market Ambassadors for the 2025 season. Market Ambassadors are responsible for: setting up and breaking down the market; assisting customers to navigate the market, complete transactions, and connect with additional health- and food-related resources; providing excellent customer service; and assisting with bookkeeping and records management for farmers market operations. Applicants must be able to transport themselves to the various Market locations, independently lift up to 20lbs, and be able to communicate/translate materials (speak, read, and write) in at least one additional language (especially Spanish, Mandarin Chinese, Russian, or Korean). Applicants with an interest or background in communications, social media management, food

security, social services, or small business are also encouraged. To apply, please email Senior Program Administrator, Lucille Tang lt606@njaes.rutgers.edu, with a resume and brief statement of interest.

Graduate Data Management Student Worker – Mason Gross Office of Admissions and Enrollment Management

Compensation: \$20 per hour, 10 hours per week

Position Dates: April 3 - May 12

Location: Hybrid

Apply [HERE](#) by March 17, 2025 at 6am!

The Mason Gross Office of Admissions and Enrollment Management is seeking a graduate student with a background in computer science or data analytics to assist with data management. This role's primary responsibility is to assist in cleaning and consolidating data, including historical admissions, to ensure accurate and streamlined reporting. This position will also be responsible for working with the Assistant Dean and Rutgers Central to obtain and clean admissions data within the past five years. Other duties may include retrieving and integrating data to ensure a comprehensive dataset using programs such as Slideroom and Airtable, as well as organizing said data for accurate reports. Please review the job posting for additional details.

Research Assistant (Plant Biology) – Rutgers Turfgrass Weed Science Program

Compensation: \$16-18 per hour

Position Dates: Part time work available during spring and fall semesters, full time available during the summer

Location: Onsite

Apply [HERE](#) by 6am on June 1!

The Rutgers Turfgrass Weed Science Program is hiring students with an interest in plants, research, biology, or the outdoors to work as a research assistant. The Rutgers Turfgrass Weed Science Program focuses on investigating the biology, impact, and control of weeds and invasive plant species in managed landscapes. The Research Assistant will provide essential support in field, greenhouse, and laboratory research settings. Key responsibilities include assisting with experiment preparation, treatment application, data collection and analysis, plot maintenance, and plant care. Additional tasks involve operating outdoor research equipment and ensuring research plots, facilities, and equipment meet strict laboratory standards. Please review the job posting for additional details.

Residence Hall Director – Rutgers-New Brunswick Office of Summer & Winter Sessions

Compensation: \$20 per hour, full time summer employment

Position Dates: June 1, 2025 - August 25, 2025

Location: Onsite

Apply [HERE](#) by 7am on August 13!

The Rutgers Office of Summer and Winter Sessions at Rutgers-New Brunswick is hiring graduate students to serve as residence hall directors during residential summer pre-college academies. The Academies are one-week (Sunday to Saturday) intensive, residential certificate programs for both domestic and international pre-college students ages 16 to 18. The primary responsibility of the Residence Hall Director is to offer leadership in managing the residential operations of Pre-College Summer Academies while ensuring a secure environment that fosters both academic advancement and personal development for resident students. Key duties include guiding a team of Resident Assistants in executing necessary activities and services to establish an inclusive community aligned with the mission and objectives of Residence Life. Please review the job posting for additional details.

THE RESOURCE CORNER

FREE Fitness & Wellness Classes Offered by Rutgers Recreation!

Rutgers Recreation offers a wide range of FREE fitness and wellness classes at each of the four campus recreation centers! Choose from *Pilates*, *Yoga*, *BodyCombat*, *Spin*, *Strength*, *Grit*, and more! All necessary equipment and mats are provided and classes are designed to accommodate all fitness levels, chat with your instructor if you are new to a particular class type. Check out the daily schedule [HERE](#) or in the [RUREC2GO](#) app!

FREE On-Demand At-Home Fitness & Wellness Classes with RUREC2GO!

Can't make it to a recreation center? Check out the on-demand fitness and wellness classes offered by Rutgers Recreation online and in the [RUREC2GO](#) app! Stay active at work with *Strength or Stretch at Your Desk* or choose a *30 Minute Yoga*, *Strength* or *Pilates Class* to move at home! Click [HERE](#) for more information about on-demand fitness and wellness classes.

STUDENT SERVICES & SUPPORT

Resource Webpage for Pregnant and Parenting Graduate Students!

The Office of Graduate Student Life, in partnership with the Office of Title IX & Compliance, and Supporting Parents & Caregivers at Rutgers (GSO), recently launched a new resource webpage for pregnant and parenting graduate students! This webpage serves as a platform for helping pregnant and parenting students locate resources, policies, support services, and community engagement opportunities available at Rutgers University and in the local community. Click [HERE](#) to visit the webpage.

Academic, Employment, and Student Support Resources on the Graduate Student Life Website!

Looking for graduate student resources, services, or support? Check out our newly revamped resource pages on our website! Find information on [Academic Support Resources](#), [Career & Professional Development](#), [Student Support Services & Resources](#) and more on our website!

Do you have an opportunity for graduate students that you would like to promote in the Graduate Student Life Weekly Digest? Submit it [HERE](#)!