

## Graduate Student Life Weekly Digest

### Graduate Student Life Weekly Digest Week of February 17, 2025

#### Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers-New Brunswick! Share with your friends and tell them to subscribe [HERE](#)! You can contact the Office of Graduate Student Life by emailing [gradstudentlife@echo.rutgers.edu](mailto:gradstudentlife@echo.rutgers.edu) or visiting our offices during the week in the Graduate Student Lounge (126 College Ave, behind Panera Bread). Click [HERE](#) for information about staff office hours.

The Graduate Student Lounge is open from 6:45am-12:00am Mondays-Fridays and 9:00am-12:00am Saturdays and Sundays. Click [HERE](#) to view the current daily hours for the College Ave Student Center (includes Graduate Student Lounge). Learn more about the Office of Graduate Student Life by visiting our website [HERE](#)!

#### ANNOUNCEMENTS

##### Spring 2025 New Brunswick Libraries Data and Research Methods Workshops for Graduate Students!

The New Brunswick Libraries' calendar of data and research methods workshops for Spring 2025 is available now. Don't miss workshops on machine learning, R, Python, systematic reviews, NVivo, ethnography, qualitative research, and more! Click [HERE](#) to view the full schedule of workshops and register. Additional workshops will be added throughout the semester so be sure to check back regularly!

#### – GET INVOLVED –

##### Seeking Applications to Create New Graduate Student Affinity Groups!

Do you want to impact the graduate student experience? Do you want to build community around a shared identity, background, or experience? Consider submitting a proposal to serve as a peer facilitator for a student affinity group. The Office of Graduate Student Life is seeking proposals from graduate students to create and lead affinity groups for the 2025-2026 academic year that center on shared identities, backgrounds, or experiences. Graduate Affinity Groups are open to students in all Rutgers-New Brunswick graduate programs and aim to support students by fostering

connection, resource sharing, along with personal and professional growth. You can also create a group to create a new event, project or build a working group for an issue that needs to be tackled. Individual students or student teams interested in creating a Graduate Affinity Group may apply by February 21<sup>st</sup>. Click [HERE](#) to learn more about existing groups, the application/nomination process, and virtual info sessions.

### **Explore Involvement in Graduate Student Organizations (GSOs)!**

Explore the official directory of Graduate Student Organizations (GSOs) recognized by the Graduate Student Association (GSA) and discover graduate involvement opportunities on campus. GSOs are a fantastic way to meet other graduate students and participate in campus activities. Find the GSO directory [HERE](#).

### **1:1 Coaching Sessions for Volunteer Engagement**

#### **Schedule a 1:1 Coaching Session [HERE](#)**

Graduate students looking for ways to volunteer in the community should consider scheduling a 1:1 coaching session with the Office of Student Volunteer Engagement to kick-start their volunteer journey.

### **– STAY INFORMED –**

Looking for more ways to stay informed? Check out the [Newsletters page](#) on our website! The Newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including: the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more!

### **Follow Graduate Student Life on Instagram!**

Stay up to date with the Office of Graduate Student Life by following us on Instagram [@rugradstudentlife](#)! Never miss another graduate student life event!

## **EVENTS**

### **– THIS WEEK! –**

#### **Multicultural Karaoke Night: Sing and Sway – Monday, February 17, 6pm-8pm**

Location: Graduate Student Lounge (126 College Ave, behind Panera Bread, College Ave Campus)

#### **RSVP [HERE](#)!**

Join ScarletWell, ScarletArts, the Graduate School of Applied and Professional Psychology, and Graduate Student Life for a fun and relaxing evening of multicultural karaoke! Connect with fellow graduates, enjoy delicious food, and listen to a variety of music from all over the world. Participants are welcome to sing songs in any language of their choice. Friends and family are also welcome!

**Labyrinth 101 Workshop - Trace, Walk, Relax, Reflect, Repeat – Tuesday, February 18, 9am-11:30pm**

Location: New Brunswick Theological Seminary (35 Seminary Pl, New Brunswick, College Ave Campus)

**RSVP [HERE](#) by February 17!**

Join Rutgers Faith and Spirituality Initiatives for this workshop on incorporating labyrinths into spiritual practices. Labyrinths are winding paths that lead from the outside to a center and back again, and are often used for meditation and reflection because they are considered to have spiritual and healing properties. This workshop will explore the history and purpose of labyrinths, with an optional opportunity for participants to walk or trace a labyrinth as part of the experience. This workshop is not a prerequisite for the advanced labyrinth workshop on February 19. Please reach out to Rev. Katrina Jenkins [katrina.e.jenkins@rutgers.edu](mailto:katrina.e.jenkins@rutgers.edu) with any questions.

**Bird Collage Your Way Into Wellness – Tuesday, February 18, 6pm-8pm**

Location: Murray Hall, Room 111 (on Voorhees Mall, George St, New Brunswick, College Ave Campus)

**RSVP [HERE](#)!**

Scarlet Arts Rx and the Rutgers Birdwatching Association invites graduates to learn about the lives of beautiful birds while creating a collage that participants can bring home! An instructor will be present and all art supplies needed will be provided. Sign up for Scarlet Arts Rx [HERE](#), and check out Scarlet Arts Rx on getINVOLVED [HERE](#).

**Advanced Labyrinth Workshop - Trace, Walk, Relax, Reflect, Repeat – Wednesday, February 19, 9am-12pm**

Location: New Brunswick Theological Seminary (35 Seminary Pl, New Brunswick, College Ave Campus)

**RSVP [HERE](#) by February 17!**

Join Rutgers Faith and Spirituality Initiatives for this workshop on incorporating labyrinths into spiritual practices. Labyrinths are winding paths that lead from the outside to a center and back again, and are often used for meditation and reflection because they are considered to have spiritual and healing properties. This workshop will explore the history and purpose of labyrinths, with an optional opportunity for participants to walk or trace a labyrinth as part of the experience. This workshop is designed for those who want to go deeper in their practice, giving them an opportunity to plan a labyrinth program from start to finish. Please reach out to Rev. Katrina Jenkins [katrina.e.jenkins@rutgers.edu](mailto:katrina.e.jenkins@rutgers.edu) with any questions.

### **Conversation Cafe – Wednesday, February 19, 10am-12pm**

Location: Graduate Student Lounge (126 College Ave, behind Panera Bread, College Ave Campus)

Join the Graduate Writing Program for the first Conversation Café of the semester! Conversation Café brings graduate students together to practice having academic discussions in English (and possibly other languages depending on interest). This event is specifically geared towards international graduate students but is open to all graduate students. Food will be served!

### **CES Drop-In Hours for Graduate Students – Wednesday, February 19, 4pm-6pm**

Location: Zoom (Click [HERE!](#))

*CES Drop in Hours for Graduate Students will be held on Wednesdays from 4-6pm throughout the semester with additional sessions on 3/5, 3/26, 4/9, and 4/23.*

Have career questions? Need guidance on your next professional steps? Stop by virtually during drop-in hours to connect with Dr. Rudrani Gangopadhy, the Senior Assistant Director for Graduate Student Career Pathways in the Office of Career Exploration and Success! This is an opportunity for students to ask quick questions, receive advice, or explore resources tailored to their career goals. Whether you are considering academic, industry, or alternative pathways, help is available. No appointment is needed, students can simply drop in! Please reach out to Dr. Rudrani Gangopadhy [rudrani.g@rutgers.edu](mailto:rudrani.g@rutgers.edu) with any questions.

### **Sacred Storytelling – Wednesday, February 19, 7pm-9pm**

Location: College Avenue Student Center (126 College Ave, New Brunswick, College Avenue Campus)

Join Rutgers Faith and Spirituality Initiatives for an evening of sharing stories surrounding faith, belief, spiritual journey, resilience, and more! Pizza will also be served! For questions, please email Rev. Katrina Jenkins at [katrina.e.jenkins@rutgers.edu](mailto:katrina.e.jenkins@rutgers.edu).

### **From Revolution to Practice: Congress in Action – Thursday, February 20, 1pm-2pm & 5pm**

Location: Woodlawn Mansion (191 Ryders Ln, New Brunswick, Cook Douglass Campus)

**Register [HERE!](#)**

Join the Eagleton Institute of Politics in this moderated discussion panel exploring the evolving role of Congress in shaping American democracy. The event features insights from a panel of young staffers and a special presentation by New Jersey Representative Bonnie Watson Coleman at 5pm, followed by a reception at 6:30pm. Representative Thomas Kean Jr. will speak from 1:00pm-2:00pm as part of the Albert W. Lewitt Endowed Lecture Series. For questions, please contact Eagleton Institute of Politics Program Coordinator Nancy Shihadeh at [shihadeh@eagleton.rutgers.edu](mailto:shihadeh@eagleton.rutgers.edu), or (732)-618-9199.

### **Graduate Student Yoga – Thursday, February 20, 5pm-6pm**

Location: Graduate Student Lounge (126 College Avenue, New Brunswick, College Ave Campus)

*Graduate Student Yoga is part of the [Life @ The Graduate Student Lounge Event Series](#) and will be held every Thursday from 5-6pm.*

Graduate Student Yoga is back! Stop by on Thursdays to take a pause from your busy week by practicing Yoga and relax your mind and body with your fellow graduate students. Yoga mats and blocks are provided, and all skill levels are welcome! Hosted by Rutgers Recreation and Office of Graduate Student Life.

### **“What’s Happening on College Campuses” Title IX Training by NJATSA – Friday, February 21, 9am-12:15pm**

Location: Academic Building, East Wing, Room 2400 (15 Seminary Pl, New Brunswick, College Ave Campus) or Virtual

**Register [HERE!](#)**

Join the New Jersey Association for the Treatment & Prevention of Sexual Abuse for an insightful presentation exploring how colleges and universities are addressing sexually abusive behaviors in institutions of higher education. This session will feature topics covering how sexual abuse is handled individually and institutionally, Title IX federal mandates, the STARRSA model and how it is used to intervene clinically, healthy dating, and more. APA and social work CEU’s are available. Registration fees vary from \$0-\$50 depending on NJATSA membership, CEUs, and attendance location. Click [HERE](#) for more information.

### **Shopping Trip Sign-Up – International Students – Saturday, February 22, 10am-1pm**

Location: Pick-ups from Bevier Road or Nichols Apartments on Busch Campus or College Ave Student Center on College Ave Campus

**Reserve Your spot on the Shuttle [HERE!](#)**

Rutgers Global–International Student and Scholar Services arrange shopping shuttles to local stores throughout the semester and summer so students can purchase groceries and other living essentials. You should sign up to reserve your spot on the shuttle. International students and scholars who have signed up will be given preference to ride on the shuttle. You may also register your dependents for the shuttle. To view the full spring schedule of shopping trips and learn more information about the Shopping Shuttle Service, click [HERE](#).

**– RSVP NOW & COMING UP! –**

**NEXT WEEK! Advocating in State Legislatures for Diversity and Your Academic Freedoms – Tuesday, February 25, 3:30pm-5pm**

Location: Virtual or In-Person at the Rutgers Club (85 Avenue E, Piscataway, Livingston Campus)

**Register [HERE](#)!**

Join the Division of Diversity, Inclusion, and Community Engagement with Florida Rep. Dr. Anna V. Eskamani to explore practical strategies for advocating for academic freedom and diversity in higher education with state legislators. Attendees will have the opportunity to learn how to build effective relationships and craft compelling messages, empowering them to be influential advocates for their institutions and communities.

**CES Drop-In Hours for Graduate Students – Wednesday, February 26, 4pm-6pm**

Location: Zoom (Click [HERE](#)!)

*CES Drop in Hours for Graduate Students will be held on Wednesdays from 4-6pm throughout the semester with additional sessions on 2/5, 2/19, 3/5, 3/26, 4/9, and 4/23.*

Have career questions? Need guidance on your next professional steps? Stop by virtually during drop-in hours to connect with Dr. Rudrani Gangopadhy, the Senior Assistant Director for Graduate Student Career Pathways in the Office of Career Exploration and Success! This is an opportunity for students to ask quick questions, receive advice, or explore resources tailored to their career goals. Whether you are considering academic, industry, or alternative pathways, help is available. No appointment is needed, students can simply drop in! Please reach out to Dr. Rudrani Gangopadhy [rudrani.g@rutgers.edu](mailto:rudrani.g@rutgers.edu) with any questions.

**NEXT WEEK! Financial Planning Workshop for Graduate Students and Postdocs – February 27, 2025, 4pm – 5:30pm**

Location: Virtual

**Register [HERE](#)**

Join the Financial Planning Association (FPA) of New Jersey for this free workshop meant to educate graduate students and postdocs on student loans, budgeting, cash flow, debt, and taxes. Living on a grad student stipend or postdoc salary can be challenging and many students also have families to support. The skills students will gain in this workshop will help them navigate their financial situation and plan for their future. Please contact Dr. Janet Alder [janet.alder@rutgers.edu](mailto:janet.alder@rutgers.edu) with any questions.

**NEXT WEEK! Understanding Racial Trauma: A Conversation About the Impact of Racial Trauma – February 27, 2025, 5pm – 7pm**

Location: Paul Robeson Cultural Center (600 Bartholomew Road, Piscataway, Busch Campus)

**RSVP [HERE](#)**

In honor of Black History Month, join two Rutgers psychologists, alums and co-authors, Drs. Jennifer Jones-Damis and Kelly Moore as they highlight key aspects of racial trauma and its impact on Black Students from their book: [Racial Trauma in Black Clients: Effective Practice for Clinicians](#). This event is open to all members of the Rutgers community and includes a book signing, dinner, and a drawing for free copies of the book. Co-hosted by Graduate Student Life, Rutgers Student Health, and the Paul Robeson Cultural Center and part of the [PRCC 2025 Black History Month Calendar](#).

**NEXT WEEK! Scarlet Arts Rx - Polestar Pilates Mat Workout with Willa! – Friday, February 28, 10:30am-11:30am**

Location: Nicholas Music Center, Dance Studio 122 (85 George St, New Brunswick, Cook/Douglass Campus)

Graduate students are invited to attend this free pilates mat class led by BFA Dance Major and Polestar Pilates Mat Teacher Training graduate, Willa O'Connor through Scarlet Arts Rx. Additional classes will be held throughout the semester on 3/28, 4/11, and 4/25. Sign up for Scarlet Arts Rx [HERE](#), and check out Scarlet Arts Rx on getINVOLVED [HERE](#).

**– WELLNESS WORKSHOPS, GROUPS, & SUPPORT–**

**NEXT WEEK! Graduate Wellness Workshop: Emotion Regulation, Stress Management, and Cultivating Resilience – Monday, February 24, 1pm-2pm**

Location: Zoom (Join [HERE](#))

Join community counselor Dana Simons, for this workshop to discuss the impact of imposter syndrome, self-image, and ways to practice self-compassion.

**International Students Wellness Group - Mondays, 2pm-3:30pm**

Location: In-person, Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.

International students struggling with the unique challenges of cross-cultural adjustment may benefit from joining the International Students Wellness Group. This group provides a safe and confidential space for students to discuss various concerns, and help connect them with other students who may be facing similar issues. This group may cover topics including: homesickness, loneliness, language barriers, discrimination, social and academic stress. Students who are interested in joining this wellness group, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) to see options for other CAPS wellness groups and for more information about the International Student Wellness Group.

### **CAPS Wellness Group: Coping With Social Anxiety – Mondays, 2pm-3:25pm & Tuesdays, 6:30pm–7:55pm**

Location: In-Person. To join, you must call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.

Students who struggle with social anxiety may benefit from joining this 6-session CAPS wellness group. This group provides students with a non-judgemental, supportive, and positive environment that may help them overcome their social anxiety. It will go over what causes social anxiety and how to develop proven skills to change it. Students who are interested in joining Coping With Social Anxiety, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) for more information and to see options for other CAPS Wellness groups.

### **CAPS Wellness Group: Stress Less With Art – Tuesdays, 5:30pm-6:30pm**

Location: In-Person. To join, you must call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.

Graduate students seeking a creative outlet to relieve stress may benefit from joining this CAPS wellness group. This group offers a supportive space to navigate stress by using art as a tool to visualize, express, and reflect on thoughts, feelings, and behaviors through tough times, without the need for existing art skills. Students who are interested in joining Stress Less With Art, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) for more information and to see options for other CAPS Wellness groups.

### **Graduate Student Wellness Group: RU Grad – Fridays, 1pm-2:30pm**

Location: In-Person, Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.

Graduate students looking for a safe space or supportive environment to share and explore struggles/feelings they may have—whether this be anxiety, self-esteem, sustaining or forming relationships, and the like, may benefit from joining this graduate student wellness group. This group may cover topics including: social adjustment and loneliness, romantic relationships, navigating conflicts/challenges with peers and professors, feelings of inadequacy, assertiveness, stress management and balancing family life and academics. Students who are interested in joining the RU Grad Group, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) to see options for other CAPS Wellness groups and for more information about the RU Grad Group.

### **Low Cost ADHD Assessments through the Rutgers Center for Youth Social Emotional Wellness and the Graduate School of Applied & Professional Psychology Center for Psychological Services**

The Rutgers Center for Youth Social Emotional Wellness (CYSEW) in partnership with the Graduate School of Applied & Professional Psychology Center for Psychological Services (GSAPP) is now offering low-cost psychological assessments to all Rutgers Students. Assessments are \$150 and include a comprehensive screening for ADHD, anxiety, and depression, a detailed diagnostic report with resources, and a feedback session. To request a virtual assessment scheduled at your convenience, click [HERE](#). Contact the GSAPP Center for Psychological Services by calling 848-445-6111 or by emailing [cysew@gsapp.rutgers.edu](mailto:cysew@gsapp.rutgers.edu).

### **Couples Therapy Services Available at NJ Couples Clinic at the Rutgers Psychological Clinic**

Location: Rutgers Psychology Building. NJ Couples Clinic (152 Frelinghuysen Road, Piscataway, Busch Campus)

The Rutgers University Couple Therapy Clinic is now offering evidence-based couples therapy, provided under expert supervision by advanced graduate students in clinical psychology. The clinic aims to provide a safe and supportive environment where couples and individuals can work on their relationship goals, whether it be overcoming challenges or simply enhancing their connection with their partner. The NJ Couples Clinic provides services such as guidance through communication improvement, conflict resolution, intimacy rekindling, and managing life transitions. Services are free to those with Rutgers Student Insurance and offered at a low sliding scale fee to those without. Contact Co-Director of the NJ Couples Clinic at Rutgers and GSAPP professor Karen Riggs [kskean@gsapp.rutgers.edu](mailto:kskean@gsapp.rutgers.edu) with any questions.

### **Weekly Let's Talk Drop In Counseling Conversations**

Free Private and Confidential Drop-In Conversations with licensed mental health professionals available in-person or virtual. CAPS Community Based Counselors offer support and counseling services from within university communities—including academic schools and cultural centers. Students are welcome to visit any Community Based Counselor they would like, and may choose a counselor based on the topic they would like to discuss and the counselor's therapeutic approach or community. Click [HERE](#) for information and schedules for Let's Talk sessions and click [HERE](#) to learn more about individual CAPS Community Based Counselors (look for "Community Based-Counselor").

### **Uwill: FREE Immediate-Access to Teletherapy**

Uwill provides free immediate access to teletherapy through an easy-to-use, private, secure, confidential, online platform. Choose a therapist based on your preferences, including issue, gender, language, and ethnicity. Select a time that fits your schedule,

including day, night, and weekend availability. Register and book your first session using your Rutgers email [HERE](#).

## **– ACADEMIC SUPPORT & WORKSHOPS –**

### **Graduate Workshop Series: Building Graduate Level Research Writing Skills, Part 1: Drafting Process – Wednesday, February 19, 7pm-8pm**

Location: Virtual

**Register [HERE](#)!**

*This event is part of the Rutgers Learning Centers' Graduate Workshop Series, click [HERE](#) to view the full schedule of events under "Graduate Workshop Series".*

The Rutgers Learning Centers encourages graduate students to attend this two-part workshop, designed to provide an organized approach to planning and drafting a research paper. This writing workshop will go over specific strategies for each stage of the writing process, as well as tips to avoid common pitfalls encountered in research writing. Participants are not required to attend both sessions. For questions, contact Senior Program Coordinator for Graduate Student Services Wilson Ng at [wnw2@echo.rutgers.edu](mailto:wnw2@echo.rutgers.edu). To learn more about the services that the Rutgers Learning Centers have available for graduate students, click [HERE](#) to view their website.

### **NEXT WEEK! Graduate Workshop Series: Reading and Selecting Journal Articles – Wednesday, February 26, 12pm-1pm**

Location: Virtual

**Register [HERE](#)!**

*This event is part of the Rutgers Learning Centers' Graduate Workshop Series, click [HERE](#) to view the full schedule of events under "Graduate Workshop Series".*

The Rutgers Learning Centers encourage graduate students to attend this workshop, which will go over strategies on how to read journal articles effectively, tips on selecting appropriate journal articles, and discuss current struggles with reading said articles. Please contact Dr. Wilson Ng at [wnw2@echo.rutgers.edu](mailto:wnw2@echo.rutgers.edu) with any questions. Click [HERE](#) to explore the resources and academic support services offered by the Rutgers Learning Centers for graduate students.

### **NEXT WEEK! Graduate Writing Group: "Get It Done" – Thursday, February 27, 4pm - 7pm**

Location: Academic Building, West Room 5190 (15 Seminary Pl, New Brunswick, College Ave Campus)

**RSVP [HERE](#)!**

The Spanish and Portuguese Graduate Student Association invites all graduate students to join their "Get It Done" writing group! Whether starting or finishing a paper, working on class assignments, or making progress on a personal project, this session is designed to provide participants with a supportive environment for focus and productivity. Participants are welcome to stay for all three hours or drop-in for a quick writing boost, provided with a quiet, comfortable space to work, along with company

to encourage accountability. The session will also feature a “Tomato” (or “Pomodoro”) clock, white noise, coffee, and snacks to fuel focus.

### **Academic Coaching with Dr. Wilson Ng**

Meet Dr. Wilson Ng (he/him/his), the newly appointed Senior Program Coordinator and Academic Coach for Graduate Student Services at the Rutgers Learning Centers. Dr. Ng provides one-on-one academic coaching and facilitates workshops and programming tailored to graduate students. With a background in college student affairs and years of experience in student development and support, he is eager to bring his expertise to the Rutgers community and looks forward to collaborating with students as they navigate their academic journeys in graduate school! Click [HERE](#) to make a one-on-one appointment with Dr. Ng via Penji. For any questions, email him at [wwn2@echo.rutgers.edu](mailto:wwn2@echo.rutgers.edu).

## ***PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES***

### **– PROFESSIONAL DEVELOPMENT –**

**TA Project Workshop: Introduction to Ally in Canvas – Thursday, February 20, 12pm-1:30pm**

Location: Virtual

**Register [HERE](#)!**

Join the TA Project for this workshop that introduces users to Ally, the automatic accessibility tool in Canvas.

**Interested in Consulting? Express Interest in the Rutgers Graduate Consulting Club!**

**Express interest by February 18 [HERE](#)!**

The Rutgers Graduate Consulting Club is a professional organization that connects innovative humanities, social sciences, and STEM Masters, PhD, and Professional students with gainful employment in the consulting industry. Consultants broadly offer expert advice to improve businesses and many are able to do so across diverse industries. Rutgers Graduate Consulting Club programming will include networking events with industry professionals, resume and cover letter workshops, opportunities to work on pro bono cases, participation in case competitions, and more. For more information, please email [rutgersgraduateconsulting@gmail.com](mailto:rutgersgraduateconsulting@gmail.com).

**Call for Proposals! Rutgers Rising Stars in Graduate Research Conference**  
**Submit your abstract [HERE](#) by February 20!**

PhD students in all research based-fields (from natural sciences to sociology) are encouraged to submit abstracts to the Rutgers Rising Stars in Graduate Research

Conference! This conference is designed to provide an accessible and authentic scientific presentation platform for PhD students who have no or minimal prior conference experience. Attendees will develop their presentation and networking skills while gaining a better understanding of conference guidelines and expectations to prepare them for future experiences. The conference schedule includes plenary talks, poster sessions, platform talks from selected applicants, a vendor show from industry partners, and robust networking opportunities. Lunch and refreshments will be provided. Please contact [rising\\_stars@cabm.rutgers.edu](mailto:rising_stars@cabm.rutgers.edu) and Erin Lumpe [eg712@rutgers.edu](mailto:eg712@rutgers.edu) with any questions.

### **Applications for the Rutgers Chapter of Psi Chi (The International Honor Society in Psychology) are now Open!**

**Apply by February 28 by completing and emailing [THIS](#) form!**

The Rutgers Chapter of Psi Chi (The International Honor Society in Psychology) is excited to announce that they are now accepting graduate students to join their chapter! Applicants must be enrolled in a psychology or related graduate program and must have completed at least 9 credits in psychology courses, and have a cumulative graduate GPA of at least 3.0. Upon acceptance, members must pay a one-time lifetime membership fee of \$80. Graduate students who are interested should complete the application form and email it to [psychi@psych.rutgers.edu](mailto:psychi@psych.rutgers.edu) along with a copy of their unofficial Rutgers transcript. Please direct any questions or inquiries regarding the application to [psychi@psych.rutgers.edu](mailto:psychi@psych.rutgers.edu). To learn more about the benefits of becoming a Psi Chi member, please visit the Psi Chi International Website [HERE](#).

### **– SCHOLARSHIP, & FUNDING OPPORTUNITIES –**

#### **Build a Fellowship Plan with GradFund!**

[GradFund](#) provides graduate students with information on how to apply for external scholarship, fellowship, and funding opportunities. GradFund also provides guidance and assistance with application processes.

Schedule an appointment with a GradFund advisor for fellowship assistance! Schedule a Planning Meeting to learn how to search for fellowships and grants or to plan out your future funding applications. Request Help with a Funder to learn about the funder's application review process and find the best way to frame your research plans for a particular application. Book an Application Review appointment to have a GradFund advisor review your application materials for one application. Schedule a Post-Award Consultation for advice on moving forward after receiving a fellowship offer. Wherever you are in the fellowship, grant, or award process, GradFund is here to help! Click [HERE](#) for more information on GradFund and click [HERE](#) to schedule a Gradfund appointment.

### **Learn to Write a Competitive Funding Application with GradFund's FREE Self-Paced Canvas Course**

Learn to write a competitive external funding application using GradFund's FREE self-paced Canvas course! This course teaches the art of competitive proposal writing through developing familiarity with both funders in your field of study and the proposal writing genre. Click [HERE](#) to enroll in GradFund's self-paced Canvas course.

[The Office of Financial Aid](#) can provide information about need-based funding and financial aid. Other forms of need-based aid or scholarships may be available through your school of enrollment.

### **Call for Applications: West African Scholar Mobility Fellowship Apply [HERE](#) by February 23!**

The West African Research Association (WARA) is pleased to announce research funding and support for young West African scholars through its West African Scholar Mobility Fellowship (WASMF) program. The WASMF is for 2 to 3 months research in West Africa during the summer of the current year for the purpose of preparing a doctoral research proposal or conducting doctoral research. This competition is open to West African citizens who are currently enrolled in graduate programs at institutions of higher education in the United States (West African citizens with U.S. citizenship are not eligible). Priority will be given to applicants who are at the pre-dissertation stage and who demonstrate financial need. The West African Scholar Mobility Fellowship program will award one pre-doctoral grant of \$4,000 for travel to West Africa to conduct research.

## **– EMPLOYMENT OPPORTUNITIES –**

### **Market Ambassador – Rutgers Community Farmers Market (On-Campus Employment)**

*Compensation: \$20 per hour, Part time, flexible hours*

*Position Dates: May 1, 2025 - November 2025 (extension dependent on funding)*

*Location: Onsite (Various on campus locations and in New Brunswick)*

#### **Apply via email by March 7!**

The Rutgers Community Farmers Market is hiring Market Ambassadors for the 2025 season. Market Ambassadors are responsible for: setting up and breaking down the market; assisting customers to navigate the market, complete transactions, and connect with additional health- and food-related resources; providing excellent customer service; and assisting with bookkeeping and records management for farmers market operations. Applicants must be able to transport themselves to the various Market locations, independently lift up to 20lbs, and be able to communicate/translate materials (speak, read, and write) in at least one additional language (especially Spanish, Mandarin Chinese, Russian, or Korean. Applicants with an interest or background in communications, social media management, food

security, social services, or small business are also encouraged. To apply, please email Senior Program Administrator, Lucille Tang [lt606@njaes.rutgers.edu](mailto:lt606@njaes.rutgers.edu), with a resume and brief statement of interest.

### **Research Assistant (Plant Biology) – Rutgers Turfgrass Weed Science Program**

*Compensation: \$16-18 per hour*

*Position Dates: Part time work available during spring and fall semesters, full time available during the summer*

*Location: Onsite*

**Apply [HERE](#) by 6am on June 1!**

The Rutgers Turfgrass Weed Science Program is hiring students with an interest in plants, research, biology, or the outdoors to work as a research assistant. The Rutgers Turfgrass Weed Science Program focuses on investigating the biology, impact, and control of weeds and invasive plant species in managed landscapes. The Research Assistant will provide essential support in field, greenhouse, and laboratory research settings. Key responsibilities include assisting with experiment preparation, treatment application, data collection and analysis, plot maintenance, and plant care. Additional tasks involve operating outdoor research equipment and ensuring research plots, facilities, and equipment meet strict laboratory standards. Please review the job posting for additional details.

### **Residence Hall Director – Rutgers-New Brunswick Office of Summer & Winter Sessions**

*Compensation: \$20 per hour, full time summer employment*

*Position Dates: June 1, 2025 - August 25, 2025*

*Location: Onsite*

**Apply [HERE](#) by 7am on August 13!**

The Rutgers Office of Summer and Winter Sessions at Rutgers-New Brunswick is hiring graduate students to serve as residence hall directors during residential summer pre-college academies. The Academies are one-week (Sunday to Saturday) intensive, residential certificate programs for both domestic and international pre-college students ages 16 to 18. The primary responsibility of the Residence Hall Director is to offer leadership in managing the residential operations of Pre-College Summer Academies while ensuring a secure environment that fosters both academic advancement and personal development for resident students. Key duties include guiding a team of Resident Assistants in executing necessary activities and services to establish an inclusive community aligned with the mission and objectives of Residence Life. Please review the job posting for additional details.

## **THE RESOURCE CORNER**

### **Get EndNote FREE through the Rutgers Libraries!**

EndNote is available to all Rutgers students, faculty, and staff through the Rutgers Libraries! EndNote is a desktop program for collecting and organizing references that allows you to create a searchable personal reference database, find full text articles, manage and annotate pdf files, cite references while writing a paper, create bibliographies in your preferred style, and more! Click [HERE](#) for more information about downloading EndNote as a Rutgers affiliate.

### **Get 24/7 Remote Access to Computer Lab Software with Rutgers Virtual Computer Labs!**

The Rutgers Virtual Computer Labs provide 24/7 remote access to dozens of useful PC software applications, just like a physical computer lab. Click [HERE](#) for information about accessing the Virtual Computer Labs.

## **STUDENT SERVICES & SUPPORT**

### **Resource Webpage for Pregnant and Parenting Graduate Students!**

The Office of Graduate Student Life, in partnership with the Office of Title IX & Compliance, and Supporting Parents & Caregivers at Rutgers (GSO), recently launched a new resource webpage for pregnant and parenting graduate students! This webpage serves as a platform for helping pregnant and parenting students locate resources, policies, support services, and community engagement opportunities available at Rutgers University and in the local community. Click [HERE](#) to visit the webpage.

### **Academic, Employment, and Student Support Resources on the Graduate Student Life Website!**

Looking for graduate student resources, services, or support? Check out our newly revamped resource pages on our website! Find information on [Academic Support Resources](#), [Career & Professional Development](#), [Student Support Services & Resources](#) and more on our website!

Do you have an opportunity for graduate students that you would like to promote in the Graduate Student Life Weekly Digest? Submit it [HERE](#)!