

Graduate Student Life Weekly Digest

Graduate Student Life Weekly Digest Week of February 10, 2025

Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers-New Brunswick! Share with your friends and tell them to subscribe [HERE](#)! You can contact the Office of Graduate Student Life by emailing gradstudentlife@echo.rutgers.edu or visiting our offices during the week in the Graduate Student Lounge (126 College Ave, behind Panera Bread). Click [HERE](#) for information about staff office hours.

The Graduate Student Lounge is open from 6:45am-12:00am Mondays-Fridays and 9:00am-12:00am Saturdays and Sundays. Click [HERE](#) to view the current daily hours for the College Ave Student Center (includes Graduate Student Lounge). Learn more about the Office of Graduate Student Life by visiting our website [HERE](#)!

ANNOUNCEMENTS

Call for Facilitators: Graduate Affinity Groups!

The Office of Graduate Student Life is seeking proposals from graduate students to create and lead affinity groups for the 2025-2026 academic year that center on shared identities, backgrounds, or experiences. Graduate Affinity Groups are open to all Rutgers-New Brunswick graduate programs and aim to support students by fostering connection, resource sharing, along with personal and professional growth. Students interested in creating a Graduate Affinity Group may apply themselves (deadline 2/21) or nominate a peer (deadline 2/14) [HERE](#). Click [HERE](#) to learn more about existing groups, the application/nomination process, and virtual info sessions. Please contact Ghada Endick at gendick@echo.rutgers.edu or Zoey Eddy ze26@scarletmail.rutgers.edu with any questions.

Spring 2025 New Brunswick Libraries Data and Research Methods Workshops for Graduate Students!

The New Brunswick Libraries' calendar of data and research methods workshops for Spring 2025 is available now. Don't miss workshops on machine learning, R, Python, systematic reviews, NVivo, ethnography, qualitative research, and more! Click [HERE](#) to

view the full schedule of workshops and register. Additional workshops will be added throughout the semester so be sure to check back regularly!

– GET INVOLVED –

Explore Involvement in Graduate Student Organizations (GSOs)!

Explore the official directory of Graduate Student Organizations (GSOs) recognized by the Graduate Student Association (GSA) and discover graduate involvement opportunities on campus. GSOs are a fantastic way to meet other graduate students and participate in campus activities. Find the GSO directory [HERE](#).

1:1 Coaching Sessions for Volunteer Engagement

Schedule a 1:1 Coaching Session [HERE](#)

Graduate students looking for ways to volunteer in the community should consider scheduling a 1:1 coaching session with the Office of Student Volunteer Engagement to kick-start their volunteer journey.

– STAY INFORMED –

Looking for more ways to stay informed? Check out the [Newsletters page](#) on our website! The Newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including: the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more!

Follow Graduate Student Life on Instagram!

Stay up to date with the Office of Graduate Student Life by following us on Instagram [@rugradstudentlife](#)! Never miss another graduate student life event!

EVENTS

– THIS WEEK! –

RU Black Pride Student Workshop - Owing Your Power: Finding Your “Why” – Tuesday, February 11, 11:30am-1:30pm

Location: College Ave Student Center, Room 411 (126 College Ave, New Brunswick, College Ave Campus)

RSVP [HERE](#)

Join the Center for Social Justice and LGBT Communities (SJE) for this workshop hosted by [Trinice Ìyá Fábùnmí McNally-Hair](#), a Black and queer multi-disciplinary creative, educator, activist, and spiritualist. This session will empower historically marginalized students, specifically Black and Queer-identified students, to either discover their personal “why” or solidify their commitment to social justice activism. As a population that is directly impacted by systemic and interpersonal harm and violence, participants will be grounded in self-reflection and building critical consciousness. The

workshop aims to create an engaging, reflective environment where students reflect on their connection to activism while gaining tools further to develop their power and influence in social justice work. Food will be provided.

Family Event: Valentine's Day Card Making + Air Dry Clay for Graduate Students who are Parents and Caregivers – Tuesday, February 11, 4pm-6pm

Location: Graduate Student Lounge (behind the Panera Bread, 129 College Ave, New Brunswick, College Ave Campus)

RSVP [HERE](#)

Join the Supporting Parents and Caregivers at Rutgers (SPCR) GSO, the Office of Graduate Student Life, and Scarlet Arts Rx for this family-friendly event to celebrate this upcoming Valentine's Day! Parents and their children can craft Valentine's Day themed cards and air dry clay roses, chocolates, and animals together. A teaching artist will guide the activities, so parents and guardians can also stay nearby in the room to relax or connect!

Winter Farmers Market – Wednesday, February 12, 11am-3pm

Location: Busch Student Center, International Lounge (604 Bartholomew Rd, Piscataway, Busch Campus)

Missing the New Brunswick Community Farmers Market? Visit their monthly pop-up indoor winter markets for high-quality fresh produce and a variety of goods from local vendors! This market accepts Supplemental Nutrition Assistance Program (SNAP) Benefits, Good Food Bucks, WIC benefits, Senior Farmers Market Nutrition Program benefits, and Market Bucks provided by Rutgers Student Basic Needs. Click [HERE](#) for more information about the New Brunswick Community Farmers Market and follow them on Instagram [HERE](#). **Please note this pop-up market may be rescheduled if the weather is inclement**

ODS Drop-In Hours for Graduate Students – Wednesday, February 12, 2pm–4pm

Location: Graduate Student Lounge (126 College Ave, behind Panera Bread, College Ave Campus) and on Zoom ([JOIN HERE](#))

ODS Drop-In Hours are part of the [Life @ The Graduate Student Lounge Event Series](#) and are held the first two Wednesdays of every month.

Wondering if accommodations are for you or have questions about the accommodations you have in place? Drop in to talk with the Disability Services Coordinator, Nychey Michel! The Office of Disability Services (ODS) provides reasonable accommodations for a wide range of conditions including: hearing, vision, and mobility conditions, learning disabilities, psychological diagnoses (such as anxiety or depression), chronic illnesses, traumatic brain injuries, ADHD, Autism Spectrum Disorder, and more. Feel free to reach out to Nychey Michel via email nlm108@echo.rutgers.edu or by calling 848-202-3111. Click [HERE](#) to learn more about ODS resources for graduate students.

RU Black Pride Student Workshop - Building Your Power: From Campus to Community Organizing – Wednesday, February 12, 3:30pm-5:30pm

Location: College Ave Student Center, Room 411 (126 College Ave, New Brunswick, College Ave Campus)

RSVP [HERE](#)

Join the Center for Social Justice and LGBT Communities (SJE) for this workshop hosted by [Trinice Ìyá Fábùnmí McNally-Hair](#), a Black and queer multi-disciplinary creative, educator, activist, and spiritualist. This workshop aims to empower students to bridge campus organizing efforts within community activism. Students will be equipped with skills to bridge their campus organizing efforts with broader community struggles, emphasizing coalition-building, campaign strategy, and sustainability for long-term impact. The session will also provide historical examples of organizing struggles on college campuses and global movements to help students understand the intersections of solidarity efforts. Food will be provided.

Dip and Decorate Cookies – Thursday, February 13, 12:30pm-1:30pm

Location: Lucy Stone Hall, Room A145 (54 Joyce Kilmer Ave, Piscataway, Livingston Campus)

Register [HERE!](#)

The Office of Disability Services (ODS) is hosting a social hour for students with disabilities and disability allies. Take a break and make connections! Participants will also be decorating and dipping cookies in chocolate, while supplies last. For questions and accommodation requests specific to this event, please email dsoffice@echo.rutgers.edu, call (848)-202-3111, or visit ODS in Lucy Stone Hall, Suite A145. To learn more about ODS, click [HERE](#) to view their website.

Evening for Educators: Indigenous Identities – Thursday, February 13, 4pm-7pm

Location: Zimmerli Art Museum (71 Hamilton St, New Brunswick, College Ave Campus)

Register [HERE!](#)

The Zimmerli Art Museum invites educators from preK-12 schools and local colleges and universities to learn more about their exhibition, *Indigenous Identities: Here, Now & A/ways* at the Zimmerli's Evening for Educators. Museum staff will provide guided tours and overviews of the exhibition while Delaware Tribe of Indians and Former Interim President of Bacone College Dr. Nick Kay Michael will be leading a pedagogical workshop. Food and refreshments will also be provided. Click [HERE](#) to learn more about Evening for Educators at the Zimmerli Art Museum.

Graduate Student Yoga – Thursday, February 13, 5pm-6pm

Location: Graduate Student Lounge (126 College Avenue, New Brunswick, College Ave Campus)

Graduate Student Yoga is part of the [Life @ The Graduate Student Lounge Event Series](#) and will be held every Thursday from 5-6pm.

Graduate Student Yoga is back! Stop by on Thursdays to take a pause from your busy week by practicing Yoga and relax your mind and body with your fellow graduate students. Yoga mats and blocks are provided, and all skill levels are welcome! Hosted by Rutgers Recreation and Office of Graduate Student Life.

For Us, By Us: Community Line Dancing (A Black History Month Special) – Thursday, February 13, 5pm-7pm

Location: College Avenue Gym, Upper-Level (130 College Ave, New Brunswick, College Ave Campus)

Register [HERE!](#)

This event is part of the Dance Therapy: Growth in 8 Dimensions series, sponsored through the New Brunswick ScarletWell Initiative.

The Scarlet Well Initiative and Rutgers Recreation invites all students to this special event in celebration of Black History Month. Line dancing is one of the many forms of expression in Black culture, often seen at family functions, reunions and weddings. In this workshop, participants will learn line dancing classics, like the electric slide, to modern trends like Tamia's and the Cupid's shuffle. No prior dance experience is required.

Shopping Trip Sign-Up – International Students – Thursday, February 13, 5pm - 8pm

Location: Pick-ups from Bevier Road or Nichols Apartments on Busch Campus

Reserve Your spot on the Shuttle [HERE!](#)

Rutgers Global–International Student and Scholar Services arrange shopping shuttles to local stores throughout the semester and summer so students can purchase groceries and other living essentials. You should sign up to reserve your spot on the shuttle. International students and scholars who have signed up will be given preference to ride on the shuttle. You may also register your dependents for the shuttle. To view the full spring schedule of shopping trips and learn more information about the Shopping Shuttle Service, click [HERE](#).

Scarlet Arts Rx - Polestar Pilates Mat Workout with Willa! – Friday, February 14, 10:30am-11:30am

Location: Nicholas Music Center, Dance Studio 122 (85 George St, New Brunswick, Cook/Douglass Campus)

Graduate students are invited to attend this free pilates mat class led by BFA Dance Major and Polestar Pilates Mat Teacher Training graduate, Willa O'Connor through Scarlet Arts Rx. Additional classes will be held throughout the semester on 2/28, 3/28, 4/11, and 4/25. Sign up for Scarlet Arts Rx [HERE](#), and check out Scarlet Arts Rx on getINVOLVED [HERE](#).

Intermediate Origami: Create a Transforming Ninja Star – Friday, February 14, 3:30pm-4:30pm

Location: Lucy Stone Hall, Room A145 (54 Joyce Kilmer Ave, Piscataway, Livingston Campus)

Join this student-led event, hosted by the Office of Disability Services (ODS)! Dabble in the art of origami as a student instructor leads participants in transforming ninja stars out of paper. For questions and accommodation requests specific to this event, please email dsoffice@echo.rutgers.edu, call (848)-202-3111, or visit ODS in Lucy Stone Hall, Suite A145. To learn more about ODS, click [HERE](#) to view their website.

– RSVP NOW & COMING UP! –

NEXT WEEK! Multicultural Karaoke Night: Sing and Sway – Monday, February 17, 6pm-8pm

Location: Graduate Student Lounge (126 College Ave, behind Panera Bread, College Ave Campus)

RSVP [HERE](#)!

Join ScarletWell, ScarletArts, the Graduate School of Applied and Professional Psychology, and Graduate Student Life for a fun and relaxing evening of multicultural karaoke! Connect with fellow graduates, enjoy delicious food, and listen to a variety of music from all over the world. Participants are welcome to sing songs in any language of their choice. Friends and family are also welcome!

NEXT WEEK! Labyrinth 101 Workshop - Trace, Walk, Relax, Reflect, Repeat – Tuesday, February 18, 9am-11:30pm

Location: New Brunswick Theological Seminary (35 Seminary Pl, New Brunswick, College Ave Campus)

RSVP [HERE](#) by February 17!

Join Rutgers Faith and Spirituality Initiatives for this workshop on incorporating labyrinths into spiritual practices. Labyrinths are winding paths that lead from the outside to a center and back again, and are often used for meditation and reflection because they are considered to have spiritual and healing properties. This workshop will explore the history and purpose of labyrinths, with an optional opportunity for participants to walk or trace a labyrinth as part of the experience. This workshop is not a prerequisite for the advanced labyrinth workshop on February 19. Please reach out to Rev. Katrina Jenkins katrina.e.jenkins@rutgers.edu with any questions.

NEXT WEEK! Bird Collage Your Way Into Wellness – Tuesday, February 18, 6pm-8pm

Location: Murray Hall, Room 111 (on Voorhees Mall, George St, New Brunswick, College Ave Campus)

RSVP [HERE](#)!

Scarlet Arts Rx and the Rutgers Birdwatching Association invites graduates to learn about the lives of beautiful birds while creating a collage that participants can bring home! An instructor will be present and all art supplies needed will be provided. Sign up for Scarlet Arts Rx [HERE](#), and check out Scarlet Arts Rx on getINVOLVED [HERE](#).

NEXT WEEK! Advanced Labyrinth Workshop - Trace, Walk, Relax, Reflect, Repeat – Wednesday, February 19, 9am-12pm

Location: New Brunswick Theological Seminary (35 Seminary Pl. New Brunswick, College Ave Campus)

RSVP [HERE](#) by February 17!

Join Rutgers Faith and Spirituality Initiatives for this workshop on incorporating labyrinths into spiritual practices. Labyrinths are winding paths that lead from the outside to a center and back again, and are often used for meditation and reflection because they are considered to have spiritual and healing properties. This workshop will explore the history and purpose of labyrinths, with an optional opportunity for participants to walk or trace a labyrinth as part of the experience. This workshop is designed for those who want to go deeper in their practice, giving them an opportunity to plan a labyrinth program from start to finish. Please reach out to Rev. Katrina Jenkins katrina.e.jenkins@rutgers.edu with any questions.

NEXT WEEK! Conversation Cafe – Wednesday, February 19, 10am-12pm

Location: Graduate Student Lounge (126 College Ave, behind Panera Bread, College Ave Campus)

Join the Graduate Writing Program for the first Conversation Café of the semester! Conversation Café brings graduate students together to practice having academic discussions in English (and possibly other languages depending on interest). This event is specifically geared towards international graduate students but is open to all graduate students. Food will be served!

NEXT WEEK! CES Drop-In Hours for Graduate Students – Wednesday, February 19, 4pm-6pm

Location: Zoom (Click [HERE](#)!)

CES Drop in Hours for Graduate Students will be held on Wednesdays from 4-6pm throughout the semester with additional sessions on 3/5, 3/26, 4/9, and 4/23.

Have career questions? Need guidance on your next professional steps? Stop by virtually during drop-in hours to connect with Dr. Rudrani Gangopadhy, the Senior Assistant Director for Graduate Student Career Pathways in the Office of Career Exploration and Success! This is an opportunity for students to ask quick questions, receive advice, or explore resources tailored to their career goals. Whether you are considering academic, industry, or alternative pathways, help is available. No appointment is needed, students can simply drop in! Please reach out to Dr. Rudrani Gangopadhy rudrani.g@rutgers.edu with any questions.

NEXT WEEK! Sacred Storytelling – Wednesday, February 19, 7pm-9pm

Location: College Avenue Student Center (126 College Ave, New Brunswick, College Avenue Campus)

Join Rutgers Faith and Spirituality Initiatives for an evening of sharing stories surrounding faith, belief, spiritual journey, resilience, and more! Pizza will also be served! For questions, please email Rev. Katrina Jenkins at katrina.e.jenkins@rutgers.edu.

NEXT WEEK! From Revolution to Practice: Congress in Action – Thursday, February 20, 1pm-2pm & 5pm

Location: Woodlawn Mansion (191 Ryders Ln, New Brunswick, Cook Douglass Campus)

Register [HERE](#)!

Join the Eagleton Institute of Politics in this moderated discussion panel exploring the evolving role of Congress in shaping American democracy. The event features insights from a panel of young staffers and a special presentation by New Jersey Representative Bonnie Watson Coleman at 5pm, followed by a reception at 6:30pm. Representative Thomas Kean Jr. will speak from 1:00pm-2:00pm as part of the Albert W. Lewitt Endowed Lecture Series. For questions, please contact Eagleton Institute of Politics Program Coordinator Nancy Shihadeh at shihadeh@eagleton.rutgers.edu, or (732)-618-9199.

COMING UP! Financial Planning Workshop for Graduate Students and Postdocs – February 27, 2025, 4pm – 5:30pm

Location: Virtual

Register [HERE](#)

Join the Financial Planning Association (FPA) of New Jersey for this free workshop meant to educate graduate students and postdocs on student loans, budgeting, cash flow, debt, and taxes. Living on a grad student stipend or postdoc salary can be challenging and many students also have families to support. The skills students will gain in this workshop will help them navigate their financial situation and plan for their future. Please contact Dr. Janet Alder janet.alder@rutgers.edu with any questions.

COMING UP! Understanding Racial Trauma: A Conversation About the Impact of Racial Trauma – February 27, 2025, 5pm – 7pm

Location: Paul Robeson Cultural Center (600 Bartholomew Road, Piscataway, Busch Campus)

RSVP [HERE](#)

Join authors Drs. Jennifer Jones-Damis and Kelly Moore as they highlight key aspects of racial trauma and its impact on Black Students from their book: [Racial Trauma in Black Clients: Effective Practice for Clinicians](#). This event Includes a book signing and dinner and is open to all members of the Rutgers community. Hosted by the Office of

Graduate Student Life, Rutgers Student Health and Paul Robeson Cultural Center and part of the [PRCC 2025 Black History Month Calendar](#).

– WELLNESS WORKSHOPS, GROUPS, & SUPPORT–

NEXT WEEK! Graduate Wellness Workshop: Emotion Regulation, Stress Management, and Cultivating Resilience – Monday, February 24, 1pm-2pm

Location: Zoom (Join [HERE](#))

Join community counselor Dana Simons, for this workshop to discuss the impact of imposter syndrome, self-image, and ways to practice self-compassion.

International Students Wellness Group - Mondays, 2pm-3:30pm

Location: In-person. Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.

International students struggling with the unique challenges of cross-cultural adjustment may benefit from joining the International Students Wellness Group. This group provides a safe and confidential space for students to discuss various concerns, and help connect them with other students who may be facing similar issues. This group may cover topics including: homesickness, loneliness, language barriers, discrimination, social and academic stress. Students who are interested in joining this wellness group, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) to see options for other CAPS wellness groups and for more information about the International Student Wellness Group.

CAPS Wellness Group: Coping With Social Anxiety – Mondays, 2pm-3:25pm & Tuesdays, 6:30pm–7:55pm

Location: In-Person. To join, you must call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.

Students who struggle with social anxiety may benefit from joining this 6-session CAPS wellness group. This group provides students with a non-judgemental, supportive, and positive environment that may help them overcome their social anxiety. It will go over what causes social anxiety and how to develop proven skills to change it. Students who are interested in joining Coping With Social Anxiety, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) for more information and to see options for other CAPS Wellness groups.

CAPS Wellness Group: Stress Less With Art – Tuesdays, 5:30pm-6:30pm

Location: In-Person, To join, you must call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.

Graduate students seeking a creative outlet to relieve stress may benefit from joining this CAPS wellness group. This group offers a supportive space to navigate stress by using art as a tool to visualize, express, and reflect on thoughts, feelings, and behaviors through tough times, without the need for existing art skills. Students who are interested in joining Stress Less With Art, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) for more information and to see options for other CAPS Wellness groups.

Graduate Student Wellness Group: RU Grad – Fridays, 1pm-2:30pm

Location: In-Person, Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.

Graduate students looking for a safe space or supportive environment to share and explore struggles/feelings they may have—whether this be anxiety, self-esteem, sustaining or forming relationships, and the like, may benefit from joining this graduate student wellness group. This group may cover topics including: social adjustment and loneliness, romantic relationships, navigating conflicts/challenges with peers and professors, feelings of inadequacy, assertiveness, stress management and balancing family life and academics. Students who are interested in joining the RU Grad Group, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) to see options for other CAPS Wellness groups and for more information about the RU Grad Group.

Low Cost ADHD Assessments through the Rutgers Center for Youth Social Emotional Wellness and the Graduate School of Applied & Professional Psychology Center for Psychological Services

The Rutgers Center for Youth Social Emotional Wellness (CYSEW) in partnership with the Graduate School of Applied & Professional Psychology Center for Psychological Services (GSAPP) is now offering low-cost psychological assessments to all Rutgers Students. Assessments are \$150 and include a comprehensive screening for ADHD, anxiety, and depression, a detailed diagnostic report with resources, and a feedback session. To request a virtual assessment scheduled at your convenience, click [HERE](#). Contact the GSAPP Center for Psychological Services by calling 848-445-6111 or by emailing cysew@gsapp.rutgers.edu.

Couples Therapy Services Available at NJ Couples Clinic at the Rutgers Psychological Clinic

Location: Rutgers Psychology Building, NJ Couples Clinic (152 Frelinghuysen Road, Piscataway, Busch Campus)

The Rutgers University Couple Therapy Clinic is now offering evidence-based couples therapy, provided under expert supervision by advanced graduate students in clinical psychology. The clinic aims to provide a safe and supportive environment where couples and individuals can work on their relationship goals, whether it be overcoming challenges or simply enhancing their connection with their partner. The NJ Couples Clinic provides services such as guidance through communication improvement, conflict resolution, intimacy rekindling, and managing life transitions. Services are free to those with Rutgers Student Insurance and offered at a low sliding scale fee to those without. Contact Co-Director of the NJ Couples Clinic at Rutgers and GSAPP professor Karen Riggs kskean@gsapp.rutgers.edu with any questions.

Weekly Let's Talk Drop In Counseling Conversations

Free Private and Confidential Drop-In Conversations with licensed mental health professionals available in-person or virtual. CAPS Community Based Counselors offer support and counseling services from within university communities—including academic schools and cultural centers. Students are welcome to visit any Community Based Counselor they would like, and may choose a counselor based on the topic they would like to discuss and the counselor's therapeutic approach or community. Click [HERE](#) for information and schedules for Let's Talk sessions and click [HERE](#) to learn more about individual CAPS Community Based Counselors (look for "Community Based-Counselor").

Uwill: FREE Immediate-Access to Teletherapy

Uwill provides free immediate access to teletherapy through an easy-to-use, private, secure, confidential, online platform. Choose a therapist based on your preferences, including issue, gender, language, and ethnicity. Select a time that fits your schedule, including day, night, and weekend availability. Register and book your first session using your Rutgers email [HERE](#).

– ACADEMIC SUPPORT & WORKSHOPS –

Academic Coaching with Dr. Wilson Ng

Meet Dr. Wilson Ng (he/him/his), the newly appointed Senior Program Coordinator and Academic Coach for Graduate Student Services at the Rutgers Learning Centers. Dr. Ng provides one-on-one academic coaching and facilitates workshops and programming tailored to graduate students. With a background in college student affairs and years of experience in student development and support, he is eager to bring his expertise to the Rutgers community and looks forward to collaborating with students as they navigate their academic journeys in graduate school! Click [HERE](#) to

make a one-on-one appointment with Dr. Ng via Penji. For any questions, email him at wnw2@echo.rutgers.edu.

Libraries Workshop: Love Data Week! R Graphics with ggplot2 – Wednesday, February 12, 2pm-3:30pm

Location: Virtual

Register [HERE](#)!

Join the Rutgers Libraries Data Librarian, Ryan Womack, for this Data Science workshop! This workshop introduces the main features of ggplot2, a tidyverse package for R that offers extensive and flexible graphical capabilities within a consistent framework. Prior familiarity with R, including an understanding of packages, structure, and syntax, is recommended. Click [HERE](#) to view more workshops offered by Rutgers libraries.

Libraries Workshop: Introduction to NVivo – Friday, February 14, 1pm-2:30pm

Location: Virtual

Register [HERE](#)!

Join New Brunswick Libraries Graduate Specialist for Qualitative Research Methods, Xu Guo, for this qualitative data analysis workshop! This workshop introduces NVivo, which is a qualitative data analysis software that helps researchers manage, code, and markup data for mixed methods and qualitative studies. The workshop will go over NVivo's workspace and basic features, as well as how to organize data, make mind maps, and get acquainted with data coding. Participants will also be provided with an overview of qualitative methods commonly used in the humanities and social sciences. Click [HERE](#) to view more workshops offered by Rutgers libraries.

NEXT WEEK! Building Graduate Level Research Writing Skills, Part 1: Drafting Process – Wednesday, February 19, 7pm

Location: Virtual

Register [HERE](#)!

This event is part of the Rutgers Learning Centers' Graduate Workshop Series, click [HERE](#) to view the full schedule of events under "Graduate Workshop Series".

The Rutgers Learning Centers encourages graduate students to attend this two-part workshop, designed to provide an organized approach to planning and drafting a research paper. This writing workshop will go over specific strategies for each stage of the writing process, as well as tips to avoid common pitfalls encountered in research writing. Participants are not required to attend both sessions. For questions, contact Senior Program Coordinator for Graduate Student Services Wilson Ng at wnw2@echo.rutgers.edu. To learn more about the services that the Rutgers Learning Centers have available for graduate students, click [HERE](#) to view their website.

PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES

– PROFESSIONAL DEVELOPMENT –

TA Project Workshop: Time Management in the Classroom – Wednesday, February 12, 12pm-1:30pm

Location: Virtual

Register [HERE!](#)

Join the TA Project for this workshop to learn tips and tricks for managing lesson time that instructors can implement before, during, and after their class sessions.

Workshop: The Nuts and Bolts of Academic Book Publishing – Wednesday, February 12, 3pm

Location: Academic Building East, Room 2400 (15 Seminary Pl, New Brunswick, College Ave Campus) and Virtual (Join [HERE](#))

Register [HERE!](#)

Join the School of Graduate Studies for this professional development workshop led by Nicole Solano, Editorial Director, and Peggy Solic, Senior Editor at Rutgers University Press, that explores the basics of academic book publishing. Topics covered will include: types of publishers and publishing options that are available, how to present your work to an editor, and what makes for an effective book proposal. Students of all disciplines will leave with a better understanding of how their work fits into the publishing industry and with more confidence to approach book editors.

NEXT WEEK! TA Project Workshop: Introduction to Ally in Canvas – Thursday, February 20, 12pm-1:30pm

Location: Virtual

Register [HERE!](#)

Join the TA Project for this workshop that introduces users to Ally, the automatic accessibility tool in Canvas.

Interested in Consulting? Express Interest in the Rutgers Graduate Consulting Club!

Express interest by February 18 [HERE!](#)

The Rutgers Graduate Consulting Club is a professional organization that connects innovative humanities, social sciences, and STEM Masters, PhD, and Professional students with gainful employment in the consulting industry. Consultants broadly offer expert advice to improve businesses and many are able to do so across diverse industries. Rutgers Graduate Consulting Club programming will include networking events with industry professionals, resume and cover letter workshops, opportunities

to work on pro bono cases, participation in case competitions, and more. For more information, please email rutgersgraduateconsulting@gmail.com.

Call for Proposals! Rutgers Rising Stars in Graduate Research Conference
Submit your abstract [HERE](#) by February 20!

PhD students in all research based-fields (from natural sciences to sociology) are encouraged to submit abstracts to the Rutgers Rising Stars in Graduate Research Conference! This conference is designed to provide an accessible and authentic scientific presentation platform for PhD students who have no or minimal prior conference experience. Attendees will develop their presentation and networking skills while gaining a better understanding of conference guidelines and expectations to prepare them for future experiences. The conference schedule includes plenary talks, poster sessions, platform talks from selected applicants, a vendor show from industry partners, and robust networking opportunities. Lunch and refreshments will be provided. Please contact rising_stars@cabm.rutgers.edu and Erin Lumpe eg712@rutgers.edu with any questions.

Applications for the Rutgers Chapter of Psi Chi (The International Honor Society in Psychology) are now Open!

Apply by February 28 by completing and emailing [THIS](#) form!

The Rutgers Chapter of Psi Chi (The International Honor Society in Psychology) is excited to announce that they are now accepting graduate students to join their chapter! Applicants must be enrolled in a psychology or related graduate program and must have completed at least 9 credits in psychology courses, and have a cumulative graduate GPA of at least 3.0. Upon acceptance, members must pay a one-time lifetime membership fee of \$80. Graduate students who are interested should complete the application form and email it to psychi@psych.rutgers.edu along with a copy of their unofficial Rutgers transcript. Please direct any questions or inquiries regarding the application to psychi@psych.rutgers.edu. To learn more about the benefits of becoming a Psi Chi member, please visit the Psi Chi International Website [HERE](#).

– SCHOLARSHIP, & FUNDING OPPORTUNITIES –

Build a Fellowship Plan with GradFund!

[GradFund](#) provides graduate students with information on how to apply for external scholarship, fellowship, and funding opportunities. GradFund also provides guidance and assistance with application processes.

Schedule an appointment with a GradFund advisor for fellowship assistance! Schedule a Planning Meeting to learn how to search for fellowships and grants or to plan out your future funding applications. Request Help with a Funder to learn about the funder's application review process and find the best way to frame your research plans for a particular application. Book an Application Review appointment to have a

GradFund advisor review your application materials for one application. Schedule a Post-Award Consultation for advice on moving forward after receiving a fellowship offer. Wherever you are in the fellowship, grant, or award process, GradFund is here to help! Click [HERE](#) for more information on GradFund and click [HERE](#) to schedule a Gradfund appointment.

Learn to Write a Competitive Funding Application with GradFund's FREE Self-Paced Canvas Course

Learn to write a competitive external funding application using GradFund's FREE self-paced Canvas course! This course teaches the art of competitive proposal writing through developing familiarity with both funders in your field of study and the proposal writing genre. Click [HERE](#) to enroll in GradFund's self-paced Canvas course.

[The Office of Financial Aid](#) can provide information about need-based funding and financial aid. Other forms of need-based aid or scholarships may be available through your school of enrollment.

Call for Applications: West African Scholar Mobility Fellowship Apply [HERE](#) by February 23!

The West African Research Association (WARA) is pleased to announce research funding and support for young West African scholars through its West African Scholar Mobility Fellowship (WASMF) program. The WASMF is for 2 to 3 months research in West Africa during the summer of the current year for the purpose of preparing a doctoral research proposal or conducting doctoral research. This competition is open to West African citizens who are currently enrolled in graduate programs at institutions of higher education in the United States (West African citizens with U.S. citizenship are not eligible). Priority will be given to applicants who are at the pre-dissertation stage and who demonstrate financial need. The West African Scholar Mobility Fellowship program will award one pre-doctoral grant of \$4,000 for travel to West Africa to conduct research.

– EMPLOYMENT OPPORTUNITIES –

2025 Summer Institute Math Academic Coach – Rutgers School of Arts and Sciences Educational Opportunity Fund (EOF) Program

Compensation: \$20-30 per hour, 20 hours a week

Position Dates: July 1, 2025 - August 1, 2025

Location: Hybrid

Apply [HERE](#) by 6am on March 10!

The Rutgers School of Arts and Sciences EOF Program is seeking a dedicated graduate student to assist math professors during their summer institute program. The Math Academic Coach will be responsible for being present during Math Practicum sessions throughout the week; reporting to the math coordinator or designee; attending

paid instructor weekly meetings; providing peer coaching support to scheduled Summer Institute SAS EOF scholars; and will be expected to participate in paid online training on Canvas before the beginning of the Summer Institute. Please review the job posting for additional details.

Student Research Assistant – Bloustein School of Planning and Public Policy

Compensation: \$15-20 per hour, 15 hours a week

Position Dates: February 3, 2025 - April 30, 2025

Location: Hybrid

Apply [HERE](#) by 6am on July 13 (Hiring Immediately)!

The Bloustein School of Planning and Public Policy is seeking immediate hires for four research assistant (RA) positions in the following categories: Marketing, Informatics & AI Research, Content Creation, and Website Development. The marketing RA will be responsible for social media networking, event management, and program promotion. An interest in technology and AI is preferred. The informatics and AI RA is required to have at least one year of programming experience and a strong background in computer science or statistics. The ideal candidate for the content creation RA position should have an interest in technology and informatics domains, along with exceptional written English skills. The website development RA should have experience with Wordpress and other relevant web development skills. Please review the job posting for additional details.

THE RESOURCE CORNER

Sexual Health & Wellness Services Provided by Rutgers Student Health

Rutgers Student Health provides a comprehensive range of sexual health and wellness services including: gynecological visits, male sexual health visits, STI screening and treatment, contraceptive consultation and prescription (options for hormonal and Long Acting Reversible Contraception devices such as an Implant or Intrauterine Device), along with pregnancy counseling and referral services for prenatal care and pregnancy termination. To learn more about the sexual health and wellness services provided by Rutgers Student Health, click [HERE](#). For further information including frequently asked questions about sexual health services, insurance, and billing, click [HERE](#). You can contact Rutgers Student Health by phone at 848-932-7402 or email at health@rutgers.edu.

Title IX Legal Protections for Pregnant and Parenting Students

Students experiencing pregnancy or a related condition, including childbirth, false pregnancy, loss, termination, and subsequent recovery are entitled to equal access to education, employment, and university programs and activities. Students experiencing pregnancy or a related condition (including partners, foster, and adoptive parents) are encouraged to reach out to the team at the Title IX office to discuss their rights to reasonable accommodations using [THIS](#) form, emailing nbttitleix@rutgers.edu, or by

calling 848-932-8200. The Team at the Title IX Office are here to help you. Click [HERE](#) to learn more about resources, accommodations, or support available to pregnant and parenting students.

STUDENT SERVICES & SUPPORT

Resource Webpage for Pregnant and Parenting Graduate Students!

The Office of Graduate Student Life, in partnership with the Office of Title IX & Compliance, and Supporting Parents & Caregivers at Rutgers (GSO), recently launched a new resource webpage for pregnant and parenting graduate students! This webpage serves as a platform for helping pregnant and parenting students locate resources, policies, support services, and community engagement opportunities available at Rutgers University and in the local community. Click [HERE](#) to visit the webpage.

Academic, Employment, and Student Support Resources on the Graduate Student Life Website!

Looking for graduate student resources, services, or support? Check out our newly revamped resource pages on our website! Find information on [Academic Support Resources](#), [Career & Professional Development](#), [Student Support Services & Resources](#) and more on our website!

Do you have an opportunity for graduate students that you would like to promote in the Graduate Student Life Weekly Digest? Submit it [HERE](#)!