

Graduate Student Life Weekly Digest

Graduate Student Life Weekly Digest Week of February 3, 2025

Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers-New Brunswick! Share with your friends and tell them to subscribe [HERE](#)! You can contact the Office of Graduate Student Life by emailing gradstudentlife@echo.rutgers.edu or visiting our offices during the week in the Graduate Student Lounge (126 College Ave, behind Panera Bread). Click [HERE](#) for information about staff office hours.

The Graduate Student Lounge is open from 6:45am-12:00am Mondays-Fridays and 9:00am-12:00am Saturdays and Sundays. Click [HERE](#) to view the current daily hours for the College Ave Student Center (includes Graduate Student Lounge). Learn more about the Office of Graduate Student Life by visiting our website [HERE](#)!

ANNOUNCEMENTS

Spring 2025 First Weeks @RU Programs are Still Underway!

All incoming and continuing graduate students are invited to various welcome and community-building programs in January and February to kick off the Spring 2025 semester. Programs are designed to provide opportunities to connect with other graduate students, learn about graduate student organizations, engage with essential resources, and participate in campus-wide events. Check out the full schedule of graduate student-exclusive programs and university-wide events [HERE](#).

– GET INVOLVED –

Explore Involvement in Graduate Student Organizations (GSOs)!

Explore the official directory of Graduate Student Organizations (GSOs) recognized by the Graduate Student Association (GSA) and discover graduate involvement opportunities on campus. GSOs are a fantastic way to meet other graduate students and participate in campus activities. Find the GSO directory [HERE](#).

1:1 Coaching Sessions for Volunteer Engagement
Schedule a 1:1 Coaching Session [HERE](#)

Graduate students looking for ways to volunteer in the community should consider scheduling a 1:1 coaching session with the Office of Student Volunteer Engagement to kick-start their volunteer journey.

– STAY INFORMED –

Looking for more ways to stay informed? Check out the [Newsletters page](#) on our website! The Newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including: the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more!

Follow Graduate Student Life on Instagram!

Stay up to date with the Office of Graduate Student Life by following us on Instagram [@rugradstudentlife](#)! Never miss another graduate student life event!

EVENTS

– THIS WEEK! –

Spring Off-Campus Housing Fair – Monday, February 3, 1pm-4pm

Location: College Avenue Student Center, Main Lounge (126 College Ave. New Brunswick, College Ave Campus)

RSVP [HERE](#)!

Need help exploring off-campus living options? This fair is designed to offer students a comprehensive guide to making informed decisions about off-campus housing. It provides a unique opportunity to directly connect with landlords and property managers, as well as access to valuable campus and community resources. Here, students can also receive guidance with lease reviews, safety and answers to additional questions they may have regarding off-campus living. For additional updates, view the Rutgers Off-Campus Living and Community Initiatives' Facebook page [HERE](#).

Football 101 with Rutgers Global – Tuesday, February 4, 6pm-7:30pm

Sonny Werblin Recreation Center, Conference Room (656 Bartholomew Road, Piscataway, Busch Campus)

RSVP [HERE](#) Space is limited

The big game is coming - time to get your notes in order. If you don't know the rules of American football or understand why everyone will be watching the game this weekend, this program is for you. Staff from Rutgers Recreation and Rutgers Global will go over the rules of the game, discuss typical party foods served at watch parties, the halftime show, and the hype around the commercials. Join to improve your football knowledge!

Popcorn and Politics: Gubernatorial Debate Watch Parties – Tuesday, February 4, 6:30pm-9pm

Location: Woodlawn Mansion (191 Ryders Ln, New Brunswick, Douglass Campus)

Register [HERE](#) (advance registration required)!

Grab some popcorn and invite your friends to watch the Republican candidates debate, in advance of the upcoming New Jersey Governor primaries. This event will be open to all Rutgers students and is hosted by the Center for Youth Political Participation. The doors open at 6:30pm and the debates will begin at 7:00pm. Light food and drinks will be served throughout the night.

Know Your Rights: An Immigration Info Session for the Rutgers Community – Wednesday February 5, 12pm–2pm

Location: Virtual

Register in advance [HERE](#)

At this session, members of the Office of the Dean of Students, Residence Life, Public Safety, Counseling Services, and the Rutgers Immigrant Community Assistance Project will provide critical updates to immigration law and policy, related university policies, resources available to students from immigrant and mixed-status families, and information about individual constitutional rights when interacting with immigration or other law enforcement. Please note, attendees must join the session using their Rutgers credentials.

ODS Drop-In Hours for Graduate Students – Wednesday, February 5, 2pm–4pm

Location: Graduate Student Lounge (126 College Ave. behind Panera Bread, College Ave Campus) and on Zoom ([JOIN HERE](#))

ODS Drop-In Hours are part of the [Life @ The Graduate Student Lounge Event Series](#) and are held the first two Wednesdays of every month.

Coordinator Nychey Michel from the Office of Disabilities Services (ODS) will offer drop-in hours just for graduate students. She is available the first two Wednesdays of every month from 2-4 p.m. at the Graduate Student Lounge (126 College Avenue), and on Zoom. Come stop by and meet Nychey to discuss classroom accommodations for students with disabilities. Disabilities are diverse and include, but are not limited to hearing loss, vision loss, mobility conditions, learning disabilities, psychological diagnoses (such as anxiety or depression), chronic illnesses, traumatic brain injuries, and neurodivergence. She can be reached at (848)-202-3111 or nlm108@echo.rutgers.edu.

CES Drop-In Hours for Graduate Students – Wednesday, February 5, 4pm-6pm

Location: Zoom (Click [HERE](#))

CES Drop in Hours for Graduate Students will be held on Wednesdays from 4-6pm throughout the semester with additional sessions on 2/19, 3/5, 3/26, 4/9, and 4/23.

Have career questions? Need guidance on your next professional steps? Stop by virtually during drop-in hours to connect with Dr. Rudrani Gangopadhy, the Senior

Assistant Director for Graduate Student Career Pathways in the Office of Career Exploration and Success! This is an opportunity for students to ask quick questions, receive advice, or explore resources tailored to their career goals. Whether you are considering academic, industry, or alternative pathways, help is available. No appointment is needed, students can simply drop in! Please reach out to Dr. Rudrani Gangopadhy rudrani.g@rutgers.edu with any questions.

Graduate Student Yoga – Thursday, February 6, 5pm-6pm

Location: Graduate Student Lounge (126 College Avenue, New Brunswick, College Ave Campus)

Graduate Student Yoga is part of the [Life @ The Graduate Student Lounge Event Series](#) and will be held every Thursday from 5-6pm. This event is also part of the Spring 2025 First Weeks @ RU event series, click [HERE](#) to view the full schedule of First Weeks programs!

Graduate Student Yoga is back! Stop by on Thursdays to take a pause from your busy week by practicing Yoga and relax your mind and body with your fellow graduate students. Yoga mats and blocks are provided, and all skill levels are welcome! Hosted by Rutgers Recreation and Office of Graduate Student Life.

Sparknight: Celebrating Black History Month – Thursday, February 6, 5pm-8pm

Location: Zimmerli Art Museum (71 Hamilton St, New Brunswick, College Ave Campus)

SparkNight is a free art party at the Zimmerli, inviting everyone to explore art, engage their creativity, and have fun! Celebrate Black History Month with performances, music, artmaking, and pop-up tours that highlight contributions of African American and African Diasporic Artists. Free and open to the public. Complimentary light refreshments. Food available for purchase from food trucks outside the Zimmerli. This Sparknight is held in collaboration with Paul Robeson Cultural Center, State Theatre New Jersey, New Brunswick Cultural Center, and Arts Institute of Middlesex County. Click [HERE](#) for information about Sparknight.

Know Your Rights and Available Resources as a Pregnant or Parenting Graduate Student Information Session – Friday February 7, 11am-12pm,

Location: Virtual

Register [HERE](#)

Are you a student who is currently pregnant, planning a pregnancy, or lactating? Join us for this information session on understanding how Title IX protects you from discrimination, resources from Office of Graduate Student Life, CAPS and Basic Needs and groups to get connected with to build community. We will share resources, how the accommodation process works and the supports that are available. Hosted by the Office of Compliance & Title IX, the Student Basic Needs Center, and the Office of Graduate Student Life.

8th Annual First-Generation Graduate Student Symposium (Students Only) – Friday February 7, 12:30pm–5pm

Location: Virtual

Register [HERE!](#)

This national symposium is open to any student who identifies as a current first-generation graduate or professional student studying in any discipline. First-generation graduate/professional students are those whose parents, guardians, or caregivers have not completed an advanced degree, (such as a master's, doctoral, or professional degree, including a JD or MD). This virtual symposium is exclusively for current first-generation graduate and professional students. Hosted by the Boston University Newbury Center, Duke University First-Generation Graduate Student Network, and The University of North Carolina at Chapel Hill Carolina Grad Student F1RSTS, along with the Cooperating Sponsor, FirstGen Forward. Please contact Dean Ghada Endick gendick@echo.rutgers.edu with any questions.

30 Under 30 Launch Party – Saturday, February 8, 5pm-7pm

Location: Zimmerli Art Museum (71 Hamilton St. New Brunswick, College Ave Campus)

Please email membership@zimmerli.rutgers.edu to express your interest in attending this event.

February is the official launch of the Zimmerli Art Museum's 30 under 30 membership level! The newest level is designed exclusively for individuals aged 18-30. Current and prospective 30 under 30 members are invited to this exclusive evening event to enjoy a guided art workshop, curated mocktails, food, and more! Those considering signing up as members are also encouraged to attend this free event to learn more about membership offerings at Zimmerli, non-members who sign up for a membership at this event will receive a discount on their membership. For more information about attending, please click [HERE](#) or email membership@zimmerli.rutgers.edu.

Shopping Trip Sign-Up – International Students – Saturday, February 8, 10am-1pm

Location: Pick-ups from Bevier Road or Nichols Apartments on Busch Campus or College Ave Student Center on College Ave Campus

Reserve Your spot on the Shuttle [HERE!](#)

Rutgers Global–International Student and Scholar Services arrange shopping shuttles to local stores throughout the semester and summer so students can purchase groceries and other living essentials. You should sign up to reserve your spot on the shuttle. International students and scholars who have signed up will be given preference to ride on the shuttle. You may also register your dependents for the shuttle. To view the full spring schedule of shopping trips and learn more information about the Shopping Shuttle Service, click [HERE](#).

– RSVP NOW & COMING UP! –

NEXT WEEK! Family Event: Valentine's Day Card Making + Air Dry Clay for Graduate Students who are Parents and Caregivers – Tuesday, February 11, 4pm-6pm

Location: Graduate Student Lounge (behind the Panera Bread, 129 College Ave, New Brunswick, College Ave Campus)

RSVP [HERE](#)

Join the Supporting Parents and Caregivers at Rutgers (SPCR) GSO, the Office of Graduate Student Life, and Scarlet Arts Rx for this family-friendly event to celebrate this upcoming Valentine's Day! Parents and their children can craft Valentine's Day themed cards and air dry clay roses, chocolates, and animals together. A teaching artist will guide the activities, so parents and guardians can also stay nearby in the room to relax or connect!

NEXT WEEK! ODS Drop-In Hours for Graduate Students – Wednesday, February 12, 2pm-4pm

Location: Graduate Student Lounge (126 College Ave, behind Panera Bread, College Ave Campus) and on Zoom ([JOIN HERE](#))

ODS Drop-In Hours are part of the [Life @ The Graduate Student Lounge Event Series](#) and are held the first two Wednesdays of every month.

Wondering if accommodations are for you or have questions about the accommodations you have in place? Drop in to talk with the Disability Services Coordinator, Nychee Michel! The Office of Disability Services (ODS) provides reasonable accommodations for a wide range of conditions including: hearing, vision, and mobility conditions, learning disabilities, psychological diagnoses (such as anxiety or depression), chronic illnesses, traumatic brain injuries, ADHD, Autism Spectrum Disorder, and more. Feel free to reach out to Nychee Michel via email nlm108@echo.rutgers.edu or by calling 848-202-3111. Click [HERE](#) to learn more about ODS resources for graduate students.

NEXT WEEK! For Us, By Us: Community Line Dancing (A Black History Month Special) – Thursday, February 13, 5pm-7pm

Location: College Avenue Gym, Upper-Level (130 College Ave, New Brunswick, College Ave Campus)

Register [HERE](#)!

This event is part of the Dance Therapy: Growth in 8 Dimensions series, sponsored through the New Brunswick ScarletWell Initiative.

The Scarlet Well Initiative and Rutgers Recreation invites all students to this special event in celebration of Black History Month. Line dancing is one of the many forms of expression in Black culture, often seen at family functions, reunions and weddings. In this workshop, participants will learn line dancing classics like the electric slide, to modern trends like Tamia's and the Cupid's shuffle. No prior dance experience is required.

NEXT WEEK! Scarlet Arts Rx - Polestar Pilates Mat Workout with Willa! – Friday, February 14, 10:30am-11:30am

Location: Nicholas Music Center, Dance Studio 122 (85 George St, New Brunswick, Cook/Douglass Campus)

Graduate students are invited to attend this free pilates mat class led by BFA Dance Major and Polestar Pilates Mat Teacher Training graduate, Willa O'Connor through Scarlet Arts Rx. Additional classes will be held throughout the semester on 2/28, 3/28, 4/11, and 4/25. Sign up for Scarlet Arts Rx [HERE](#), and check out Scarlet Arts Rx on getINVOLVED [HERE](#).

COMING UP! Multicultural Karaoke Night: Sing and Sway – Monday, February 17, 6pm-8pm

Location: Graduate Student Lounge (126 College Ave, behind Panera Bread, College Ave Campus)

RSVP [HERE](#)!

Join ScarletWell, ScarletArts, the Graduate School of Applied and Professional Psychology, and Graduate Student Life for a fun and relaxing evening of multicultural karaoke! Connect with fellow graduates, enjoy delicious food, and listen to a variety of music from all over the world. Participants are welcome to sing songs in any language of their choice. Friends and family are also welcome!

COMING UP! Yoga in the Galleries – Wednesday, February 19, 10am-11am

Location: Zimmerli Art Museum (71 Hamilton St, New Brunswick, College Ave Campus)

Register [HERE](#)! Space is limited.

The Zimmerli Art Museum invites all graduate students to an hour of yoga and mindfulness in its galleries. This in-person session offers a chance to relax, stretch and practice breathing exercises while flowing through different yoga poses. All levels are welcome, from beginners to seasoned yogis and the session will be led by an instructor. Participants are expected to bring their own mats.

COMING UP! Albert W. Lewitt Endowed Lecture Series Presents: Inside the Halls of Power – Thursday, February 20, 1pm-2pm and 5pm-7pm

Location: Woodlawn Mansion (191 Ryders Ln, New Brunswick, Cook Douglass Campus)

Join the Eagleton Institute of Politics in this moderated discussion panel exploring the evolving role of Congress in shaping American democracy. The event features insights from a panel of young staffers and a special presentation by New Jersey congresswoman Bonnie Watson Coleman, followed by a reception at 6:30pm. All faculty, staff, and students are welcome to attend a talk by a Republican member of Congress (to be announced) as part of Eagleton's Legislatures and Politics course, taking place from 1:00pm-2:00pm. For questions, please contact Eagleton Institute of

Politics Program Coordinator Nancy Shihadeh at shihadeh@eagleton.rutgers.edu, or (732)-618-9199.

COMING UP! Understanding Racial Trauma: A Conversation About the Impact of Racial Trauma – February 27, 2025, 5pm – 7pm,

Location: Paul Robeson Cultural Center (600 Bartholomew Road, Piscataway, Busch Campus)

RSVP [HERE](#)

Join authors Drs. Jennifer Jones-Damis and Kelly Moore as they highlight key aspects of racial trauma and its impact on Black Students from their book: [Racial Trauma in Black Clients: Effective Practice for Clinicians](#). This event Includes a book signing and dinner and is open to all members of the Rutgers community. Hosted by the Office of Graduate Student Life, Rutgers Student Health and Paul Robeson Cultural Center and part of the [PRCC 2025 Black History Month Calendar](#).

– WELLNESS WORKSHOPS, GROUPS, & SUPPORT–

International Students Wellness Group - Mondays, 2pm-3:30pm (STARTING FEBRUARY 10)

Location: In-person, **Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.**

International students struggling with the unique challenges of cross-cultural adjustment may benefit from joining the International Students Wellness Group. This group provides a safe and confidential space for students to discuss various concerns, and help connect them with other students who may be facing similar issues. This group may cover topics including: homesickness, loneliness, language barriers, discrimination, social and academic stress. Students who are interested in joining this wellness group, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) to see options for other CAPS wellness groups and for more information about the International Student Wellness Group.

CAPS Wellness Group: Coping With Social Anxiety – Mondays, 2pm-3:25pm (Starting February 3) & Tuesdays, 6:30pm–7:55pm (Starting February 11)

Location: In-Person, **To join, you must call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.**

Students who struggle with social anxiety may benefit from joining this 6-session CAPS wellness group. This group provides students with a non-judgemental, supportive, and positive environment that may help them overcome their social anxiety. It will go over what causes social anxiety and how to develop proven skills to change it. Students who are interested in joining Coping With Social Anxiety, should call CAPS at

848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) for more information and to see options for other CAPS Wellness groups.

CAPS Wellness Group: Stress Less With Art – Tuesdays, 5:30pm-6:30pm (Starting February 4)

Location: In-Person. To join, you must call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.

Graduate students seeking a creative outlet to relieve stress may benefit from joining this CAPS wellness group. This group offers a supportive space to navigate stress by using art as a tool to visualize, express, and reflect on thoughts, feelings, and behaviors through tough times, without the need for existing art skills. Students who are interested in joining Stress Less With Art, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) for more information and to see options for other CAPS Wellness groups.

Graduate Student Wellness Group: RU Grad – Fridays, 1pm-2:30pm

Location: In-Person. Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.

Graduate students looking for a safe space or supportive environment to share and explore struggles/feelings they may have—whether this be anxiety, self-esteem, sustaining or forming relationships, and the like, may benefit from joining this graduate student wellness group. This group may cover topics including: social adjustment and loneliness, romantic relationships, navigating conflicts/challenges with peers and professors, feelings of inadequacy, assertiveness, stress management and balancing family life and academics. Students who are interested in joining the RU Grad Group, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) to see options for other CAPS Wellness groups and for more information about the RU Grad Group.

Low Cost ADHD Assessments through the Rutgers Center for Youth Social Emotional Wellness and the Graduate School of Applied & Professional Psychology Center for Psychological Services

The Rutgers Center for Youth Social Emotional Wellness (CYSEW) in partnership with the Graduate School of Applied & Professional Psychology Center for Psychological Services (GSAPP) is now offering low-cost psychological assessments to all Rutgers Students. Assessments are \$150 and include a comprehensive screening for ADHD, anxiety, and depression, a detailed diagnostic report with resources, and a feedback session. To request a virtual assessment scheduled at your convenience, click [HERE](#). Contact the GSAPP Center for Psychological Services by calling 848-445-6111 or by emailing cysew@gsapp.rutgers.edu.

Couples Therapy Services Available at NJ Couples Clinic at the Rutgers Psychological Clinic

Location: Rutgers Psychology Building, NJ Couples Clinic (152 Frelinghuysen Road, Piscataway, Busch Campus)

The Rutgers University Couple Therapy Clinic is now offering evidence-based couples therapy, provided under expert supervision by advanced graduate students in clinical psychology. The clinic aims to provide a safe and supportive environment where couples and individuals can work on their relationship goals, whether it be overcoming challenges or simply enhancing their connection with their partner. The NJ Couples Clinic provides services such as guidance through communication improvement, conflict resolution, intimacy rekindling, and managing life transitions. Services are free to those with Rutgers Student Insurance and offered at a low sliding scale fee to those without. Contact Co-Director of the NJ Couples Clinic at Rutgers and GSAPP professor Karen Riggs kskean@gsapp.rutgers.edu with any questions.

Weekly Let's Talk Drop In Counseling Conversations

Free Private and Confidential Drop-In Conversations with licensed mental health professionals available in-person or virtual. CAPS Community Based Counselors offer support and counseling services from within university communities—including academic schools and cultural centers. Students are welcome to visit any Community Based Counselor they would like, and may choose a counselor based on the topic they would like to discuss and the counselor's therapeutic approach or community. Click [HERE](#) for information and schedules for Let's Talk sessions and click [HERE](#) to learn more about individual CAPS Community Based Counselors (look for "Community Based-Counselor").

Uwill: FREE Immediate-Access to Teletherapy

Uwill provides free immediate access to teletherapy through an easy-to-use, private, secure, confidential, online platform. Choose a therapist based on your preferences, including issue, gender, language, and ethnicity. Select a time that fits your schedule, including day, night, and weekend availability. Register and book your first session using your Rutgers email [HERE](#).

– ACADEMIC SUPPORT & WORKSHOPS –

Introducing Dr. Wilson Ng, Senior Program Coordinator and Academic Coach for Graduate Student Services

Meet Dr. Wilson Ng (he/him/his), the newly appointed Senior Program Coordinator and Academic Coach for Graduate Student Services at the Rutgers Learning Centers. Dr. Ng provides one-on-one academic coaching and facilitates workshops and programming tailored to graduate students. With a background in college student affairs and years of experience in student development and support, he is eager to

bring his expertise to the Rutgers community and looks forward to collaborating with students as they navigate their academic journeys in graduate school! Click [HERE](#) to make a one-on-one appointment with Dr. Ng via Penji. For any questions, email him at wwn2@echo.rutgers.edu.

Libraries Workshop: Interviewing for Insight - Introductory Strategies and Skills for Data Collection in Qualitative Research – Tuesday, February 4, 1pm-2pm

Location: Virtual

Register [HERE](#)!

Join Ana Perez, Graduate specialist for Qualitative research methods, for a qualitative interview workshop! This workshop will dive into methods and practices for conducting insightful interviews, whether for research or project work. It will cover how to craft strategic questions and actively listen to find meaningful insights, as well as techniques for constructing questions, responding, handling sensitive topics, navigating cultural nuances, and recording data. This workshop is designed to help both beginners and experienced researchers refine their interviewing skills, fostering confidence so that they can produce rich, detailed qualitative data for their projects. Click [HERE](#) to view more workshops offered by Rutgers libraries.

Unleash Your Productivity Graduate Workshop – Tuesday, February 4, 6pm-7pm

Location: Virtual

Register [HERE](#)!

As a graduate student, do you frequently tend to put off tasks related to your academics? Do you have a difficult time balancing school, work, and life? This interactive workshop will discuss procrastination and how to address common challenges to productivity. Please contact Dr. Wilson Ng at wwn2@echo.rutgers.edu with any questions. Click [HERE](#) to explore the resources and academic support services offered by the Rutgers Learning Centers for graduate students.

Libraries Workshop: Data Analysis 2 – Wednesday, February 5, 2pm-3:30pm

Location: Virtual

Register [HERE](#)!

Join the Rutgers Libraries Data Librarian, Ryan Womack, for this Data Topics workshop! This workshop will explore how to implement statistics using R, with a comparison to Python techniques for accomplishing similar tasks. This workshop will review topics such as regression, sampling, bootstrap methods, statistical tests, and more. Click [HERE](#) to view more workshops offered by Rutgers libraries.

Libraries Workshop: So You're Writing a Social Science Systematic or Scoping Review: An Overview – Wednesday, February 5, 5:30pm-7pm

Location: Virtual

Register [HERE](#)!

Join Evidence Synthesis Graduate Specialist, Jayati Bist, for this Evidence Synthesis in the Social Sciences workshop! Geared towards social science graduate students who are considering writing a systematic or scoping review, this workshop offers an opportunity to learn the steps required to do so, explore valuable tools and resources, and provide workshop feedback to help shape future evidence synthesis library services. Click [HERE](#) to view more workshops offered by Rutgers libraries.

NEXT WEEK: Libraries Workshop: Love Data Week! R Graphics with ggplot2 – Wednesday, February 12, 2pm-3:30pm

Location: Virtual

Register [HERE](#)!

Join the Rutgers Libraries Data Librarian, Ryan Womack, for this Data Science workshop! This workshop introduces the main features of ggplot2, a tidyverse package for R that offers extensive and flexible graphical capabilities within a consistent framework. Prior familiarity with R, including an understanding of packages, structure, and syntax, is recommended. Click [HERE](#) to view more workshops offered by Rutgers libraries.

NEXT WEEK: Libraries Workshop: Introduction to NVivo – Friday, February 14, 1pm-2:30pm

Location: Virtual

Register [HERE](#)!

Join New Brunswick Libraries Graduate Specialist for Qualitative Research Methods, Xu Guo, for this qualitative data analysis workshop! This workshop introduces NVivo, which is a qualitative data analysis software that helps researchers manage, code, and markup data for mixed methods and qualitative studies. The workshop will go over NVivo's workspace and basic features, as well as how to organize data, make mind maps, and get acquainted with data coding. Participants will also be provided with an overview of qualitative methods commonly used in the humanities and social sciences. Click [HERE](#) to view more workshops offered by Rutgers libraries.

PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES

– PROFESSIONAL DEVELOPMENT –

Navigating the Non-Academic Job Market – Tuesday, February 4, 6pm-7:30pm

Location: Virtual

Register on Handshake [HERE](#)!

Learning how to “speak industry” is a crucial step in preparing for the job search and effectively showcasing skills in a new context. This workshop will go over how participants can focus their efforts, explore diverse career options, and enhance their

non-academic job search. Graduate students in a masters or doctorate program who are considering pursuing a career outside of academia, may benefit from this workshop. Please contact Dr. Rudrani Gangopadhya at rudrani.g@rutgers.edu for questions.

Information Session: Quad Fellowship for Graduate Study in STEM – Wednesday, February 5, 5pm-6pm

Location: Virtual

Register [HERE](#)!

Join the SEBS Office of Global Engagement for a virtual information session about the Quad Fellowship hosted by the Institute of International Education. The Quad Fellowship offers participating students a \$20,000 stipend, cross-cultural exchange, and networking opportunities for STEM master's and doctoral program students who are citizens or legal permanent residents of the US, India, Japan, Australia, Brunei Darussalam, Cambodia, Indonesia, Laos, Malaysia, Myanmar, Philippines, Singapore, Thailand and Vietnam. Click [HERE](#) to learn more about the Quad Fellowship. Please contact Tracy Waldman at tracy.waldman@rutgers.edu for any questions.

Three Minute Thesis Competition

Location: College Ave Campus

School of Graduate Studies Doctoral Students can Register [HERE](#) by February 10!

Registration for the 2025 Three Minute Thesis (3MT) competition is officially open! 3MT is an acclaimed national and international competition where doctoral students are tasked with presenting their research in three minutes or less. A communications competition at its core, 3MT helps students to develop their scholarly presentation skills, prepare to enter the academic and professional workforce, and compete for cash prizes. The Preliminary Rounds of the competition will be held on February 21 and February 28 and the Final Round of the competition will be held on March 14. Please reach out to Assistant Dean, Erica Reed erica.reed@rutgers.edu with any questions. Click [HERE](#) to learn more about the 3MT competition.

– SCHOLARSHIP, & FUNDING OPPORTUNITIES –

Build a Fellowship Plan with GradFund!

[GradFund](#) provides graduate students with information on how to apply for external scholarship, fellowship, and funding opportunities. GradFund also provides guidance and assistance with application processes.

Schedule an appointment with a GradFund advisor for fellowship assistance! Schedule a Planning Meeting to learn how to search for fellowships and grants or to plan out your future funding applications. Request Help with a Funder to learn about the funder's application review process and find the best way to frame your research plans

for a particular application. Book an Application Review appointment to have a GradFund advisor review your application materials for one application. Schedule a Post-Award Consultation for advice on moving forward after receiving a fellowship offer. Wherever you are in the fellowship, grant, or award process, GradFund is here to help! Click [HERE](#) for more information on GradFund and click [HERE](#) to schedule a Gradfund appointment.

Learn to Write a Competitive Funding Application with GradFund's FREE Self-Paced Canvas Course

Learn to write a competitive external funding application using GradFund's FREE self-paced Canvas course! This course teaches the art of competitive proposal writing through developing familiarity with both funders in your field of study and the proposal writing genre. Click [HERE](#) to enroll in GradFund's self-paced Canvas course.

[The Office of Financial Aid](#) can provide information about need-based funding and financial aid. Other forms of need-based aid or scholarships may be available through your school of enrollment.

– EMPLOYMENT OPPORTUNITIES –

Faculty Survey Assistant – Rutgers Office of Institutional Research

Compensation: \$25 per hour, 20 hours a week (workload may vary)

Location: Onsite

Apply [HERE](#) by 5pm on February 5!

The Rutgers Office of Institutional Research is hiring a graduate student to input CVs of Rutgers faculty members into an online application during the summer and academic year. The position requires extreme attention to detail and punctuation, clear writing skills, and basic computer programming skills (i.e. Java script, SQL, Tableau, C++, C#, Power BI, Python, R, .NET framework, HTML, CSS, XML). Please review the job posting for additional details.

Part-Time Graphic Design Intern – Rutgers Eagleton Institute of Politics

Compensation: \$15.49 per hour, 5-10 hours per week

Position dates: Spring Semester

Apply via email by 5pm on February 6!

The Eagleton Institute of Politics is seeking a creative and motivated graphic design intern to join their team part-time for the spring semester. This role is ideal for individuals who are studying Graphic Design, Digital Marketing, Communications, Journalism and Media Studies, or a related field. Applicants should have experience with Adobe Illustrator, InDesign, and Canva; an interest in branding, marketing, social media content creation, and visual trends; strong communication skills; the ability to multitask; strong time management skills; and be detail oriented. To apply, email an updated resume and cover letter to Eagleton's Communications & Public Relations

Manager, Kiana Miranda at kiana.miranda@eagleton.rutgers.edu. Please review the job posting [HERE](#) for additional details.

2025 Summer Institute Math Academic Coach – Rutgers School of Arts and Sciences Educational Opportunity Fund (EOF) Program

Compensation: \$20-30 per hour, 20 hours a week

Position Dates: July 1, 2025 - August 1, 2025

Location: Hybrid

Apply [HERE](#) by 6am on March 10!

The Rutgers School of Arts and Sciences EOF Program is seeking a dedicated graduate student to assist math professors during their summer institute program. The Math Academic Coach will be responsible for being present during Math Practicum sessions throughout the week; reporting to the math coordinator or designee; attending paid instructor weekly meetings; providing peer coaching support to scheduled Summer Institute SAS EOF scholars; and will be expected to participate in paid online training on Canvas before the beginning of the Summer Institute. Please review the job posting for additional details.

Student Research Assistant – Bloustein School of Planning and Public Policy

Compensation: \$15-20 per hour, 15 hours a week

Position Dates: February 3, 2025 - April 30, 2025

Location: Hybrid

Apply [HERE](#) by 6am on July 13 (Hiring Immediately)!

The Bloustein School of Planning and Public Policy is seeking immediate hires for four research assistant (RA) positions in the following categories: Marketing, Informatics & AI Research, Content Creation, and Website Development. The marketing RA will be responsible for social media networking, event management, and program promotion. An interest in technology and AI is preferred. The informatics and AI RA is required to have at least one year of programming experience and a strong background in computer science or statistics. The ideal candidate for the content creation RA position should have an interest in technology and informatics domains, along with exceptional written English skills. The website development RA should have experience with Wordpress and other relevant web development skills. Please review the job posting for additional details.

THE RESOURCE CORNER

Rent a Bike on Campus for \$50 Per Semester!

The Rutgers University Department of Transportation manages an on-campus bicycle rental program that provides students with bicycles for transportation and recreational purposes. Students can rent a bicycle for as little as \$50 per semester and contribute to a greener and more environmentally friendly community! Click [HERE](#) to learn more about renting a bicycle through the bicycle rental program.

Save an EXTRA 25% on NJ Transit Monthly Passes!

Rutgers graduate students enrolled in at least 2 courses this semester are eligible for a 25% discount on NJ Transit rail, bus, or light rail monthly passes! Apply online through the NJ Transit Quik-Tik Program by the 10th of the month to receive your discounted pass for the following month via mail (I.E. purchase before February 10th to receive a pass valid for the month of March). Click [HERE](#) for more information and to purchase a discounted NJ Transit monthly pass.

STUDENT SERVICES & SUPPORT

Resource Webpage for Pregnant and Parenting Graduate Students!

The Office of Graduate Student Life, in partnership with the Office of Title IX & Compliance, and Supporting Parents & Caregivers at Rutgers (GSO), recently launched a new resource webpage for pregnant and parenting graduate students! This webpage serves as a platform for helping pregnant and parenting students locate resources, policies, support services, and community engagement opportunities available at Rutgers University and in the local community. Click [HERE](#) to visit the webpage.

Academic, Employment, and Student Support Resources on the Graduate Student Life Website!

Looking for graduate student resources, services, or support? Check out our newly revamped resource pages on our website! Find information on [Academic Support Resources](#), [Career & Professional Development](#), [Student Support Services & Resources](#) and more on our website!

Do you have an opportunity for graduate students that you would like to promote in the Graduate Student Life Weekly Digest? Submit it [HERE](#)!