



# Graduate Student Life

## Weekly Digest

## Graduate Student Life Weekly Digest

### Week of January 27, 2025

### Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers-New Brunswick! Share with your friends and tell them to subscribe [HERE!](#) You can contact the Office of Graduate Student Life by emailing [gradstudentlife@echo.rutgers.edu](mailto:gradstudentlife@echo.rutgers.edu) or visiting our offices during the week in the Graduate Student Lounge (126 College Ave, behind Panera Bread). Click [HERE](#) for information about staff office hours.

The Graduate Student Lounge is open from 6:45am-12:00am Mondays-Fridays and 9:00am-12:00am Saturdays and Sundays. Click [HERE](#) to view the current daily hours for the College Ave Student Center (includes Graduate Student Lounge). Learn more about the Office of Graduate Student Life by visiting our website [HERE!](#)

## ANNOUNCEMENTS

### Don't Miss Spring 2025 First Weeks @RU Programs!

All incoming and continuing graduate students are invited to various welcome and community-building programs in January and February to kick off the Spring 2025 semester. Programs are designed to provide opportunities to connect with other graduate students, learn about graduate student organizations, engage with essential resources, and participate in campus-wide events. Check out the full schedule of graduate student-exclusive programs and university-wide events [HERE](#).

### Check Out Rutgers Recreation Welcome Week Programs!

Rutgers Recreation is kicking off the spring semester with a lineup of exciting activities for all Rutgers students that run through January 31! From Glow Dodgeball to Log Rolling and Rockwall classes, there are a variety of activities on every campus for all students to get active and energized for the semester ahead. To view the full schedule and details about Rutgers Recreation Welcome Week programs, click [HERE](#).

## **– GET INVOLVED –**

### **MLK Day of Service Stop and Serve Bracelet Making – Thursday, January 30, 11am-1pm**

Location: Busch Student Center, Lobby (604 Bartholomew Rd, Piscataway, Busch Campus)

Join Student Volunteer Engagement's Stop and Serve table to craft bracelets for Girls on the Run, a national nonprofit organization dedicated to empowering young girls. Participants will also have the chance to discover additional local service opportunities. Please reach out to [volunteer@echo.rutgers.edu](mailto:volunteer@echo.rutgers.edu) with any questions.

### **Explore Involvement in Graduate Student Organizations (GSOs)!**

Explore the official directory of Graduate Student Organizations (GSOs) recognized by the Graduate Student Association (GSA) and discover graduate involvement opportunities on campus. GSOs are a fantastic way to meet other graduate students and participate in campus activities. Find the GSO directory [HERE](#).

### **1:1 Coaching Sessions for Volunteer Engagement**

#### **Schedule a 1:1 Coaching Session [HERE](#)**

Graduate students looking for ways to volunteer in the community should consider scheduling a 1:1 coaching session with the Office of Student Volunteer Engagement to kick-start their volunteer journey.

## **– STAY INFORMED –**

Looking for more ways to stay informed? Check out the [Newsletters page](#) on our website! The Newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including: the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more!

### **Follow Graduate Student Life on Instagram!**

Stay up to date with the Office of Graduate Student Life by following us on Instagram [@rugradstudentlife](#)! Never miss another graduate student life event!

## **EVENTS**

### **– THIS WEEK! –**

#### **CES Drop-In Hours for Graduate Students – Wednesday, January 29, 4pm-6pm**

Location: Zoom (Click [HERE](#)!)

*CES Drop in Hours for Graduate Students will be held on Wednesdays from 4-6pm throughout the semester with additional sessions on 2/5, 2/19, 3/5, 3/26, 4/9, and 4/23.*

Have career questions? Need guidance on your next professional steps? Stop by virtually during drop-in hours to connect with Dr. Rudrani Gangopadhy, the Senior Assistant Director for Graduate Student Career Pathways in the Office of Career

Exploration and Success! This is an opportunity for students to ask quick questions, receive advice, or explore resources tailored to their career goals. Whether you are considering academic, industry, or alternative pathways, help is available. No appointment is needed, students can simply drop in! Please reach out to Dr. Rudrani Gangopadhyia [rudrani.g@rutgers.edu](mailto:rudrani.g@rutgers.edu) with any questions.

**LGBTQIA+ Graduate Student Social: Spring Kickoff! – Wednesday, January 29, 5pm-7pm**

Location: Center for Social Justice Education & LGBT Communities (17 Bartlett St. New Brunswick, College Ave Campus)

**RSVP [HERE!](#)**

The Center for Social Justice Education & LGBT Communities (SJE) welcomes all new and continuing graduate students to their open house social event! Enjoy empanadas and take a tour of the SJE building. Attendees will also have the opportunity to learn more about what SJE has to offer to support LGBTQIA+ graduate students throughout their educational journey and get introduced to other graduate resources. Please direct any questions to [sje@echo.rutgers.edu](mailto:sje@echo.rutgers.edu) or Paolo Miyashiro Bedoya at [pm976@scarletmail.rutgers.edu](mailto:pm976@scarletmail.rutgers.edu).

**Paint n' Sip with the Reproductive Health Universal Taskforce – Wednesday, January 29, 7:30pm-9:30pm**

Location: Kathleen W. Ludwig Global Village Living Learning Center, Albers Schonberg Room 010 (9 Suydam St. New Brunswick, Douglass Campus)

Join the Reproductive Health Universal Taskforce for a soothing paint n' sip, featuring herbal tea. An art teacher will guide participants through a painting activity designed to portray what reproductive justice is all about. This event is co-hosted by Scarlet Arts Rx. For questions, please contact Duaa Raza at [dr1006@scarletmail.rutgers.edu](mailto:dr1006@scarletmail.rutgers.edu).

**Supporting Parents & Caregivers at Rutgers (SPCR) Welcome Lunch – Thursday, January 30, 12pm-1pm**

Location: Virtual

**RSVP [HERE!](#)**

*This event is part of the Spring 2025 First Weeks @ RU event series, click [HERE](#) to view the full schedule of First Weeks programs!*

Connect with graduate student parents and caregivers across departments for social connection and mutual support and help advocate for the needs of grad student parents and caregivers. Parents, caregivers, pregnant people, allies, or anyone who wants to help a small group grow are invited! Reimbursement will be provided for lunch! Please visit [THIS](#) link to RSVP and for details on possible lunch reimbursement. Email SPCR [rutgersgradparents@gmail.com](mailto:rutgersgradparents@gmail.com) with any questions.

## **Graduate Student Life and Graduate Student Association (GSA) Welcome & Open House – Thursday, January 30, 2pm-4pm**

Location: Graduate Student Lounge (126 College Avenue, New Brunswick, College Ave Campus)

*This event is part of the Spring 2025 First Weeks @ RU event series, click [HERE](#) to view the full schedule of First Weeks programs!*

Drop by the Lounge to meet staff and students from the Graduate Student Life, GSA, graduate student organizations and affinity groups, Scarlet Arts Rx, Learning Centers and Career Exploration and Success. Learn about opportunities to get involved as a graduate student and the resources to support your graduate student experience and your overall wellness! The Graduate Student Lounge is a great place to study, relax, or connect with friends. Don't miss out on free massages, pizza, desserts, and giveaways! Email [gradstudentlife@echo.rutgers.edu](mailto:gradstudentlife@echo.rutgers.edu) with any questions.

## **Graduate Student Yoga – Thursday, January 30, 5pm-6pm**

Location: Graduate Student Lounge (126 College Avenue, New Brunswick, College Ave Campus)

*Graduate Student Yoga is part of the [Life @ The Graduate Student Lounge Event Series](#) and will be held every Thursday from 5-6pm starting 1/30. This event is also part of the Spring 2025 First Weeks @ RU event series, click [HERE](#) to view the full schedule of First Weeks programs!*

Graduate Student Yoga is back! Stop by on Thursdays to take a pause from your busy week by practicing Yoga and relax your mind and body with your fellow graduate students. Yoga mats and blocks are provided, and all skill levels are welcome! Hosted by Rutgers Recreation and Office of Graduate Student Life.

## **RU Swim School – Thursday, January 30, 5pm-7pm**

Location: Werblin Recreation Center, Patio Pool (656 Bartholomew Rd, Piscataway, Busch Campus)

**Register [HERE!](#)**

Join Rutgers Recreation for this two-hour, free swim session! Participants will learn essential swimming safety skills, practice floating, and build water comfort. All skill levels are welcome, as individuals will be divided into groups based on swimming comfortability. Instruction will be led by Red Cross-certified instructors, with lifeguards on duty for safety. Participants only need to bring a swimsuit, towel, and goggles (if desired). Additional equipment will be provided. For questions and additional information, contact Rebecca Bastuga at [rebecca.bastuga@rutgers.edu](mailto:rebecca.bastuga@rutgers.edu).

## **Shopping Trip Sign-Up – International Students – Thursday, January 30, 5pm-8pm**

Location: Pick-ups from Bevier Road or Nichols Apartments on Busch Campus

**Reserve Your spot on the Shuttle [HERE!](#)**

Rutgers Global-International Student and Scholar Services arrange shopping shuttles to local stores throughout the semester and summer so students can purchase groceries and other living essentials. You should sign up to reserve your spot on the

shuttle. International students and scholars who have signed up will be given preference to ride on the shuttle. You may also register your dependents for the shuttle. To view the full spring schedule of shopping trips and learn more information about the Shopping Shuttle Service, click [HERE](#).

**Scarlet Arts Rx - Polestar Pilates Mat Workout with Willa! – Friday, January 31, 10:30am-11:30am**

Location: Nicholas Music Center, Dance Studio 122 (85 George St, New Brunswick, Cook/Douglass Campus)

Graduate students are invited to attend this free pilates mat class led by BFA Dance Major and Polestar Pilates Mat Teacher Training graduate, Willa O'Connor through Scarlet Arts Rx. Additional classes will be held throughout the semester on 2/14, 2/28, 3/28, 4/11, and 4/25. Sign up for Scarlet Arts Rx [HERE](#), and check out Scarlet Arts Rx on getINVOLVED [HERE](#).

**Friendship Fridays – Friday, January 31, 4pm-5pm**

Location: Busch Student Center, The Cove (604 Bartholomew Rd, Piscataway, Busch Campus)

**RSVP [HERE!](#)**

Join Rutgers Global for their first Friendship Friday of the semester! Friendship Fridays are monthly opportunities to step away from academic work, relax with friends, meet new people and unwind. This week, celebrate National Hot Chocolate Day with an assortment of cookies and hot chocolate!

**Spring Opening Reception – Saturday, February 1, 5pm-8pm**

Location: Zimmerli Art Museum (71 Hamilton St, New Brunswick, College Ave Campus)

**RSVP [HERE!](#)**

Join the Zimmerli Art Museum to celebrate their new spring exhibitions, including the opening of their special exhibition: *Indigenous Identities: Here, Now & Always*. This event is free and open to the public. It will begin with a moderated discussion featuring contemporary artists Neal Ambrose-Smith and John Hitchcock from 5pm-6pm, followed by a reception from 6pm-8pm. Food and drinks will be served throughout the night. Click [HERE](#) to RSVP or learn more.

**– RSVP NOW & COMING UP! –**

**NEXT WEEK! Spring Off-Campus Housing Fair – Monday, February 3, 1pm-4pm**

Location: College Avenue Student Center, Main Lounge (126 College Ave, New Brunswick, College Ave Campus)

**RSVP [HERE!](#)**

Need help exploring off-campus living options? This fair is designed to offer students a comprehensive guide to making informed decisions about off-campus housing. It provides a unique opportunity to directly connect with landlords and property

managers, as well as access to valuable campus and community resources. Here, students can also receive guidance with lease reviews, safety and answers to additional questions they may have regarding off-campus living. For additional updates, view the Rutgers Off-Campus Living and Community Initiatives' Facebook page [HERE](#).

**NEXT WEEK! Football 101 with Rutgers Global – Tuesday, February 4, 6pm-7:30pm**

Sonny Werblin Recreation Center, Conference Room (656 Bartholomew Road, Piscataway, Busch Campus)

**RSVP [HERE](#) Space is limited**

The big game is coming - time to get your notes in order. If you don't know the rules of American football or understand why everyone will be watching the game this weekend, this program is for you. Staff from Rutgers Recreation and Rutgers Global will go over the rules of the game, discuss typical party foods served at watch parties, the halftime show, and the hype around the commercials. Join to improve your football knowledge!

**NEXT WEEK: Popcorn and Politics: Gubernatorial Debate Watch Parties – Tuesday, February 4, 6:30pm-9pm**

Location: Woodlawn Mansion (191 Ryders Ln, New Brunswick, Douglass Campus)

**Register [HERE](#) (advance registration required)!**

Grab some popcorn and invite your friends to watch the Republican candidates debate, in advance of the upcoming New Jersey Governor primaries. This event will be open to all Rutgers students and is hosted by the Center for Youth Political Participation. The doors open at 6:30pm and the debates will begin at 7:00pm. Light food and drinks will be served throughout the night.

**NEXT WEEK: ODS Drop-In Hours for Graduate Students – Wednesday, February 5, 2pm–4pm**

Location: Graduate Student Lounge (126 College Ave, behind Panera Bread, College Ave Campus) and on Zoom ([JOIN HERE](#))

*ODS Drop-In Hours are part of the [Life @ The Graduate Student Lounge Event Series](#) and are held the first two Wednesdays of every month.*

Coordinator Nychey Michel from the Office of Disabilities Services (ODS) will offer drop-in hours just for graduate students. She is available the first two Wednesdays of every month from 2-4 p.m. at the Graduate Student Lounge (126 College Avenue), and on Zoom, Come stop by and meet Nychey to discuss classroom accommodations for students with disabilities. Disabilities are diverse and include, but are not limited to hearing loss, vision loss, mobility conditions, learning disabilities, psychological diagnoses (such as anxiety or depression), chronic illnesses, traumatic brain injuries, and neurodivergence. She can be reached at (848)-202-3111 or [nlm108@echo.rutgers.edu](mailto:nlm108@echo.rutgers.edu).



**NEXT WEEK! Sparknight: Celebrating Black History Month – Thursday, February 6, 5pm-8pm**

Location: Zimmerli Art Museum (71 Hamilton St, New Brunswick, College Ave Campus)

SparkNight is a free art party at the Zimmerli, inviting everyone to explore art, engage their creativity, and have fun! Celebrate Black History Month with performances, music, artmaking, and pop-up tours that highlight contributions of African American and African Diasporic Artists. Free and open to the public. Complimentary light refreshments. Food available for purchase from food trucks outside the Zimmerli. This Sparknight is held in collaboration with Paul Robeson Cultural Center, State Theatre New Jersey, New Brunswick Cultural Center, and Arts Institute of Middlesex County. Click [HERE](#) for information about Sparknight.

**NEXT WEEK: 30 Under 30 Launch Party – Saturday, February 8, 5pm-7pm**

Location: Zimmerli Art Museum (71 Hamilton St, New Brunswick, College Ave Campus)

**Please email [membership@zimmerli.rutgers.edu](mailto:membership@zimmerli.rutgers.edu) to express your interest in attending this event.**

February is the official launch of the Zimmerli Art Museum's 30 under 30 membership level! The newest level is designed exclusively for individuals aged 18-30. Current and prospective 30 under 30 members are invited to this exclusive evening event to enjoy a guided art workshop, curated mocktails, food, and more! Those considering signing up as members are also encouraged to attend this free event to learn more about membership offerings at Zimmerli, non-members who sign up for a membership at this event will receive a discount on their membership. For more information about attending, please click [HERE](#) or email [membership@zimmerli.rutgers.edu](mailto:membership@zimmerli.rutgers.edu).

**COMING UP! Family Event: Valentine's Day Card Making + Air Dry Clay for Graduate Students who are Parents and Caregivers – Tuesday, February 11, 4pm-6pm**

Location: Graduate Student Lounge (behind the Panera Bread, 129 College Ave, New Brunswick, College Ave Campus)

**RSVP [HERE](#)**

Join the Supporting Parents and Caregivers at Rutgers (SPCR) GSO, the Office of Graduate Student Life, and Scarlet Arts Rx for this family-friendly event to celebrate this upcoming Valentine's Day! Parents and their children can craft Valentine's Day themed cards and air dry clay roses, chocolates, and animals together. A teaching artist will guide the activities, so parents and guardians can also stay nearby in the room to relax or connect!

## **– WELLNESS WORKSHOPS, GROUPS, & SUPPORT–**

### **International Students Wellness Group - Mondays, 2pm-3:30pm**

**Location: In-person. Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.**

International students struggling with the unique challenges of cross-cultural adjustment may benefit from joining the International Students Wellness Group. This group provides a safe and confidential space for students to discuss various concerns, and help connect them with other students who may be facing similar issues. This group may cover topics including: homesickness, loneliness, language barriers, discrimination, social and academic stress. Students who are interested in joining this wellness group, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) to see options for other CAPS wellness groups and for more information about the International Student Wellness Group.

### **CAPS Wellness Group: Coping With Social Anxiety – Mondays, 2pm-3:25pm (Starting February 3) & Tuesdays, 6:30pm–7:55pm (Starting February 11)**

**Location: In-Person. To join, you must call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.**

Students who struggle with social anxiety may benefit from joining this 6-session CAPS wellness group. This group provides students with a non-judgemental, supportive, and positive environment that may help them overcome their social anxiety. It will go over what causes social anxiety and how to develop proven skills to change it. Students who are interested in joining Coping With Social Anxiety, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) for more information and to see options for other CAPS Wellness groups.

### **CAPS Wellness Group: Stress Less With Art – Tuesdays, 5:30pm-6:30pm (Starting February 4)**

**Location: In-Person. To join, you must call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.**

Graduate students seeking a creative outlet to relieve stress may benefit from joining this CAPS wellness group. This group offers a supportive space to navigate stress by using art as a tool to visualize, express, and reflect on thoughts, feelings, and behaviors through tough times, without the need for existing art skills. Students who are interested in joining Stress Less With Art, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) for more information and to see options for other CAPS Wellness groups.



### **Graduate Student Wellness Group: RU Grad – Fridays, 1pm-2:30pm**

Location: In-Person, **Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.**

Graduate students looking for a safe space or supportive environment to share and explore struggles/feelings they may have—whether this be anxiety, self-esteem, sustaining or forming relationships, and the like, may benefit from joining this graduate student wellness group. This group may cover topics including: social adjustment and loneliness, romantic relationships, navigating conflicts/challenges with peers and professors, feelings of inadequacy, assertiveness, stress management and balancing family life and academics. Students who are interested in joining the RU Grad Group, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) to see options for other CAPS Wellness groups and for more information about the RU Grad Group.

### **Low Cost ADHD Assessments through the Rutgers Center for Youth Social Emotional Wellness and the Graduate School of Applied & Professional Psychology Center for Psychological Services**

The Rutgers Center for Youth Social Emotional Wellness (CYSEW) in partnership with the Graduate School of Applied & Professional Psychology Center for Psychological Services (GSAPP) is now offering low-cost psychological assessments to all Rutgers Students. Assessments are \$150 and include a comprehensive screening for ADHD, anxiety, and depression, a detailed diagnostic report with resources, and a feedback session. To request a virtual assessment scheduled at your convenience, click [HERE](#). Contact the GSAPP Center for Psychological Services by calling 848-445-6111 or by emailing [cysew@gsapp.rutgers.edu](mailto:cysew@gsapp.rutgers.edu).

### **Couples Therapy Services Available at NJ Couples Clinic at the Rutgers Psychological Clinic**

Location: Rutgers Psychology Building, NJ Couples Clinic (152 Frelinghuysen Road, Piscataway, Busch Campus)

The Rutgers University Couple Therapy Clinic is now offering evidence-based couples therapy, provided under expert supervision by advanced graduate students in clinical psychology. The clinic aims to provide a safe and supportive environment where couples and individuals can work on their relationship goals, whether it be overcoming challenges or simply enhancing their connection with their partner. The NJ Couples Clinic provides services such as guidance through communication improvement, conflict resolution, intimacy rekindling, and managing life transitions. Services are free to those with Rutgers Student Insurance and offered at a low sliding scale fee to those without. Contact Co-Director of the NJ Couples Clinic at Rutgers and GSAPP professor Karen Riggs [kskean@gsapp.rutgers.edu](mailto:kskean@gsapp.rutgers.edu) with any questions.

### **Weekly Let's Talk Drop In Counseling Conversations**

Free Private and Confidential Drop-In Conversations with licensed mental health professionals available in-person or virtual. CAPS Community Based Counselors offer support and counseling services from within university communities—including academic schools and cultural centers. Students are welcome to visit any Community Based Counselor they would like, and may choose a counselor based on the topic they would like to discuss and the counselor's therapeutic approach or community. Click [HERE](#) for information and schedules for Let's Talk sessions and click [HERE](#) to learn more about individual CAPS Community Based Counselors (look for "Community Based-Counselor").

### **Uwill: FREE Immediate-Access to Teletherapy**

Uwill provides free immediate access to teletherapy through an easy-to-use, private, secure, confidential, online platform. Choose a therapist based on your preferences, including issue, gender, language, and ethnicity. Select a time that fits your schedule, including day, night, and weekend availability. Register and book your first session using your Rutgers email [HERE](#).

### **Register for Swim Lessons with Rutgers Recreation!**

Rutgers Recreation is offering Beginner, Intermediate, Advanced swim lessons at the Werblin Recreation Center, as well as Women's Only Swim Lessons at the College Avenue gym, from Monday, February 17 through Thursday, April 17 for \$120. Participants will meet once a week during the 7-week session to learn swim fundamentals such as stroke techniques. Click [HERE](#) to register for swim lessons.

### **Register for Small Group Training with Rutgers Recreation!**

Rutgers Recreation offers a variety of small-group-training sessions that provide encouraging and supportive ways to achieve fitness goals tailored to individual needs. Small group training sessions cost \$35-\$45, register [HERE](#).

## **– ACADEMIC SUPPORT & WORKSHOPS –**

### **Introducing Dr. Wilson Ng, Senior Program Coordinator and Academic Coach for Graduate Student Services**

Meet Dr. Wilson Ng (he/him/his), the newly appointed Senior Program Coordinator and Academic Coach for Graduate Student Services at the Rutgers Learning Centers. Dr. Ng provides one-on-one academic coaching and facilitates workshops and programming tailored to graduate students. With a background in college student affairs and years of experience in student development and support, he is eager to bring his expertise to the Rutgers community and looks forward to collaborating with students as they navigate their academic journeys in graduate school! Click [HERE](#) to make a one-on-one appointment with Dr. Ng via Penji. For any questions, email him at [wwn2@echo.rutgers.edu](mailto:wwn2@echo.rutgers.edu).

**NEXT WEEK: Unleash Your Productivity (Graduate Workshop Series) – Tuesday, February 4, 6pm-7pm**

Location: Virtual

**Register [HERE!](#)**

As a graduate student, do you frequently tend to put off tasks related to your academics? Do you have a difficult time balancing school, work, and life? This interactive workshop will discuss procrastination and how to address common challenges to productivity. Please contact Dr. Wilson Ng at [wwn2@echo.rutgers.edu](mailto:wwn2@echo.rutgers.edu) with any questions. Click [HERE](#) to explore the resources and academic support services offered by the Rutgers Learning Centers for graduate students.

## ***PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES***

### **– PROFESSIONAL DEVELOPMENT –**

**NSF I-Corps Fellowship Information Session – Tuesday, January 28, 12pm-1pm**

Location: Virtual

**Register [HERE!](#)**

Learn about innovation and entrepreneurship at the Northeast I-Corps Hub and its I-Corps Fellowship Program in this info session. The I-Corps Fellowship Program offers candidates the opportunity to join an I-Corps team and participate in customer discovery research as co-Entrepreneurial Leads, rewarding a stipend of \$1,000 for fellowship requirement completion. The information session will also feature a panel for fellowship alumni to share their experiences and the impact it had on their lives. Click [HERE](#) to learn more about the I-Corps Fellowship program.

**NEXT WEEK! Navigating the Non-Academic Job Market – Tuesday, February 4, 6pm-7:30pm**

Location: Virtual

**Register on Handshake [HERE!](#)**

Learning how to “speak industry” is a crucial step in preparing for the job search and effectively showcasing skills in a new context. This workshop will go over how participants can focus their efforts, explore diverse career options, and enhance their non-academic job search. Graduate students in a masters or doctorate program who are considering pursuing a career outside of academia, may benefit from this workshop. Please contact Dr. Rudrani Gangopadhyia at [rudrani.g@rutgers.edu](mailto:rudrani.g@rutgers.edu) for questions.

**NEXT WEEK! Information Session: Quad Fellowship for Graduate Study in STEM –  
Wednesday, February 5, 5pm-6pm**

Location: Virtual

**Register [HERE!](#)**

Join the SEBS Office of Global Engagement for a virtual information session about the Quad Fellowship hosted by the Institute of International Education. The Quad Fellowship offers participating students a \$20,000 stipend, cross-cultural exchange, and networking opportunities for STEM master's and doctoral program students who are citizens or legal permanent residents of the US, India, Japan, Australia, Brunei Darussalam, Cambodia, Indonesia, Laos, Malaysia, Myanmar, Philippines, Singapore, Thailand and Vietnam. Click [HERE](#) to learn more about the Quad Fellowship. Please contact Tracy Waldman at [tracy.waldman@rutgers.edu](mailto:tracy.waldman@rutgers.edu) for any questions.

**– SCHOLARSHIP, & FUNDING OPPORTUNITIES –**

**Build a Fellowship Plan with GradFund!**

[GradFund](#) provides graduate students with information on how to apply for external scholarship, fellowship, and funding opportunities. GradFund also provides guidance and assistance with application processes.

Schedule an appointment with a GradFund advisor for fellowship assistance! Schedule a Planning Meeting to learn how to search for fellowships and grants or to plan out your future funding applications. Request Help with a Funder to learn about the funder's application review process and find the best way to frame your research plans for a particular application. Book an Application Review appointment to have a GradFund advisor review your application materials for one application. Schedule a Post-Award Consultation for advice on moving forward after receiving a fellowship offer. Wherever you are in the fellowship, grant, or award process, GradFund is here to help! Click [HERE](#) for more information on GradFund and click [HERE](#) to schedule a Gradfund appointment.

**Learn to Write a Competitive Funding Application with GradFund's FREE Self-Paced Canvas Course**

Learn to write a competitive external funding application using GradFund's FREE self-paced Canvas course! This course teaches the art of competitive proposal writing through developing familiarity with both funders in your field of study and the proposal writing genre. Click [HERE](#) to enroll in GradFund's self-paced Canvas course.

[The Office of Financial Aid](#) can provide information about need-based funding and financial aid. Other forms of need-based aid or scholarships may be available through your school of enrollment.

## **– EMPLOYMENT OPPORTUNITIES –**

### **Faculty Survey Assistant – Rutgers Office of Institutional Research**

*Compensation: \$25 per hour, 20 hours a week (workload may vary)*

*Location: Onsite*

**Apply [HERE](#) by 5pm on February 5!**

The Rutgers Office of Institutional Research is hiring a graduate student to input CVs of Rutgers faculty members into an online application during the summer and academic year. The position requires extreme attention to detail and punctuation, clear writing skills, and basic computer programming skills (i.e. Java script, SQL, Tableau, C++, C#, Power BI, Python, R, .NET framework, HTML, CSS, XML). Please review the job posting for additional details.

### **Part-Time Graphic Design Intern – Rutgers Eagleton Institute of Politics**

*Compensation: \$15.49 per hour, 5-10 hours per week*

*Position dates: Spring Semester*

**Apply via email by 5pm on February 6!**

The Eagleton Institute of Politics is seeking a creative and motivated graphic design intern to join their team part-time for the spring semester. This role is ideal for individuals who are studying Graphic Design, Digital Marketing, Communications, Journalism and Media Studies, or a related field. Applicants should have experience with Adobe Illustrator, InDesign, and Canva; an interest in branding, marketing, social media content creation, and visual trends; strong communication skills; the ability to multitask; strong time management skills; and be detail oriented. To apply, email an updated resume and cover letter to Eagleton's Communications & Public Relations Manager, Kiana Miranda at [kiana.miranda@eagleton.rutgers.edu](mailto:kiana.miranda@eagleton.rutgers.edu). Please review the job posting [HERE](#) for additional details.

### **2025 Summer Institute Math Academic Coach – Rutgers School of Arts and Sciences Educational Opportunity Fund (EOF) Program**

*Compensation: \$20-30 per hour, 20 hours a week*

*Position Dates: July 1, 2025 - August 1, 2025*

*Location: Hybrid*

**Apply [HERE](#) by 6am on March 10!**

The Rutgers School of Arts and Sciences EOF Program is seeking a dedicated graduate student to assist math professors during their summer institute program. The Math Academic Coach will be responsible for being present during Math Practicum sessions throughout the week; reporting to the math coordinator or designee; attending paid instructor weekly meetings; providing peer coaching support to scheduled Summer Institute SAS EOF scholars; and will be expected to participate in paid online training on Canvas before the beginning of the Summer Institute. Please review the job posting for additional details.

## ***THE RESOURCE CORNER***

### **Get Grammarly for Education FREE!**

Rutgers students, faculty, and staff now have access to advanced features with Grammarly for Education for FREE! Access real-time vocabulary suggestions, genre-specific style checks, tone recommendations, plagiarism detection, grammar checking, and more! Generative AI features are currently disabled. Click [HERE](#) to learn more and access your FREE Grammarly for Education account.

### **Get Microsoft Office for FREE!**

Current Rutgers students, faculty, and staff members can download Microsoft Office products, including Word, Excel, PowerPoint, OneNote, and more, at no cost! Click [HERE](#) to learn more and activate your FREE Microsoft Office license.

## ***STUDENT SERVICES & SUPPORT***

### **Resource Webpage for Pregnant and Parenting Graduate Students!**

The Office of Graduate Student Life, in partnership with the Office of Title IX & Compliance, and Supporting Parents & Caregivers at Rutgers (GSO), recently launched a new resource webpage for pregnant and parenting graduate students! This webpage serves as a platform for helping pregnant and parenting students locate resources, policies, support services, and community engagement opportunities available at Rutgers University and in the local community. Click [HERE](#) to visit the webpage.

### **Academic, Employment, and Student Support Resources on the Graduate Student Life Website!**

Looking for graduate student resources, services, or support? Check out our newly revamped resource pages on our website! Find information on [Academic Support Resources](#), [Career & Professional Development](#), [Student Support Services & Resources](#) and more on our website!

Do you have an opportunity for graduate students that you would like to promote in the Graduate Student Life Weekly Digest? Submit it [HERE](#)!