

## Graduate Student Life Weekly Digest

### Graduate Student Life Weekly Digest Week of December 2, 2024

#### Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers-New Brunswick! Share with your friends and tell them to subscribe [HERE!](#) You can contact the Office of Graduate Student Life by emailing [gradstudentlife@echo.rutgers.edu](mailto:gradstudentlife@echo.rutgers.edu) or visiting our offices during the week in the Graduate Student Lounge (126 College Ave, behind Panera Bread). Click [HERE](#) for information about staff office hours.

The Graduate Student Lounge is open from 6:45am-12:00am Mondays-Fridays and 9:00am-12:00am Saturdays and Sundays. Click [HERE](#) to view the daily hours for the College Ave Student Center (includes Graduate Student Lounge). Learn more about the Office of Graduate Student Life by visiting our website [HERE!](#)

#### **ANNOUNCEMENTS**

##### **Complete the Office of Career Exploration and Success Graduate Student Needs Survey!**

The Office of Career Exploration and Success and Sr. Assistant Director of Graduate Student Career Pathways, Rudrani Gangopadhyia invite all graduate students to complete the CES Fall 2024 Graduate Student Needs Assessment. Interested students should complete the survey [HERE](#) by December 12, 11:59pm!

#### **– GET INVOLVED –**

##### **Explore Involvement in Graduate Student Organizations (GSOs)!**

Explore the official directory of Graduate Student Organizations (GSOs) recognized by the Graduate Student Association (GSA) and discover graduate involvement opportunities on campus. GSOs are a fantastic way to meet other graduate students and participate in campus activities. Find the GSO directory [HERE](#).

##### **1:1 Coaching Sessions for Volunteer Engagement Schedule a 1:1 Coaching Session [HERE](#)**

Graduate students looking for ways to volunteer in the community should consider scheduling a 1:1 coaching session with the Office of Student Volunteer Engagement to kick-start their volunteer journey.

### **– STAY INFORMED –**

Looking for more ways to stay informed? Check out the [Newsletters page](#) on our website! The Newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including: the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more!

### **Follow Graduate Student Life on Instagram!**

Stay up to date with the Office of Graduate Student Life by following us on Instagram @[rugaradstudentlife](#)! Never miss another graduate student life event!

## **EVENTS**

### **– RSVP NOW & COMING UP! –**

#### **NEXT WEEK: Twilight Yoga “Relax and Recharge!” – Thursday, December 12, 5pm-6pm**

Location: College Avenue Gym, Upper Gym (130 College Ave, New Brunswick, College Avenue Campus)

#### **RSVP [HERE!](#)**

Join instructors Kate, Sidhya, and Mae for a gentle yoga session designed to revive, renew, and restore students as the semester draws to a close! This yoga event is welcome for participants of all levels and mats will be provided. There will be prize giveaways and raffles during the event. Walk-ins are welcome if space is available, but registration is recommended!

#### **NEXT WEEK: Next Week: GSA Game Night - Thursday, December 12, 7pm-10pm**

Location: College Ave Student Center, Room 108 (126 College Ave, New Brunswick)

#### **RSVP [HERE!](#)**

Join the GSA for a night of laughter, strategy, and camaraderie at Board Game Night! Seasoned board game enthusiasts and curious beginners alike are invited to relax, unwind, and have fun! Grab your friends, bring your competitive spirit, and be prepared for an unforgettable evening of games, and snacks. Don't miss out on the chance to make memories and forge new friendships over classic and modern board games!

#### **NEXT WEEK: Rutgers Big Chill 5K Race – Saturday, December 14, 10am**

Location: College Avenue Gym (130 College Ave, New Brunswick, College Avenue Campus) AND Virtual

**Register [HERE!](#) Space is limited!**

Participate in the 22nd Annual Rutgers Big Chill 5K! Celebrate the holiday spirit with an in-person race on December 14 or participate virtually from December 9-16. For just \$25 and a toy donation (valued at \$10 or more), participants help spread joy to local children during the holiday season. All participants receive a long-sleeve t-shirt, and donations benefit the No Hungry Knights Scholarship Fund.

### **– THIS WEEK! –**

#### **Career Advising Drop-In Hours with Dr. Rudrani Gangopadhyay (CES) - Tuesday, December 3, 4:30pm-6pm**

Location: Graduate Student Lounge, (126 College Ave, Behind Panera Bread, College Ave Campus) and on [ZOOM](#)

*CES Drop in hours are part of the [Life @ The Graduate Student Lounge Event Series](#) and will be held every other Tuesday in the fall semester, through December 17 from 4:30 - 6:00 pm.*

Do you wonder how the Office of Career Exploration and Success can support you in your career journey? What sort of targeted resources does Rutgers have for graduate students on the job market? Drop in to chat about these questions and more with Dr. Rudrani Gangopadhyay, Sr. Assistant Director, Graduate Student Career Pathways in the Office of Career Exploration and Success. You can also book a one-on-one advising session with Dr. Gangopadhyay on [Handshake](#) or reach her via email at [rudrani.g@rutgers.edu](mailto:rudrani.g@rutgers.edu).

#### **FINAL ODS Drop-In Hours for Graduate Students – Wednesday, December 4, 2pm–4pm**

Location: Graduate Student Lounge (126 College Ave, behind Panera Bread, College Ave Campus) and on Zoom ([JOIN HERE](#))

*ODS Drop-In Hours are part of the [Life @ The Graduate Student Lounge Event Series](#).*

Don't miss the final ODS Drop-In hours for the fall semester! Wondering if accommodations are for you or have questions about the accommodations you have in place? Drop in to talk with the Disability Services Coordinator, Nychey Michel! The Office of Disability Services (ODS) provides reasonable accommodations for a wide range of conditions including: hearing, vision, and mobility conditions, learning disabilities, psychological diagnoses (such as anxiety or depression), chronic illnesses, traumatic brain injuries, ADHD, Autism Spectrum Disorder, and more. Feel free to reach out to Nychey Michel via email [nlm108@echo.rutgers.edu](mailto:nlm108@echo.rutgers.edu) or by calling 848-202-3111. Click [HERE](#) to learn more about ODS resources for graduate students.

#### **RU T.A.S.T.Y Tea and Storytime + You - Wednesday, December 4, 2:30pm-4pm**

Location: The Canterbury House (5 Mine St, New Brunswick, College Ave Campus)

Graduate students are invited to join Rev. Katrina Jenkins and Fr. Scott Russell for the final RU T.A.S.T.Y of the semester! RU T.A.S.T.Y is a time of tea, community building, and storytelling that begins with the reading of a story or poem then moves into a flavorful discussion! Please contact Rev. Katrina Jenkins, Assistant Dean for Faith and Spirituality Initiatives, [katrina.e.jenkins@rutgers.edu](mailto:katrina.e.jenkins@rutgers.edu), with any questions.

### **Graduate Student Yoga – Wednesday, December 4, 5pm–6pm**

Location: Graduate Student Lounge (126 College Ave, behind Panera Bread, College Ave Campus)

*Graduate Yoga is part of the [Life @ The Graduate Student Lounge Event Series](#) and is held every Wednesday through December 10.*

Graduate Student Yoga is back! Join us on Wednesdays and take a pause from your busy week by practicing Yoga and relax your mind and body with your fellow graduate students. Hosted by Rutgers Recreation and Office of Graduate Student Life. No Registration Needed. Yoga mats and blocks are provided, and all skill levels are welcome! Email [gradstudentlife@echo.rutgers.edu](mailto:gradstudentlife@echo.rutgers.edu) with any questions.

### **Rutgers Geology Museum x Scarlet Arts Rx - Ice Age Dino Rock Painting – Thursday, December 5, 4pm-8pm**

Location: Rutgers Geology Museum, 2nd Floor (85 Somerset Street Geology Hall, New Brunswick, College Avenue Campus)

**RSVP [HERE!](#)**

In collaboration with the Rutgers Geology Museum, Scarlet Arts Rx invites graduate students and their families to paint ice age dino rocks! Participants can drop in any time within the event's hours, free of charge. Teaching artists will be present, and supplies—including a variety of rocks and a selection of googly eyes—will be provided. Dinosaur costumes are encouraged!

### **Scarlet Arts Rx - Embodying Wellness Through Polestar Pilates Mat – Friday, December 6, 10:30am-11:30am**

Location: Nicholas Music Center, Dance Studio 122 (85 George St, New Brunswick, Cook/Douglass Campus)

**Register [HERE](#), by December 5! Space is limited!**

Graduate students are invited to register for a free pilates mat class led by BFA Dance Major and Polestar Pilates Mat Teacher Training graduate, Willa O'Connor through Scarlet Arts Rx. This will be the final class! Sign up for Scarlet Arts Rx [HERE](#), and check out Scarlet Arts Rx on getINVOLVED [HERE](#).

### **Friendship Friday – Friday, December 6, 4pm-5pm**

Location: Busch Student Center, The Cove (604 Bartholomew Rd, Piscataway, Busch Campus)

**RSVP [HERE!](#)**

Join Rutgers Global for the final Friendship Friday of the semester, featuring their annual Chocolate and Coloring event! With finals approaching, this gathering is a chance to step away from academic work and unwind through engaging activities, including games, coloring pages, and socializing. Meet students from all over the world and enjoy an assortment of chocolate snacks—there is something for everyone at this end-of-semester celebration.

**Scarlet Arts Rx - Field Trip to CoLAB Arts Performance – Friday, December 6, 7pm-9:30pm**

Location: coLAB Arts (9 Bayard Street, New Brunswick, 08901; Participants may travel to the coLAB with the group from the Barnes and Noble at 100 Somerset St, New Brunswick, College Ave Campus)

**Register [HERE!](#)**

Join Scarlet Arts Rx, Rutgers GRADient, and the Rutgers Center for Social Justice Education and LGBT Communities to witness “Trueselves VII: The Trans Masc Continuum,” a visual and performance art piece that explores queer and trans masculinity through live movement, music, and photography by artist Jace Patras. Attendees will receive a gift bag with a mini journal and light snacks. This event is free of charge and spots are limited, so sign up soon! Additional details can be found on the registration form.

**Shopping Trip Sign-Up – International Students– Saturday, December 7, 10am-1pm**

Location: Pick-ups from Bevier Road or Nichols Apartments on Busch Campus or College Ave Student Center on College Ave Campus

**Reserve Your spot on the Shuttle [HERE!](#)**

Rutgers Global–International Student and Scholar Services arrange shopping shuttles to local stores throughout the semester and summer so students can purchase groceries and other living essentials. You should sign up to reserve your spot on the shuttle. International students and scholars who have signed up will be given preference to ride on the shuttle. You may also register your dependents for the shuttle. To view the full fall schedule of shopping trips and learn more information about the Shopping Shuttle Service, click [HERE](#).

**LAST AfroBeats Workout Class – Saturday, December 7, 11:30am–12:15pm**

Location: Cook/Douglass Recreation Center, Multipurpose Room (50 Biel Rd, New Brunswick, Cook/Douglass Campus)

*AfroBeats Workout Class is held every Saturday from 11:30am-12:15pm through December 7.*

Join graduate instructor Zina Ogunnaya for Afrobeats Workout Class, a modern spin on traditional Nigerian dance! AfroBeats is open to all participants interested in the art of dance and cultural exploration of Afrobeats. Bring water and comfortable tennis shoes for our beginner-intermediate level class. No dance background is needed to enjoy the mix of cardio and choreography in this class!

## **– WELLNESS WORKSHOPS, GROUPS, & SUPPORT–**

### **International Student Wellness Workshop: Navigating Homesickness - Strategies to Cope and Thrive - December 5, 5PM - 6:30PM**

Location: Rutgers Global-ISSS, (180 College Ave, New Brunswick, College Ave Campus)

Click [HERE](#) to register!

Feeling homesick? You are not alone! International students are invited to join the last workshop of the CAPS/ISSS Fall 2024 wellness workshop series for hot cocoa and snacks and to share what they miss the most about home, and how they have learned to cope and thrive in spite of homesickness. This event is free and snacks will be provided. Seats are limited, so RSVP now to save a seat! Please email [yyou@global.rutgers.edu](mailto:yyou@global.rutgers.edu) with any questions.

### **Graduate Wellness Workshop: Mindfulness Meditation Workshop – Monday, December 9, 4pm-5pm**

Location: Zoom (Join [HERE](#))

Join Community Based Counselor Dana to practice several mindfulness meditation exercises. In this workshop, students will learn how to focus on the here and now, without judgment, and let go of any worries in the present moment.

### **NEXT WEEK: Black Like Me Wellness Series – Thursday, December 12, 7pm-8pm**

Location: Paul Robeson Cultural Center (600 Bartholomew Rd, Piscataway, Busch Campus)

*Workshops in the Black Like Me Wellness Series take place every second Thursday of the month. For more information, please reach out to CAPS at 848-932-7884.*

This monthly workshop series led by CAPS Community Based Counselors Shan Reeves and Kia Alexander, discusses a variety of topics centered around Blackness at Rutgers, throughout the US, and around the world. Engage in meaningful conversations that explore topics such as Black music, hair, the monolith myth, colorism, and more.

### **Mental Health Services at the AACC – Tuesdays 8am-5pm & Thursdays 8am-3pm**

Location: Asian American Cultural Center (49 Joyce Kilmer Ave, Piscataway, Livingston Campus)

CAPS Counselor Mei-ling Cheng is available to provide mental health services at the Asian American Cultural Center from 8am-5pm on Tuesdays and 8am-3pm on Thursdays. Mei-ling also offers drop-in Let's Talk sessions on Tuesdays from 2pm-4pm. To view additional information and schedules for other CAPS counselors that host weekly drop-in Let's Talk sessions, Click [HERE](#). Take time to prioritize your mental wellbeing in a safe and supportive space!

### **International Students Wellness Group - Fridays, 12pm-1:30pm**

Location: Zoom, **Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.**

International students struggling with the unique challenges of cross-cultural adjustment may benefit from joining the International Students Wellness Group. This group provides a safe and confidential space for students to discuss various concerns, and help connect them with other students who may be facing similar issues. This group may cover topics including: homesickness, loneliness, language barriers, discrimination, social and academic stress. Students who are interested in joining this wellness group, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) to see options for other CAPS wellness groups and for more information about the International Student Wellness Group.

### **Graduate Student Wellness Group: RU Grad – Fridays, 1pm-2:30pm**

Location: In-Person. **Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.**

Graduate students looking for a safe space or supportive environment to share and explore struggles/feelings they may have—whether this be anxiety, self-esteem, sustaining or forming relationships, and the like, may benefit from joining this graduate student wellness group. This group may cover topics including: social adjustment and loneliness, romantic relationships, navigating conflicts/challenges with peers and professors, feelings of inadequacy, assertiveness, stress management and balancing family life and academics. Students who are interested in joining the RU Grad Group, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) to see options for other CAPS Wellness groups and for more information about the RU Grad Group.

### **Weekly Let's Talk Drop In Counseling Conversations**

Free Private and Confidential Drop-In Conversations with licensed mental health professionals available in-person or virtual. CAPS Community Based Counselors offer support and counseling services from within university communities—including academic schools and cultural centers. Students are welcome to visit any Community Based Counselor they would like, and may choose a counselor based on the topic they would like to discuss and the counselor's therapeutic approach or community. Click [HERE](#) for information and schedules for Let's Talk sessions and click [HERE](#) to learn more about individual CAPS Community Based Counselors (look for "Community Based-Counselor").

### **Uwill: FREE Immediate-Access to Teletherapy**

Uwill provides free immediate access to teletherapy through an easy-to-use, private, secure, confidential, online platform. Choose a therapist based on your preferences, including issue, gender, language, and ethnicity. Select a time that fits your schedule, including day, night, and weekend availability. Register and book your first session using your Rutgers email [HERE](#).

### **– ACADEMIC SUPPORT & WORKSHOPS –**

#### **Holding Spaces and Advancing Goals: Virtual Writing Accountability Series - Meditation & Affirmation – Tuesday, December 3, 7pm-9pm**

Location: Zoom

**Register [HERE!](#)**

The Graduate School of Education Alumni Association (GSEAA) invites all graduate students and alumni regardless of graduate school affiliation to join them for virtual writing productivity sessions that are designed to provide writing accountability and space to support current graduate students' progress towards degree completion. These spaces will be motivating, supportive, collaborative, and affirming to assist students in reaching their goals. Upon registration students will be provided with a zoom link so they can log in to independently work on writing projects (e.g., theses, homework, dissertation materials, articles), but in virtual community with others. A virtual session facilitator (a GSEAA Standing Higher Education Committee member) will open the time with a brief welcome followed by time and space for attendees to make progress on their short-term or long-term goal. Please email [gseaar@gmail.com](mailto:gseaar@gmail.com) with any questions.

#### **Writing Productivity Workshop – Thursday, December 5, 12pm-3pm**

Location: Graduate Student Lounge (126 College Ave, behind Panera Bread, College Ave Campus)

**Click [HERE](#) to register!**

The Graduate Writing Program and Office of Graduate Student Life welcomes all graduate students to participate in this writing productivity workshop. This session will provide a supportive space for students to effectively work in the company of other students. Pizza will be served, and Graduate Writing Program faculty will be available for optional consultations.

## ***PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES***



## **– PROFESSIONAL DEVELOPMENT –**

### **Join a College Teaching Seminar!**

Doctoral students and postdoctoral fellows seeking to enhance their teaching skills, gain a greater understanding of effective teaching practices, and prepare for the academic market are invited to learn with the TA Project. These free, zero-credit, seminars will be recorded on transcripts as evidence of teaching professional development. The two TA Project Spring 2025 course offerings include: Introduction to College Teaching (16:186:855) and Introduction to Online and Hybrid Teaching (16:186:857). Click [HERE](#) for more information about the TA Project College Teaching Seminars. To request a special permission number, please email the TA Project at [tapweb@grad.rutgers.edu](mailto:tapweb@grad.rutgers.edu) with your name, RUID, and the course name you are interested in taking.

### **DEADLINE EXTENDED! Proposals for the GROUNDWORK Interdisciplinary Cultivation Unit**

Rutgers students, faculty, staff, and New Brunswick community members are encouraged to submit proposals to the GROUNDWORK Interdisciplinary Cultivation Unit supported by the New Jersey Council for the Humanities and hosted by Mason Gross' Rutgers Community Arts. The GROUNDWORK Interdisciplinary Cultivation Unit is a program that helps researchers and practitioners activate creativity as a core component in endeavors related to one of Mason Gross' three interdisciplinary initiatives: Health, the Environment, and/or Arts Management and Leadership. Those interested in developing a project at the intersection of creativity with one of these three interdisciplinary initiatives are encouraged to apply for this pilot program that will run from January-June 2025 aimed at shaping participant inquiries into interactive projects and/or offerings that place creativity as a necessary, core ingredient to thriving in any field. Click [HERE](#) to learn more about GROUNDWORK, click [HERE](#) to learn more about or apply to this pilot program by the extended December 20 deadline. Please direct any questions to Rita Leduc [groundworkretreat@gmail.com](mailto:groundworkretreat@gmail.com), or Chris Bodwitch [bodwitch@mgsa.rutgers.edu](mailto:bodwitch@mgsa.rutgers.edu).

## **– SCHOLARSHIP, & FUNDING OPPORTUNITIES –**

### **SGS Conference and Research Travel Award Program**

**Apply [HERE](#) by December 15!**

The School of Graduate Studies Conference and Research Award program is designed to provide support to Ph.D. students in the School of Graduate Studies (School 16) who do not have access to the [conference funding programs available through the New Brunswick/Piscataway and Newark Biomedical Sciences programs](#). The purpose of the SGS Conference and Research Award program is to help offset costs associated with off-campus research activities and presenting at academic, scholarly, and scientific conferences. Students may apply for a \$1000 stipend to support research or conference travel between July 1, 2024 and June 30, 2025. Click [HERE](#) for more

information about the SGS Conference and Research Travel Award Program and to access the application. Please contact [SGS\\_Awards@grad.rutgers.edu](mailto:SGS_Awards@grad.rutgers.edu) with any questions.

### **Build a Fellowship Plan with GradFund!**

[GradFund](#) provides graduate students with information on how to apply for external scholarship, fellowship, and funding opportunities. GradFund also provides guidance and assistance with application processes.

Schedule an appointment with a GradFund advisor for fellowship assistance! Schedule a Planning Meeting to learn how to search for fellowships and grants or to plan out your future funding applications. Request Help with a Funder to learn about the funder's application review process and find the best way to frame your research plans for a particular application. Book an Application Review appointment to have a GradFund advisor review your application materials for one application. Schedule a Post-Award Consultation for advice on moving forward after receiving a fellowship offer. Wherever you are in the fellowship, grant, or award process, GradFund is here to help! Click [HERE](#) for more information on GradFund and click [HERE](#) to schedule a Gradfund appointment.

### **Learn to Write a Competitive Funding Application with GradFund's FREE Self-Paced Canvas Course**

Learn to write a competitive external funding application using GradFund's FREE self-paced Canvas course! This course teaches the art of competitive proposal writing through developing familiarity with both funders in your field of study and the proposal writing genre. Click [HERE](#) to enroll in GradFund's self-paced Canvas course.

[The Office of Financial Aid](#) can provide information about need-based funding and financial aid. Other forms of need-based aid or scholarships may be available through your school of enrollment.

## **– EMPLOYMENT OPPORTUNITIES –**

### **Clerical Assistant – Rutgers University Institutional Planning and Operations**

*Compensation: \$20-30 per hour, Part-time*

*Position dates: through June 6, 2025*

*Location: On-Campus*

**Apply [HERE](#) by 6am on December 6!**

The Employee Services division of Rutgers' Institutional Planning and Operations (IP&O) is seeking to hire three diligent and responsible students to join their team as Clerical Assistants on each Rutgers campus. Applicants should have a good working knowledge of computers and a high level of discretion. The clerical assistants will be responsible for assisting employees within their division, as well as assisting with the

scanning and management of confidential files. Please review the job posting for additional details.

### **Program and Communication Assistant – Rutgers Graduate School of Education**

*Compensation: \$18-20 per hour, 15-20 hours per week*

*Position dates: January 6, 2025 - August 29, 2025*

*Location: On-site, College Ave Campus*

**Apply [HERE](#) by 6am on December 16!**

The Rutgers Graduate School of Education is seeking a dedicated graduate student to join their team as a Program and Communications Assistant supporting the Samuel DeWitt Proctor Institute for Leadership, Equity, and Justice (Proctor Institute) and the Rutgers Center for Minority Serving Institutions (CMSI). This role is ideal for individuals who excel at managing multiple projects in a fast-paced environment. The Program and Communication Assistant will be responsible for aiding in the management of social media accounts, podcasts, and X (Twitter) chats; provide general programs and communications support; assisting in developing tailored campaign strategies for research reports, initiatives, and programs; providing administrative support; crafting press releases and other written correspondences; and providing front desk support. Please review the job posting for additional details.

### **Temporary Research Assistant – Rutgers Cancer Institute of New Jersey**

*Compensation: \$16 per hour, 35 hours per week*

*Position dates: Temporary Appointment*

**Apply [HERE](#) by March 26, 2025!**

The Rutgers Cancer Institute of New Jersey is seeking a graduate student in psychology, public health, or other life or medical science related fields with previous research experience to work as a temporary research assistant. The research assistant will be responsible for conducting qualitative research under supervision of the Principal Investigator; assisting with recruitment, data collection, and data management; drafting written reports for inclusion in manuscripts and grant proposals, and performing other related duties as assigned. Please review the job posting for additional details.

## ***THE RESOURCE CORNER***

### **Student Basic Needs: Rutgers Student Food Pantry & Mobile Food Pantry**

The Rutgers Student Food Pantry and Mobile Food Pantry is dedicated to helping all Rutgers students in need of food. Students can visit the Student Food Pantry located in the College Avenue Student Center or visit one of the many Mobile Food Pantry locations and receive about one week's worth of groceries, no questions asked. Click [HERE](#) to view the operating hours and locations of the Rutgers Student Food Pantry and Mobile Food Pantry.

### **Student Basic Needs: Emergency Aid Fund**

The Rutgers Emergency Aid Fund provides RU-New Brunswick students with one-time need-based financial support for unforeseen, unavoidable, and unplanned costs associated with emergencies like accidents, illnesses, fire and water damage, or the need for emergency housing or food. International and undocumented students are eligible to apply for the Emergency Aid Fund. Click [HERE](#) for more information and to find the application for Emergency Aid.

## ***STUDENT SERVICES & SUPPORT***

### **Resource Webpage for Pregnant and Parenting Graduate Students!**

The Office of Graduate Student Life, in partnership with the Office of Title IX & Compliance, and Supporting Parents & Caregivers at Rutgers (GSO), recently launched a new resource webpage for pregnant and parenting graduate students! This webpage serves as a platform for helping pregnant and parenting students locate resources, policies, support services, and community engagement opportunities available at Rutgers University and in the local community. Click [HERE](#) to visit the webpage.

### **Academic, Employment, and Student Support Resources on the Graduate Student Life Website!**

Looking for graduate student resources, services, or support? Check out our newly revamped resource pages on our website! Find information on [Academic Support Resources](#), [Career & Professional Development](#), [Student Support Services & Resources](#) and more on our website!

Do you have an opportunity for graduate students that you would like to promote in the Graduate Student Life Weekly Digest? Submit it [HERE](#)!