

Graduate Student Life Weekly Digest Week of November 4, 2024

Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers-New Brunswick! Share with your friends and tell them to subscribe <u>HERE</u>! You can contact the Office of Graduate Student Life by emailing <u>gradstudentlife@echo.rutgers.edu</u> or visiting our offices during the week in the Graduate Student Lounge (126 College Ave, behind Panera Bread). Click <u>HERE</u> for information about staff office hours.

The Graduate Student Lounge is open from 6:45am-12:00am Mondays-Fridays and 9:00am-12:00am Saturdays and Sundays. Click <u>HERE</u> to view the daily hours for the College Ave Student Center (includes Graduate Student Lounge). Learn more about the Office of Graduate Student Life by visiting our website <u>HERE</u>!

ANNOUNCEMENTS

Join Graduate Student Life for National First-Generation College Celebration Week!

During Rutgers-New Brunswick's First-Generation College Celebration Week, we recognize and celebrate the accomplishments of our first-generation graduate students, those who are the first in their family to pursue a graduate degree! First-generation graduate students are invited to stop by Dean Ghada Endick's office in the Graduate Student Lounge (Room 207) between 12pm-2pm on Wednesday, November 6 for free pizza and a swag gift!

FREE Walk-In HIV Testing in November!

Rutgers Student Health: Health Outreach, Promotion, and Education (HOPE) is offering free and confidential HIV testing, every Friday in November (11/8, 11/15, 11/22) from 1pm-4pm at the HOPE Office (8 Lafayette St, New Brunswick, College Ave Campus). No appointment necessary!

Call for Research Participants: Feasibility & Effects of Behavioral Intervention to Reduce Problematic Smartphone Use!

Researchers at the Rutgers School of Social Work, Graduate School of Applied and Professional Psychology, and School of Communication and Information are conducting a research project to evaluate various behavioral intervention strategies on reducing excessive smartphone use problems among college students. Rutgers students who use an Android smartphone and feel they may struggle with excessive smartphone usage, who are interested in exploring strategies that could reduce this overuse can reach out to the research team using this link:

<u>https://rutgers.ca1.qualtrics.com/jfe/form/SV_4N2TzHx4n1QhaAu</u>. Participation in this research will take approximately 8 weeks and all components of this study will be completed via Zoom and participants will receive \$50 to \$170 as compensation. Please contact researcher Priyanka Taribagil <u>pt428@psych.rutgers.edu</u> with any questions.

- GET INVOLVED -

Explore Involvement in Graduate Student Organizations (GSOs)!

Explore the official directory of Graduate Student Organizations (GSOs) recognized by the Graduate Student Association (GSA) and discover graduate involvement opportunities on campus. GSOs are a fantastic way to meet other graduate students and participate in campus activities. Find the GSO directory <u>HERE</u>.

1:1 Coaching Sessions for Volunteer Engagement

Schedule a 1:1 Coaching Session HERE

Graduate students looking for ways to volunteer in the community should consider scheduling a 1:1 coaching session with the Office of Student Volunteer Engagement to kick-start their volunteer journey.

Volunteer as an Organizer for the Rutgers Conference for Rising Stars!

The Rutgers Conference for Rising Stars is seeking graduate students and postdoctoral fellows who are interested in serving as organizers for their conference that will be held on Monday, March 3rd, 2025. This conference is geared towards Ph.D students in research-based fields with minimal to no prior conference experience, and aims to demystify the intricacies of scientific conferences for participants. The mission of the conference is to provide an inclusive, welcoming platform for graduate students to engage with the broader scientific community, and foster skills to navigate the academic and professional world. Students who are interested in getting involved or have additional questions should email <u>rising_stars@cabm.rutgers.edu</u> and Erin Lumpe at <u>erin.lumpe@rutgers.edu</u>.

REGISTER NOW: Volunteer at Community Food Bank of NJ for Hunger and Homelessness Awareness Week – Friday, November 22, 12:45pm-2:45pm

Location: Community Food Bank of NJ, (31 Evans Terminal Rd #1, Hillside, NJ 07205) Register HERE by Friday, November 15!

Volunteer with the Basic Needs team at the largest food bank in New Jersey! For a 2 hour shift, the Basic Needs team will be doing work inside the building which may include packing boxes or pasta bags for specific programs. Participants are welcome to drive themselves, sign up as a group, or sign up for van transportation from College Avenue (van transportation spots are limited!). Additional instructions and parking directions will be provided to participants after registration. Please contact Amber Danku <u>adanku@echo.rutgers.edu</u> with any questions. Click <u>HERE</u> to learn more about Hunger and Homelessness Awareness Week.

- STAY INFORMED -

Looking for more ways to stay informed? Check out the <u>Newsletters page</u> on our website! The Newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including: the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more!

Follow Graduate Student Life on Instagram!

Stay up to date with the Office of Graduate Student Life by following us on Instagram @rugradstudentlife! Never miss another graduate student life event!

EVENTS

- RSVP NOW & COMING UP! -

NEXT WEEK: Trivia Bowl – Wednesday, November 13, 8pm-10pm

Location: College Avenue Gym, (130 College Ave, New Brunswick, College Ave Campus)

REGISTER <u>HERE</u>!

Join Rutgers Recreation for the 36th Annual Trivia Bowl! Form a team of 2-3 students, test your knowledge, and compete for prizes! Open to students, faculty, staff, alumni, and family.

REGISTER NOW: Global Grads: Friendsgiving Gathering – Monday, November 18, 12pm-1:30pm

Location: Busch Student Center, the Cove (604 Bartholomew Rd, Piscataway, Busch Campus)

RSVP <u>HERE</u>! Space is limited!

All international graduate students are invited to RSVP for the Global Grads Friendsgiving Gathering! Enjoy food from Efes Mediterranean Grill, prizes and giveaways, and meet other graduate students from around the world!

REGISTER NOW: JJJJJerome Ellis presents "Aster of Ceremonies" – Thursday, November 21, 5pm-7:30pm

RSVP <u>HERE</u>! Seating is limited!

Location: Zimmerli Art Museum (71 Hamilton St, New Brunswick, College Ave Campus) Join the Zimmerli Art Museum for a performance by artist JJJJJerome Ellis of excerpts of their latest transdisciplinary project, "Aster of Ceremonies." Using piano, saxophone, electronics, and voice, they'll perform excerpts from "Benediction," a devotional song cycle attending to 18th- and 19th-century Black runaway slaves who stuttered. This lecture-performance is an ongoing attempt to, in the words of critic Hortense Spillers, "hear [slavery's] stutter more clearly." An audience Q&A and light reception will follow JJJJJerome Ellis' performance. This event is free and open to the public, click <u>HERE</u> for more information!

- THIS WEEK! -

FINAL Flu Vaccination Clinic – Tuesday, November 5, 12:00pm-7:00pm

Location: The Yard, (40 College Ave, New Brunswick, College Ave Campus) This is the final walk-in flu vaccination clinic offered by Rutgers Student Health! Students can bring their RU ID and health insurance card to the walk-clinic and get their annual flu vaccine. The first 100 students at each walk-in clinic will receive a free t-shirt! Click <u>HERE</u> for more information about the Rutgers Student Health walk-in flu vaccine clinics. Students who wish to schedule an appointment instead to receive their flu vaccine may do so <u>HERE</u> through the Student Health portal.

Smoke and Mirrors Virtual Artists Roundtable – Tuesday, November 5,

3pm-4:30pm

Location: Zoom

Register <u>HERE</u>!

Join the Zimmerli Art Museum for an interdisciplinary roundtable discussion moderated by guest curator, Amanda Cachia, with artists featured in the exhibition "Smoke & Mirrors." This event is free and open to the public, and ASL interpreters as well as real-time captioning will be available. Please contact Brandon Truett <u>btruett@zimmerli.rutgers.edu</u> with any questions.

Career Advising Drop-In Hours with Dr. Rudrani Gangopadhyay (CES) - Tuesday, November 5, 4:30pm-6pm

Location: Graduate Student Lounge, (126 College Ave, Behind Panera Bread, College Ave Campus) and on ZOOM

CES Drop in hours are part of the Life @ The Graduate Student Lounge Event Series and will be held every other Tuesday in the fall semester, starting October 22 from 4:30 - 6:00 pm.

Do you wonder how the Office of Career Exploration and Success can support you in your career journey? What sort of targeted resources does Rutgers have for graduate students on the job market? Drop in to chat about these questions and more with Dr. Rudrani Gangopadhyay, Sr. Assistant Director, Graduate Student Career Pathways in the Office of Career Exploration and Success. You can also book a one-on-one advising session with Dr. Gangopadhyay on <u>Handshake</u> or reach her via email at <u>rudrani.g@rutgers.edu</u>.

Let's Talk Accommodations with Nychey Michel – Wednesday, November 6, 2pm-4pm

Location: Graduate Student Lounge (126 College Ave, behind Panera Bread, College Ave Campus) and on Zoom (JOIN HERE)

ODS Drop-In Hours are part of the Life @ The Graduate Student Lounge Event Series and are held the first two Wednesdays of every month.

Wondering if accommodations are for you or have questions about the accommodations you have in place? Drop in to talk with the Disability Services Coordinator, Nychey Michel about accommodations and enjoy snacks and sensory toys while supplies last! The Office of Disability Services (ODS) provides reasonable accommodations for a wide range of conditions including: hearing, vision, and mobility conditions, learning disabilities, psychological diagnoses (such as anxiety or depression), chronic illnesses, traumatic brain injuries, ADHD, Autism Spectrum Disorder, and more. Feel free to reach out to Nychey Michel via email nlm108@echo.rutgers.edu or by calling 848-202-3111. Click <u>HERE</u> to learn more about ODS resources for graduate students.

RU T.A.S.T.Y Tea and Storytime + You - Wednesday, November 6, 2:30pm-4pm

Location: The Canterbury House (5 Mine St, New Brunswick, College Ave Campus) Graduate students are invited to join Rev. Katrina Jenkins and Fr. Scott Russell for RU T.A.S.T.Y, a time of tea, community building, and storytelling that will occur every other Wednesday. RU T.A.S.T.Y will begin by reading a story or poem then move into a flavorful discussion! Please contact Rev. Katrina Jenkins, Assistant Dean for Faith and Spirituality Initiatives, <u>katrina.e.jenkins@rutgers.edu</u>, with any questions.

Graduate Student Yoga – Wednesday, November 6, 5pm–6pm

Location: Graduate Student Lounge (126 College Ave, behind Panera Bread, College Ave Campus)

Graduate Yoga is part of the Life @ The Graduate Student Lounge Event Series and is held every Wednesday.

Graduate Student Yoga is back! Join us on Wednesdays and take a pause from your busy week by practicing Yoga and relax your mind and body with your fellow graduate students. Hosted by Rutgers Recreation and Office of Graduate Student Life. No Registration Needed. Yoga mats and blocks are provided, and all skill levels are welcome! Email gradstudentlife@echo.rutgers.edu with any questions.

Fall Farmers Market – Thursday, November 7, 11am-3pm

Location: Morrell Street outside the Graduate Student Lounge & College Ave Student Center (126 College Ave, College Ave Campus)

Visit the New Brunswick Community Farmers Market for high-quality fresh fruits and vegetables, honey, flowers, and more! Many vendors accept Supplemental Nutrition Assistance Program (SNAP) Benefits, Good Food Bucks, WIC benefits, Senior Farmers Market Nutrition Program benefits, and Market Bucks provided by Rutgers Student Basic Needs. Click <u>HERE</u> for more information about the New Brunswick Community Farmers Market.

SparkNight: Celebrating Native American Heritage Month – Thursday, November 7, 5pm-8pm

Location: Zimmerli Art Museum (71 Hamilton St, New Brunswick, College Ave Campus) Join the Zimmerli Art Museum for an evening celebrating Indigenous cultures with a special performance by Aztec Kalpulli Huehuetlahtolli, an art activity inspired by Jaune Quick-To-See Smith's painting, Tree of Life, and guided tours highlighting Indigenous artists and their works that are displayed throughout the museum. Food trucks will be outside the Zimmerli starting at 12 p.m. and complimentary refreshments will be available inside the museum beginning at 5 p.m. This event is free and open to the public, click <u>HERE</u> for more information about SparkNight!

Scarlet Arts Rx - Embodying Wellness Through Polestar Pilates Mat – Friday, November 8, 10:30am-11:30am

Location: Nicholas Music Center, Dance Studio 122 (85 George St, New Brunswick, Cook/Douglass Campus)

Register <u>HERE</u>, by November 7! Space is limited!

Graduate students are invited to register for a free pilates mat class led by BFA Dance Major and Polestar Pilates Mat Teacher Training graduate, Willa O'Connor through Scarlet Arts Rx. Additional classes will be held on November 22 and December 6. Sign up for Scarlet Arts Rx <u>HERE</u>, and check out Scarlet Arts Rx on getINVOLVED <u>HERE</u>.

Shopping Trip Sign-Up – International Students – Saturday, November 9, 10am-1pm

Location: Pick-ups from Bevier Road or Nichols Apartments on Busch Campus or College Ave Student Center on College Ave Campus

Reserve Your spot on the Shuttle <u>HERE</u>!

Rutgers Global–International Student and Scholar Services arrange shopping shuttles to local stores throughout the semester and summer so students can purchase groceries and other living essentials. You should sign up to reserve your spot on the shuttle. International students and scholars who have signed up will be given preference to ride on the shuttle. You may also register your dependents for the shuttle. To view the full fall schedule of shopping trips and learn more information about the Shopping Shuttle Service, click <u>HERE</u>.

AfroBeats Workout Class – Saturday, November 9, 11:30am–12:15pm

Location: Cook/Douglass Recreation Center, Multipurpose Room (50 Biel Rd, New Brunswick, Cook/Douglass Campus)

AfroBeats Workout Class is held every Saturday from 11:30am-12:15pm.

Join graduate instructor Zina Ogunnaya for Afrobeats Workout Class, a modern spin on traditional Nigerian dance! AfroBeats is open to all participants interested in the art of dance and cultural exploration of Afrobeats. Bring water and comfortable tennis shoes for our beginner-intermediate level class. No dance background is needed to enjoy the mix of cardio and choreography in this class!

Art Together: Family Printmaking Workshop – Sunday, November 10, 1pm-3pm

Location: Zimmerli Art Museum (71 Hamilton St, New Brunswick, College Ave Campus) Join artist Tommy Peitz for a free drop-in family printmaking workshop as a part of the Zimmerli's <u>Art Together</u> workshop series! This workshop is inspired by <u>Prints for</u> <u>Pennies: José Guadalupe Posada and Popular Prints, c. 1880-1910</u>, currently on display at the Zimmerli. Visitors will have the opportunity to make their own unique prints and spend some quality creative time together. Click <u>HERE</u> for more information.

Scarlet Arts Rx - The Art of Presence Photography Workshop – Sunday, November 10, 3pm-4:30pm

Location: Alexander Library, Room 128D (169 College Ave, New Brunswick, College Ave Campus)

Register in advance by emailing Rachel Herring at rhg55@scarletmail.rutgers.edu! "The Art of Presence" is a free photography workshop for Rutgers students. All students need to bring is their smartphone! Slow your mind and body, create community, and explore beauty in the everyday. All photography levels are welcome.

- WELLNESS WORKSHOPS, GROUPS, & SUPPORT-

Graduate Wellness Workshop: Time Management and Life Balance Workshop – Tuesday, November 5th, 12:30pm-1:30pm

Location: Zoom (Join HERE)

Balancing academic assignments, lab and coursework, all while trying to maintain a social life and prioritize personal wellness can sometimes be grueling, and it requires careful planning. This graduate student wellness workshop will explore strategies for effective time management and balancing a busy schedule.

Scarlet Arts Rx - The Inside Out Workshop – Wednesday, November 6, 4pm-6pm Location: Mason Gross School of the Arts Performing Center, Studio 101, inside the ticketing office (85 George St, New Brunswick, Cook/Douglass Campus)

Register <u>HERE</u>, by November 6!

Graduate students are invited to participate in this workshop that explores the functions of emotions through simple & fun games and exercises. In this short intro to our emotional ecosystem, participants will gain invaluable skills and intelligence from within themselves to help them make better decisions, relate to others, and generate solutions to problems. Please reach out to Chris Bodwhitch

bodwitch@mgsa.rutgers.edu with any questions. Sign up for Scarlet Arts Rx <u>HERE</u>, and check out Scarlet Arts Rx on getINVOLVED <u>HERE</u>.

NEXT WEEK: Black Like Me Wellness Series – Thursday, November 14, 7pm-8pm

Location: Paul Robeson Cultural Center (600 Bartholomew Rd, Piscataway, Busch Campus)

Workshops in the Black Like Me Wellness Series take place every second Thursday of the month. For more information, please reach out to CAPS at 848-932-7884.

This monthly workshop series led by CAPS Community Based Counselors Shan Reeves and Kia Alexander, discusses a variety of topics centered around Blackness at Rutgers, throughout the US, and around the world. Engage in meaningful conversations that explore topics such as Black music, hair, the monolith myth, colorism, and more.

Mental Health Services at the AACC – Tuesdays 8am-5pm & Thursdays 8am-3pm

Location: Asian American Cultural Center (49 Joyce Kilmer Ave, Piscataway, Livingston Campus)

CAPS Counselor Mei-ling Cheng is available to provide mental health services at the Asian American Cultural Center from 8am-5pm on Tuesdays and 8am-3pm on Thursdays. Mei-ling also offers drop-in Let's Talk sessions on Tuesdays from 2pm-4pm. To view additional information and schedules for other CAPS counselors that host weekly drop-in Let's Talk sessions, Click <u>HERE</u>. Take time to prioritize your mental wellbeing in a safe and supportive space!

International Students Wellness Group - Fridays, 12pm-1:30pm

Location: Zoom, Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.

International students struggling with the unique challenges of cross-cultural adjustment may benefit from joining the International Students Wellness Group. This group provides a safe and confidential space for students to discuss various concerns, and help connect them with other students who may be facing similar issues. This group may cover topics including: homesickness, loneliness, language barriers, discrimination, social and academic stress. Students who are interested in joining this wellness group, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click <u>HERE</u> to see options for other CAPS wellness groups and for more information about the International Student Wellness Group.

Graduate Student Wellness Group: RU Grad – Fridays, 1pm-2:30pm

Location: In-Person, Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.

Graduate students looking for a safe space or supportive environment to share and explore struggles/feelings they may have–whether this be anxiety, self-esteem, sustaining or forming relationships, and the like, may benefit from joining this graduate student wellness group. This group may cover topics including: social adjustment and loneliness, romantic relationships, navigating conflicts/challenges with peers and professors, feelings of inadequacy, assertiveness, stress management and balancing family life and academics. Students who are interested in joining the RU Grad Group, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click <u>HERE</u> to see options for other CAPS Wellness groups and for more information about the RU Grad Group.

Free or Low-Cost Assessments for ADHD, Anxiety, and Depression

The Rutgers Center for Youth Social Emotional Wellness (CYSEW) in collaboration with the Graduate School of Applied and Professional Psychology's (GSAPP) Center for Psychological Services (CPS) is offering comprehensive evaluations for ADHD, Anxiety, and Depression by trained PsyD clinicians at low or no cost to Rutgers Students. Assessments are conducted through convenient, confidential, virtual sessions. Students will receive a feedback session and diagnostic report along with a detailed list of support services and resources available at Rutgers. Students covered by Rutgers health insurance will pay \$0 for an evaluation, those not covered by Rutgers health insurance will pay \$150. Click <u>HERE</u> for more information, Click <u>HERE</u> to request services, and email <u>cysew@gsapp.rutgers.edu</u> with any questions.

Arts and Wellbeing Program – Scarlet Arts Rx

Discover the transformative power of the arts through a new FREE arts and well-being program for all Rutgers–New Brunswick students– Scarlet Arts Rx! Arts engagement is related to improvements in: mood, Sleep quality, Social connections, Self-confidence, Creative thinking skills, and more! You don't need to be an artist to participate in Scarlet Arts Rx and get: free reserved Mason Gross School of the Arts (MGSA) box office tickets for theater, dance, and music performances (and you can bring RU-NB friends for free), opportunities to connect socially and meet new people, and higher self-awareness about how the arts affect your well-being. Each time you fill out a 1-minute feedback survey after each RU-NB arts activity or event you attend, you can be entered into a monthly drawing for a chance to win a \$50 gift card. Sign up for Scarlet Arts Rx <u>HERE</u>, and check out Scarlet Arts Rx on getINVOLVED <u>HERE</u>. Please contact Peichi Waite <u>pw337@mgsa.rutgers.edu</u> with any questions.

Weekly Let's Talk Drop In Counseling Conversations

Free Private and Confidential Drop-In Conversations with licensed mental health professionals available in-person or virtual. CAPS Community Based Counselors offer support and counseling services from within university communities–including academic schools and cultural centers. Students are welcome to visit any Community Based Counselor they would like, and may choose a counselor based on the topic they would like to discuss and the counselor's therapeutic approach or community. Click HERE for information and schedules for Let's Talk sessions and click HERE to learn more about individual CAPS Community Based Counselors (look for "Community Based-Counselor").

Uwill: FREE Immediate-Access to Teletherapy

Uwill provides free immediate access to teletherapy through an easy-to-use, private, secure, confidential, online platform. Choose a therapist based on your preferences, including issue, gender, language, and ethnicity. Select a time that fits your schedule, including day, night, and weekend availability. Register and book your first session using your Rutgers email <u>HERE</u>.

- ACADEMIC SUPPORT & WORKSHOPS -

Learning Centers Graduate Workshop: Reading and Selecting Journal Articles – Tuesday, November 5, 6pm-7pm

Location: Zoom

Register <u>HERE</u>!

Join the Learning Centers for this academic success workshop in their Graduate Workshop Series! This workshop is for graduate students who would like to learn reading strategies specific to journal article reading and will explore how to effectively select journal articles to use for research and papers. Click <u>HERE</u> to view other academic success workshops offered by the Learning Centers. Please reach out to Lucille Leung <u>Ilu@echo.rutgers.edu</u> with any questions.

Science Research Workshop: Finding Journals to Publish Your Work – Thursday, November 7, 12:30pm-1:30pm

Location: Zoom

Register <u>HERE</u>!

Join Science Research Librarian, Mei Ling Lo of the Rutgers Libraries for this Science Research Workshop! In this workshop, students will learn how to match their manuscripts to the right journal to increase their chances of acceptance and explore resources like Journal Finder and Manuscript Matcher. This workshop will provide tips on how to identify reputable journals, and explore the impact factors and significance of journal rankings. This workshop will provide valuable guidance to help both novice and experienced researchers navigate the complex world of academic publishing.

NEXT WEEK! Collecting Newspaper Data Programmatically – Wednesday, November 13, 10am-11:30am & Thursday, November 14, 2pm-3:30pm

Location: Zoom

Register <u>HERE</u> for 11/13 and <u>HERE</u> for 11/14!

Join Francesca Giannetti, Digital Humanities Librarian for the Rutgers Libraries, for this Data and Research Methods Workshop! This introductory workshop will focus on generating data frames and creating simple data visualizations using data downloaded from historical and current newspapers via web APIs using the programming language R.

NEXT WEEK: Conversation Cafés - Thursday, November 14, 12pm-3pm

Location: Graduate Student Lounge (126 College Ave, behind Panera Bread, College Ave Campus)

Click <u>HERE</u> to register!

Join the Graduate Writing Program for the second Conversation Café of the semester! Conversation Café brings graduate students together to practice having academic discussions in English (and possibly other languages depending on interest). This event is specifically geared towards international graduate students but is open to all graduate students. Food will be served!

NEXT WEEK: Holding Spaces and Advancing Goals: Virtual Writing Accountability Series - "Hyped" for Writing – Saturday, November 16, 9am-11am Location: Zoom

Register <u>HERE</u>!

The Graduate School of Education Alumni Association (GSEAA) invites all graduate students and alumni regardless of graduate school affiliation to join them for virtual writing productivity sessions that are designed to provide writing accountability and space to support current graduate students' progress towards degree completion. These spaces will be motivating, supportive, collaborative, and affirming to assist students in reaching their goals. Upon registration students will be provided with a zoom link so they can log in to independently work on writing projects (e.g., theses, homework, dissertation materials, articles), but in virtual community with others. A virtual session facilitator (a GSEAA Standing Higher Education Committee member) will open the time with a brief welcome followed by time and space for attendees to make progress on their short-term or long-term goal. Please email gseaaru@gmail.com with any questions.

New Brunswick Libraries Data and Research Methods Workshops for Graduate Students!

The New Brunswick Libraries' calendar of data and research methods workshops for Fall 2024 is available now. Check out workshops in citation managers, R, Python, systematic reviews, NVivo, ethnography, qualitative research, GIS, and more. Click <u>HERE</u> to view the full schedule of workshops and register. Please contact Francesca Giannetti, NBL Graduate Specialist Program <u>francesca.giannetti@rutgers.edu</u> with any questions.

Scholarly Writing Support Available from the Graduate Writing Program

The Graduate Writing Program supports graduate students in achieving their scholarly writing goals by offering writing workshops, guest lectures, and free, zero-credit courses that carry no additional work other than writing students are already completing for their academic programs. Click <u>HERE</u> to learn more about the Graduate Writing Program and <u>HERE</u> to learn more about the courses offered by the Graduate Writing Program. Please reach out to the Director of the Graduate Writing Program, Mark DiGiacomo <u>mark.digiacomo@rutgers.edu</u> with any questions.

Graduate Writing Accountability Groups

The Graduate Writing Program, in partnership with the Learning Centers in the Office of the Provost, is pleased to announce the launch of Writing Accountability Groups. Interested graduate students are invited to sign up for student-led writing accountability groups. Sessions will be held on Zoom at various times and days each week and students may choose the weekly slot that best suits their availability to meet and write alongside other Rutgers graduate students to make progress toward their writing goals. After registering, participants will be provided with materials to help them effectively structure and run these student-led productivity sessions. Click <u>HERE</u> to sign up for a Graduate Writing Accountability Group.

Stats & Writing Tutoring Available from the Learning Centers

The Rutgers Learning Centers offers stats and writing tutoring to graduate students. Learning Centers stats tutors can assist with quantitative study methods, analysis, interpretation, data clean-up, statistical software, and more. Graduate-level writing tutors can provide helpful feedback and suggestions on all aspects of your writing, from brainstorming and organizing topics, to creating and strengthening a thesis, to revisions and citations. Use Penji to connect with a tutor. Click <u>HERE</u> to learn how to use Penji online or download the Penji app. Please contact <u>academiccoaches@echo.rutgers.edu</u> with any questions or issues using Penji. Click <u>HERE</u> to learn more about the resources available to graduate students through the Learning Centers.

Academic Coaching from the Learning Centers

The Rutgers Learning Centers offers academic coaching to graduate students. Academic Coaching can be particularly helpful for tackling motivation challenges, breaking down large tasks into more approachable segments, and seeking accountability for productivity. Several of Rutgers' Academic Coaches specifically support graduate students. Use Penji to join the Academic Coaching community and connect with an Academic Coach. Click <u>HERE</u> to learn how to use Penji online or download the Penji app. Please contact <u>academiccoaches@echo.rutgers.edu</u> with any questions or issues using Penji.

PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES

- PROFESSIONAL DEVELOPMENT -

NEXT WEEK: Teaching Assistant Project (TAP) Workshop: Research Poster Design in PowerPoint – Tuesday, November 12, 12pm-1:30pm

Location: Zoom

Click <u>HERE</u> to register!

Each semester the Teaching Assistant Project (TAP) offers workshops covering a wide range of topics to assist TAs with their continued professional development. These sessions, designed for current and future graduate student TAs, are free. All workshops are virtual. Teaching Assistant Project Staff at School of Graduate Studies are here to help! Feel free to contact them with questions at <u>tapweb@grad.rutgers.edu</u>.

NEXT WEEK: Teaching Assistant Project (TAP) Workshop: Engaging a Quiet Classroom – Wednesday, November 13, 12pm-1:30pm

Location: Zoom

Click <u>HERE</u> to register!

Each semester the Teaching Assistant Project (TAP) offers workshops covering a wide range of topics to assist TAs with their continued professional development. These sessions, designed for current and future graduate student TAs, are free. All workshops are virtual. Teaching Assistant Project Staff at School of Graduate Studies are here to help! Feel free to contact them with questions at <u>tapweb@grad.rutgers.edu</u>.

- SCHOLARSHIP, & FUNDING OPPORTUNITIES -

SGS Conference and Research Travel Award Program

Apply <u>HERE</u> by December 15!

The School of Graduate Studies Conference and Research Award program is designed to provide support to Ph.D. students in the School of Graduate Studies (School 16) who do not have access to the <u>conference funding programs available through the</u> <u>New Brunswick/Piscataway and Newark Biomedical Sciences programs</u>. The purpose of the SGS Conference and Research Award program is to help offset costs associated with off-campus research activities and presenting at academic, scholarly, and scientific conferences. Students may apply for a \$1000 stipend to support research or conference travel between July 1, 2024 and June 30, 2025. Click <u>HERE</u> for more information about the SGS Conference and Research Travel Award Program and to access the application. Please contact <u>SGS_Awards@grad.rutgers.edu</u> with any questions.

Build a Fellowship Plan with GradFund!

<u>GradFund</u> provides graduate students with information on how to apply for external scholarship, fellowship, and funding opportunities. GradFund also provides guidance and assistance with application processes.

Schedule an appointment with a GradFund advisor for fellowship assistance! Schedule a Planning Meeting to learn how to search for fellowships and grants or to plan out your future funding applications. Request Help with a Funder to learn about the funder's application review process and find the best way to frame your research plans for a particular application. Book an Application Review appointment to have a GradFund advisor review your application materials for one application. Schedule a Post-Award Consultation for advice on moving forward after receiving a fellowship offer. Wherever you are in the fellowship, grant, or award process, GradFund is here to help! Click <u>HERE</u> for more information on GradFund and click <u>HERE</u> to schedule a Gradfund appointment.

Learn to Write a Competitive Funding Application with GradFund's FREE Self-Paced Canvas Course

Learn to write a competitive external funding application using GradFund's FREE self-paced Canvas course! This course teaches the art of competitive proposal writing through developing familiarity with both funders in your field of study and the proposal writing genre. Click <u>HERE</u> to enroll in GradFund's self-paced Canvas course.

<u>The Office of Financial Aid</u> can provide information about need-based funding and financial aid. Other forms of need-based aid or scholarships may be available through your school of enrollment.

- EMPLOYMENT OPPORTUNITIES -

PNC Graduate Fellow in Museum Education – Zimmerli Art Museum

Compensation: \$20 per hour, 10-15 hours per week Position dates: December 2, 2024-June 30, 2025 Location: On-site, College Ave Campus

Apply via email by November 18!

The Zimmerli Art Museum is seeking to hire a graduate student with experience working with K-12 audiences and knowledge of the spanish language as a PNC Graduate Fellow in Museum Education. The PNC Graduate Fellow will be responsible for creating and facilitating impactful, interactive experiences for K-12 audiences, with a focus on early childhood education. The PNC Graduate Fellow will support the launch of Zimmerli Mobile, an initiative that works to deepen the museum's community engagement through off-site artmaking programs at early childhood schools and community centers in New Brunswick and nearby cities. The PNC Graduate Fellow will work collaboratively with members of the Education Department to create pedagogical content and implement learning strategies that execute the museum's mission. Applicants should send a cover letter, resume, and contact information for two professional references (in one document) to Brandon Truett btruett@zimmerli.rutgers.edu with the subject line "Application for PNC Graduate Fellow."

Social Media Analyst – Rutgers Communications and Marketing

Compensation: \$20 per hour, 20 hours per week Position dates: October 21 - May 1 Location: Hybrid

Apply HERE by 6am on April 16, 2025!

The Rutgers Communications and Marketing (R-Comm) office is hiring a graduate student with a background in marketing, communications, journalism, statistics, media studies, or a related field to work as a social media analyst. The social media analyst will be expected to: compile weekly and quarterly social media reports using various programs such as Canva, Talkwalker, SproutSocial, and Microsoft Word Online; identify and capture trending social media posts and conversation topics related to Rutgers; compile campaign and post metrics including impressions, engagements, link-clicks and video metrics; assist in writing captions for posts on social media and populating content on the team's Social Media Calendar; collaborate with the Social Media Team to refine and streamline social media reporting procedure; and complete other duties as assigned. Please review the job posting for additional details.

To access even more jobs, and internship listings, schedule appointments with career advisors, network with recruiters, and more visit Rutgers Handshake. Handshake is offered by the <u>Office of Career Exploration and Success (CES)</u>. Click <u>HERE</u> to access and set up your Handshake account. Check out <u>THIS</u> video to assist you in the setup of Handshake and <u>THIS</u> video on updating your career community.

THE RESOURCE CORNER

Get Microsoft Office for FREE!

Current Rutgers students, faculty, and staff members can download Microsoft Office products, including Word, Excel, PowerPoint, OneNote, and more, at no cost! Click <u>HERE</u> to learn more and activate your FREE Microsoft Office license.

Print on Campus!

Students can print on-campus at OIT computer labs using the lab computers, virtual computer lab, or wirelessly using their personal device through Mobility Print. Students will need to use their RUID card to release their print jobs at the computer lab print release station. Students receive \$30 worth of complimentary printing releases for every six month printing period (January-June & July-December) and then pay \$0.04 per sheet for black and white and \$0.25 per sheet for color printing. Click <u>HERE</u> for more information about printing on campus and click <u>HERE</u> to learn more about downloading and using Mobility Print.

STUDENT SERVICES & SUPPORT

Resource Webpage for Pregnant and Parenting Graduate Students!

The Office of Graduate Student Life, in partnership with the Office of Title IX & Compliance, and Supporting Parents & Caregivers at Rutgers (GSO), recently launched a new resource webpage for pregnant and parenting graduate students! This webpage serves as a platform for helping pregnant and parenting students locate resources, policies, support services, and community engagement opportunities available at Rutgers University and in the local community. Click <u>HERE</u> to visit the webpage.

Academic, Employment, and Student Support Resources on the Graduate Student Life Website!

Looking for graduate student resources, services, or support? Check out our newly revamped resource pages on our website! Find information on <u>Academic Support</u> <u>Resources</u>, <u>Career & Professional Development</u>, <u>Student Support Services &</u> <u>Resources</u> and more on our website!

Do you have an opportunity for graduate students that you would like to promote in the Graduate Student Life Weekly Digest? Submit it <u>HERE</u>!