

## Graduate Student Life Weekly Digest

### Graduate Student Life Weekly Digest Week of November 11, 2024

#### Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers-New Brunswick! Share with your friends and tell them to subscribe [HERE!](#) You can contact the Office of Graduate Student Life by emailing [gradstudentlife@echo.rutgers.edu](mailto:gradstudentlife@echo.rutgers.edu) or visiting our offices during the week in the Graduate Student Lounge (126 College Ave, behind Panera Bread). Click [HERE](#) for information about staff office hours.

The Graduate Student Lounge is open from 6:45am-12:00am Mondays-Fridays and 9:00am-12:00am Saturdays and Sundays. Click [HERE](#) to view the daily hours for the College Ave Student Center (includes Graduate Student Lounge). Learn more about the Office of Graduate Student Life by visiting our website [HERE!](#)

#### **ANNOUNCEMENTS**

##### **FREE Walk-In HIV Testing in November!**

Rutgers Student Health: Health Outreach, Promotion, and Education (HOPE) is offering free and confidential HIV testing, every Friday in November (11/15 & 11/22) from 1pm-4pm at the HOPE Office (8 Lafayette St, New Brunswick, College Ave Campus). No appointment necessary!

##### **Call for Research Participants: Feasibility & Effects of Behavioral Intervention to Reduce Problematic Smartphone Use!**

Researchers at the Rutgers School of Social Work, Graduate School of Applied and Professional Psychology, and School of Communication and Information are conducting a research project to evaluate various behavioral intervention strategies on reducing excessive smartphone use problems among college students. Rutgers students who use an Android smartphone and feel they may struggle with excessive smartphone usage, who are interested in exploring strategies that could reduce this overuse can reach out to the research team using this link:

[https://rutgers.ca1.qualtrics.com/jfe/form/SV\\_4N2TzHx4n1QhaAu](https://rutgers.ca1.qualtrics.com/jfe/form/SV_4N2TzHx4n1QhaAu). Participation in this research will take approximately 8 weeks and all components of this study will be

completed via Zoom and participants will receive \$50 to \$170 as compensation. Please contact researcher Priyanka Taribagil [pt428@psych.rutgers.edu](mailto:pt428@psych.rutgers.edu) with any questions.

### **CALL FOR PROPOSALS! GROUNDWORK Interdisciplinary Cultivation Unit**

Rutgers students, faculty, staff, and New Brunswick community members are encouraged to submit proposals to the GROUNDWORK Interdisciplinary Cultivation Unit supported by the New Jersey Council for the Humanities and hosted by Mason Gross' Rutgers Community Arts. The GROUNDWORK Interdisciplinary Cultivation Unit is a program that helps researchers and practitioners activate creativity as a core component in endeavors related to one of Mason Gross' three interdisciplinary initiatives: Health, the Environment, and/or Arts Management and Leadership. Those interested in developing a project at the intersection of creativity with one of these three interdisciplinary initiatives are encouraged to apply for this pilot program that will run from January-June 2025 aimed at shaping participant inquiries into interactive projects and/or offerings that place creativity as a necessary, core ingredient to thriving in any field. Click [HERE](#) to learn more about GROUNDWORK, click [HERE](#) to learn more about or apply to this pilot program by November 30. Please direct any questions to Rita Leduc [groundworkretreat@gmail.com](mailto:groundworkretreat@gmail.com), or Chris Bodwitch [bodwitch@mgsa.rutgers.edu](mailto:bodwitch@mgsa.rutgers.edu).

### **– GET INVOLVED –**

#### **Explore Involvement in Graduate Student Organizations (GSOs)!**

Explore the official directory of Graduate Student Organizations (GSOs) recognized by the Graduate Student Association (GSA) and discover graduate involvement opportunities on campus. GSOs are a fantastic way to meet other graduate students and participate in campus activities. Find the GSO directory [HERE](#).

#### **1:1 Coaching Sessions for Volunteer Engagement**

##### **Schedule a 1:1 Coaching Session [HERE](#)**

Graduate students looking for ways to volunteer in the community should consider scheduling a 1:1 coaching session with the Office of Student Volunteer Engagement to kick-start their volunteer journey.

#### **Volunteer as an Organizer for the Rutgers Conference for Rising Stars!**

The Rutgers Conference for Rising Stars is seeking graduate students and postdoctoral fellows who are interested in serving as organizers for their conference that will be held on Monday, March 3rd, 2025. This conference is geared towards Ph.D students in research-based fields with minimal to no prior conference experience, and aims to demystify the intricacies of scientific conferences for participants. The mission of the conference is to provide an inclusive, welcoming platform for graduate students to engage with the broader scientific community, and foster skills to navigate the

academic and professional world. Students who are interested in getting involved or have additional questions should email [rising\\_stars@cabm.rutgers.edu](mailto:rising_stars@cabm.rutgers.edu) and Erin Lumpe at [erin.lumpe@rutgers.edu](mailto:erin.lumpe@rutgers.edu).

**REGISTER NOW: Volunteer at Community Food Bank of NJ for Hunger and Homelessness Awareness Week – Friday, November 22, 12:45pm-2:45pm**

Location: Community Food Bank of NJ, (31 Evans Terminal Rd #1, Hillside, NJ 07205)

**Register [HERE](#) by Friday, November 15!**

Volunteer with the Basic Needs team at the largest food bank in New Jersey! For a 2 hour shift, the Basic Needs team will be doing work inside the building which may include packing boxes or pasta bags for specific programs. Participants are welcome to drive themselves, sign up as a group, or sign up for van transportation from College Avenue (van transportation spots are limited!). Additional instructions and parking directions will be provided to participants after registration. Please contact Amber Danku [adanku@echo.rutgers.edu](mailto:adanku@echo.rutgers.edu) with any questions. Click [HERE](#) to learn more about Hunger and Homelessness Awareness Week.

**REGISTER NOW: Volunteer at the Rutgers Big Chill 5K – December 12, December 13, & December 14, Times Vary**

Location: College Avenue Gym (130 College Ave, New Brunswick, College Ave Campus)

**Register [HERE](#)!**

Volunteer to help make the Rutgers Big Chill 5K a success! There are plenty of opportunities for both new and seasoned volunteers to get involved!

**– STAY INFORMED –**

Looking for more ways to stay informed? Check out the [Newsletters page](#) on our website! The Newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including: the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more!

**Follow Graduate Student Life on Instagram!**

Stay up to date with the Office of Graduate Student Life by following us on Instagram [@rugradstudentlife](#)! Never miss another graduate student life event!

## EVENTS

– RSVP NOW & COMING UP! –

**NEXT WEEK: Global Grads: Friendsgiving Gathering – Monday, November 18, 12pm-1:30pm**

Location: Busch Student Center, the Cove (604 Bartholomew Rd, Piscataway, Busch Campus)

**RSVP [HERE!](#) Space is limited!**

All international graduate students are invited to RSVP for the Global Grads Friendsgiving Gathering! Enjoy food from Efes Mediterranean Grill, crafts, prizes and giveaways, while meeting other graduate students from around the world!

**NEXT WEEK: Career Advising Drop-In Hours with Dr. Rudrani Gangopadhyay (CES) - Tuesday, November 19, 4:30pm-6pm**

Location: Graduate Student Lounge, (126 College Ave, Behind Panera Bread, College Ave Campus) and on [ZOOM](#)

*CES Drop in hours are part of the [Life @ The Graduate Student Lounge Event Series](#) and will be held every other Tuesday in the fall semester, starting October 22 from 4:30 - 6:00 pm.*

Do you wonder how the Office of Career Exploration and Success can support you in your career journey? What sort of targeted resources does Rutgers have for graduate students on the job market? Drop in to chat about these questions and more with Dr. Rudrani Gangopadhyay, Sr. Assistant Director, Graduate Student Career Pathways in the Office of Career Exploration and Success. You can also book a one-on-one advising session with Dr. Gangopadhyay on [Handshake](#) or reach her via email at [rudrani.g@rutgers.edu](mailto:rudrani.g@rutgers.edu).

**NEXT WEEK: JJJJerome Ellis presents “Aster of Ceremonies” – Thursday, November 21, 5pm-7:30pm**

Location: Zimmerli Art Museum (71 Hamilton St, New Brunswick, College Ave Campus)

**RSVP [HERE!](#) Seating is limited!**

Join the Zimmerli Art Museum for a performance by artist JJJJerome Ellis of excerpts of their latest transdisciplinary project, “Aster of Ceremonies.” Using piano, saxophone, electronics, and voice, they’ll perform excerpts from “Benediction,” a devotional song cycle attending to 18th- and 19th-century Black runaway slaves who stuttered. This lecture-performance is an ongoing attempt to, in the words of critic Hortense Spillers, “hear [slavery’s] stutter more clearly.” An audience Q&A and light reception will follow JJJJerome Ellis’ performance. This event is free and open to the public, click [HERE](#) for more information!

**NEXT WEEK: Scarlet Arts Rx - Embodying Wellness Through Polestar Pilates Mat – Friday, November 22, 10:30am-11:30am**

Location: Nicholas Music Center, Dance Studio 122 (85 George St, New Brunswick, Cook/Douglass Campus)

**Register [HERE](#), by November 22! Space is limited!**

Graduate students are invited to register for a free pilates mat class led by BFA Dance Major and Polestar Pilates Mat Teacher Training graduate, Willa O'Connor through Scarlet Arts Rx. Additional classes will be held on November 22 and December 6. Sign up for Scarlet Arts Rx [HERE](#), and check out Scarlet Arts Rx on getINVOLVED [HERE](#).

**NEXT WEEK: International Friendsgiving with SEBS Global Engagement – Friday, November 22, 12pm-2pm**

Location: Food Science Building, Room 120 (65 Dudley Rd, New Brunswick, Cook Campus)

**Register [HERE](#) by November 22, 9am! Seating is limited!**

The Office of Global Engagement, School of Environmental and Biological Sciences (SEBS) invites all Rutgers international graduate students and postdoctoral fellows to Friendsgiving lunch! Enjoy a catered buffet featuring traditional Thanksgiving dishes, including turkey, and dessert, with vegetarian options available. If event registration is full, please join the waiting list to be contacted if seats open. Please email [sebsglobal@sebs.rutgers.edu](mailto:sebsglobal@sebs.rutgers.edu) with any questions.

**COMING UP: Rutgers Big Chill 5K Race – Saturday, December 14, 10am**

Location: College Avenue Gym (130 College Ave, New Brunswick, College Ave Campus) AND Virtual

**Register [HERE](#)! Space is limited!**

Participate in the 22nd Annual Rutgers Big Chill 5K! Celebrate the holiday spirit with an in-person race on December 14 or participate virtually from December 9-16. For just \$25 and a toy donation (valued at \$10 or more), participants help spread joy to local children during the holiday season. All participants receive a long-sleeve t-shirt, and donations benefit the No Hungry Knights Scholarship Fund.

**– THIS WEEK! –**

**Let's Talk Accommodations with Nychey Michel – Wednesday, November 13, 2pm-4pm**

Location: Graduate Student Lounge (126 College Ave, behind Panera Bread, College Ave Campus) and on Zoom ([JOIN HERE](#))

*ODS Drop-In Hours are part of the [Life @ The Graduate Student Lounge Event Series](#) and are held the first two Wednesdays of every month.*

Wondering if accommodations are for you or have questions about the accommodations you have in place? Drop in to talk with the Disability Services Coordinator, Nychey Michel about accommodations and enjoy snacks and sensory

toys while supplies last! The Office of Disability Services (ODS) provides reasonable accommodations for a wide range of conditions including: hearing, vision, and mobility conditions, learning disabilities, psychological diagnoses (such as anxiety or depression), chronic illnesses, traumatic brain injuries, ADHD, Autism Spectrum Disorder, and more. Feel free to reach out to Nychey Michel via email [nlm108@echo.rutgers.edu](mailto:nlm108@echo.rutgers.edu) or by calling 848-202-3111. Click [HERE](#) to learn more about ODS resources for graduate students.

### **Exhibition Opening Celebration- “Painting to Scale” – Wednesday, November 13, 5pm-7pm**

Location: Zimmerli Art Museum (71 Hamilton St., New Brunswick, College Ave Campus)

Join the Zimmerli Art Museum for a celebration of the “Painting to Scale” exhibition! This exhibition features 60 rarely shown large-scale works from the Norton and Nancy Dodge Collection of Nonconformist Art. Graduate students enrolled in curatorial training will present on the works they researched for the exhibit. Don’t miss student-led tours of the show highlights and light refreshments! This event is free and will be open to the public. Click [HERE](#) for more information.

### **Graduate Student Yoga – Wednesday, November 13, 5pm–6pm**

Location: Graduate Student Lounge (126 College Ave. behind Panera Bread, College Ave Campus)

*Graduate Yoga is part of the [Life @ The Graduate Student Lounge Event Series](#) and is held every Wednesday.*

Graduate Student Yoga is back! Join us on Wednesdays and take a pause from your busy week by practicing Yoga and relax your mind and body with your fellow graduate students. Hosted by Rutgers Recreation and Office of Graduate Student Life. No Registration Needed. Yoga mats and blocks are provided, and all skill levels are welcome! Email [gradstudentlife@echo.rutgers.edu](mailto:gradstudentlife@echo.rutgers.edu) with any questions.

### **LGBTQIA+ Graduate Student Social: Destress Fest – Wednesday, November 13, 5pm–7pm**

Location: Graduate Student Lounge (126 College Ave. behind Panera Bread, College Ave Campus)

**RSVP [HERE!](#)**

The Center for Social Justice Education and LGBT Communities invites all Queer and Trans graduate students to participate in the weekly graduate student yoga from 5pm-6pm and stay afterwards from 6pm-7pm to enjoy destressing activities together in community!

### **Breaking Bread – Wednesday, November 13, 7pm-8:30pm**

Location: College Ave Student Center (CASC), Room 413 (126 College Ave, New Brunswick, College Ave Campus)

Join Rutgers Faith and Spirituality Initiatives for pizza to celebrate building relationships with your fellow students! Please contact Rev. Katrina Jenkins

[katrina.e.jenkins@rutgers.edu](mailto:katrina.e.jenkins@rutgers.edu) for more information.

### **Trivia Bowl – Wednesday, November 13, 8pm-10pm**

Location: College Avenue Gym, (130 College Ave, New Brunswick, College Ave Campus)

**REGISTER [HERE!](#)**

Join Rutgers Recreation for the 36th Annual Trivia Bowl! Form a team of 2-3 students, test your knowledge, and compete for prizes! Open to students, faculty, staff, alumni, and family.

### **Fall Farmers Market – Thursday, November 14, 11am-3pm**

Location: Morrell Street outside the Graduate Student Lounge & College Ave Student Center (126 College Ave, College Ave Campus)

Visit the New Brunswick Community Farmers Market for high-quality fresh fruits and vegetables, honey, flowers, and more! Many vendors accept Supplemental Nutrition Assistance Program (SNAP) Benefits, Good Food Bucks, WIC benefits, Senior Farmers Market Nutrition Program benefits, and Market Bucks provided by Rutgers Student Basic Needs. Click [HERE](#) for more information about the New Brunswick Community Farmers Market.

### **Shopping Trip Sign-Up – International Students – Thursday, November 14, 10am-1pm**

Location: Pick-ups from Bevier Road or Nichols Apartments on Busch Campus

**Reserve Your spot on the Shuttle [HERE!](#)**

Rutgers Global–International Student and Scholar Services arrange shopping shuttles to local stores throughout the semester and summer so students can purchase groceries and other living essentials. You should sign up to reserve your spot on the shuttle. International students and scholars who have signed up will be given preference to ride on the shuttle. You may also register your dependents for the shuttle. To view the full fall schedule of shopping trips and learn more information about the Shopping Shuttle Service, click [HERE](#).

### **AfroBeats Workout Class – Saturday, November 16, 11:30am–12:15pm**

Location: Cook/Douglass Recreation Center, Multipurpose Room (50 Biel Rd, New Brunswick, Cook/Douglass Campus)

*AfroBeats Workout Class is held every Saturday from 11:30am-12:15pm.*

Join graduate instructor Zina Ogunnaya for Afrobeats Workout Class, a modern spin on traditional Nigerian dance! AfroBeats is open to all participants interested in the art of

dance and cultural exploration of Afrobeats. Bring water and comfortable tennis shoes for our beginner-intermediate level class. No dance background is needed to enjoy the mix of cardio and choreography in this class!

### **– WELLNESS WORKSHOPS, GROUPS, & SUPPORT–**

#### **Black Like Me Wellness Series – Thursday, November 14, 7pm-8pm**

Location: Paul Robeson Cultural Center (600 Bartholomew Rd, Piscataway, Busch Campus)

*Workshops in the Black Like Me Wellness Series take place every second Thursday of the month. For more information, please reach out to CAPS at 848-932-7884.*

This monthly workshop series led by CAPS Community Based Counselors Shan Reeves and Kia Alexander, discusses a variety of topics centered around Blackness at Rutgers, throughout the US, and around the world. Engage in meaningful conversations that explore topics such as Black music, hair, the monolith myth, colorism, and more.

#### **NEXT WEEK: Graduate Wellness Workshop: Working through Anger, Resentment, and Conflict – Wednesday, November 20th, 12:30pm-1:30pm**

Location: Zoom (Join [HERE](#))

Join CAPS Community Based Counselor Dana for a workshop on techniques and strategies for addressing conflict and letting go of resentment. Explore conversations about anger as a healthy emotion, and talk about the various ways it can be expressed and discharged in a productive way.

#### **NEXT WEEK: Scarlet Arts Rx - The Inside Out Workshop – Wednesday, November 20, 4pm-6pm**

Location: Mason Gross School of the Arts Performing Center, Studio 101, inside the ticketing office (85 George St, New Brunswick, Cook/Douglass Campus)

**Register [HERE](#), by November 20!**

Graduate students are invited to participate in this workshop that explores the functions of emotions through simple & fun games and exercises. In this short intro to our emotional ecosystem, participants will gain invaluable skills and intelligence from within themselves to help them make better decisions, relate to others, and generate solutions to problems. Please reach out to Chris Bodwitch [bodwitch@mgsa.rutgers.edu](mailto:bodwitch@mgsa.rutgers.edu) with any questions. Sign up for Scarlet Arts Rx [HERE](#), and check out Scarlet Arts Rx on getINVOLVED [HERE](#).

#### **Mental Health Services at the AACCC – Tuesdays 8am-5pm & Thursdays 8am-3pm**

Location: Asian American Cultural Center (49 Joyce Kilmer Ave, Piscataway, Livingston Campus)

CAPS Counselor Mei-ling Cheng is available to provide mental health services at the Asian American Cultural Center from 8am-5pm on Tuesdays and 8am-3pm on



Thursdays. Mei-ling also offers drop-in Let's Talk sessions on Tuesdays from 2pm-4pm. To view additional information and schedules for other CAPS counselors that host weekly drop-in Let's Talk sessions, Click [HERE](#). Take time to prioritize your mental wellbeing in a safe and supportive space!

### **International Students Wellness Group - Fridays, 12pm-1:30pm**

**Location: Zoom, Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.**

International students struggling with the unique challenges of cross-cultural adjustment may benefit from joining the International Students Wellness Group. This group provides a safe and confidential space for students to discuss various concerns, and help connect them with other students who may be facing similar issues. This group may cover topics including: homesickness, loneliness, language barriers, discrimination, social and academic stress. Students who are interested in joining this wellness group, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) to see options for other CAPS wellness groups and for more information about the International Student Wellness Group.

### **Graduate Student Wellness Group: RU Grad – Fridays, 1pm-2:30pm**

**Location: In-Person, Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.**

Graduate students looking for a safe space or supportive environment to share and explore struggles/feelings they may have—whether this be anxiety, self-esteem, sustaining or forming relationships, and the like, may benefit from joining this graduate student wellness group. This group may cover topics including: social adjustment and loneliness, romantic relationships, navigating conflicts/challenges with peers and professors, feelings of inadequacy, assertiveness, stress management and balancing family life and academics. Students who are interested in joining the RU Grad Group, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click [HERE](#) to see options for other CAPS Wellness groups and for more information about the RU Grad Group.

### **Free or Low-Cost Assessments for ADHD, Anxiety, and Depression**

The Rutgers Center for Youth Social Emotional Wellness (CYSEW) in collaboration with the Graduate School of Applied and Professional Psychology's (GSAPP) Center for Psychological Services (CPS) is offering comprehensive evaluations for ADHD, Anxiety, and Depression by trained PsyD clinicians at low or no cost to Rutgers Students. Assessments are conducted through convenient, confidential, virtual sessions. Students will receive a feedback session and diagnostic report along with a detailed list

of support services and resources available at Rutgers. Students covered by Rutgers health insurance will pay \$0 for an evaluation, those not covered by Rutgers health insurance will pay \$150. Click [HERE](#) for more information, Click [HERE](#) to request services, and email [cysew@gsapp.rutgers.edu](mailto:cysew@gsapp.rutgers.edu) with any questions.

### **Arts and Wellbeing Program – Scarlet Arts Rx**

Discover the transformative power of the arts through a new FREE arts and well-being program for all Rutgers–New Brunswick students– Scarlet Arts Rx! Arts engagement is related to improvements in: mood, Sleep quality, Social connections, Self-confidence, Creative thinking skills, and more! You don't need to be an artist to participate in Scarlet Arts Rx and get: free reserved Mason Gross School of the Arts (MGSA) box office tickets for theater, dance, and music performances (and you can bring RU-NB friends for free), opportunities to connect socially and meet new people, and higher self-awareness about how the arts affect your well-being. Each time you fill out a 1-minute feedback survey after each RU-NB arts activity or event you attend, you can be entered into a monthly drawing for a chance to win a \$50 gift card. Sign up for Scarlet Arts Rx [HERE](#), and check out Scarlet Arts Rx on getINVOLVED [HERE](#). Please contact Peichi Waite [pw337@mgsa.rutgers.edu](mailto:pw337@mgsa.rutgers.edu) with any questions.

### **Weekly Let's Talk Drop In Counseling Conversations**

Free Private and Confidential Drop-In Conversations with licensed mental health professionals available in-person or virtual. CAPS Community Based Counselors offer support and counseling services from within university communities—including academic schools and cultural centers. Students are welcome to visit any Community Based Counselor they would like, and may choose a counselor based on the topic they would like to discuss and the counselor's therapeutic approach or community. Click [HERE](#) for information and schedules for Let's Talk sessions and click [HERE](#) to learn more about individual CAPS Community Based Counselors (look for "Community Based-Counselor").

### **Uwill: FREE Immediate-Access to Teletherapy**

Uwill provides free immediate access to teletherapy through an easy-to-use, private, secure, confidential, online platform. Choose a therapist based on your preferences, including issue, gender, language, and ethnicity. Select a time that fits your schedule, including day, night, and weekend availability. Register and book your first session using your Rutgers email [HERE](#).

## **– ACADEMIC SUPPORT & WORKSHOPS –**

**Holding Spaces and Advancing Goals: Virtual Writing Accountability Series - "Hyped" for Writing – Saturday, November 16, 9am-11am**

Location: Zoom

**Register [HERE!](#)**

The Graduate School of Education Alumni Association (GSEAA) invites all graduate students and alumni regardless of graduate school affiliation to join them for virtual writing productivity sessions that are designed to provide writing accountability and space to support current graduate students' progress towards degree completion. These spaces will be motivating, supportive, collaborative, and affirming to assist students in reaching their goals. Upon registration students will be provided with a zoom link so they can log in to independently work on writing projects (e.g., theses, homework, dissertation materials, articles), but in virtual community with others. A virtual session facilitator (a GSEAA Standing Higher Education Committee member) will open the time with a brief welcome followed by time and space for attendees to make progress on their short-term or long-term goal. Please email [gseaar@gmail.com](mailto:gseaar@gmail.com) with any questions.

**NEXT WEEK: Libraries Workshop: Website Creation and Hosting on Github – Monday, November 18, 10am-11:30am**

Location: Zoom

**Register [HERE!](#)**

Join Francesca Giannetti, Digital Humanities Librarian for the Rutgers Libraries, for this Data Science workshop! This workshop will go over the basics for creating a website for a personal project or portfolio, as well as how to use Git to host it. This workshop will delve into the basics of HTML and use of Git. No previous experience is required, but participants should create their Github account and download Notepad prior to attending this workshop.

**NEXT WEEK: Libraries Workshop: Large Language Models and ChatGPT – Monday, November 18, 4pm-5:30pm**

Location: Zoom

**Register [HERE!](#)**

Join Tanya Khanna, Data Science Graduate Specialist, for this data science workshop! This workshop will delve into the design, training techniques, and practical uses of cutting-edge language models, with a focus on ChatGPT. It will also cover topics such as ethical usage and best practices. This workshop seeks to help participants gain a better understanding of as well as effectively applying large language models, such as ChatGPT. Click [HERE](#) to view more workshops offered by Rutgers libraries.

**NEXT WEEK: Building Graduate Level Research Writing Skills: Part 2: The Revision Process – Monday, November 18, 6pm-7pm**

Location: Online

**Register [HERE!](#)**

Join the Learning Centers for this academic success workshop in their Graduate Workshop Series! This workshop will provide graduate students with an organized approach to revising and proofreading their research papers. Attendees will be given

strategies to help them improve the clarity, coherence, and organization of their writing. Tips on copy editing and proofreading will also be covered, so students have the necessary tools to review their own writing for accuracy before submission. Students may attend even if they did not attend the first workshop in the series! Click [HERE](#) to view other academic success workshops offered by the Learning Centers. Please reach out to Lucille Leung [llu@echo.rutgers.edu](mailto:llu@echo.rutgers.edu) with any questions.

### **NEXT WEEK: Libraries Workshop: Text Analysis with the Gale Digital Scholar Lab – Wednesday, November 20, 10am-11:30am**

Location: Zoom

**Register [HERE!](#)**

Join Francesca Giannetti, Digital Humanities Librarian for the Rutgers Libraries, for this research workshop! This workshop will cover the workflow for using the Gale Digital Scholar Lab, a platform that allows researchers to do text analysis on archival collections that are available through Gale. This workshop will also review how to curate and create a content set, develop clean configurations, apply text analysis tools, and export results.

### **New Brunswick Libraries Data and Research Methods Workshops for Graduate Students!**

The New Brunswick Libraries' calendar of data and research methods workshops for Fall 2024 is available now. Check out workshops in citation managers, R, Python, systematic reviews, NVivo, ethnography, qualitative research, GIS, and more. Click [HERE](#) to view the full schedule of workshops and register. Please contact Francesca Giannetti, NBL Graduate Specialist Program [francesca.giannetti@rutgers.edu](mailto:francesca.giannetti@rutgers.edu) with any questions.

### **Scholarly Writing Support Available from the Graduate Writing Program**

The Graduate Writing Program supports graduate students in achieving their scholarly writing goals by offering writing workshops, guest lectures, and free, zero-credit courses that carry no additional work other than writing students are already completing for their academic programs. Click [HERE](#) to learn more about the Graduate Writing Program and [HERE](#) to learn more about the courses offered by the Graduate Writing Program. Please reach out to the Director of the Graduate Writing Program, Mark DiGiacomo [mark.digiacomo@rutgers.edu](mailto:mark.digiacomo@rutgers.edu) with any questions.

### **Graduate Writing Accountability Groups**

The Graduate Writing Program, in partnership with the Learning Centers in the Office of the Provost, is pleased to announce the launch of Writing Accountability Groups. Interested graduate students are invited to sign up for student-led writing accountability groups. Sessions will be held on Zoom at various times and days each week and students may choose the weekly slot that best suits their availability to meet

and write alongside other Rutgers graduate students to make progress toward their writing goals. After registering, participants will be provided with materials to help them effectively structure and run these student-led productivity sessions. Click [HERE](#) to sign up for a Graduate Writing Accountability Group.

### **Stats & Writing Tutoring Available from the Learning Centers**

The Rutgers Learning Centers offers stats and writing tutoring to graduate students. Learning Centers stats tutors can assist with quantitative study methods, analysis, interpretation, data clean-up, statistical software, and more. Graduate-level writing tutors can provide helpful feedback and suggestions on all aspects of your writing, from brainstorming and organizing topics, to creating and strengthening a thesis, to revisions and citations. Use Penji to connect with a tutor. Click [HERE](#) to learn how to use Penji online or download the Penji app. Please contact [academiccoaches@echo.rutgers.edu](mailto:academiccoaches@echo.rutgers.edu) with any questions or issues using Penji. Click [HERE](#) to learn more about the resources available to graduate students through the Learning Centers.

### **Academic Coaching from the Learning Centers**

The Rutgers Learning Centers offers academic coaching to graduate students. Academic Coaching can be particularly helpful for tackling motivation challenges, breaking down large tasks into more approachable segments, and seeking accountability for productivity. Several of Rutgers' Academic Coaches specifically support graduate students. Use Penji to join the Academic Coaching community and connect with an Academic Coach. Click [HERE](#) to learn how to use Penji online or download the Penji app. Please contact [academiccoaches@echo.rutgers.edu](mailto:academiccoaches@echo.rutgers.edu) with any questions or issues using Penji.

## ***PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES***

### **– PROFESSIONAL DEVELOPMENT –**

**Teaching Assistant Project (TAP) Workshop: Research Poster Design in PowerPoint – Tuesday, November 12, 12pm-1:30pm**

Location: Zoom

Click [HERE](#) to register!

Each semester the Teaching Assistant Project (TAP) offers workshops covering a wide range of topics to assist TAs with their continued professional development. These sessions, designed for current and future graduate student TAs, are free. All workshops are virtual. Teaching Assistant Project Staff at School of Graduate Studies are here to help! Feel free to contact them with questions at [tapweb@grad.rutgers.edu](mailto:tapweb@grad.rutgers.edu).

**Teaching Assistant Project (TAP) Workshop: Engaging a Quiet Classroom –  
Wednesday, November 13, 12pm-1:30pm**

Location: Zoom

**Click [HERE](#) to register!**

Each semester the Teaching Assistant Project (TAP) offers workshops covering a wide range of topics to assist TAs with their continued professional development. These sessions, designed for current and future graduate student TAs, are free. All workshops are virtual. Teaching Assistant Project Staff at School of Graduate Studies are here to help! Feel free to contact them with questions at [tapweb@grad.rutgers.edu](mailto:tapweb@grad.rutgers.edu).

**– SCHOLARSHIP, & FUNDING OPPORTUNITIES –**

**SGS Conference and Research Travel Award Program**

**Apply [HERE](#) by December 15!**

The School of Graduate Studies Conference and Research Award program is designed to provide support to Ph.D. students in the School of Graduate Studies (School 16) who do not have access to the [conference funding programs available through the New Brunswick/Piscataway and Newark Biomedical Sciences programs](#). The purpose of the SGS Conference and Research Award program is to help offset costs associated with off-campus research activities and presenting at academic, scholarly, and scientific conferences. Students may apply for a \$1000 stipend to support research or conference travel between July 1, 2024 and June 30, 2025. Click [HERE](#) for more information about the SGS Conference and Research Travel Award Program and to access the application. Please contact [SGS\\_Awards@grad.rutgers.edu](mailto:SGS_Awards@grad.rutgers.edu) with any questions.

**Build a Fellowship Plan with GradFund!**

[GradFund](#) provides graduate students with information on how to apply for external scholarship, fellowship, and funding opportunities. GradFund also provides guidance and assistance with application processes.

Schedule an appointment with a GradFund advisor for fellowship assistance! Schedule a Planning Meeting to learn how to search for fellowships and grants or to plan out your future funding applications. Request Help with a Funder to learn about the funder's application review process and find the best way to frame your research plans for a particular application. Book an Application Review appointment to have a GradFund advisor review your application materials for one application. Schedule a Post-Award Consultation for advice on moving forward after receiving a fellowship offer. Wherever you are in the fellowship, grant, or award process, GradFund is here to help! Click [HERE](#) for more information on GradFund and click [HERE](#) to schedule a Gradfund appointment.

## **Learn to Write a Competitive Funding Application with GradFund's FREE Self-Paced Canvas Course**

Learn to write a competitive external funding application using GradFund's FREE self-paced Canvas course! This course teaches the art of competitive proposal writing through developing familiarity with both funders in your field of study and the proposal writing genre. Click [HERE](#) to enroll in GradFund's self-paced Canvas course.

[The Office of Financial Aid](#) can provide information about need-based funding and financial aid. Other forms of need-based aid or scholarships may be available through your school of enrollment.

## **NEXT WEEK: Gradfund Webinar - Fulbright Hays Doctoral Dissertation Research Fellowship – Tuesday, November 19, 1pm**

Location: Zoom

**Register for the webinar [HERE](#) by November 19! Pre-registration is required.**

In this webinar, GradFund Fellowship Advisors will share tips and advice on creating a competitive, compelling application for the Fulbright-Hays Doctoral Dissertation Research Abroad (DDRA) Fellowship. The Fulbright Hays DDRA Fellowship Program offers individual funding for doctoral students who wish to conduct research abroad, focusing on modern foreign languages and area studies, for a period of six to twelve months. Click [HERE](#) to learn more about the fellowship program.

## **– EMPLOYMENT OPPORTUNITIES –**

### **PNC Graduate Fellow in Museum Education – Zimmerli Art Museum**

*Compensation: \$20 per hour, 10-15 hours per week*

*Position dates: December 2, 2024-June 30, 2025*

*Location: On-site, College Ave Campus*

**Apply via email by November 18!**

The Zimmerli Art Museum is seeking to hire a graduate student with experience working with K-12 audiences and knowledge of the Spanish language as a PNC Graduate Fellow in Museum Education. The PNC Graduate Fellow will be responsible for creating and facilitating impactful, interactive experiences for K-12 audiences, with a focus on early childhood education. The PNC Graduate Fellow will support the launch of Zimmerli Mobile, an initiative that works to deepen the museum's community engagement through off-site artmaking programs at early childhood schools and community centers in New Brunswick and nearby cities. The PNC Graduate Fellow will work collaboratively with members of the Education Department to create pedagogical content and implement learning strategies that execute the museum's mission. Applicants should send a cover letter, resume, and contact information for two professional references (in one document) to Brandon Truett [btruett@zimmerli.rutgers.edu](mailto:btruett@zimmerli.rutgers.edu) with the subject line "Application for PNC Graduate Fellow."

## **Research Assistant – Rutgers Institute for Health, Health Care Policy and Aging Research**

*Compensation: \$20 per hour, 20 hours per week*

*Position dates: Temporary appointment*

*Location: On-Site*

**Apply [HERE](#) by November 22!**

The Rutgers University Institute of Health is seeking a graduate student in the social sciences with previous research experience to work as a research assistant. The research assistant will be responsible for traveling to participant homes to assist in data collection, including biological sample collection; participating in the recruitment, screening, and scheduling of participants for study visits; monitoring participant completions of the study's daily collection; monitoring follow-up surveys; administering interviews to assess mental health conditions and obtaining feedback from participants; and cleaning and coding data. Please review the job posting for additional details.

## **Graduate Assistant – Tyler Clementi Center for Diversity Education and Bias Prevention**

*Compensation: \$20 per hour, 10-15 hours per week*

*Position dates: through June 30 2025*

*Location: Hybrid*

**Apply [HERE](#) by 6am on December 1!**

The Tyler Clementi Center for Diversity Education and Bias Prevention (TCC) at Rutgers University is hiring a graduate assistant to assist with: coordinating the TCC Student Advisory Board on Bias Prevention; providing technical support for workshops and large-scale events; promotion, outreach, and review of applications for the IDEA Innovation Grant and conducting monthly check-ins with awardees; curating and promoting the online resource library for the Research2Practice Program; and brainstorming ideas and generating new initiatives from the student perspective on how best to provide diversity education and support bias prevention at Rutgers-New Brunswick. Please review the job posting for additional details.

## **THE RESOURCE CORNER**

### **Gender Affirming Care Services Provided by Rutgers Student Health**

Rutgers Student Health provides a wide range of gender affirming care services including assistance with medical and counseling services. Rutgers Student Health can provide assistance related to transitioning including: medical counseling, hormone therapy, hormone-level monitoring, referrals to external healthcare providers such as endocrinologists or surgeons, and signing official name-change documents. Rutgers Student Health Services also provides a variety of counseling services including: structured evidence-based individual counseling, group counseling, crisis



management, substance abuse assessment and treatment, psychiatric services, and referrals to community providers. To learn more about the gender affirming care services provided by Rutgers Student Health, click [HERE](#). You can contact Rutgers Student Health by phone at 848-932-7402 or email at [health@rutgers.edu](mailto:health@rutgers.edu).

### **Sexual Health & Wellness Services Provided by Rutgers Student Health**

Rutgers Student Health provides a comprehensive range of sexual health and wellness services including: gynecological visits, male sexual health visits, STI screening and treatment, contraceptive consultation and prescription (options for hormonal and Long Acting Reversible Contraception devices such as an Implant or Intrauterine Device), along with pregnancy counseling and referral services for prenatal care and pregnancy termination. To learn more about the sexual health and wellness services provided by Rutgers Student Health, click [HERE](#). For further information including frequently asked questions about sexual health services, insurance, and billing, click [HERE](#). You can contact Rutgers Student Health by phone at 848-932-7402 or email at [health@rutgers.edu](mailto:health@rutgers.edu).

## **STUDENT SERVICES & SUPPORT**

### **Resource Webpage for Pregnant and Parenting Graduate Students!**

The Office of Graduate Student Life, in partnership with the Office of Title IX & Compliance, and Supporting Parents & Caregivers at Rutgers (GSO), recently launched a new resource webpage for pregnant and parenting graduate students! This webpage serves as a platform for helping pregnant and parenting students locate resources, policies, support services, and community engagement opportunities available at Rutgers University and in the local community. Click [HERE](#) to visit the webpage.

### **Academic, Employment, and Student Support Resources on the Graduate Student Life Website!**

Looking for graduate student resources, services, or support? Check out our newly revamped resource pages on our website! Find information on [Academic Support Resources](#), [Career & Professional Development](#), [Student Support Services & Resources](#) and more on our website!

Do you have an opportunity for graduate students that you would like to promote in the Graduate Student Life Weekly Digest? Submit it [HERE](#)!