

### Graduate Student Life \_\_\_\_\_ Weekly Digest

# **Graduate Student Life Weekly Digest Week of October 28, 2024**

### Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers-New Brunswick! Share with your friends and tell them to subscribe <a href="HERE">HERE</a>! You can contact the Office of Graduate Student Life by emailing <a href="gradstudentlife@echo.rutgers.edu">gradstudentlife@echo.rutgers.edu</a> or visiting our offices during the week in the Graduate Student Lounge (126 College Ave, behind Panera Bread). Click <a href="HERE">HERE</a> for information about staff office hours.

The Graduate Student Lounge is open from 6:45am-12:00am Mondays-Fridays and 9:00am-12:00am Saturdays and Sundays. Click <u>HERE</u> to view the daily hours for the College Ave Student Center (includes Graduate Student Lounge). Learn more about the Office of Graduate Student Life by visiting our website <u>HERE</u>!

### **ANNOUNCEMENTS**

#### **Election Day is NEXT TUESDAY, November 5!**

The General Election is November 5, registered New Jersey voters can cast their vote by: applying for and completing an official ballot for vote-by-mail, voting early at their county's designated early voting site, or voting in-person on Election Day at their designated polling location anytime between 6:00AM to 8:00PM on November 5. Click HERE for more information about voting in the November 5 election. Out-of-state students looking for information about voting in their home states should click HERE for state-specific election deadlines and requirements. Please reach out to Jessica Ronan-Frisch ironan@eagleton.rutgers.edu with any questions.

#### - GET INVOLVED -

#### **Explore Involvement in Graduate Student Organizations (GSOs)!**

Explore the official directory of Graduate Student Organizations (GSOs) recognized by the Graduate Student Association (GSA) and discover graduate involvement opportunities on campus. GSOs are a fantastic way to meet other graduate students and participate in campus activities. Find the GSO directory <u>HERE</u>.

#### 1:1 Coaching Sessions for Volunteer Engagement

#### Schedule a 1:1 Coaching Session HERE

Graduate students looking for ways to volunteer in the community should consider scheduling a 1:1 coaching session with the Office of Student Volunteer Engagement to kick-start their volunteer journey.

#### - STAY INFORMED -

Looking for more ways to stay informed? Check out the <u>Newsletters page</u> on our website! The Newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including: the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more!

#### Follow Graduate Student Life on Instagram!

Stay up to date with the Office of Graduate Student Life by following us on Instagram @rugradstudentlife! Never miss another graduate student life event!

#### **EVENTS**

#### - RSVP NOW & COMING UP! -

NEXT WEEK: Scarlet Arts Rx - The Art of Presence Photography Workshop – Monday, November 4 & Sunday, November 10, 3pm-4:30pm

<u>Location: Alexander Library, Room 128D (169 College Ave, New Brunswick, College Ave Campus)</u>

Register in advance by emailing Rachel Herring at <a href="mailto:rhg55@scarletmail.rutgers.edu">rhg55@scarletmail.rutgers.edu</a>! "The Art of Presence" is a free photography workshop for Rutgers students. All students need to bring is their smartphone! Slow your mind and body, create community, and explore beauty in the everyday. All photography levels are welcome.

# **NEXT WEEK: Scarlet Tabletop Gaming League Game Night – Monday, November 4, 7pm-10pm**

<u>Location: College Ave Student Center, Room 108 G2 Level (126 College Ave, New Brunswick, College Ave Campus)</u>

Tabletop game enthusiasts are invited to join the Scarlet Tabletop Gaming League for their monthly evening of fellowship and fun! This is a space where beginners and enthusiasts alike can unwind and immerse themselves in the intellectual challenges of strategic and thematic board games. Come play games like Francis Drake, Heat: Pedal to the Metal, Werewolf, Cascadia and more! Come connect with fellow tabletop gamers, build lasting friendships, and share a love for board games. Contact Alex Nesenjuk <a href="mailto:an525@scarletmail.rutgers.edu">an525@scarletmail.rutgers.edu</a> with any questions.

#### NEXT WEEK: Flu Vaccination Clinic – Tuesday, November 5, 12:00pm-7:00pm

Location: The Yard, (40 College Ave, New Brunswick, College Ave Campus)
This is the final walk-in flu vaccination clinic offered by Rutgers Student Health!
Students can bring their RU ID and health insurance card to the walk-clinic and get their annual flu vaccine. The first 100 students at each walk-in clinic will receive a free t-shirt! Click HERE for more information about the Rutgers Student Health walk-in flu vaccine clinics. Students who wish to schedule an appointment instead to receive their flu vaccine may do so HERE through the Student Health portal.

## NEXT WEEK: Smoke and Mirrors Virtual Artists Roundtable - Tuesday, November 5, 3pm-4:30pm

Location: Zoom

#### Click **HERE** to register!

## NEXT WEEK: Career Advising Drop-In Hours with Dr. Rudrani Gangopadhyay (CES) - Tuesday, November 5, 4:30pm-6pm

<u>Location: Graduate Student Lounge, (126 College Ave, Behind Panera Bread, College Ave Campus) and on ZOOM</u>

CES Drop in hours are part of the <u>Life @ The Graduate Student Lounge Event Series</u> and will be held every other Tuesday in the fall semester, starting October 22 from 4:30 - 6:00 pm.

Do you wonder how the Office of Career Exploration and Success can support you in your career journey? What sort of targeted resources does Rutgers have for graduate students on the job market? Drop in to chat about these questions and more with Dr. Rudrani Gangopadhyay, Sr. Assistant Director, Graduate Student Career Pathways in the Office of Career Exploration and Success. You can also book a one-on-one advising session with Dr. Gangopadhyay on <a href="https://example.com/Handshake">Handshake</a> or reach her via email at <a href="mailto:rudrani.g@rutgers.edu">rudrani.g@rutgers.edu</a>.

# **NEXT WEEK: The Morning After: A Special Post-Presidential Analysis of the 2024 Election – Wednesday, November 6, 10:30am**

Location: Virtual Register HERE!

Join the Eagleton Institute of Politics for a special post-election webinar in partnership with President Holloway's Byrne Seminar analyzing the results of the 2024 presidential election. A longstanding program of the Eagleton Institute of Politics, The Morning After offers analysis of the previous day's election from a variety of experts including scholars, political practitioners, and journalists. This year's program offers students a

unique opportunity to better understand the presidential, congressional, and state and local-level electoral outcomes as best we know in the hours after polls have closed. Please reach out to Nancy Shihadeh <a href="mailto:shihadeh@rutgers.edu">shihadeh@rutgers.edu</a> with any questions.

# NEXT WEEK: RU T.A.S.T.Y Tea and Storytime + You - Wednesday, November 6, 2:30pm-4pm

Location: The Canterbury House (5 Mine St, New Brunswick, College Ave Campus) Graduate students are invited to join Rev. Katrina Jenkins and Fr. Scott Russell for RU T.A.S.T.Y, a time of tea, community building, and storytelling that will occur every other Wednesday. RU T.A.S.T.Y will begin by reading a story or poem then move into a flavorful discussion! Please contact Rev. Katrina Jenkins, Assistant Dean for Faith and Spirituality Initiatives, <a href="mailto:katrina.e.jenkins@rutgers.edu">katrina.e.jenkins@rutgers.edu</a>, with any questions.

# NEXT WEEK: Scarlet Arts Rx - Embodying Wellness Through Polestar Pilates Mat - Friday, November 8, 10:30am-11:30am

<u>Location: Nicholas Music Center, Dance Studio 122 (85 George St, New Brunswick, Cook/Douglass Campus)</u>

#### Register **HERE**, by November 7! Space is limited!

Graduate students are invited to register for a free pilates mat class led by BFA Dance Major and Polestar Pilates Mat Teacher Training graduate, Willa O'Connor through Scarlet Arts Rx. Additional classes will be held on November 22 and December 6. Sign up for Scarlet Arts Rx HERE, and check out Scarlet Arts Rx on getINVOLVED HERE.

#### COMING UP: Trivia Bowl – Wednesday, November 13, 8pm-10pm

<u>Location: College Avenue Gym, (130 College Ave, New Brunswick, College Ave Campus)</u>

#### **REGISTER HERE!**

Join Rutgers Recreation for the 36th Annual Trivia Bowl! Form a team of 2-3 students, test your knowledge, and compete for prizes! Open to students, faculty, staff, alumni, and family.

#### - THIS WEEK! -

## Halloween Pumpkin Carving Event for Students & Families – Tuesday, October 29, 2pm-4pm

Location: Cook Campus Food Science Building, Office for Global Engagement, Suite 122, (65 Dudley Rd, New Brunswick, Cook/Douglass Campus)

# Register <u>HERE</u>, by 12pm on October 29! Please indicate if you are bringing any guests (maximum 2 guests per student) space is limited!

Join the SEBS Office of Global Engagement for some festive Halloween fun at their annual pumpkin carving event! All pumpkin carving and painting supplies will be provided and students may take home their pumpkins to display for Halloween. This

event is open to students at any Rutgers school and their families, partners/spouses and kids are very welcome to participate! Halloween treats will also be available to snack on as students create their pumpkin masterpieces! Please contact the Office of Global Engagement team, <a href="mailto:sebsglobal@sebs.rutgers.edu">sebsglobal@sebs.rutgers.edu</a>, with any questions.

#### Flu Vaccination Clinic - Wednesday, October 30, 12:00pm-7:00pm

<u>Location: Busch Student Center, Multipurpose Room, (604 Bartholomew Rd, Piscataway, Busch Campus)</u>

Rutgers Student Health is offering walk-in flu vaccination clinics through November! Students can bring their RU ID and health insurance card to the walk-clinic and get their annual flu vaccine. The first 100 students at each walk-in clinic will receive a free t-shirt! Click HERE for more information about the Rutgers Student Health walk-in flu vaccine clinics. Students who wish to schedule an appointment instead to receive their flu vaccine may do so HERE through the Student Health portal.

#### Graduate Student Yoga – Wednesday, October 30, 5pm–6pm

Location: Graduate Student Lounge (126 College Ave, behind Panera Bread, College Ave Campus)

Graduate Yoga is part of the <u>Life @ The Graduate Student Lounge Event Series</u> and is held every Wednesday.

Graduate Student Yoga is back! Join us on Wednesdays and take a pause from your busy week by practicing Yoga and relax your mind and body with your fellow graduate students. Hosted by Rutgers Recreation and Office of Graduate Student Life. No Registration Needed. Yoga mats and blocks are provided, and all skill levels are welcome! Email gradstudentlife@echo.rutgers.edu with any questions.

#### Global Ghouls Gala – Wednesday, October 30, 7pm-8:30pm

<u>Location: College Ave Student Center, Multipurpose Room (126 College Ave, New Brunswick, College Ave Campus)</u>

#### **RSVP HERE!**

Join Rutgers Global for the Global Ghouls Gala and experience some Halloween fun! There will be black light miniature golf, Halloween crafts, and lots of candy to enjoy. Feel free to come in costume!

#### Fall Farmers Market – Thursday, October 31, 11am-3pm

<u>Location: Morrell Street outside the Graduate Student Lounge & College Ave Student Center (126 College Ave, College Ave Campus)</u>

Visit the New Brunswick Community Farmers Market for high-quality fresh fruits and vegetables, honey, flowers, and more! Many vendors accept Supplemental Nutrition Assistance Program (SNAP) Benefits, Good Food Bucks, WIC benefits, Senior Farmers Market Nutrition Program benefits, and Market Bucks provided by Rutgers Student Basic Needs. Click HERE for more information about the New Brunswick Community Farmers Market.

# Shopping Trip Sign-Up – International Students – Thursday, October 31, 5pm-8pm Location: Pick-ups from Bevier Road or Nichols Apartments on Busch Campus Reserve Your spot on the Shuttle HERE!

Rutgers Global–International Student and Scholar Services arrange shopping shuttles to local stores throughout the semester and summer so students can purchase groceries and other living essentials. You should sign up to reserve your spot on the shuttle. International students and scholars who have signed up will be given preference to ride on the shuttle. You may also register your dependents for the shuttle. To view the full fall schedule of shopping trips and learn more information about the Shopping Shuttle Service, click HERE.

#### GSA Halloween Night – Thursday, October 31, 6pm-10pm

<u>Location: RWJ Medical School, the Great Hall (675 Hoes Ln W, Piscataway, Busch Campus)</u>

#### **RSVP HERE!**

Join the Graduate Student Association and MBGSO for a Halloween Bash! Get ready to dance with ghosts, enjoy spooky treats, and groove to haunting beats at the most thrilling event of the season! Don't miss this night filled with creepy delights, ghostly snacks, and haunting tunes!

#### AfroBeats Workout Class - Saturday, November 2, 11:30am-12:15pm

<u>Location: Cook/Douglass Recreation Center, Multipurpose Room (50 Biel Rd, New Brunswick, Cook/Douglass Campus)</u>

AfroBeats Workout Class is held every Saturday from 11:30am-12:15pm.

Join graduate instructor Zina Ogunnaya for Afrobeats Workout Class, a modern spin on traditional Nigerian dance! AfroBeats is open to all participants interested in the art of dance and cultural exploration of Afrobeats. Bring water and comfortable tennis shoes for our beginner-intermediate level class. No dance background is needed to enjoy the mix of cardio and choreography in this class!

#### - WELLNESS WORKSHOPS, GROUPS, & SUPPORT-

**NEXT WEEK: Scarlet Arts Rx - The Inside Out Workshop – Wednesday, November** 6, 4pm-6pm

<u>Location: Mason Gross School of the Arts Performing Center, Studio 101, inside the ticketing office (85 George St, New Brunswick, Cook/Douglass Campus)</u>

#### Register **HERE**, by November 6!

Graduate students are invited to participate in this workshop that explores the functions of emotions through simple & fun games and exercises. In this short intro to our emotional ecosystem, participants will gain invaluable skills and intelligence from within themselves to help them make better decisions, relate to others, and generate solutions to problems. Please reach out to Chris Bodwhitch

bodwitch@mgsa.rutgers.edu with any questions. Sign up for Scarlet Arts Rx HERE, and check out Scarlet Arts Rx on getINVOLVED HERE.

# Mental Health Services at the AACC – Tuesdays 8am-5pm & Thursdays 8am-3pm Location: Asian American Cultural Center (49 Joyce Kilmer Ave, Piscataway, Livingston Campus)

CAPS Counselor Mei-ling Cheng is available to provide mental health services at the Asian American Cultural Center from 8am-5pm on Tuesdays and 8am-3pm on Thursdays. Mei-ling also offers drop-in Let's Talk sessions on Tuesdays from 2pm-4pm. To view additional information and schedules for other CAPS counselors that host weekly drop-in Let's Talk sessions, Click HERE. Take time to prioritize your mental wellbeing in a safe and supportive space!

#### International Students Wellness Group - Fridays, 12pm-1:30pm

Location: Zoom, Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.

International students struggling with the unique challenges of cross-cultural adjustment may benefit from joining the International Students Wellness Group. This group provides a safe and confidential space for students to discuss various concerns, and help connect them with other students who may be facing similar issues. This group may cover topics including: homesickness, loneliness, language barriers, discrimination, social and academic stress. Students who are interested in joining this wellness group, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click <a href="HERE">HERE</a> to see options for other CAPS wellness groups and for more information about the International Student Wellness Group.

### **Graduate Student Wellness Group: RU Grad – Fridays, 1pm-2:30pm**

Location: In-Person, Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.

Graduate students looking for a safe space or supportive environment to share and explore struggles/feelings they may have—whether this be anxiety, self-esteem, sustaining or forming relationships, and the like, may benefit from joining this graduate student wellness group. This group may cover topics including: social adjustment and loneliness, romantic relationships, navigating conflicts/challenges with peers and professors, feelings of inadequacy, assertiveness, stress management and balancing family life and academics. Students who are interested in joining the RU Grad Group, should call CAPS at 848-932-7884 or talk to their CAPS Clinician about a referral to this wellness group. Click HERE to see options for other CAPS Wellness groups and for more information about the RU Grad Group.

#### Free or Low-Cost Assessments for ADHD, Anxiety, and Depression

The Rutgers Center for Youth Social Emotional Wellness (CYSEW) in collaboration with the Graduate School of Applied and Professional Psychology's (GSAPP) Center for Psychological Services (CPS) is offering comprehensive evaluations for ADHD, Anxiety, and Depression by trained PsyD clinicians at low or no cost to Rutgers Students. Assessments are conducted through convenient, confidential, virtual sessions. Students will receive a feedback session and diagnostic report along with a detailed list of support services and resources available at Rutgers. Students covered by Rutgers health insurance will pay \$0 for an evaluation, those not covered by Rutgers health insurance will pay \$150. Click HERE for more information, Click HERE to request services, and email cysew@gsapp.rutgers.edu with any questions.

#### **ACCESS Program for Graduate Students with ADHD and Autism**

The Rutgers College Support Program (CSP), run collaboratively with the Center for Youth Social Emotional Wellness (CYSEW) and Center for Adult Autism Services (RCAAS) is offering the well-researched ACCESS program for graduate students with ADHD and Autism. The ACCESS program provides small group and individual mentoring services that focus on psychoeducation, behavioral skills & strategies, and cognitive skills & strategies to help students build social connections, organization and time management skills, learn to navigate the resources available to them at Rutgers, boost motivation and counteract negative thought patterns, and more. The ACCESS program is available in-person and virtually. Click HERE to learn more about the ACCESS program, click HERE to express your interest in participating in the ACCESS program, no diagnosis required. There is a \$1,000 participation cost for the semester, sliding scale pricing is available. Please contact Program Coordinator Sophia Frontale sf924@gsapp.rutgers.edu with any questions.

#### **Arts and Wellbeing Program – Scarlet Arts Rx**

Discover the transformative power of the arts through a new FREE arts and well-being program for all Rutgers–New Brunswick students– Scarlet Arts Rx! Arts engagement is related to improvements in: mood, Sleep quality, Social connections, Self-confidence, Creative thinking skills, and more! You don't need to be an artist to participate in Scarlet Arts Rx and get: free reserved Mason Gross School of the Arts (MGSA) box office tickets for theater, dance, and music performances (and you can bring RU-NB friends for free), opportunities to connect socially and meet new people, and higher self-awareness about how the arts affect your well-being. Each time you fill out a 1-minute feedback survey after each RU-NB arts activity or event you attend, you can be entered into a monthly drawing for a chance to win a \$50 gift card. Sign up for Scarlet Arts Rx HERE, and check out Scarlet Arts Rx on getINVOLVED HERE. Please contact Peichi Waite pw337@mgsa.rutgers.edu with any questions.

#### **Weekly Let's Talk Drop In Counseling Conversations**

Free Private and Confidential Drop-In Conversations with licensed mental health professionals available in-person or virtual. CAPS Community Based Counselors offer support and counseling services from within university communities—including academic schools and cultural centers. Students are welcome to visit any Community Based Counselor they would like, and may choose a counselor based on the topic they would like to discuss and the counselor's therapeutic approach or community. Click HERE for information and schedules for Let's Talk sessions and click HERE to learn more about individual CAPS Community Based Counselors (look for "Community Based-Counselor").

#### **Uwill: FREE Immediate-Access to Teletherapy**

Uwill provides free immediate access to teletherapy through an easy-to-use, private, secure, confidential, online platform. Choose a therapist based on your preferences, including issue, gender, language, and ethnicity. Select a time that fits your schedule, including day, night, and weekend availability. Register and book your first session using your Rutgers email HERE.

#### - ACADEMIC SUPPORT & WORKSHOPS -

NEXT WEEK! Learning Centers Graduate Workshop: Reading and Selecting Journal Articles – Tuesday, November 5, 6pm-7pm

Location: Zoom
Register HERE!

Join the Learning Centers for this academic success workshop in their Graduate Workshop Series! This workshop is for graduate students who would like to learn reading strategies specific to journal article reading and will explore how to effectively select journal articles to use for research and papers. Click <u>HERE</u> to view other academic success workshops offered by the Learning Centers. Please reach out to Lucille Leung <u>Ilu@echo.rutgers.edu</u> with any questions.

# NEXT WEEK! Science Research Workshop: Finding Journals to Publish Your Work – Thursday, November 7, 12:30pm-1:30pm

Location: Zoom
Register HERE!

Join Science Research Librarian, Mei Ling Lo of the Rutgers Libraries for this Science Research Workshop! In this workshop, students will learn how to match their manuscripts to the right journal to increase their chances of acceptance and explore resources like Journal Finder and Manuscript Matcher. This workshop will provide tips on how to identify reputable journals, and explore the impact factors and significance of journal rankings. This workshop will provide valuable guidance to help both novice and experienced researchers navigate the complex world of academic publishing.

### REGISTER NOW! Ethical AI and Responsible Data Science – Monday, November

11, 4pm-5:30pm Location: Zoom

#### Register **HERE!**

Join Tanya Khanna, Graduate Specialist in Data Science for the Rutgers Libraries Graduate Specialists program for this Data and Research Methods Workshop! This workshop will Explore the ethical considerations in Al and data science, focusing on designing and implementing fair, transparent, and accountable systems including detecting and mitigating bias, compliance, and case studies.

#### COMING UP: Conversation Cafés - Thursday, November 14, 12pm-3pm

<u>Location: Graduate Student Lounge (126 College Ave, behind Panera Bread, College Ave Campus)</u>

### Click **HERE** to register!

Join the Graduate Writing Program for the second Conversation Café of the semester! Conversation Café brings graduate students together to practice having academic discussions in English (and possibly other languages depending on interest). This event is specifically geared towards international graduate students but is open to all graduate students. Food will be served!

### **New Brunswick Libraries Data and Research Methods Workshops for Graduate Students!**

The New Brunswick Libraries' calendar of data and research methods workshops for Fall 2024 is available now. Check out workshops in citation managers, R, Python, systematic reviews, NVivo, ethnography, qualitative research, GIS, and more. Click <a href="https://doi.org/10.2016/journal.com/">HERE</a> to view the full schedule of workshops and register. Please contact Francesca Giannetti, NBL Graduate Specialist Program <a href="mailto:francesca.giannetti@rutgers.edu">francesca.giannetti@rutgers.edu</a> with any questions.

#### **Scholarly Writing Support Available from the Graduate Writing Program**

The Graduate Writing Program supports graduate students in achieving their scholarly writing goals by offering writing workshops, guest lectures, and free, zero-credit courses that carry no additional work other than writing students are already completing for their academic programs. Click <a href="HERE">HERE</a> to learn more about the Graduate Writing Program and <a href="HERE">HERE</a> to learn more about the courses offered by the Graduate Writing Program. Please reach out to the Director of the Graduate Writing Program, Mark DiGiacomo <a href="mark.digiacomo@rutgers.edu">mark.digiacomo@rutgers.edu</a> with any questions.

#### **Graduate Writing Accountability Groups**

The Graduate Writing Program, in partnership with the Learning Centers in the Office of the Provost, is pleased to announce the launch of Writing Accountability Groups. Interested graduate students are invited to sign up for student-led writing

accountability groups. Sessions will be held on Zoom at various times and days each week and students may choose the weekly slot that best suits their availability to meet and write alongside other Rutgers graduate students to make progress toward their writing goals. After registering, participants will be provided with materials to help them effectively structure and run these student-led productivity sessions. Click <u>HERE</u> to sign up for a Graduate Writing Accountability Group.

#### **Stats & Writing Tutoring Available from the Learning Centers**

The Rutgers Learning Centers offers stats and writing tutoring to graduate students. Learning Centers stats tutors can assist with quantitative study methods, analysis, interpretation, data clean-up, statistical software, and more. Graduate-level writing tutors can provide helpful feedback and suggestions on all aspects of your writing, from brainstorming and organizing topics, to creating and strengthening a thesis, to revisions and citations. Use Penji to connect with a tutor. Click HERE to learn how to use Penji online or download the Penji app. Please contact academiccoaches@echo.rutgers.edu with any questions or issues using Penji. Click HERE to learn more about the resources available to graduate students through the Learning Centers.

#### **Academic Coaching from the Learning Centers**

The Rutgers Learning Centers offers academic coaching to graduate students. Academic Coaching can be particularly helpful for tackling motivation challenges, breaking down large tasks into more approachable segments, and seeking accountability for productivity. Several of Rutgers' Academic Coaches specifically support graduate students. Use Penji to join the Academic Coaching community and connect with an Academic Coach. Click <a href="https://example.coaches.org/">HERE</a> to learn how to use Penji online or download the Penji app. Please contact <a href="mailto:academiccoaches@echo.rutgers.edu">academiccoaches@echo.rutgers.edu</a> with any questions or issues using Penji.

# PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES

#### - PROFESSIONAL DEVELOPMENT -

LAST CHANCE: Research Cafe: Call for Presenters – Submit by Thursday, October 31

#### Submit an application **HERE!**

Graduate students in all disciplinary areas are invited to apply to present their research at Research Cafe! Research Cafe brings together the entire graduate student community to enhance scholarly literacy and interdisciplinary research communication. Providing a platform for emerging researchers to connect, share their in-progress research or scholarship, and benefit from peer feedback in a friendly, low-stakes

setting. Previous Research Cafe presenters have covered topics ranging from feminist literature in the 17th century to antiretroviral therapy, so all research is welcome! Research Cafe is hosted once per month for one hour on Zoom. Please reach out to Dr. Ramazon Güngör <a href="mailto:rg835@grad.rutgers.edu">rg835@grad.rutgers.edu</a> with any questions.

# Teaching Assistant Project (TAP) Workshop: Accessibility Tools for Teaching – Tuesday, October 29, 12pm-1:30pm

Location: Zoom Register HERE!

Each semester the Teaching Assistant Project (TAP) offers workshops covering a wide range of topics to assist TAs with their continued professional development. These sessions, designed for current and future graduate student TAs, are free. All workshops are virtual. Teaching Assistant Project Staff at School of Graduate Studies are here to help! Feel free to contact them with questions at <a href="mailto:tapweb@grad.rutgers.edu">tapweb@grad.rutgers.edu</a>.

# NEXT WEEK: Teaching Assistant Project (TAP) Workshop: Teaching with PowerPoint – Monday, November 4, 12pm-1:30pm

Location: Zoom Register HERE!

Each semester the Teaching Assistant Project (TAP) offers workshops covering a wide range of topics to assist TAs with their continued professional development. These sessions, designed for current and future graduate student TAs, are free. All workshops are virtual. Teaching Assistant Project Staff at School of Graduate Studies are here to help! Feel free to contact them with questions at <a href="mailto:tapweb@grad.rutgers.edu">tapweb@grad.rutgers.edu</a>.

### - SCHOLARSHIP, & FUNDING OPPORTUNITIES -

### **SGS Conference and Research Travel Award Program**

### Apply **HERE** by December 15!

The School of Graduate Studies Conference and Research Award program is designed to provide support to Ph.D. students in the School of Graduate Studies (School 16) who do not have access to the conference funding programs available through the New Brunswick/Piscataway and Newark Biomedical Sciences programs. The purpose of the SGS Conference and Research Award program is to help offset costs associated with off-campus research activities and presenting at academic, scholarly, and scientific conferences. Students may apply for a \$1000 stipend to support research or conference travel between July 1, 2024 and June 30, 2025. Click HERE for more information about the SGS Conference and Research Travel Award Program and to access the application. Please contact SGS\_Awards@grad.rutgers.edu with any questions.

#### **Build a Fellowship Plan with GradFund!**

<u>GradFund</u> provides graduate students with information on how to apply for external scholarship, fellowship, and funding opportunities. GradFund also provides guidance and assistance with application processes.

Schedule an appointment with a GradFund advisor for fellowship assistance! Schedule a Planning Meeting to learn how to search for fellowships and grants or to plan out your future funding applications. Request Help with a Funder to learn about the funder's application review process and find the best way to frame your research plans for a particular application. Book an Application Review appointment to have a GradFund advisor review your application materials for one application. Schedule a Post-Award Consultation for advice on moving forward after receiving a fellowship offer. Wherever you are in the fellowship, grant, or award process, GradFund is here to help! Click HERE for more information on GradFund and click HERE to schedule a Gradfund appointment.

### Learn to Write a Competitive Funding Application with GradFund's FREE Self-Paced Canvas Course

Learn to write a competitive external funding application using GradFund's FREE self-paced Canvas course! This course teaches the art of competitive proposal writing through developing familiarity with both funders in your field of study and the proposal writing genre. Click HERE to enroll in GradFund's self-paced Canvas course.

The Office of Financial Aid can provide information about need-based funding and financial aid. Other forms of need-based aid or scholarships may be available through your school of enrollment.

#### EMPLOYMENT OPPORTUNITIES -

#### Part Time Art Handler - Zimmerli Art Museum

Compensation: \$30 per hour, 19.9 hours per week

Location: On site

#### Apply HERE by October 30!

The Zimmerli Art Museum is hiring a part time Art Handler to facilitate massive photo sessions of artwork to be featured on the Dodge Website and assist in all aspects of handling works of art such as packing, unpacking, transporting, and storage of works of art, and mounting/unmounting for photography and exhibitions. Students with a background in studio art, museum studies, or related art fields, and experience handling art in similar environments are encouraged to apply. Please review the job posting for additional details.

### **Graduate Assistant – Tyler Clementi Center for Diversity Education and Bias Prevention**

Compensation: \$20 per hour, 10-15 hours per week

Position dates: through June 30 2025

Location: Hybrid

#### Apply **HERE** by 6am on December 1!

The Tyler Clementi Center for Diversity Education and Bias Prevention (TCC) at Rutgers University is hiring a graduate assistant to assist with: coordinating the TCC Student Advisory Board on Bias Prevention; providing technical support for workshops and large-scale events; promotion, outreach, and review of applications for the IDEA Innovation Grant and conducting monthly check-ins with awardees; curating and promoting the online resource library for the Research2Practice Program; and brainstorming ideas and generating new initiatives from the student perspective on how best to provide diversity education and support bias prevention at Rutgers-New Brunswick. Please review the job posting for additional details.

To access even more jobs, and internship listings, schedule appointments with career advisors, network with recruiters, and more visit Rutgers Handshake. Handshake is offered by the Office of Career Exploration and Success (CES). Click HERE to access and set up your Handshake account. Check out THIS video to assist you in the setup of Handshake and THIS video on updating your career community.

### THE RESOURCE CORNER

#### **Access Adobe Creative Cloud FREE!**

The Adobe Creative Cloud software suite is available to all active Rutgers students, faculty, and staff! Access Adobe's most popular photography, graphic design, illustration, video, and web design software including Adobe Premier, Photoshop, Illustrator, InDesign, After Effects, and Acrobat and more! Click HERE for more information about accessing the Adobe Creative Cloud as a Rutgers affiliate.

## Get 24/7 Remote Access to Computer Lab Software with Rutgers Virtual Computer Labs!

The Rutgers Virtual Computer Labs provide 24/7 remote access to dozens of useful PC software applications, just like a physical computer lab. Click **HERE** for information about accessing the Virtual Computer Labs.

### STUDENT SERVICES & SUPPORT

### **Resource Webpage for Pregnant and Parenting Graduate Students!**

The Office of Graduate Student Life, in partnership with the Office of Title IX & Compliance, and Supporting Parents & Caregivers at Rutgers (GSO), recently launched a new resource webpage for pregnant and parenting graduate students! This webpage

serves as a platform for helping pregnant and parenting students locate resources, policies, support services, and community engagement opportunities available at Rutgers University and in the local community. Click <u>HERE</u> to visit the webpage.

## Academic, Employment, and Student Support Resources on the Graduate Student Life Website!

Looking for graduate student resources, services, or support? Check out our newly revamped resource pages on our website! Find information on <u>Academic Support Resources</u>, <u>Career & Professional Development</u>, <u>Student Support Services & Resources</u> and more on our website!

Do you have an opportunity for graduate students that you would like to promote in the Graduate Student Life Weekly Digest? Submit it <u>HERE!</u>