

Graduate Student Life Weekly Digest

Graduate Student Life Weekly Digest March 16, 2026

Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers-New Brunswick! Share with your friends and tell them to [SUBSCRIBE!](#) You can contact the Office of Graduate Student Life by emailing gradstudentlife@echo.rutgers.edu or visiting our offices during the week in the Graduate Student Lounge (126 College Ave., behind Panera Bread).

ANNOUNCEMENTS

Graduate Student Lounge – Spring Break Hours

The College Ave. Student Center and Graduate Student Lounge will close at 6:00pm on Friday, May 13 and will not reopen until Monday, March 16 at 8:00am. During spring break, the student center and lounge will be open for abbreviated hours: 8:00am - 5:00pm, March 16 through March 20. The student center and lounge will also be closed on Saturday, March 21. *Please note: There will be no Wellness Wednesday/Graduate Student Pilates during spring break!*

Basic Needs Center's Spring Break Hours

During Spring Break, the Basic Needs Center will only be open Tuesday, Wednesday, and Thursday from 12:00pm to 5:00pm. More information available on the website: <https://ruoffcampus.rutgers.edu/basic-needs>

Spring Break Residence Hall Closings

Many residence halls will be closed from 7:00pm on Friday, March 13, to 10:00am on Sunday, March 22. Residents leaving for break should ensure their space is clean and secure and that all items are left in a safe and proper condition. More information, including which halls remain open, resources about staying on campus, and the complete "Before-You-Go" checklist is available here: go.rutgers.edu/importantdates

Deadline to Apply for a May 2026 degree is April 1!

Please view the degree checklists if you are an eligible student on track to graduate. To ensure all information is current, please view these forms: [Ph.D. Submissions Instructions](#), [Master's With Thesis Submission Instructions](#), [Master's Without Thesis Submission Instructions](#). Important reminders: Students who wish to graduate in May 2026 must be registered during this Spring 2026 semester. April 1, 2026, is the last day to submit for a May-dated degree, though students are encouraged to submit sooner if they have all the requirements fulfilled. Dissertations and theses must follow the [SGS style guidelines](#).

Donate Used Rutgers Regalia and Summer/Spring Clothing to Basic Needs Center!

The Wear It Forward program is looking for used commencement regalia to be donated to the Basic Needs Center for students who are in need of borrowing a gown due to facing financial crisis or basic needs insecurities. If you are Rutgers Alumni or have a child or friends/family who are and would like to help out the program, you can donate regalia to the Basic Needs Center Monday – Friday 9am – 5pm, or until 7pm on Wednesday and Thursday. Mailed donations are also accepted. Currently, the highest need is for SAS gowns, master's gowns, caps, and hoods of all colors/sizes but will accept all Rutgers regalia. Learn more on their [website](#). You can also donate casual short sleeve shirts, shorts, tank tops and Spring/Summer wear only, along with any Rutgers gear. They are not currently accepting long sleeve shirts/sweaters, pants, shoes, or sweatshirts, as they are fully stocked with those items, and are currently fully stocked with professional clothing. Contact Amber L. Schreck M.Ed. at adanku@echo.rutgers.edu with any questions.

– STAY INFORMED –

Looking for more ways to stay informed? Check out the [newsletters page](#) on our website! The newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including: the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more!

Follow Graduate Student Life on Instagram!

Stay up to date with the Office of Graduate Student Life by following us on Instagram [@rgradstudentlife](#)! Never miss another graduate student life event!

DIGEST DIRECTORY

Events

Wellness

Academic Support

Professional Development, Funding, and Employment Opportunities

Student Resources

EVENTS

– THIS WEEK! –

Spring 2026 Intramural Sports Registration – Opens Tuesday, March 10

Location: Virtual

Registration required by March 24!

Unleash your inner athlete! Register for an intramural sports league this spring and play with friends or make new ones by signing up as a free agent! Activities are held across Busch, College Ave, Cook/Douglass, and Livingston campuses and offer many different outdoor sports, including Soccer, Volleyball, Softball, and more! Men's, women's, and coed teams are available to join.

Bodies of Dissent: Performance Art in Armenia – March 20, 1:00pm – 2:30pm

Location: Virtual

Registration required!

Art historian and curator Choghakate Kazarian introduces a screening of landmark performances from the 1970s through the early 1990s, featuring works drawn from newly uncovered archives. Presented in conjunction with the exhibition "Topographies of Dissent: Armenian Art from the Dodge Collection." Contact Katerina Romanenko kr1093@zimmerli.rutgers.edu with any questions.

– COMING UP! –

COMING UP! Making Child Care Work for Student Parents – Monday, March 23, 3:00pm – 4:00pm

Location: Virtual

Registration required!

Broken child care infrastructure in the United States has received increased attention in recent years. For student parents in higher education, who sit at the nexus of higher

education, labor, child care, and other policy areas that impact families, access to child care can make or break their ability to complete their credentials and achieve economic security for themselves and their children. Hear more about New America's Policy Agenda on Improving Child Care Access for Student Parents and to learn how the guest speakers expanded child care access for student parents through improved access to state subsidies, partnerships, higher education systemwide coordination, and beyond.

COMING UP! LeadHERship Social – Tuesday, March 24, 4:00pm – 6:00pm

Location: Kathleen Ludwig Global Village Living-Learning Center (9 Suydam St., New Brunswick, Douglass Campus)

Registration required!

Join Douglass Residential College and the Institute for Women's Leadership for a dynamic networking gathering celebrating Women's History Month! Connect with colleagues and university leaders across Rutgers who are engaged in exciting work and research, exchange ideas, and explore opportunities for collaboration within a community-focused environment. Please [visit the event website](#) for more information!

COMING UP! International Student English Conversation Café – Wednesday, March 25, 9:30am – 11:00am

Location: Graduate School of Education, Room 124 (10 Seminary Pl., New Brunswick, College Ave. Campus)

Registration required, limited spots available!

This program is designed for international students looking to practice English conversational skills while making new friends. Contact Program Coordinator Aileen Shvartsburd at aileen.shvartsburd@gse.rutgers.edu with any questions.

COMING UP! Psychology of Money – Wednesday, March 25, 3:00pm – 4:00pm

Location: Graduate School of Education Lecture Hall Room 124 (10 Seminary Pl., New Brunswick, College Ave. Campus)

Registration required by March 24!

Do you know what affects your financial decisions? Understand your money psychology. For more information, contact: scarletsense@ofa.rutgers.edu.

COMING UP! Body Positivity & Self-Love Project Presents: Navigating and Addressing Fatphobia in Our Spaces Workshop – Wednesday, March 25, 11:00am – 12:30pm

Location: 202 ABC, Livingston Student Center (84 Joyce Kilmer Ave., Piscataway, Livingston Campus)

Registration required by March 24!

Join SJE and Dr. Joan Collier, Assistant Vice President for Learning and Engagement, for a Navigating and Addressing Fatphobia in Our Spaces workshop. This workshop is open to ALL. Light refreshments will be provided. This session will describe the experiences of plus-size students and employees on college and university campuses. Participants will reflect on ways fatphobia is rooted in everyday practices and procedures, and how the physical structures of campuses can be uncomfortable for fat bodies. To close, Dr. Collier will challenge students and colleagues to develop strategies to combat fatphobia in their personal lives and practices, as well as in public spaces, especially those where leadership roles are held. Questions? Reach out to Eunisha Tucker at et570@echo.rutgers.edu.

COMING UP! Sound Bath with Natural Bio Paints – Wednesday, March 25, 5:00pm – 7:00pm

Registration recommended!

Location: Livingston Student Center Coffeehouse, 1st Floor (84 Joyce Kilmer Ave., Piscataway, Livingston Campus)

Immerse yourself in a relaxing sound bath with CAPS therapist and sound bath artist Reyna Dowling! Paint as the music naturally guides you, using natural bio paints (sponsored by Liquitex Paint - "Let your true colors shine through and do better for the planet with Bio-Based Heavy Acrylic, the world's first bio-based pro-grade fine art paint."). Snacks included! Paint sample giveaways from Liquitex! Free event, first come, first serve. Contact Peichi Waite pw337@mgsa.rutgers.edu.

COMING UP! RU Running Political Campaign Training – Wednesday, March 25, 5:30pm – 8:30pm

Location: Eagleton Institute of Politics (191 Ryders Ln., New Brunswick, Douglass Campus)

Registration required by March 24!

Join the Center for Youth Political Participation and GenZ for New Jersey for an interactive political campaigning workshop for young adults interested in running for office. Featuring breakout rooms from New Jersey-based campaign experts on fundraising, campaign communications, and creating a successful campaign strategy. The event will be followed by a networking reception with young elected leaders and representatives of various political campaigns. Open to current Rutgers University undergraduate and graduate students only. Email questions to jronan@eagleton.rutgers.edu.

COMING UP! Soul and Self: A Workshop Where Spirituality and Wellness Intersect – Thursday, March 26 & Friday, March 27, 3:00pm – 5:00pm

Registration required! Limited to 10 participants!

Kia Alexander (CAPS) and Rev. Jenkins (Faith and Spirituality Initiatives) are offering a program designed to enhance the mental health support available on campus, while also integrating this support with the spiritual resources already offered to students. They are seeking students who are interested in exploring ways to integrate their spirituality—whether expressed through faith, beliefs, or personal practices—with their mental health and overall well-being. The workshop will include readings, interactive activities, and guided discussions. You must be able to commit to both dates to support trust and connection within the group. Please email kalex@echo.rutgers.edu or kj517@echo.rutgers.edu with any questions.

COMING UP! Afrofit Fusion: Pilates & Dance Saturday, March 28, 11:30am – 12:30pm

Location: Cook Recreation Center Dance Studio (50 Biel Rd., New Brunswick, Cook Campus)

Registration required!

Strengthen your body and mind while embracing the vibrant rhythm of Afrobeats! Start with Pilates-inspired exercises to build core strength and mobility, followed by dynamic Afrobeats choreography that energizes and empowers. End with a restorative stretch to leave you feeling strong, confident, and refreshed. AfroFit Fusion is perfect for all experience levels, blending dance and fitness for a truly invigorating experience - instructed by Zina & Victoria every last Saturday of the month. Contact Zina at zno1@rutgers.edu with any questions.

COMING UP! Trailblazing Women of New Brunswick – Saturday, April 4, 11:00am – 1:00pm

Location: New Brunswick Free Public Library, Carl T. Valenti Community Room (60 Livingston Ave., Downtown New Brunswick)

Registration recommended!

The New Brunswick Free Public Library and Friends invites you to this seminar, celebrating Women's History Month! Principal Librarian Jacquelyn Oshman explores the stories of women who have shaped the city throughout the years, and the many "firsts" made, from the suffragette movement to the modern day. Light refreshments will be served. With questions, please contact Jacquelyn Oshman by email at joshman@nbfpl.org or by phone at 732-745-5108 x2717.

COMING UP! The Edge of Space Time: A Conversation with Chanda Prescod-Weinstein – Thursday, April 9, 7:00pm – 8:00pm

Location: Ruth Dill Johnson Crockett Building, First-Floor Conference Room (162 Ryders Ln., New Brunswick, Douglass Campus)

Registration recommended!

Guided by her conviction that understanding our cosmic past is essential to humanity's future, Chanda Prescod-Weinstein makes some of the most abstract concepts in theoretical physics accessible. She weaves together science, poetry, and popular culture to explain the fundamental quantum nature of space-time and everything inside of it. Join Chanda Prescod-Weinstein and Dr. Roxane Gay for a conversation exploring whether “the edge” offers a powerful vantage point from which to see the big picture. Please contact Nishi Shah with questions at nms249@iwl.rutgers.edu.

– WELLNESS WORKSHOPS, GROUPS, & SUPPORT–

Build Skills That Matter: Mental Health First Aid (MHFA) Certification

Mental Health First Aid (MHFA) focuses on the unique experiences and needs of the college community. This 8-hour training teaches you how to identify, understand, and respond to signs of mental illnesses and substance use disorders in others. Participants will also learn how to help connect someone to appropriate care and to campus, local, & national resources. All classes are free and both virtual and in-person options are available. If this training is of interest to you, please register your interest on this form! Form link: https://rutgers.ca1.qualtrics.com/jfe/form/SV_79cOd8zpYzgtwVg

CAPS International Student Wellness Group – Tuesdays from 3:00pm – 4:00pm

Location: Asian American Cultural Center (49 Joyce Kilmer Ave., Piscataway, Livingston Campus)

The CAPS International Student Wellness Group is a confidential, safe virtual space designed to support international students in navigating unique challenges like cross-cultural adjustment. It provides a supportive environment to discuss concerns, share experiences, and connect with peers and meets every Tuesday, starting on February 24. Please call 848-932-7884 with any questions.

CAPS Counseling Conversations & Wellness/Therapy Groups

Visit the website for more information and schedules for all Let's Talk sessions and to learn more about individual CAPS Community Based Counselors (look for “Community Based-Counselor”). The CAPS website also lists the various available workshops and group descriptions. To get connected with any of these groups, please call 848-932-7884.

Uwill: FREE Immediate-Access to Teletherapy

Uwill provides free immediate access to teletherapy through an easy-to-use, private, secure, confidential, online platform. Choose a therapist based on your preferences, including issue, gender, language, and ethnicity. Select a time that fits your schedule, including day, night, and weekend availability. Register and book your first session using your Rutgers email.

Graduate Student Wellness Coaching – Ongoing
Make an appointment with a wellness coach!

A wellness coach helps you focus on your present situation and provides general assistance to develop strategies that will improve various aspects of your life. The idea is that you are the expert on your own life, and the coach is there to assist you with putting a plan in place to help you reach your goals. Our coaches are not counselors or therapists. Think of a goal you want to achieve, e.g., managing your time, setting boundaries, and then submit the form. *As a graduate student, you will receive a coach who is a professional staff member, not a peer.*

Personal Training with Rutgers Recreation

Location: Various Locations

Ready to reach your fitness goals? Rutgers Recreation's certified personal trainers are here to guide you every step of the way—whether you're just starting out or looking to take your workouts to the next level. Choose from one-on-one or partner sessions at a time and location that fits your schedule. Our trainers will design a personalized program to help you build strength, confidence, and consistency. For more info: <https://go.rutgers.edu/f25rurecpt>.

– ACADEMIC SUPPORT & WORKSHOPS –

Promoting AI Literacy for Academic Integrity – Friday, March 27, 12:00pm – 1:00pm

Location: Virtual

Registration required by March 26!

With advanced AI tools becoming more widely available, both educators and students are faced with new challenges about the ethical use of these tools. What is your role as a TA when faced with these challenges? This workshop will discuss promoting AI literacy as a strategy to support students' appropriate use of AI tools and uphold academic integrity. This session is part of the Improving Your Classroom Skills certificate program for graduate students and postdocs. Contact GradTeaching@rutgers.edu with any questions.

Graduate Writing Accountability Group Sessions – Mondays and Thursdays, 11:00am – 1:00pm (Except 3/16 and 3/19)

Registration required for each session!

Need some structure and motivation with working on your projects and assignments? Join a Graduate Writing Accountability Session hosted by the Graduate Writing Program and the Learning Centers! Using the Pomodoro method as a structure, these facilitated sessions will provide a supportive atmosphere where graduate students can

sit together on Zoom and write alongside other graduate students to make progress toward their goals.

Graduate Academic Coaching at the Learning Centers

Academic Coaches at the Learning Centers are available to provide one-on-one academic coaching to graduate students, partnering with them to develop the personalized study strategies, time management habits, and self-management skills necessary to navigate university rigor and achieve academic success.

Ben Pereira is the Learning Centers' Graduate Peer Coach. Ben is a PhD candidate in Communication, an international student who comes with experience as a Graduate Mentor Fellow in the Honors College, supporting students in academic planning, project development, and long-term goal-setting. Ben is available to provide support and educational resources to assist you in your graduate academic journey. Together, Ben will work with you towards your goals and make your experience a fulfilling one. [Make a one-on-one appointment](#) with Ben or one of our Graduate Academic Coaches today! For any questions about Graduate Academic Coaching or Graduate Student Services at the Learning Centers, email Dr. Wilson Ng at wwn2@echo.rutgers.edu.

PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES

– PROFESSIONAL DEVELOPMENT –

Eagleton Science and Politics Fellowship

Apply by March 15 (Priority) or May 17 (Final)!

Are you a scientist, engineer, or healthcare professional seeking to implement your field experience and education in a new way? The Eagleton Science and Politics Fellowship gives Ph.D.-level scientists the opportunity to work alongside policy and decision-makers in New Jersey, providing scientific expertise to help develop evidence-based public policy in a variety of state government agencies through 3 program tracks: Legislative, Executive, and Climate Action.

2026 New Jersey Climate Change Research Symposium

Abstract submissions due March 20!

This symposium will highlight the latest natural and social science, economics, engineering, and policy research furthering climate change understanding, evaluation, and response in New Jersey while fostering a community of climate change scholarship. Complete details are available at the [website](#).

2026 Academic Postdoc Hiring Fair – Wednesday, March 25, 12:30pm – 4:30pm

Location: Virtual

Registration required!

The virtual Academic Postdoc Hiring Fair connects PhD and Postdoc professionals with academies and organizations across the nation (and potentially internationally) who are hiring Postdoctoral: Trainees, Fellows, Research Associates or Scholars, Teaching Fellows, and/or Visiting Postdoctoral positions. If you want to work in academia as a postdoc, then this is the career fair for you! [Submit your CV](#) to get your credentials in front of recruiters early.

Eagleton Graduate Fellowship Program

Apply by March 25!

Rutgers graduate students, are you interested in advancing your knowledge and skills in American politics, government, policy, and advocacy? The fellowship program provides students with unique coursework in the fall, legislative days at the New Jersey and Maryland State Houses, and a spring government internship, all the while expanding students' professional networks with program sessions, events, speakers, and more. Learn how you can make a difference. Participants receive stipend support and tuition assistance. Join info sessions Tuesday, March 10 4:30pm – 5:30pm or Thursday, March 12, 9:00am – 10:00am via [Zoom](#) (meeting ID: 342 118 9593, passcode: 196058, join by phone:+1 646 931 3860 US.

Research Café: Showcasing Graduate Voices and Scholarship

Research Café brings together the entire graduate student community of Rutgers University-New Brunswick/Piscataway campus to strengthen scholarly literacy and interdisciplinary research communication by providing a platform for emerging researchers to connect, share their in-progress research or scholarship, and benefit from peer feedback in a friendly and low-stakes setting. Research Café fosters interdisciplinary communication, public speaking confidence, and constructive peer engagement while directly contributing to students' professional development and research communication skills... critical competencies valued both within and beyond academia. Research Café helps students practice translating complex ideas for varied audiences, network across fields, and build a stronger sense of scholarly community, all in a welcoming, low-stakes environment. Please contact Dr. Ramazan Gungor at rg835@grad.rutgers.edu with any questions about Research Cafe. Visit website for full schedule: <https://grad.rutgers.edu/professional-development/research-cafe>

– SCHOLARSHIP & FUNDING RESOURCES –

GradFund Workshop Series – Navigating the Hidden Curriculum of Graduate School as a Foundation to Winning Fellowships and Grants

This Spring Semester, [GradFund](#) invites you to join a small group workshop series focused on navigating the hidden curriculum of graduate school—the unspoken knowledge, norms, and strategies essential for success in graduate school but rarely taught in formal coursework. Based on *A Field Guide to Grad School: Uncovering the Hidden Curriculum* by Jessica Calarco, each session highlights a different chapter and topic. Participation in this series will lay the foundation for writing competitive fellowship and grant applications, while complementing GradFund’s Self-Paced Guide to Fellowships and Grants on Canvas and individual advising appointments.

Facilitated by the GradFund advising team, each interactive session includes: a focused presentation on the week’s topic; guided group discussion; and development of a personalized action plan. Participants will build confidence, expand their professional knowledge, and strengthen their capacity to apply for external funding.

Space is limited. Early registration is required and reflects a commitment to attend and actively participate in all sessions.

March 2026 Workshop Schedule (All sessions take place on Thursdays, 1:00–2:00 PM (ET) via Zoom.)

March 19 – No session, Spring Break

March 26 – Staying on Track in Your Program

– EMPLOYMENT OPPORTUNITIES –

RSS-DC Summer Program Graduate Intern – Rutgers Scarlet Service in Washington, DC

Compensation: \$5,000 stipend plus housing

Location: Hybrid, based in Washington DC

Apply by 11:59am on March 23, 2026!

Through planned programs and activities, and 1:1s and/or group mentoring, the Summer Program Graduate Intern will work to provide unique and supportive living-learning experience for the [cohort](#). This will be an 11-week commitment beginning remote in May and transitioning to in-person in Washington, DC in June and July. RSS-DC is looking for current graduate students with a minimum 3.0 GPA and experience in event planning and execution, facilitation and mediation, and strong written and verbal communications skills. Interested candidates should submit a cover letter including their enrolled Rutgers master’s program, a resume, and contact information for two references to rss-dc@rutgers.edu. Please email any questions to rss-dc@rutgers.edu.

Business Manager – Graduate School Association

Compensation: \$21/hr, up to 10 hours per week

Location: Hybrid, based in New Brunswick

Apply by March 27, 11:59pm

The GSA is seeking to immediately fill a position for a Business Manager. The successful candidate will start upon selection and completion of the onboarding process. They will undergo training and guidance from the current Business Manager from the start date until December 31st of 2026. Effective January 1, 2027 they will take over full time. This position will be for the 2026-2027 and 2027-2028 academic year so the GSA is looking for people who have a graduation date of spring 2028 or later. View the [job posting](#) for further details and position requirements. Please address any questions to help@gsa.rutgers.edu.

THE RESOURCE CORNER

Free Income Tax Filing Assistance for Eligible Taxpayers – February 6 to April 4

The [New Brunswick Free Public Library](#) has once again partnered with [United Way Central Jersey](#) and the Rutgers Business School's [Beta Alpha Psi](#) chapter to offer the annual [VITA](#) (Volunteer Income Tax Assistance) program. This service provides free income tax filing assistance for eligible taxpayers with incomes up to \$75,000 for the 2025 tax year. Appointments are available Fridays and Saturdays from February 6 through April 4. Call [732-745-5108](tel:732-745-5108) ext. [2725](tel:2725) for an appointment.

International Tax Information

It is tax season! International students, please refer to tax reporting requirements and Glacier Tax Prep software access instructions on the Rutgers Global Taxes [webpage](#). To learn more, join Glacier Tax Prep Live Q&A [sessions](#). Also, students who were employed on campus at any point in 2025 are encouraged to attend Rutgers' [Tax Workshop](#) for F-1 and J-1 on Thursday, February 26 at 2:00pm.

GradSense: A Financial Planning Resource Developed Specifically for Graduate Students

[GradSense](#) is a website designed specifically for grad students like you to help you make informed financial decisions throughout your grad school journey. It provides guidance on funding your degree, essential tips on managing your finances while in school, and, once you complete your degree, information on evaluating and negotiating job offers, and resources on federal loan repayment. Key Features of GradSense include 1.) Funding Options and Financial Aid: Offers guidance on finding and applying for financial assistance; 2.) Managing Finances: Provides practical tips on budgeting and managing money while in graduate school, including an online budget calculator developed specifically for graduate students; and, 3.) After Grad School: Includes

information on evaluating and negotiating job offers and resources on federal loan repayment. GradSense is free and available to anyone who is interested in financial wellness. The site is managed by the Council of Graduate Schools (CGS) and supported by TIAA. Rutgers University is a member of CGS.

Get EndNote FREE through the Rutgers Libraries!

EndNote is available to all Rutgers students, faculty, and staff through the Rutgers Libraries! EndNote is a desktop program for collecting and organizing references that allows you to create a searchable personal reference database, find full text articles, manage and annotate pdf files, cite references while writing a paper, create bibliographies in your preferred style, and more! Click [HERE](#) for more information about downloading EndNote as a Rutgers affiliate.

Free Professional Legal Services For Rutgers Students!

Rutgers University Student Legal Services offers professional legal advice and assistance to eligible Rutgers– New Brunswick students at no cost by attorneys licensed to practice in New Jersey! Student Legal Services offers legal consultations on various matters including: tenant/landlord disputes, domestic violence, traffic violations, intellectual property, immigration/INS/DACA, civil suits, and more. They also provide notary services, attorney referrals, community outreach & education, and pre-law advising services. Visit the [Student Legal Services website](#) for more information.

Restorative Justice Services for Graduate Students

Graduate students can contact the Restorative Justice Program for assistance building deeper connections, developing proactive community agreements, or resolving conflicts that arise within their student organizations, study groups, and any other communities they engage with. [Learn more](#) about the Restorative Justice Program. The Restorative Justice Program can be contacted by email at restorative_justice@echo.rutgers.edu

STUDENT SERVICES & SUPPORT

Community Human Services and Health Resources

Students in need should consider NJ 211, a free and confidential service connecting individuals to local health and human services. Dial 2-1-1 or visit www.nj211.org for help with housing, food, healthcare, and more. Additionally, click [HERE](#) for a database of local food pantries by ZIP code throughout the state of New Jersey.

Rutgers Global Alerts Page

Rutgers Global Alerts are intended to provide guidance and resources to all members of the Rutgers community regarding issues related to travel advisories, immigration

policies, and other regulatory updates that impact international students and scholars, as well as domestic students and faculty traveling abroad. Important notices for international students are also sent as periodic emails to the international student community at Rutgers University–New Brunswick. Visit the [Global Alerts webpage](#) for updates.

Student Basic Needs: Emergency Aid Fund

The Rutgers Emergency Aid Fund provides RU-New Brunswick students with one-time need-based financial support for unforeseen, unavoidable, and unplanned costs associated with emergencies like accidents, illnesses, fire and water damage, or the need for emergency housing or food. International and undocumented students are eligible to apply. Visit the [Basic Needs website](#) for more information and to find the application for Emergency Aid.

Resource Webpage for Pregnant and Parenting Graduate Students

The Office of Graduate Student Life, in partnership with the Office of Title IX & Compliance and the Supporting Parents & Caregivers at Rutgers (SPCR) Graduate Student Organization, recently launched a new [resource webpage for pregnant and parenting graduate students](#)! This webpage serves as a platform for helping pregnant and parenting students locate resources, policies, support services, and community engagement opportunities available at Rutgers University and in the local community.

Academic, Employment, and Student Support Resources on the Graduate Student Life Website

Looking for additional graduate student resources, services, or support? Check out the resource pages on our website! Find information on [Academic Support Resources](#), [Career & Professional Development](#), [Student Support Services & Resources](#) and more on our website!

Do you have an opportunity for graduate students that you would like to promote in the Graduate Student Life Weekly Digest? [Submit it](#) by Thursday to appear in the following week's edition!