



Graduate Student Life

Weekly Digest

Graduate Student Life Weekly Digest

April 6, 2026

Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers-New Brunswick! Share with your friends and tell them to [SUBSCRIBE!](#) You can contact the Office of Graduate Student Life by emailing gradstudentlife@echo.rutgers.edu or visiting our offices during the week in the Graduate Student Lounge (126 College Ave., behind Panera Bread).

ANNOUNCEMENTS

SIGNATURE EVENT! Knight at the Museum: Graduate and Professional Student Appreciation Reception – Wednesday, April 8, 4:30pm - 7:30pm

Location: Zimmerli Art Museum (71 Hamilton St, New Brunswick, College Ave Campus)

Register to attend!

Join the Office of Graduate Student Life and the Graduate Student Association (GSA) for the signature event of Graduate and Professional Student Appreciation Week! You won't want to miss this spectacular evening filled with food, live music, and an opportunity to explore the Zimmerli Art Museum while mingling with your fellow graduate students!

Graduate and Professional Student Appreciation Week Starts Today!

Graduate and Professional Student Appreciation Week (April 6 - April 11) is a recognition and celebration of the excellence and outstanding contributions and accomplishments of YOU, our graduate and professional students! The Office of Graduate Student Life is collaborating with partners across the university to host a variety of programs from April 6 - April 11 to show appreciation for our graduate and professional students. A special edition of the digest will be coming to you April 1.

GSA 2026–2027 Elections: Call for Nominations – Deadline Friday, April 10, 11:59pm

Nominations for the 2026-2027 GSA Executive Board and the Senate are officially OPEN! This is your chance to lead, advocate for your peers, and shape the graduate experience at Rutgers. Whether you want to run for a position yourself or know a fellow grad student who would be perfect for the role, we want to hear from you. Check this [link](#) for the list of available positions! Nominate yourself or a peer with this [form](#). Contact Mohammed Faisal Khan at mk2480@scarletmail.rutgers.edu with any questions.

Complete the Rutgers Quality of Life Survey

You are being asked to take part in research conducted by Gianna Darrow who is the Executive Director in the Dept. of Data Analytics and Campus Planning. The purpose of this research is to understand how the University can help Rutgers students be successful during their time in college. If you do complete the [survey](#), you will be entered into a drawing where you could win one of ten \$100 Mastercards. The drawing winners will be contacted by May 5, 2026.

Are You a First-Generation Graduate Student Seeking to Build a Community for Your Peers?

The Office of Graduate Student Life is seeking a first-generation graduate student facilitator(s) for a new First-Generation Graduate Student Affinity Group for 2026-2027. With the support of the Office of Graduate Student Life staff, facilitators plan and host monthly meetings for the affinity group. This is a voluntary position. The First-Generation Graduate Student Affinity group will be a group for all first-generation graduate students, including those who are the first in their immediate family (parents, guardians, or primary caregivers) to earn a Bachelor's degree, enter graduate school, enter graduate school in the United States, and/or navigate the grad school process, with limited or no access to the knowledge of navigating grad school, even if they have a family member who earned a graduate degree. This group will offer an intentional, supportive space for students with first-generation identities or experiences to connect and build community. If you are interested in becoming a facilitator for this group for the 2026-2027 academic year, please [apply](#) on the website by Friday April 3. For more information about Graduate Affinity Groups visit the OGSL [website](#).

– STAY INFORMED –

Looking for more ways to stay informed? Check out the [newsletters page](#) on our website! The newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including:

the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more!

Follow Graduate Student Life on Instagram!

Stay up to date with the Office of Graduate Student Life by following us on Instagram @[rugradstudentlife](https://www.instagram.com/rugradstudentlife)! Never miss another graduate student life event!

DIGEST DIRECTORY

Events

Wellness

Academic Support

Professional Development, Funding, and Employment Opportunities

Student Resources

EVENTS

– THIS WEEK! –

Scoop There It Is! Grad Student Ice Cream Social – Tuesday, April 7, 12:00pm – 2:00pm

Location: Graduate Student Lounge (126 College Ave., New Brunswick, College Ave. Campus)

No registration necessary!

Take a well-deserved break and treat yourself during Graduate Student Appreciation Week! Join the Office of Graduate Student Life for an ice cream social filled with sweet treats, good vibes, and even better company. Stop by the Graduate Student Lounge on Tuesday, April 7 from 12:00pm–2:00pm to build your own ice cream creation, connect with fellow graduate students, and celebrate all the hard work you do. Whether you're looking to unwind, meet new people, or just grab a scoop (or two!), this is the perfect mid-day pick-me-up. No RSVP needed—just bring your sweet tooth! Ice cream from Thomas Sweet! Email gradstudentlife@echo.rutgers.edu with any questions.

Plastic Free Life: Sustainable Wellness for Asian, Pacific Islander, Desi, and Arab (APIDA) Graduate Students – Tuesday April 7, 12:00pm – 2:00pm

Register to attend! Limited spots available!

Location: Asian American Cultural Center (49 Joyce Kilmer Ave., Piscataway, Livingston Campus)

Asian, Pacific, Islander, Desi and Arab (APIDA) graduate students are invited to join the Asian American Cultural Center and the Office of Graduate Student Life Rutgers for an APIDA Graduate Student Social for a plastic-free sustainable wellness program! Join your fellow graduate and professional students at the Asian American Cultural Center to enjoy amazing cultural food, beeswax candle making and organic tea blending activities led by Scarlet Arts Rx artist and appreciation giveaways. Please contact Naima Chowdhury at naimach@echo.rutgers.edu with any questions.

School of Management and Labor Relations Pizza Networking Event – Tuesday, April 7, 4:00pm – 6:00pm

Register to attend! SMLR students only!

Location: Janice H. Levin Building Student Lounge, Room 101 (94 Rockefeller Rd., Piscataway, Livingston Campus)

The School of Management and Labor Relations (SMLR) is hosting a networking and giveaway event for all SMLR graduate students. Drop by to meet up with all master level program directors, faculty, staff and network with other SMLR graduate students. Don't miss out on pizza and giveaways! Advance registration encouraged! Please contact Ann Marie Fiorella-Mullen at amf322@smlr.rutgers.edu with any questions.

RU Organizing: An Introduction to the Building Blocks of Organizing for Change – Tuesday, April 7, 6:00pm – 8:30pm

Location: Eagleton Institute of Politics (191 Ryders Ln., New Brunswick, Cook/Douglass Campus)

Registration required!

Participating in politics is a marathon, not a sprint, requiring a multi-faceted approach to addressing community issues. Join the Center for Youth Political Participation for RU Organizing: An Introduction to the Building Blocks of Organizing for Change. Hosted by Dr. Janice Fine, professor in the School of Management and Labor Relations and director of Workplace Justice Lab@RU, attendees will develop skills of collective action and community organizing to systematically address issues at the campus, local, state, and federal level. Dinner will be served. This event is open to current Rutgers University undergraduate and graduate students only. Contact Kiana Miranda at kiana.miranda@eagleton.rutgers.edu with any questions.

Kawaii Portraits in the GSL – Wednesday, April 6, 12:00pm – 2:00pm

Location: Graduate Student Lounge (126 College Ave., New Brunswick, College Ave. Campus)

No registration necessary!

Graduate students: drop by the Graduate Student Lounge and get a kawaii portrait as a token of appreciation during Graduate and Professional Student Appreciation Week! This event is hosted by the Office of Graduate Student Life in collaboration with Scarlet Arts Rx. Email gradstudentlife@echo.rutgers.edu with any questions.

Know Your Rights Workshop – Tuesday, April 7, 6:00pm

Registration required!

Location: Specific room and arrival details will be provided immediately upon registration

In an ever-changing legal landscape, knowing your rights is the first step toward protecting yourself and your community. Join us the Center for Latino Arts and Culture (CLAC), Rutgers Immigrant Community Assistance Project (RICAP) and UndocuRutgers, for a specialized workshop designed to provide clear, actionable information on navigating legal encounters with confidence and dignity. This workshop will give you practical tools for real-world situations: Interactive Learning, Practical Scenarios, and Expert Resources

Registration & Privacy: Our Commitment to You: Your safety and privacy are our top priorities. All information provided in this registration form is strictly confidential and will only be used to manage workshop capacity and tailor the session to attendee needs.

Felt Succulent Drop in – Wednesday, April 8, 12:00pm – 3:00pm

Location: The Hatchery, Downstairs of Alexander Library (169 College Ave., New Brunswick, College Ave. Campus)

No registration required!

Create a Felt succulent with Scarlet Arts Rx! Contact Pickle Almosd palmosd@mgsa.rutgers.edu with any questions.

Kawaii Art: Guided Instruction, Casual Atmosphere! – Wednesday, April 8, 3:00pm – 5:00pm

Location: Asian American Cultural Center (49 Joyce Kilmer Ave., Piscataway, Livingston Campus)

Registration recommended!

Graduate and undergraduate students are very welcome! Learn to draw in a cute, fun way! Live demonstration! Drop in! Free event! Prizes! Contact Pickle Almosd palmosd@mgsa.rutgers.edu with any questions.

Knight at the Museum: Graduate and Professional Student Appreciation Reception – Wednesday, April 8, 4:30pm – 7:30pm

Location: Zimmerli Art Museum (71 Hamilton St., New Brunswick, College Ave Campus)

Register to attend!

Join the Office of Graduate Student Life and the Graduate Student Association (GSA) for the signature event of Graduate and Professional Student Appreciation Week! You won't want to miss this spectacular evening filled with food, live music, and an opportunity to explore the Zimmerli Art Museum while mingling with your fellow graduate students! Email gradstudentlife@echo.rutgers.edu with any questions.

Wellness Wednesday: Graduate Student Mat Pilates with Appreciation Gift – Wednesday, April 8, 5:00pm – 6:00pm

Location: Graduate Student Lounge (126 College Ave., New Brunswick, College Ave. Campus)

No registration necessary!

Join us to take a pause from your busy week by relaxing your mind and body with your fellow graduate students. Mat Pilates builds strength, flexibility, and stability using controlled, low-impact movements that emphasize core support and proper alignment. It helps improve posture, balance, and body awareness while reducing stress on the joints, making it accessible for a wide range of fitness levels. Mats and blocks are provided, and all skill levels are welcome! Email gradstudentlife@echo.rutgers.edu with any questions. Graduate Student Pilates is hosted by Rutgers Recreation and Office of Graduate Student Life. All graduate students who attend on 4/8 will receive an appreciation gift for Graduate and Professional Student Appreciation Week!

Mini Rage Piñata + Pizza Party – Thursday, April 9, 12:00pm – 2:00pm

Location: Graduate Student Lounge (126 College Ave., New Brunswick, College Ave. Campus)

No registration necessary!

Relax, enjoy some candy, eat some pizza and create mini rage piñatas with Scarlet Arts Rx! These tiny piñatas can be kept on desks and smashed whenever frustration strikes. All supplies, including candy for filling, will be provided. Come destress, eat candy, and feel better! Pizza will be provided.

Sense of Self with Free Gift – Friday, April 10, 12:00pm – 1:00pm

Location: Virtual

Join CAPS Community Based Counselor Shan Reeves at this mindfulness workshop for graduate students in which you learn to navigate the 5 senses! Any graduate student who participates can pick up a small token of appreciation at the Graduate Student Lounge. Please call CAPS at [848-932-7884](tel:848-932-7884) with any questions.

Student Parents & Caregivers at RU Presents: “The Things We Hold” Workshop – Saturday, April 11, 1:00pm – 3:00pm

Location: Graduate Student Lounge (126 College Ave., New Brunswick, College Ave. Campus)

Register to attend! Space limited to 12 families!

Join SPCR for the workshop "The Things We Hold" to explore the experiences of working mothers, the multitasking, the invisible labor, and the things we carry in our daily lives. This workshop will be kid-friendly, and participants will create a bag and fill it with the things they carry. Refreshments and beverages are also provided!

"The Things We Hold" is a creative, reflective workshop that invites mothers and children to explore what they carry in their lives, both tangible and invisible. Inspired by Ursula K. Le Guin's idea that the first human tool might have been a bag, participants create personalized "carrier bags" filled with objects, memories, feelings, responsibilities, dreams, and routines. Through drawing, writing, decorating, and collaborative conversation, families reflect on what sustains, burdens, or delights them. The process encourages curiosity, empathy, and dialogue, prompting questions like "Who carries this more?" or "Is this heavy or light?" The workshop concludes with a sharing circle and portrait documentation, offering space to acknowledge both the visible and invisible parts of our daily lives, and to consider what we might wish to carry less of.

– COMING UP! –

COMING UP! Art Together – Sunday, April 12, 1:00pm – 3:00pm

Location: Zimmerli Art Museum (71 Hamilton Street, New Brunswick, College Ave. Campus)

No registration required!

Art Together is the Zimmerli's FREE drop-in family art workshop series. Each month, visit for a new project inspired by a work or exhibition on view in the museum, and spend some quality creative time together. This month's project is inspired by the current exhibition Andy Warhol: On Repeat. Visit the [website](#) for more details.

COMING UP! Beyond the Academy: Finding and Securing Internships in the Humanities and Social Sciences – Monday, April 13, 12:00pm – 1:00pm

Location: Virtual (Zoom link upon registration)

Register to attend!

This talk introduces graduate students in the humanities and social sciences to the value, process, and possibilities of pursuing internships during their doctoral studies. Drawing on early content from a new Internship Toolkit currently in development on Canvas, the session will help participants understand how internships can enhance their scholarly and professional development, expand their career options, and support meaningful public engagement. The talk will explore identifying and aligning internship opportunities with personal values, skills, and goals, using tools like ImaginePhD. It will also cover where and how to find internships beyond traditional job boards, as well as strategies for securing competitive, paid positions. Whether you're exploring

non-academic career paths or seeking to amplify the impact of your research, this session will provide practical guidance and inspiration.

COMING UP! Raíces y Comunidad: A Latinx Graduate Student Gathering, Monday, April 13, 6:00pm – 8:00pm

Location: Center for Latino Arts and Culture, 172 College Avenue, New Brunswick

Register to attend!

Please RSVP even if you cannot attend and we will send you information!

Join us for Raíces y Comunidad, a Latinx Graduate Student Gathering centered on connection, community, and wellness. Hosted at the Center for Latino Arts and Culture, this gathering is an opportunity to unwind, connect with fellow graduate students, and get to know a cultural space on campus that is here for you. Throughout the evening, you will enjoy good food and have the chance to meet staff from the Center for Latino Arts and Culture and the Office of Graduate Student Life and learn about resources and opportunities available to support you. Children are welcome. This event is part of Mental Health & Wellness Week and will include empanadas, arepas and desert from Merrey's Venezuelan Restaurant, a mini wellness station, community reflection wall, and music! Come as you are, bring a friend, and take a moment to recharge in community. First 40 students will receive swag from the Office of Graduate of Student Life!

COMING UP! Crafter Noon: Felt Flower Keychains – Monday, April 13, 12:30pm – 1:30pm

Location: Lucy Stone Hall, 1st Floor Lobby, Suite A145 (54 Joyce Kilmer Ave., Piscataway, Livingston Campus)

Register to attend!

Stress less at Crafter Noon with Scarlet Arts Rx! As part of Rutgers-NB Mental Health and Wellness Week, the Office of Disability Services is hosting a social crafting hour for graduate and undergraduate students with disabilities and disability allies. Take a break from your day to relax and create felt key chains. Do you have any questions or accommodation requests specific to this event? Please email dsoffice@echo.rutgers.edu, call 848-202-3111, or visit ODS in Lucy Stone Hall, Suite A145 on Livingston Campus.

COMING UP! Mental Health and Wellness Week Book Swap – Tuesday, April 14, 8:00am – 10:00am

Location: Basic Needs Center, College Ave. Student Center (126 College Ave., New Brunswick, College Ave. Campus)

Register to attend! Space is Limited!

Take a pause during Mental Health & Wellness Week and connect with colleagues through the joy of reading. The ScarletWell Book Swap, hosted in partnership with Student Basic Needs, invites Rutgers staff and faculty to bring three books they have

enjoyed and exchange them with others. Participants are encouraged to bring up to three gently used books to share with fellow readers. In return, you can browse the swap table and select up to three books to take home and enjoy. This relaxed, drop-in gathering celebrates intellectual wellness, community, and connection. It is a chance to discover new authors, revisit forgotten favorites, and engage in informal conversations about books with colleagues from across the Rutgers community. To add a personal touch, we invite participants to tuck a short note inside each book they bring, sharing why they recommend it or what made it meaningful to them. These small notes often become part of the story the next reader experiences.

COMING UP! Sweet Dreams Station: Make Your Own Sleep Kit – Tuesday, April 14, 12:00pm – 2:00pm

Location: Graduate Student Lounge (126 College Ave., New Brunswick, College Ave. Campus)

No registration necessary!

Stop in and join Rutgers Health, Outreach, Promotion & Education, along with your peers, as we examine how changes to our nightly routine can improve sleep habits naturally. Have fun creating soothing sleep masks and a sleep kit to help you relax and get some quality zzzzzz time! All attendees will receive free swag, a sweet treat and coffee! Sponsored by Rutgers Student Health, Office of Health, Outreach, Promotion & Education.

COMING UP! Coffee, Condoms, and Collegiate Recovery – Tuesday, April 14, 12:00pm – 3:00pm

Location: Voorhees Mall, Outside of Scott Hall (43 College Ave. #330, New Brunswick, College Ave. Campus)

No registration necessary!

Come join The Vicious Cycle and HOPE for an event filled with free coffee, giveaways, and great conversations. The Vicious Cycle will be serving cold brew coffee from its coffee bike while HOPE is hosting a pop-up shop for RU WRAPPED. Win prizes by participating in our trivia games or condom relay race!

COMING UP! Working Through Anger, Resentment, and Conflict – Tuesday, April 14, 1:00pm – 2:00pm

Location: Virtual (go.rutgers.edu/anger2026)

No registration necessary!

Join Dana, along with your peers as we discuss techniques and strategies to address conflict and let go of resentment. We will talk about anger as a healthy emotion, and discuss various ways we can express and discharge angry feelings in a productive way.

COMING UP! Floating Sound Bath – Tuesday, April 14, 4:30pm – 6:00pm

Location: Cook/Douglass Recreation Center Indoor Pool (50 Biel Rd., New Brunswick, Cook Campus)

Register to attend!

Relax to the sounds of a crystal bowl sound bath while floating on water! Destress from your day, let your worries float away. Floating mats, circular inner tubes, and life vests will be provided so you can float in different ways. You can also float on your own. Wear swim clothes OR athletic clothing made of synthetic material (e.g., nylon or polyester, short or full length okay). This pool is indoors (and heated to a comfortable temperature), so this event happens rain or shine. This event is run by Rutgers CAPS therapist & sound bath artist Reyna Dowling in collaboration with Rutgers Recreation and Scarlet Arts Rx! For questions about the sound bath itself, contact reynad@echo.rutgers.edu. For other questions about the event that aren't answered by visiting the C/D Recreation Center website listed above, contact pw337@mgsa.rutgers.edu.

Playing With Food: A Creative Play Event for Parenting Graduate Students & Their Children – Friday, April 17, 4:00pm – 6:00pm

Location: Graduate Student Lounge (126 College Ave., New Brunswick, College Ave. Campus)

Register to attend!

The Office of Graduate Student Life and SPCR invite parenting graduate students and their children out to a creative play event. Scarlet Arts Rx artist and author Rediet will read her new coloring book. Afterwards, families are invited to stay for coloring time, related clay play, and customizing mini bear t-shirts for their new teddy bear reading buddies. Rutgers Health, Outreach, Promotion, & Education will be on hand to discuss healthy snacks with parenting students, and how we can make nutritious meals on a budget!

– WELLNESS WORKSHOPS, GROUPS, & SUPPORT–

Build Skills That Matter: Mental Health First Aid (MHFA) Certification

Mental Health First Aid (MHFA) focuses on the unique experiences and needs of the college community. This 8-hour training teaches you how to identify, understand, and respond to signs of mental illnesses and substance use disorders in others. Participants will also learn how to help connect someone to appropriate care and to campus, local, & national resources. All classes are free and both virtual and in-person options are available. If this training is of interest to you, please register your interest on this form! Form link: https://rutgers.ca1.qualtrics.com/jfe/form/SV_79cOd8zpYzgtwVg

CAPS International Student Wellness Group – Tuesdays from 3:00pm – 4:00pm

Location: Asian American Cultural Center (49 Joyce Kilmer Ave., Piscataway, Livingston Campus)

The CAPS International Student Wellness Group is a confidential, safe virtual space designed to support international students in navigating unique challenges like cross-cultural adjustment. It provides a supportive environment to discuss concerns, share experiences, and connect with peers and meets every Tuesday, starting on February 24. Please call 848-932-7884 with any questions.

CAPS Counseling Conversations & Wellness/Therapy Groups

Visit the website for more information and schedules for all Let's Talk sessions and to learn more about individual CAPS Community Based Counselors (look for "Community Based-Counselor"). The CAPS website also lists the various available workshops and group descriptions. To get connected with any of these groups, please call 848-932-7884.

Uwill: FREE Immediate-Access to Teletherapy

Uwill provides free immediate access to teletherapy through an easy-to-use, private, secure, confidential, online platform. Choose a therapist based on your preferences, including issue, gender, language, and ethnicity. Select a time that fits your schedule, including day, night, and weekend availability. Register and book your first session using your Rutgers email.

Graduate Student Wellness Coaching – Ongoing

Make an appointment with a wellness coach!

A wellness coach helps you focus on your present situation and provides general assistance to develop strategies that will improve various aspects of your life. The idea is that you are the expert on your own life, and the coach is there to assist you with putting a plan in place to help you reach your goals. Our coaches are not counselors or therapists. Think of a goal you want to achieve, e.g., managing your time, setting

boundaries, and then [submit the form](#). *As a graduate student, you will receive a coach who is a professional staff member, not a peer.*

– ACADEMIC SUPPORT & WORKSHOPS –

Finding Journals to Publish Your Work – Wednesday, April 8, 12:00pm – 1:00pm

Location: Virtual

Registration required!

Choosing the right journal is an important step in the publishing process. In this workshop, you will learn how to match your manuscript with appropriate journals using tools like Journal Finder and Manuscript Matcher. Other topics include identifying reputable journals, understanding impact factors and journal rankings, and recognizing predatory publishers. The session will also introduce Open Access publishing opportunities available through Rutgers University Libraries. This workshop is designed to support graduate students who are preparing to publish their research for the first time or looking to strengthen their publishing strategy. Contact Dr. Willson Ng at wwn2@echo.rutgers.edu with any questions.

Graduate Writing Accountability Group Sessions – Mondays and Thursdays, 11:00am – 1:00pm

Registration required for each session!

Need some structure and motivation with working on your projects and assignments? Join a Graduate Writing Accountability Session hosted by the Graduate Writing Program and the Learning Centers! Using the Pomodoro method as a structure, these facilitated sessions will provide a supportive atmosphere where graduate students can sit together on Zoom and write alongside other graduate students to make progress toward their goals.

Graduate Academic Coaching at the Learning Centers

Academic Coaches at the Learning Centers are available to provide one-on-one academic coaching to graduate students, partnering with them to develop the personalized study strategies, time management habits, and self-management skills necessary to navigate university rigor and achieve academic success.

Ben Pereira is the Learning Centers' Graduate Peer Coach. Ben is a PhD candidate in Communication, an international student who comes with experience as a Graduate Mentor Fellow in the Honors College, supporting students in academic planning, project development, and long-term goal-setting. Ben is available to provide support and educational resources to assist you in your graduate academic journey. Together, Ben will work with you towards your goals and make your experience a fulfilling one.

[Make a one-on-one appointment](#) with Ben or one of our Graduate Academic Coaches

today! For any questions about Graduate Academic Coaching or Graduate Student Services at the Learning Centers, email Dr. Wilson Ng at wwn2@echo.rutgers.edu.

PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES

– PROFESSIONAL DEVELOPMENT –

Going Solo: Teaching as an Instructor of Record – April 20, 12:00pm – 1:00pm

Location: Virtual

Registration required!

The instructor of record role is a position where TAs are given the primary responsibility of a college level course. The Instructor of record role may require you to do some or all of the following: design your syllabus, create assignments, write exams, and submit final grades for your course. This workshop is designed to help prepare TAs stepping into the instructor of record role by providing some effective practices on managing a course on your own. This will be useful especially if you are planning to teach a course this upcoming summer. This session is part of the Improving Your Classroom Skills certificate program for graduate students and postdocs.

Eagleton Science and Politics Fellowship

Apply by March 15 (Priority) or May 17 (Final)!

Are you a scientist, engineer, or healthcare professional seeking to implement your field experience and education in a new way? The Eagleton Science and Politics Fellowship gives Ph.D.-level scientists the opportunity to work alongside policy and decision-makers in New Jersey, providing scientific expertise to help develop evidence-based public policy in a variety of state government agencies through 3 program tracks: Legislative, Executive, and Climate Action.

Research Café: Showcasing Graduate Voices and Scholarship

Research Café brings together the entire graduate student community of Rutgers University-New Brunswick/Piscataway campus to strengthen scholarly literacy and interdisciplinary research communication by providing a platform for emerging researchers to connect, share their in-progress research or scholarship, and benefit from peer feedback in a friendly and low-stakes setting. Research Café fosters interdisciplinary communication, public speaking confidence, and constructive peer engagement while directly contributing to students' professional development and research communication skills... critical competencies valued both within and beyond academia. Research Café helps students practice translating complex ideas for varied audiences, network across fields, and build a stronger sense of scholarly community,

all in a welcoming, low-stakes environment. Please contact Dr. Ramazan Gungor at rg835@grad.rutgers.edu with any questions about Research Cafe. Visit website for full schedule: <https://grad.rutgers.edu/professional-development/research-cafe>

– SCHOLARSHIP & FUNDING RESOURCES –

GradFund Workshop Series – Navigating the Hidden Curriculum of Graduate School as a Foundation to Winning Fellowships and Grants – Thursdays, 1:00pm – 2:00pm

Location: Virtual

Register to attend!

This Spring Semester, [GradFund](#) invites you to join a small group workshop series focused on navigating the hidden curriculum of graduate school—the unspoken knowledge, norms, and strategies essential for success in graduate school but rarely taught in formal coursework. Based on *A Field Guide to Grad School: Uncovering the Hidden Curriculum* by Jessica Calarco, each session highlights a different chapter and topic. Participation in this series will lay the foundation for writing competitive fellowship and grant applications, while complementing GradFund’s Self-Paced Guide to Fellowships and Grants on Canvas and individual advising appointments.

Space is limited. Early registration is required and reflects a commitment to attend and actively participate in all sessions.

April 2 – Going to Conferences

April 9 – Writing about Your Research

April 16 – Publishing and Promoting

April 23 – Navigating the Job Market

– EMPLOYMENT OPPORTUNITIES –

Graduate Research Assistant – The Office of Institutional Research

Compensation: \$20/hr

Apply by April 17 at 11:59pm

The Office of Institutional Research at Rutgers University New Brunswick Old Queens campus is seeking a motivated and detail-oriented Graduate Research Assistant to join their team. The successful candidate will work closely with the Senior Analyst on survey administration, data collection, data analysis, and reporting. This position offers an excellent opportunity to gain hands-on experience in research and data management while contributing to meaningful institutional projects. Key responsibilities include: assist in the design, distribution, and management of surveys using Qualtrics.

Collect, clean, and organize data for analysis. Conduct quantitative data analyses using tools such as R or SPSS or Tableau. Prepare reports and visualizations to summarize findings. Collaborate with team members to support survey-related projects and initiatives. Applicants must be a current graduate student working toward a Master's or Doctoral degree, and must be able to maintain valid Rutgers student status at least through May 2027 (preferably through December 2027). Please address questions to Ting Wang at t.wang@irap.rutgers.edu.

THE RESOURCE CORNER

Post-doc Opportunities Board

The [Postdoc Opportunities Board](https://pob.wisc.edu/) is a free resource to help you find a postdoc position where you will thrive and succeed. The board features positions at 18 world-leading institutions across eleven different states. Visit the site to find: 1.) Postdoc Positions: dozens of open positions across all disciplines and available to U.S. citizens, permanent residents, and visa-holders, 2.) Career Advice: how to identify the right faculty mentor; tips on navigating postdoc interviews and job offers, 3.) Funding Information: learn about funding opportunities for each stage of your postdoc, 4.) Institution Profiles: easy access to information on each participating institution, including links to benefits resources and postdoc offices, 5.) Recruitment Events: upcoming virtual and in-person events showcasing the research and training available at different institutions. Go to <https://pob.wisc.edu/> to get started.

International Tax Information

It is tax season! International students, please refer to tax reporting requirements and Glacier Tax Prep software access instructions on the Rutgers Global Taxes [webpage](#). To learn more, join Glacier Tax Prep Live Q&A [sessions](#). Also, students who were employed on campus at any point in 2025 are encouraged to attend Rutgers' [Tax Workshop](#) for F-1 and J-1 on Thursday, February 26 at 2:00pm.

GradSense: A Financial Planning Resource Developed Specifically for Graduate Students

[GradSense](#) is a website designed specifically for grad students like you to help you make informed financial decisions throughout your grad school journey. It provides guidance on funding your degree, essential tips on managing your finances while in school, and, once you complete your degree, information on evaluating and negotiating job offers, and resources on federal loan repayment. Key Features of GradSense include 1.) Funding Options and Financial Aid: Offers guidance on finding and applying for financial assistance; 2.) Managing Finances: Provides practical tips on budgeting and managing money while in graduate school, including an online budget calculator developed specifically for graduate students; and, 3.) After Grad School: Includes

information on evaluating and negotiating job offers and resources on federal loan repayment. GradSense is free and available to anyone who is interested in financial wellness. The site is managed by the Council of Graduate Schools (CGS) and supported by TIAA. Rutgers University is a member of CGS.

Get EndNote FREE through the Rutgers Libraries!

EndNote is available to all Rutgers students, faculty, and staff through the Rutgers Libraries! EndNote is a desktop program for collecting and organizing references that allows you to create a searchable personal reference database, find full text articles, manage and annotate pdf files, cite references while writing a paper, create bibliographies in your preferred style, and more! Click [HERE](#) for more information about downloading EndNote as a Rutgers affiliate.

Free Professional Legal Services For Rutgers Students!

Rutgers University Student Legal Services offers professional legal advice and assistance to eligible Rutgers– New Brunswick students at no cost by attorneys licensed to practice in New Jersey! Student Legal Services offers legal consultations on various matters including: tenant/landlord disputes, domestic violence, traffic violations, intellectual property, immigration/INS/DACA, civil suits, and more. They also provide notary services, attorney referrals, community outreach & education, and pre-law advising services. Visit the [Student Legal Services website](#) for more information.

Restorative Justice Services for Graduate Students

Graduate students can contact the Restorative Justice Program for assistance building deeper connections, developing proactive community agreements, or resolving conflicts that arise within their student organizations, study groups, and any other communities they engage with. [Learn more](#) about the Restorative Justice Program. The Restorative Justice Program can be contacted by email at restorative_justice@echo.rutgers.edu

STUDENT SERVICES & SUPPORT

Community Human Services and Health Resources

Students in need should consider NJ 211, a free and confidential service connecting individuals to local health and human services. Dial 2-1-1 or visit www.nj211.org for help with housing, food, healthcare, and more. Additionally, click [HERE](#) for a database of local food pantries by ZIP code throughout the state of New Jersey.

Rutgers Global Alerts Page

Rutgers Global Alerts are intended to provide guidance and resources to all members of the Rutgers community regarding issues related to travel advisories, immigration

policies, and other regulatory updates that impact international students and scholars, as well as domestic students and faculty traveling abroad. Important notices for international students are also sent as periodic emails to the international student community at Rutgers University–New Brunswick. Visit the [Global Alerts webpage](#) for updates.

Student Basic Needs: Emergency Aid Fund

The Rutgers Emergency Aid Fund provides RU-New Brunswick students with one-time need-based financial support for unforeseen, unavoidable, and unplanned costs associated with emergencies like accidents, illnesses, fire and water damage, or the need for emergency housing or food. International and undocumented students are eligible to apply. Visit the [Basic Needs website](#) for more information and to find the application for Emergency Aid.

Resource Webpage for Pregnant and Parenting Graduate Students

The Office of Graduate Student Life, in partnership with the Office of Title IX & Compliance and the Supporting Parents & Caregivers at Rutgers (SPCR) Graduate Student Organization, recently launched a new [resource webpage for pregnant and parenting graduate students](#)! This webpage serves as a platform for helping pregnant and parenting students locate resources, policies, support services, and community engagement opportunities available at Rutgers University and in the local community.

Academic, Employment, and Student Support Resources on the Graduate Student Life Website

Looking for additional graduate student resources, services, or support? Check out the resource pages on our website! Find information on [Academic Support Resources](#), [Career & Professional Development](#), [Student Support Services & Resources](#) and more on our website!

Do you have an opportunity for graduate students that you would like to promote in the Graduate Student Life Weekly Digest? [Submit it](#) by Thursday to appear in the following week's edition!