

GRADUATE STUDENT LIFE

WEEKLY DIGEST

Graduate Student Life Weekly Digest Week of February 5, 2024

Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers! Share with your friends and tell them to subscribe [HERE](#)! You can contact the Office of Graduate Student Life by emailing gradstudentlife@echo.rutgers.edu or visiting our offices during the week in the Graduate Student Lounge (126 College Ave, behind Panera Bread). The Graduate Student Lounge is open from 7am-12am (Midnight) on Weekdays and 9am-12am (Midnight) on Weekends, click [HERE](#) to view the daily hours for the College Ave Student Center (includes Graduate Student Lounge). Learn more about the Office of Graduate Student Life by visiting our website [HERE](#)!

ANNOUNCEMENTS

REGISTRATION ENDS THIS WEEK! Join a Graduate Affinity Group!

Register [HERE](#) By 12pm (Noon) on February 9, 2024!

Join a Graduate Affinity Group and build community with peers who share similar experiences, backgrounds, and social identities! The following peer-led affinity groups will run during the spring and fall 2024 semesters: Bisexual+ Support, BIPOC LGBTQIA2S+ Students, Chinese Students, Eastern European Students, International Graduate Students, African Graduate Students, Neurodivergent Graduate Students. Click [HERE](#) to learn more and to read descriptions for each Graduate Affinity group! Contact Dr. Briana Bivens briana.bivens@rutgers.edu or Dean Ghada Endick gendick@echo.rutgers.edu with any questions.

Weekly Disability Services Drop-In Hours for Grad Students Now Offered Virtually AND In-Person!

Come talk to Disability Services Coordinator Nychey Michel during weekly drop-in hours for graduate students on Wednesdays from 2-4pm in the Graduate Student Lounge or on Zoom! The Graduate Student Lounge is located at 126 College Ave behind Panera Bread and drop-in hours can be accessed virtually at [THIS](#) Zoom link. Click [HERE](#) for more information.

– GET INVOLVED –

Explore Involvement in Graduate Student Organizations (GSOs)!

Explore the official directory of Graduate Student Organizations (GSOs) recognized by the Graduate Student Association (GSA) and discover graduate involvement opportunities on campus. GSOs are a fantastic way to meet other graduate students and participate in campus activities. Find the GSO directory [HERE](#).

– STAY INFORMED –

Subscribe to the Office of Student Volunteer Engagement Newsletter!

Keep up to date with on-campus and local volunteer opportunities by subscribing to the Office of Student Volunteer Engagement Newsletter [HERE!](#)

Follow Graduate Student Life on Instagram!

Stay up to date with the Office of Graduate Student Life by following us on Instagram [@rgradstudentlife!](#) Never miss another graduate student life event!

Subscribe to the Graduate Student Association (GSA) Mailing Lists!

Learn about and subscribe to the GSA Weekly Event Newsletter and GSA Market mailing lists [HERE!](#)

Subscribe to the Career Exploration and Success Doctoral Career Community Newsletter

Subscribe to the CES weekly career community email newsletter for all doctoral students for tailored information about events, alumni mentors, career outcomes, and resources for graduate students through Handshake. Learn more about the Doctoral Students Career Community [HERE](#). Visit [THIS](#) webpage for detailed directions on adding the Doctoral Students Career Community to your Rutgers Handshake career interest profile. Click [THIS](#) link to access the archive of past issues of the Career Community Newsletters. You will receive this community newsletter on the 1st, 8th, 15th, and 22nd days of the month.

EVENTS

– RSVP NOW! –

NEXT WEEK! GSA Game Night – Thursday, February 15, 7:30pm-9pm

Location: Graduate Student Lounge, 126 College Ave (Behind Panera Bread), College Ave Campus

RSVP [HERE!](#)

Join the Graduate Student Association (GSA) for a night of laughter, camaraderie, and strategy! Whether you are a seasoned board game enthusiast or a curious beginner, this is a great chance to relax, unwind, and have fun with your fellow graduate students! Bring your friends and competitive spirit for games, snacks, and great times! Please contact help@gsa.rutgers.edu with any questions.

REGISTER NOW! Graduate Student Signature Career Event – Tuesday February 27, 4pm-7pm

Location: Busch Student Center, Multipurpose Room (604 Bartholomew Rd, Piscataway, Busch Campus)

REGISTER [HERE!](#)

Masters and doctoral students from all disciplines are invited to join the Office of Career Exploration & Success at their **FREE** Graduate Student Signature Career Event! Learn to leverage ChatGPT in your career, become empowered to present your best self while being authentic and transparent, discover the variety of career tools the Rutgers Libraries has to offer, and learn to navigate the industry and academic job markets. Don't miss out on exciting workshop sessions, resources, and networking opportunities accompanied by appetizers and beverages! The Career Exploration and Success Career Studio will be offering professional headshots from 3:00pm-4:00pm and from 7:00pm-9:00pm. Click [HERE](#) for more information and contact Tamara Peters tamara.peters@rutgers.edu with any questions.

REGISTER NOW! FREE Financial Planning Workshop for Graduate Students and Postdoctoral Fellows – Thursday February 29, 4pm-5:30pm

Location: Zoom

REGISTER [HERE!](#)

Join the Financial Planning Association of New Jersey for this free workshop specifically created for graduate students and postdoctoral fellows! Learn all about cash flow management, debt, student loan paydown, and building a safety net while navigating a graduate student or postdoc income.

– THIS WEEK! –

Graduate Student Welcome: Coffee & Breakfast with the GSA! – Wednesday, February 7, 9am-11am

Location: Graduate Student Lounge, 126 College Ave (Behind Panera Bread), College Ave Campus

RSVP [HERE!](#)

Join the Graduate Student Association (GSA) and Dean Ghada Endick from the Office of Graduate Student Life for a delightful morning of conversations and a delicious meal to welcome our graduate students for the spring semester! Whether you are looking to kickstart a busy day or savor a leisurely morning, we would be delighted to host you! Please contact help@gsa.rutgers.edu with any questions.

Office of Disability Services Graduate Student Drop-In Hours – Wednesday, 2/7, 2-4 pm

Location: Graduate Student Lounge, 126 College Ave (Behind Panera Bread), College Ave Campus and on Zoom, join meeting [HERE](#) (Meeting ID: 980 3049 3889, Password: 064210).

These sessions are part of the [Life @ The Graduate Student Lounge Event Series](#) and will be offered every Wednesday.

Every Wednesday, 2-4 p.m. at the Graduate Student Lounge (126 College Avenue) and on Zoom, Coordinator Nychey Michel from the Office of Disabilities Services (ODS) will offer drop-in hours just for graduate students. Come stop by and meet Nychey. She can be reached at (848)-202-3111 or nlm108@echo.rutgers.edu. Click [HERE](#) for more information.

Research Café – Wednesday, February 7, 3:00 pm – 4:00 pm

Location: Zoom

Register [HERE!](#)

Join PhD Candidates Jackie Stanmyre, Niki Natarajan, and Rachel Acosta for their exciting research presentations “A Latent Class Analysis of Problem Gambling Risk Factors Among Athletes who Gamble,” “How Teens Negotiate Social Media Algorithms,” and “Betwixt and Between’ Returning to the Office.” and Research Café is a monthly gathering place for graduate students across disciplinary areas to share their research and benefit from peer feedback and support in a friendly, low-stakes setting. Please register to attend on Zoom. To view the full schedule of presentations taking place this semester, click [HERE](#). Contact Dr. Briana Bivens briana.bivens@rutgers.edu with any questions.

Graduate Student Yoga – Wednesday, February 7, 5–6pm

Graduate Yoga is part of the [Life @ The Graduate Student Lounge Event Series](#) and will be held every Wednesday.

Location: Graduate Student Lounge, 126 College Ave (Behind Panera Bread), College Ave Campus

Join us on Wednesdays to take a pause from your busy week by practicing Yoga and relax your mind and body with your fellow graduate students. Hosted by Rutgers Recreation and Office of Graduate Student Life. No Registration Needed. Yoga mats and blocks are provided, and all skill levels are welcome! Email gradstudentlife@echo.rutgers.edu with any questions.

RU Global Friendship Fridays: Cookie Decorating – Friday, February 9, 4-5 pm

Location: Rutgers Global (30 College Ave, New Brunswick, College Ave Campus)

Join RU Global and decorate some delicious Valentines day cookies! Friendship Fridays are open to all Rutgers students, domestic and international, and feature a different theme each week, where students

can enjoy games, activities, and conversations while meeting new friends from all around the world! Click [HERE](#) for more information about Friendship Fridays.

Shopping Trip Sign-Up – International Students – Thursday February 10, 10am-1pm

Location: Pick-ups from Bevier Road on Busch Campus & the College Avenue Student Center

Reserve Your spot on the February 10th Shuttle (10am-1pm) [HERE!](#)

Rutgers Global–International Student and Scholar Services arrange shopping shuttles to local stores throughout the semester and summer so students can purchase groceries and other living essentials. You should sign up to reserve your spot on the shuttle. International students and scholars who have signed up will be given preference to ride on the shuttle. To view the full schedule of shopping trips and learn more information about the Shopping Shuttle Service, click [HERE](#).

– WELLNESS WORKSHOPS, GROUPS, & SUPPORT–

International Student Wellness Group – Every Friday, 1-2:30pm

Location: **Zoom**, Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.

Join this International Student Wellness group designed to support international students through the unique challenges of cross-cultural adjustment. This group provides a supportive, confidential, virtual safe space to discuss various concerns such as microaggressions and discrimination, family pressures, or homesickness. If you are interested in joining the International Student Wellness Group, call CAPS at 848-932-7884 or talk to your CAPS Clinician about a referral to this wellness group. Click [HERE](#) to see options for other CAPS Wellness groups and for more information about the International Student Wellness Group.

Graduate Student Wellness Group – Every Friday, 1-2:30pm

Location: **In-Person**, please call CAPS at 848-932-7884 for exact location details, Call CAPS at 848-932-7884 to discuss whether this group would be a good fit for your needs or talk to your CAPS Clinician about a referral to this wellness group.

The Graduate Student Group aims to provide a safe and supportive space to help members gain a better understanding of themselves and their relationships with others in the context of the graduate school experience. Students will have the opportunity to explore and share concerns and feelings they may be experiencing such as: social adjustments, loneliness, romantic relationships, handling conflicts with peers and professors, feelings of inadequacy, anxiety, struggles with assertiveness, stress management, and balancing family life with academics. If you are interested in joining the Graduate Student Group, call 848-932-7884 or talk to your CAPS Clinician about a referral to this wellness group. Click [HERE](#) to see options for other CAPS Wellness groups and for more information about the Graduate Student Group.

Weekly Let's Talk Drop In Counseling Conversations with Graduate Student Counselors– Mondays, Thursdays, Fridays

Locations: Zoom, Busch Campus, College Ave Campus

Free Private and Confidential Drop-In Conversations with licensed mental health professionals available in-person or virtual. Click [HERE](#) for more information about drop-in Let's Talk sessions with our graduate student focused counselors Dana and Shan! Click [HERE](#) for information about Let's Talk sessions with other CAPS Community Based-Counselors.

– ACADEMIC SUPPORT & WORKSHOPS –

NEXT WEEK! Evidence Synthesis Library Workshops – Monday, February 12, 3:00pm–4:30pm

& Tuesday, February 13, 9:30am-11am

Location: Zoom

Register [HERE!](#)

Please join the Rutgers University Libraries for library workshops on conducting systematic and scoping reviews! Evidence synthesis methods are growing in popularity among social and natural science disciplines, but many faculty and students aren't sure of the steps, tools, resources, or types of methods used in an evidence synthesis project. These workshops provide a broad overview of the concepts behind evidence synthesis, so that you can approach future projects with confidence. This spring, the Libraries are offering a new workshop specifically for students who will be using systematic or scoping review methods in their dissertations! Click [HERE](#) to view the full schedule and descriptions of systematic scoping workshops offered during the spring semester. Please contact Social Sciences Librarian, Julia Maxwell julia.maxwell@rutgers.edu with any questions.

Academic Coaching from Learning Centers

Academic Coaching is available to students from freshmen to Ph.D. candidates and can be particularly helpful to graduate students who would benefit from talking through motivation challenges, breaking down large tasks into more approachable segments, and seeking accountability for productivity. Several of the Rutgers Academic Coaches support graduate students specifically. [Click here](#) to download the Penji scheduling app. Once in the app, join the Academic Coaching community; then, under "Topics", click on "SEE ALL GRADUATE STUDENT COACHING" to access open appointments with these coaches. Any problems registering or have questions, please contact academiccoaches@echo.rutgers.edu.

PROFESSIONAL DEVELOPMENT & FUNDING OPPORTUNITIES

– PROFESSIONAL DEVELOPMENT –

CALL FOR PROPOSALS! Rutgers Digital Humanities Showcase – Tuesday, March 19, 2-4pm

SUBMIT PROPOSALS BY FEBRUARY 16!

Location: Alexander Library (169 College Ave, New Brunswick, College Ave Campus)

Graduate students, faculty, and staff are invited to propose short talks that bring together humanistic inquiry and digital technology at the Digital Humanities Showcase hosted by the Rutgers Digital Humanities Initiative. Proposed talks can vary in length from 3-12 minutes and cover any topic drawing a substantive connection between humanistic questions and digital technology. Proposals must be submitted by email to Francesca Giannetti francesca.giannetti@rutgers.edu and Kristin O'Brassill-Kulfan kristin.obrassillkulfan@rutgers.edu by February 16. Click [HERE](#) for more information about the Digital Humanities Showcase and to review proposal guidelines.

**FREE Self-Service Professional Headshots at the Career Portrait Lounge! – By Appointment
9:30am-3:45pm**

Locations: Busch Student Center (604 Bartholomew Rd, Piscataway, Busch Campus) **AND**

Gateway Transit Village Building, 4th Floor (106 Somerset St, New Brunswick, College Ave Campus)

Need a headshot? Professional photos are a snap for Rutgers-New Brunswick graduate students. The Office of Career Exploration and Success now has two self-service photography studios available on the Busch and College Ave campuses. Take your candidacy and digital brand to the next level and schedule an appointment to get your picture-perfect headshot! Click [HERE](#) for more information and learn how to schedule a self-service headshot appointment via Handshake!

– SCHOLARSHIP & FUNDING OPPORTUNITIES –

LAST CHANCE! School of Graduate Studies Conference and Research Travel Award Program

Apply [HERE](#) By February 9!

Doctoral students enrolled in School of Graduate Studies programs can apply for funding through the SGS Conference and Research Travel Award Program to offset the cost of presenting at an academic conference or traveling for an off-campus research activity! Students may apply for retroactive funding to support a conference or research activity back to July 1, 2023 or prospectively up to June 30, 2024. Applications will be accepted **UNTIL FEBRUARY 9**. Click [HERE](#) to learn more and access the application portal. Please contact sgs_awards@grad.rutgers.edu with any questions.

APPLY NOW! Student Parents: Skills and Training in Action Research (STAR) Fellowships

Apply [HERE](#) by February 25!

The Urban Institute is requesting applications for new Skills and Training in Action (STAR) Fellows. STAR Fellows are current or recent students who have lived expertise relevant to a research or policy project. STAR Fellows are paid members of the project leadership team and support project operations while learning how to engage in effective research geared towards informing action. Current or recent student parents are encouraged to apply to any STAR Fellowships accepting applications [HERE](#). Please review the descriptions of each Fellowship for additional details and individual applications.

NOMINATIONS OPEN! School of Graduate Studies Community Engagement Award

Submit nominations [HERE](#) By March 1!

The School of Graduate Studies (SGS) is pleased to invite nominations for the inaugural Community Engagement Award. This award and accompanying \$200 scholarship will go to one graduate student enrolled in the School of Graduate Studies who has demonstrated ethical, collaborative community engagement through their research, teaching, or advocacy to promote equity and belonging. The awardee will be honored at the Collaborative Center for Community Engagement's annual awards ceremony on April 11, 2024. To nominate yourself or an SGS student for this award, please submit the nomination form by Friday, March 1. Click [HERE](#) for more information about the SGS Community Engagement Award. Please contact Dr. Briana Bivens briana.bivens@rutgers.edu with any questions.

NOMINATIONS OPEN! School of Graduate Studies Merit & Achievement Awards

Submit nominations [HERE](#) By March 1!

Each year the School of Graduate Studies recognizes the notable achievements of graduate students, faculty, and staff in the areas of research and scholarship, teaching and mentoring, leadership, outreach, and service across all disciplines, through Chancellor-level affiliations, and within specific disciplinary clusters. Students, faculty, and staff are encouraged to submit nominations (including self nominations) before 11:59pm on March 1. Click [HERE](#) to learn more about School of Graduate Studies Merit & Achievement Awards and to view details about individual awards. Please contact sgs_awards@grad.rutgers.edu with any questions about the competition or application process.

Associate Alumnae of Douglass College Alumnae Fellowship

Apply [HERE](#) By March 1!

The Associate Alumnae of Douglass College (AADC) awards fellowships to support alumnae of Douglass Residential College in their pursuit of graduate-level studies. These awards are solely to provide financial support and do not involve a service component. Award recipients are selected primarily on the basis of their academic achievements or aspirations in their chosen field of study and secondarily on the basis of

need. Click [HERE](#) or email Susan Wallace swallace@douglassalumnae.org for more information on the AADC Alumnae Fellowship.

ACCEPTING APPLICATIONS! Fulbright Hays Doctoral Dissertation Research Fellowship

Apply [HERE](#) by March 13 (Internal deadline for Rutgers Applicants)!

The Fulbright Hays Doctoral Dissertation Research Fellowship competition is now open! Doctoral students pursuing an area studies project requiring 6-12 months of dissertation research abroad are encouraged to apply. Click [HERE](#) for an overview of the Fulbright Hays Doctoral Dissertation Research Abroad Fellowship Program and click [HERE](#) application, eligibility, and award information. Students who plan to apply are strongly encouraged to schedule a [GradFund](#) appointment for application assistance [HERE](#). Click [HERE](#) for more information on booking a GradFund appointment. GradFund offers additional guidance on developing a competitive fellowship application in their GradFund Self-Paced Guide to Fellowships and Grants on Canvas. Use [THIS](#) link to self-enroll in the Canvas site.

Dr. Cheryl A. Wall Memorial Fellowship

Apply [HERE](#) By April 7!

Rutgers- New Brunswick Ph.D candidates conducting research in African American or Black literature, Black Feminism, or interdisciplinary studies are encouraged to apply for the Dr. Cheryl A. Wall Memorial Fellowship. Dr. Cheryl A. Wall was a prominent scholar of Black women writers and a longtime Rutgers professor who championed racial diversity in both the curriculum and the classroom. The Dr. Cheryl A. Wall Memorial Fellowship honors Dr. Wall's legacy by providing \$2,000 annually to doctoral students conducting research in African American or Black literature, Black Feminism, or interdisciplinary studies. Click [HERE](#) for more information about the Dr. Cheryl A. Wall Memorial Fellowship and click [HERE](#) to apply.

Short Term Fellowships with the Boston Athenæum!

APPLY [HERE](#) By April 15!

The Boston Athenæum is offering short term fellowships to graduate students, scholars, faculty, librarians, and humanities professionals. The Boston Athenæum was founded in 1807 and is one of the oldest and most distinguished independent libraries in the United States, holding a circulating collection of over half a million books and special collections including active research holdings of over 100,000 rare books, maps and manuscripts, and 100,000 works of art in various mediums. Fellows will be granted use of the Athenæum collections for research, publication, curriculum and program development, or other creative projects along with a 20-day residency stipend and 1 year membership to the Boston Athenæum. Click [HERE](#) for more information about the fellowships offered by the Boston Athenæum.

THE RESOURCE CORNER

Build a Fellowship Plan with GradFund!

Schedule an appointment with a GradFund advisor for fellowship assistance! Schedule a Planning Meeting to learn how to search for fellowships and grants or plan your future funding applications. Request Help with a Funder to learn about the funder's application review process and find the best way to frame your research plans for a particular application. Book an Application Review appointment to have a GradFund advisor review your application materials for one application. Schedule a Post-Award Consultation for advice on moving forward after receiving a fellowship offer. Wherever you are in the fellowship, grant, or award process, GradFund is here to help! Click [HERE](#) for more information on GradFund and click [HERE](#) to schedule a GradFund appointment.

Learn to Write a Competitive Funding Application with GradFund's FREE Self-Paced Canvas Course

Learn to write a competitive external funding application using GradFund's FREE self-paced Canvas course! This course teaches the art of competitive proposal writing through developing familiarity with both funders in your field of study and the proposal writing genre. Click [HERE](#) to enroll in GradFund's self-paced Canvas course.

STUDENT SERVICES & SUPPORT

Looking for graduate student resources, services, or support? Check out the [University Resources page](#) on our website! The University Resources page is our new central hub for information pertaining to graduate student support services at Rutgers!