

# Graduate Student Life Weekly Digest November 17, 2025

#### **Welcome to the Graduate Student Life Weekly Digest!**

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers-New Brunswick! Share with your friends and tell them to subscribe <a href="https://example.com/HERE">HERE!</a>! You can contact the Office of Graduate Student Life by emailing <a href="mailto:gradstudentlife@echo.rutgers.edu">gradstudentlife@echo.rutgers.edu</a> or visiting our offices during the week in the Graduate Student Lounge (126 College Ave., behind Panera Bread).

The Graduate Student Lounge is open from 7:00am-12:00am Monday-Friday and 9:00am-12:00am Saturday-Sunday. Click <u>HERE</u> to view the current daily hours for the College Ave. Student Center (includes Graduate Student Lounge). Learn more about the Office of Graduate Student Life by visiting our website <u>HERE</u>!

**Graduate Student Lounge Hours During the Week of Thanksgiving Recess** 

Next week, the Graduate Student Lounge will be closed at 5:00pm on Wednesday, November 26 and will reopen at 11:00am on Sunday, November 30 (closing at 12:00am).

#### **ANNOUNCEMENTS**

# Resources for Rutgers–New Brunswick Students During the Government Shutdown

With the current government shutdown and SNAP funding are paused, we know many in our community are facing uncertainty. If you are currently receiving SNAP benefits, are a federal employee experiencing a lapse in pay, or experiencing challenges meeting your basic needs due to the government shutdown, we encourage you to schedule a meeting with our team. We are here to help you navigate available resources and identify the best options to support your well-being during this time. Click <a href="HERE">HERE</a> to schedule a meeting.

- Rutgers-New Brunswick: Food & Mobile Pantry, part of the Basic Needs Center
- Local Food Pantries (near the Rutgers-New Brunswick campus):



- o Elijah's Promise
- Ebenezer Baptist Church Food Pantry
- Five Loaves Food Pantry
- Christ Episcopal Church
- Comprehensive list of food pantries across New Jersey: https://go.rutgers.edu/njfood

#### **Celebrate National Native American Heritage Month with Rutgers Recreation**

This November, Rutgers Recreation invites the community to celebrate National Native American Heritage Month while staying active and connected. The month includes outdoor adventures, fitness workshops, and special seasonal events for students to enjoy. Participants can take part in fun activities, wellness opportunities, and friendly competitions throughout the month. With programs focused on health, learning, and community, there's something for everyone to get involved in. As the semester winds down, Rutgers Recreation encourages everyone to move, recharge, and give thanks together this November. For more information, click HERE!

#### - STAY INFORMED -

Looking for more ways to stay informed? Check out the <u>newsletters page</u> on our website! The newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including: the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more!

#### Follow Graduate Student Life on Instagram!

Stay up to date with the Office of Graduate Student Life by following us on Instagram @rugradstudentlife! Never miss another graduate student life event!

#### **EVENTS**

#### - THIS WEEK! -

Rutgers Community Farmer's Market – Tuesday, November 18, 9:00am – 1:00pm Location: Rutgers Community Farmer's Market Pavilion (178 Jones Ave., New Brunswick, C/D Campus)

Looking for FRESH produce? Join us this holiday season and shop at the Rutgers Community Farmer's Market! Managed by Rutgers students and staff, every week we partner with local growers and vendors to bring nutritious, fresh fruits and vegetables



and unique, artisanal products. We're open four days a week at three unique locations! PLUS ALL fruits and veggies are HALF off if you use SNAP/EBT, WIC, Farmers Market Nutrition Program (FMNP) AND you can earn MARKET BUCKS using FREE MARKET CARDS, our way of saying "Thank you" for new and returning customers. Stop by and see what you can discover! Click HERE for the website.

#### Grocery Bingo – Tuesday, November 18, 12:00pm – 2:00pm

<u>Location: College Avenue Student Center, Room 109 (Bottom Floor; 126 College Ave., New Brunswick, College Ave. Campus)</u>

Stop by across from the Basic Needs Center to play grocery bingo. There will be multiple games, and all prizes are groceries or household supplies. Free pizza while supplies last. Contact <a href="mailto:basicneeds@echo.rutgers.edu">basicneeds@echo.rutgers.edu</a> with any questions!

#### Volunteer at Rutgers Gardens – Wednesday, November 19, 9:00am – 11:00am

Location: Rutgers Gardens (112 Log Cabin Rd., North Brunswick)

#### Register **HERE** before 3:00pm on November 19!

Sign up to volunteer to help the farm that supplies the Rutgers Basic Needs food pantry with fresh produce. Wear layers, boots or shoes that can get dirty, gloves, and hats. Transportation available. Work will include harvesting vegetables, bending/lifting, and maneuvering tight spaces on uneven ground. Contact basicneeds@echo.rutgers.edu with any questions!

# Rutgers Community Farmer's Market – Thursday, November 20, 11:00am – 4:00pm

Location: Morrell St. (Next to College Ave. Student Center, 126 College Ave., New Brunswick, College Ave. Campus)

Join the Farmer's Market for its last day of the season during the fall semester. Managed by Rutgers students and staff, the Rutgers Community Farmer's Market partners with local growers and vendors every week to bring nutritious, fresh fruits and vegetables, as well as unique artisan products. Click <a href="HERE">HERE</a> for the website.

#### FINAL Thursdays in Motion (Pilates) – Thursday, November 20, 5:00pm – 6:00pm Location: Graduate Student Lounge (Behind Panera; 126 College Ave., New Brunswick, College Ave. Campus)

Join us on this Thursday for our final event of the semester to take a pause from your busy week by relaxing your mind and body with your fellow graduate students. No registration needed. Mats and blocks are provided, and all skill levels are welcome! Email <a href="mailto:gradstudentlife@echo.rutgers.edu">gradstudentlife@echo.rutgers.edu</a> with any questions. Graduate Student Pilates is hosted by Rutgers Recreation and Office of Graduate Student Life.



#### CPT/OPT 101 Sessions - Thursday, November 20, 3:30pm - 5:00pm

Location: Academic Building East, Room 2400 (15 Seminary Pl., New Brunswick, College Ave. Campus)

Join this session to learn more about the CPT (Curricular Practical Training) and OPT (Optional Practical Training) process, including information regarding eligibility, important deadlines, RGlobal forms, step-by-step procedures and how to file an OPT with USCIS. Click <u>HERE</u> for more information.

GSA Tabletop Gaming Committee – Thursday, November 20, 7:00pm – 12:00am

Location: College Avenue Student Center, Room 108 (Bottom Floor; 126 College Ave.,

New Brunswick, College Ave. Campus)

Graduate school can be intense — that's why the GSA Tabletop Gaming Committee is here to help you unwind, recharge, and connect! Whether you're into classic board games, strategic challenges, or just want to hang out with fellow grad students in a low-pressure setting, this is the perfect opportunity. No registration necessary – just drop in! Please email Alex Nesenjuk at <a href="mailto:an525@scarletmail.rutgers.edu">an525@scarletmail.rutgers.edu</a> with any questions.

# Rutgers Community Farmer's Market – Friday, November 21, 11:00am – 3:00pm Location: Rutgers Gardens (112 Log Cabin Rd., North Brunswick)

Looking for FRESH produce near Rutgers? Rutgers Community Farmers Market is here! Managed by Rutgers students and staff, the Rutgers Community Farmer's Market partners with local growers and vendors every week to bring nutritious, fresh fruits and vegetables, as well as unique artisan products. They're open four days a week at 3 different locations. PLUS ALL fruits and veggies are HALF off if you use SNAP/EBT, WIC, Farmers Market Nutrition Program. All NEW customers will receive a Market Card and shopping bag! Stay up to date with Market Vendors & Programs: follow their Instagram @rutgersfarmersmarket AND sign up for their newsletter. Click HERE for the website.

#### The Food Dating Game – Friday, November 21, 12:00pm – 2:00pm

<u>Location: The Atrium (College Ave. Student Center, 126 College Ave., New Brunswick, College Ave. Campus)</u>

Stop by the Basic Needs table in the atrium to answer trivia questions for giveaways. Learn something new about food dating practices and what you can do with items past their due date. Contact <a href="mailto:basicneeds@echo.rutgers.edu">basicneeds@echo.rutgers.edu</a> with any questions!



#### Cultural Potluck Party - Friday, November 21, 3:00pm - 4:30pm

Location: Rutgers Global International Student Support Space (180 College Ave., New Brunswick, College Ave. Campus)

#### Register <u>HERE!</u>

CAPS/ISSS International Student Support Space sessions are offered to help you make friends, make the most of Rutgers resources, and develop new skills that enhance personal, academic, and social well-being. Let's celebrate the end of the semester together! Join us for a festive, potluck-style gathering filled with holiday music, delicious food from around the world, and a chance to honor all that you've accomplished this year. Bring a dish or snack that represents your heritage and share in the joy of community, culture, and achievement.

# Council of Black Graduates Friendsgiving Feast – Friday, November 21, 5:00pm – 8:00pm

<u>Location: Dean's Conference Room, Research Tower (675 Hoes Ln. West, Piscataway, Busch Campus)</u>

#### **RSVP HERE** by November 19!

Join the Council of Black Graduates as we celebrate friendship, community, and culture! While we enjoy foods from across the African diaspora, we will also be collecting shelf-stable food items to be donated to the local community in response to SNAP funding disruptions.

# Rutgers Community Farmer's Market – Saturday, November 22, 9:00am – 1:00pm Location: Rutgers Community Farmer's Market Pavilion (178 Jones Ave., New Brunswick, C/D Campus)

Looking for FRESH produce? Join us this holiday season and shop at the Rutgers Community Farmer's Market! Managed by Rutgers students and staff, every week we partner with local growers and vendors to bring nutritious, fresh fruits and vegetables and unique, artisanal products. We're open four days a week at three unique locations! PLUS ALL fruits and veggies are HALF off if you use SNAP/EBT, WIC, Farmers Market Nutrition Program (FMNP) AND you can earn MARKET BUCKS using FREE MARKET CARDS, our way of saying "Thank you" for new and returning customers. Stop by and see what you can discover! Click HERE for the website.

#### - RSVP NOW & COMING UP! -



# COMING UP! Ultimo Domingo (Last Sunday) – Sunday, November 23, 1:00pm – 3:00pm

<u>Location: Zimmerli Art Museum (71 Hamilton St., New Brunswick, College Ave.</u> Campus)

#### **RSVP HERE!**

Último Domingo es una serie que celebra la cultura latina e invita a las comunidades bilingües a unirse a través del arte. Gratis y abierto al público.

Último Domingo is a series celebrating Latinx culture and invites bilingual communities to come together through the experience of art. Free & open to the public.

# COMING UP! SPCR + Scarlet Arts Rx: Air-dry Clay and Holiday Card Making for Kids – Tuesday, November 25, 4:00pm – 7:00pm

<u>Location: Graduate Student Lounge (Behind Panera; 126 College Ave., New Brunswick, College Ave. Campus)</u>

#### **RSVP HERE!**

Join a family-friendly, kids-fun event to create your favorite Thanksgiving meal out of air-dry clay and/or make something they are thankful for. Kids can also create Thanksgiving-themed cards to give to their special people along with the little clay sculptures! Enjoy with your family and connect with other families at Rutgers. Food and drinks will be provided.

# COMING UP! Loan Guidance and Loan Forgiveness – Wednesday, December 3, 4:00pm – 5:00pm

Location: Virtual

#### Register **HERE** by December 2!

Do you have student loans? Learn all you need to know about your student loans and loan forgiveness programs! The Office of Financial aid invites students to register for this workshop hosted by Scarlet\$ense. Scarlet\$ense offers free in-person workshops, seminars, and interactive self-paced modules to strengthen students' money management skills. Learn more and view all upcoming Scarlet\$ense workshops HERE.

# COMING UP! GSA Tabletop Gaming Committee – Thursday, December 4, 7:00pm – 12:00am

<u>Location: College Avenue Student Center, Room 108 (Bottom Floor; 126 College Ave., New Brunswick, College Ave. Campus)</u>

Graduate school can be intense — that's why the GSA Tabletop Gaming Committee is here to help you unwind, recharge, and connect! Whether you're into classic board games, strategic challenges, or just want to hang out with fellow grad students in a



low-pressure setting, this is the perfect opportunity. No registration necessary – just drop in! Please email Alex Nesenjuk at <a href="mailto:an525@scarletmail.rutgers.edu">an525@scarletmail.rutgers.edu</a> with any questions.

#### - WELLNESS WORKSHOPS, GROUPS, & SUPPORT-

#### **Weekly Let's Talk Drop in Counseling Conversations**

**Let's Talk** is a free and confidential service offered by Community Based Counselors at CAPS, in various locations throughout campus. It provides students with opportunities to drop in for an informal consultation with a counselor to discuss personal concerns in a comfortable and non-judgmental setting. Let's Talk is also available in-person or by phone. Students are welcome to visit any Community Based Counselor they would like and may choose a counselor based on the topic they would like to discuss and the counselor's therapeutic approach or community.

The graduate student focused counselors, Dana Simons and Shan Reeves, will be hosting weekly Let's Talk sessions on the following days during the Fall 2025 semester, in addition to an international student-focused group led by Mei-Ling Cheng:

- Mondays: 2:00pm-4:00pm
   Location: Rutgers Global International Student Services (180 College Ave., New Brunswick, College Ave. Campus) and on Zoom with Mei-Ling
- Tuesdays: 10:00am-12:00pm
   Location: BME Reading Room 130A (599 Taylor Rd. Piscataway, Busch Campus) and on Zoom with Dana
- Tuesdays: 2:00pm-4:00pm
  Location: Honors College Building, Room E125 (15 Seminary Pl., New Brunswick, College Ave. Campus) and on Zoom with Shan
- Thursdays: 10:00am-12:00pm
   Location: CABM, Room 240 (679 Hoes Ln. W, Piscataway, Busch Campus) and on Zoom with Dana
- Thursdays: 2:00pm-4:00pm
   Location: Chemistry & Chemical Biology Building, Room 2105 (123 Bevier Rd., Piscataway, Busch Campus) and on Zoom with Shan

Click <u>HERE</u> for information and schedules for all Let's Talk sessions and click <u>HERE</u> to learn more about individual CAPS Community Based Counselors (look for "Community Based-Counselor").



#### **CAPS Fall 2025 Wellness & Therapy Groups**

Please call CAPS at 848-932-7884 to get connected to a group that best suits your needs.

CAPS will be running in person wellness and therapy groups throughout the year including: Cultivating Calm on Tuesdays, 6:30pm-7:30pm (starting 10/14) and Wednesdays, 6:30pm-7:30pm (starting 10/1); International Student Wellness on Tuesdays, 3:00pm-4:30pm; and RU Grad (for grad students exclusively) on Tuesdays, 1:00pm-2:00pm. Plenty of workshops are being provided this fall! Click HERE to view the various available workshops and group descriptions. To get connected with any of these groups, please call 848-932-7884.

#### **Uwill: FREE Immediate-Access to Teletherapy**

Uwill provides free immediate access to teletherapy through an easy-to-use, private, secure, confidential, online platform. Choose a therapist based on your preferences, including issue, gender, language, and ethnicity. Select a time that fits your schedule, including day, night, and weekend availability. Register and book your first session using your Rutgers email <u>HERE</u>.

#### **Personal Training with Rutgers Recreation**

Location: Various Locations

Ready to reach your fitness goals? Rutgers Recreation's certified personal trainers are here to guide you every step of the way—whether you're just starting out or looking to take your workouts to the next level. Choose from one-on-one or partner sessions at a time and location that fits your schedule. Our trainers will design a personalized program to help you build strength, confidence, and consistency.

For more info: <a href="https://go.rutgers.edu/f25rurecpt">https://go.rutgers.edu/f25rurecpt</a>.

#### - ACADEMIC SUPPORT & WORKSHOPS -

Building Graduate Level Research Writing Skills, Part 2: The Revision Process (Graduate Workshop Series) – Wednesday, November 19, 7:00pm – 8:00pm Location: Virtual

Register **HERE!** 

This is the second of a two-part workshop which will provide graduate students with an organized approach to revising and proofreading their research papers. Attendees will be given strategies to help them improve the clarity, coherence, and organization of their content. Detailed tips on copy editing and proofreading will also be covered, so students have the necessary tools to review their own writing for accuracy before



submission. Students can attend both parts of the workshop or either one, depending on their needs.

#### **Graduate Writing Accountability Group Sessions**

Need some structure and motivation with working on your projects and assignments? Join a Graduate Writing Accountability Session hosted by the Graduate Writing Program and the Learning Centers! Using the Pomodoro method as a structure, these facilitated sessions will provide a supportive atmosphere where graduate students can sit together on Zoom and write alongside other graduate students to make progress toward their goals. These sessions are hosted on Thursdays, either 11:00am – 1:00pm or 4:00pm – 6:00pm. Click HERE to view the schedule and register for each session!

#### Academic Coaching with Dr. Wilson Ng

Meet Dr. Wilson Ng (he/him/his), the newly appointed Senior Program Coordinator and Academic Coach for Graduate Student Services at the Rutgers Learning Centers. Dr. Ng provides one-on-one academic coaching and facilitates workshops and programming tailored to graduate students. With a background in college student affairs and years of experience in student development and support, he is eager to bring his expertise to the Rutgers community and looks forward to collaborating with students as they navigate their academic journeys in graduate school! Click HERE to make a one-on-one appointment with Dr. Ng via Penji. For any questions, email him at wwn2@echo.rutgers.edu.

# PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES

#### PROFESSIONAL DEVELOPMENT -

#### Research Café 2025-26

#### Apply to present **HERE!**

The SGS LEAD hybrid event emerges from their ongoing Research Café series, where Ph.D. students share their scholarship in concise, engaging, and public-facing talks to an interdisciplinary Rutgers audience. Participation helps students strengthen their communication skills, build connections across disciplines, and gain experience presenting to diverse audiences that may mirror their future career pathways. Talks are 10–12 minutes with audience Q&A. This year's overarching theme is Research for a Better Future. Priority areas include:



- Healthy Lives and Communities food security, nutrition, sustainable systems; public health innovation; healthy aging
- Thriving Minds mental health, resilience, education, human development
- Civic Futures citizenship, democracy, civic participation

#### - SCHOLARSHIP & FUNDING RESOURCES -

#### **IDEA Innovation Grants Program for Rutgers-New Brunswick**

The IDEA Innovation Grants Program is a university-wide initiative that demonstrates how we can join together as a community to support institutional change. IDEA Innovation Grants offer a way for creative, innovative, and grassroots efforts to join in the larger institutional strategy. Info and application link: <a href="mailto:go.rutgers.edu/ideagrant">go.rutgers.edu/ideagrant</a>. Applications are due November 16, by 11:49pm.

#### Check Out GradSense - A Financial Resource for Graduate Students

GradSense is a website designed to help current and prospective students make informed financial decisions about graduate school. GradSense provides guidance on how to evaluate the cost and value of a graduate degree; determining if graduate school aligns with long-term career goals; options for funding a graduate degree and applying for financial assistance; and essential tips on managing finances while in graduate school. GradSense is free and available to anyone who is interested in learning more about the financial considerations of graduate school. GradSense is managed by the Council of Graduate Schools (CGS) and generously supported by TIAA. Click HERE to access GradSense.

#### **Build a Fellowship Plan with GradFund!**

<u>GradFund</u> provides graduate students with information on how to apply for external scholarship, fellowship, and funding opportunities. GradFund also provides guidance and assistance with application processes.

Schedule an appointment with a GradFund advisor for fellowship assistance! Schedule a Planning Meeting to learn how to search for fellowships and grants or to plan out your future funding applications. Request Help with a Funder to learn about the funder's application review process and find the best way to frame your research plans for a particular application. Book an Application Review appointment to have a GradFund advisor review your application materials for one application. Schedule a Post-Award Consultation for advice on moving forward after receiving a fellowship offer. Wherever you are in the fellowship, grant, or award process, GradFund is here to



help! Click <u>HERE</u> for more information on GradFund and click <u>HERE</u> to schedule a GradFund appointment.

# Learn to Write a Competitive Funding Application with GradFund's FREE Self-Paced Canvas Course

Learn to write a competitive external funding application using GradFund's FREE self-paced Canvas course! This course teaches the art of competitive proposal writing through developing familiarity with both funders in your field of study and the proposal writing genre. Click <u>HERE</u> to enroll in GradFund's self-paced Canvas course.

The Office of Financial Aid can provide information about need-based funding and financial aid. Other forms of need-based aid or scholarships may be available through your school of enrollment.

#### - EMPLOYMENT OPPORTUNITIES -

### NEW! Senior Accommodation Assistant – Rutgers Access and Disability Resources

Compensation: \$20.50 per hour, 20 hours per week

Location: Hybrid, based in New Brunswick

Apply HERE by 11:59pm on November 26!

This is a Class 5 Student Worker position. Experience with audio/visual media editing of MP4 or embedded videos is ideal. Other responsibilities include: assisting in creating accessible course materials for students with hearing and vision related disabilities; communicating with students, instructors, staff and vendors to ensure delivery of accessible course materials; maintaining accurate records in the student record database (SKIP) after every communication; learning about and train students on the use of technologies such as ASL Interpreters, CART Captioners, FM Systems, audio description and closed captioning platforms (such as Kaltura); auditing video materials for closed captioning or audio description need, then remediate manually or request remediation from vendors; supporting the operations of RADR, including other duties as assigned.

# Web Application Developer Research Assistant – Bloustein School of Planning and Public Policy

Compensation: \$15-20 per hour

Location: On-site

Apply HERE by 6:00am on January 30, 2026!



The Department of Architecture and Planning is seeking a motivated and creative Web Application Developer Research Assistant (RA) to support their research on Al digital tools and services. As an RA, you'll have the opportunity to contribute to live projects, collaborate with experienced researchers and faculty, and learn modern research and development practices in a flexible and supportive environment. This is a great opportunity for a computer science student with application development experience it is not a data science role.

#### **Exam Proctor - Office of Disability Services**

Compensation: \$15.49 per hour

Location: In-Person

#### Apply HERE by 6:00am on February 12, 2026!

The Office of Disability Services is recruiting graduate students to oversee exams as proctors. The exams may be implemented one-on-one, in a group, or online, and the proctor will be responsible for maintaining the testing environment, as well as communicating with the exam office and other proctors. Flexible availability is preferred, and proctors should be prepared to travel within several campuses. Please review the job listing for additional information.

# Web Strategy & Resource Organization Assistant – Rutgers Graduate School of Education

Compensation: \$25-30 per hour, 10 hours per week

Location: Hybrid, based in New Brunswick

Apply HERE by 6:00am on March 9, 2026!

The Rutgers Graduate School of Education is seeking a graduate student in communications, UI/UX, web strategy, or a related field, to assist in system and web development. Responsibilities include developing systems for resource organization, creating and refining existing webpages, and analyzing site metrics. The graduate assistant must have prior experience with CMS and dynamic content design, with a strong understanding of UX principles, and accessibility standards. Please review the job listing for additional details.

#### Emergency Medical Technician (EMT) – Rutgers University Emergency Services

Compensation: \$22 per hour, 15 hours per week

Location: On-site

#### Apply HERE by 6:00am on August 10, 2026!

The Rutgers University Emergency Services (RUES) is seeking Emergency Medical Technicians. This role requires you to answer all calls for emergency medical treatment on campus and surrounding communities and determine the extent of injuries for



medical conditions to provide care, provide standby services for large campus events, and prepare detailed reports of all incidents. Please review the job listing for additional details.

#### THE RESOURCE CORNER

#### **Restorative Justice Services for Graduate Students**

Graduate students can contact the Restorative Justice Program for assistance building deeper connections, developing proactive community agreements, or resolving conflicts that arise within their student organizations, study groups, and any other communities they engage with. Click <a href="HERE">HERE</a> to learn more about the Restorative Justice Program. The Restorative Justice Program can be contacted by email at <a href="mailto:restorative\_justice@echo.rutgers.edu">restorative\_justice@echo.rutgers.edu</a>

#### **Wellness Room in Smithers Hall on Busch Campus**

Located in Smithers Hall on Busch campus, the Wellness Room aims to alleviate problems highly common among graduate students, such as anxiety, depression, and burnout. The room is always stocked with candy and art materials, in addition to being a space where students can spend time in between classes. The paint and lighting choices were designed to be as soothing as possible, and the candies put out in the Wellness Room have also been chosen specifically for their sensory elements. The room is decorated with informational posters of various wellness practices, such as breathing exercises, as well as links to Rutgers mental health support services. Learn more about the Wellness Room HERE.

#### Free Professional Legal Services For Rutgers Students!

Rutgers University Student Legal Services offers professional legal advice and assistance to eligible Rutgers– New Brunswick students at no cost by attorneys licensed to practice in New Jersey! Student Legal Services offers legal consultations on various matters including: tenant/landlord disputes, domestic violence, traffic violations, intellectual property, immigration/INS/DACA, civil suits, and more. They also provide notary services, attorney referrals, community outreach & education, and pre-law advising services. Click <a href="https://example.com/here-law-advising-services">https://example.com/here-law-advising-services</a>. Click <a href="https://exa



#### STUDENT SERVICES & SUPPORT

#### **Ongoing Support and Resources for International Students**

Rutgers University is aware of the recent, unexpected, terminations of lawful immigration status that are impacting international students at Rutgers and across the United States. International students, scholars, and faculty are deeply valued members of the Rutgers community and the university is committed to providing support during this time. Rutgers Global has created a global alerts webpage that is updated with resources and guidance regarding issues related to travel advisories, immigration policies, and regulatory updates that impact international students and scholars, as well as domestic students and faculty traveling abroad. Visit the Global Alerts webpage HERE.

#### **Student Basic Needs: Emergency Aid Fund**

The Rutgers Emergency Aid Fund provides RU-New Brunswick students with one-time need-based financial support for unforeseen, unavoidable, and unplanned costs associated with emergencies like accidents, illnesses, fire and water damage, or the need for emergency housing or food. International and undocumented students are eligible to apply for the Emergency Aid Fund. Click <a href="HERE">HERE</a> for more information and to find the application for Emergency Aid.

#### **Resource Webpage for Pregnant and Parenting Graduate Students**

The Office of Graduate Student Life, in partnership with the Office of Title IX & Compliance and the Supporting Parents & Caregivers at Rutgers (SPCR) Graduate Student Organization, recently launched a new resource webpage for pregnant and parenting graduate students! This webpage serves as a platform for helping pregnant and parenting students locate resources, policies, support services, and community engagement opportunities available at Rutgers University and in the local community. Click HERE to visit the webpage.

#### Join a Graduate Student Affinity Group

Looking to get connected with other graduate students and participate in a fun and supportive community? Consider joining a peer-designed, peer-facilitated affinity group! Affinity groups are affirming spaces to build community with peers who share experiences, backgrounds, and social identities and connect with peers for personal and professional support and around shared interests. Six graduate affinity groups are being offered this semester: African Graduate Students, BIPOC LGBTQIA2S+ Graduate Students, Chinese Graduate Students, Rutgers International Graduate Students (RINGS), Southeast Asian Graduate Students (SEA), and Supporting Neurodiversity at



Rutgers. To read descriptions for each group and meet the student facilitators for each group to see which group(s) are a good fit for you click <a href="HERE">HERE</a>. Contact Dean Ghada Endick, <a href="gendick@echo.rutgers.edu">gendick@echo.rutgers.edu</a> or Program Assistant, Zoey Eddy <a href="gendick@echo.rutgers.edu">gendick@echo.rutgers.edu</a> with any questions.

# Academic, Employment, and Student Support Resources on the Graduate Student Life Website

Looking for additional graduate student resources, services, or support? Check out the resource pages on our website! Find information on <u>Academic Support Resources</u>, <u>Career & Professional Development</u>, <u>Student Support Services & Resources</u> and more on our website!

Do you have an opportunity for graduate students that you would like to promote in the Graduate Student Life Weekly Digest? Submit it HERE!