

Graduate Student Life _____ Weekly Digest

Graduate Student Life Weekly Digest November 10, 2025

Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers-New Brunswick! Share with your friends and tell them to subscribe HERE!! You can contact the Office of Graduate Student Life by emailing gradstudentlife@echo.rutgers.edu or visiting our offices during the week in the Graduate Student Lounge (126 College Ave., behind Panera Bread).

The Graduate Student Lounge is open from 7:00am-12:00am Monday-Friday and 9:00am-12:00am Saturday-Sunday. Click <u>HERE</u> to view the current daily hours for the College Ave. Student Center (includes Graduate Student Lounge). Learn more about the Office of Graduate Student Life by visiting our website <u>HERE</u>!

ANNOUNCEMENTS

Global Grads: Friendsgiving Gathering – Monday, November 17, 12:00pm – 1:30pm Location: Busch Student Center, Busch Student Center MPR (604 Bartholomew Rd., Piscataway, Busch Campus)

RSVP HERE!

The Office of Graduate Student Life and Rutgers Global are excited to welcome all international graduate students and their families to a Friendsgiving lunch. The event features crafts from Scarlet Arts Rx and Student Volunteer Engagement. Enjoy food, fun, and prizes! RSVP ASAP.

Resources for Rutgers–New Brunswick Students During the Government Shutdown

With the current government shutdown and SNAP funding expected to pause starting November 1, we know many in our community are facing uncertainty.

If you are currently receiving SNAP benefits, are a federal employee experiencing a lapse in pay, or experiencing challenges meeting your basic needs due to the government shutdown, we encourage you to schedule a meeting with our team. We are here to help you navigate available resources and identify the best options to support your well-being during this time. Click HERE to schedule a meeting.

- Rutgers-New Brunswick: Food & Mobile Pantry, part of the Basic Needs Center
- Local Food Pantries (near the Rutgers-New Brunswick campus):
 - o Elijah's Promise
 - Ebenezer Baptist Church Food Pantry
 - Five Loaves Food Pantry
 - Christ Episcopal Church
- Comprehensive list of food pantries across New Jersey: https://go.rutgers.edu/njfood

Celebrate National Native American Heritage Month with Rutgers Recreation

This November, Rutgers Recreation invites the community to celebrate National Native American Heritage Month while staying active and connected. The month includes outdoor adventures, fitness workshops, and special seasonal events for students to enjoy. Participants can take part in fun activities, wellness opportunities, and friendly competitions throughout the month. With programs focused on health, learning, and community, there's something for everyone to get involved in. As the semester winds down, Rutgers Recreation encourages everyone to move, recharge, and give thanks together this November. For more information, click HERE!

- STAY INFORMED -

Looking for more ways to stay informed? Check out the <u>newsletters page</u> on our website! The newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including: the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more!

Follow Graduate Student Life on Instagram!

Stay up to date with the Office of Graduate Student Life by following us on Instagram @rugradstudentlife! Never miss another graduate student life event!

EVENTS

- THIS WEEK! -

From Moments to Movements: Making Change from the Grassroots – Tuesday, November 11, 4:00pm – 6:00pm

<u>Location: College Avenue Student Center, Multipurpose Room (126 College Ave., New Brunswick, College Ave. Campus)</u>

Register **HERE** by November 10!

Drawing on lessons learned from years of local and global organizing, Leymah Gbowee and Yifat Susskind explore the vital roles women play as peacebuilders and advocates for human rights to protect and uplift their communities. Click <u>HERE</u> for more information.

Get Career Ready: A Professional Development Workshop for International Students – Wednesday, November 12, 10:00am – 11:30am

<u>Location: IFNH Building, Room 101 (NJ Institute for Food, Nutrition, and Health, 61 Dudley Rd., New Brunswick, C/D Campus)</u>

Register **HERE!**

International graduate students: join the SEBS Office of Global Engagement and Rutgers Career Exploration and Success (CES) for a beneficial 90-minute workshop with CES facilitators! Gain tools to help cultivate professional connections and effectively communicate unique skills and experiences as an international student to prospective global employers, and learn about how the job search process has been evolving for international students in the US. Plus, attending the workshop will earn you a stamp in the CES free tuition challenge contest! International students from all Rutgers schools are welcome to attend. Contact sebsglobal@sebs.rutgers.edu with any questions!

37th Annual Trivia Bowl – Wednesday, November 12, 8:00pm – 10:00pm Location: College Avenue Gym (130 College Ave., New Brunswick, College Ave. Campus)

Register HERE by November 11!

Don't miss your chance to be part of the Annual Trivia Bowl hosted by Rutgers Recreation! Sign up in teams of 3. One person on the team must be a Rutgers affiliate (students, fac/staff, alumni) and friends and family are welcome! There are a ton of prizes and giveaways, and the best part... it is free! Contact Paul Fischbach at paul.fischbach@rutgers.edu with any questions.

Toward a Radical Democratic Imaginary for our Times: Reconsidering Academic Freedom and Rights of Expression – Thursday, November 13, 4:30pm

Location: Kathleen Ludwig Global Village Living Learning Center, First Floor, Schomberg Room 010 (9 Suydam Street, New Brunswick, Douglass Campus)

RSVP HERE!

Join the Institute for Research on Women (IRW) for the second distinguished lecture of the academic year with Professor Judith Butler (University of California, Berkeley)! In

this talk, Butler explores whether academic freedom holds potential for imagining a more radical democracy. Although claimed in contradictory ways by partisans along the political spectrum, academic freedom, which is not the same as freedom of speech, can be renewed and reformulated by those defending the constitutional rights of expression and assembly, but also those who are imagining a radical democratic counter-imaginary in authoritarian times. Relying on vibrant traditions of transfeminism, Butler asks what forms of interdependence among the living can inform resistance and the practices of antiauthoritarian worldmaking.

Scarlet Honor Council Information Session – Thursday, November 13, 4:00pm – 5:00pm

Location: Virtual Register HERE!

The Office of Student Conduct and Conflict Resolution Services invites undergraduate and graduate students to join the Scarlet Honor Council! The Scarlet Honor Council is a team of students committed to upholding Rutgers community standards and promoting a safe and civil campus environment. Membership in the council is a great opportunity to develop leadership skills, meet new people, and get involved in the public life of your campus. Members of the Scarlet Honor Council serve on the University Hearing Board and the Campus Appeals Committee and provide education and outreach to the Rutgers community. For more information about the council, click HERE. After submitting an application, students who are chosen to progress to the next stage will be invited to an interview. Appointments to the council will be made based on applications and interviews. Students who are appointed to the council must then complete the appropriate training program. For more information about training, Click HERE. Questions? Contact Ranaysia Burrell at rnb72@echo.rutgers.edu.

Thursdays in Motion (Yoga) – Thursday, November 13, 5:00pm – 6:00pm Location: Graduate Student Lounge (Behind Panera; 126 College Ave., New Brunswick, College Ave. Campus)

Join us on Thursdays to take a pause from your busy week by relaxing your mind and body with your fellow graduate students. No registration needed. Mats and blocks are provided, and all skill levels are welcome! Email gradstudentlife@echo.rutgers.edu with any questions. Graduate Student Pilates is hosted by Rutgers Recreation and Office of Graduate Student Life.

Curating Indigenous Art: A Panel Discussion – Thursday, November 13, 6:00pm – 8:00pm

<u>Location: Zimmerli Art Museum (71 Hamilton St., New Brunswick, College Ave. Campus)</u>

Explore the landscape of Indigenous art through the perspectives and experiences of esteemed curators: Candice Hopkins (Carcross/Tagish First Nation), Forge Project;

Jami Powell (Citizen of the Osage Nation), Hood Museum of Art, Dartmouth; and Lara Evans (Cherokee Nation), First People's Fund. This event is part of a series celebrating Native American Heritage Month throughout November and spotlighting the exhibition "Indigenous Identities: Here, Now & Always." For more information or parking details, click HERE. If you anticipate needing any type of accommodation or have questions about the access provided, please call Nicole Simpson, Access Coordinator, at 848-932-6178 or email nsimpson@zimmerli.rutgers.edu in advance of your participation.

Afrofit Fusion: Pilates and Dance – Saturday, November 15, 11:30am – 12:30pm Location: Cook Recreation Center, Dance Room (50 Biel Rd, New Brunswick, C/D Campus)

Register **HERE!**

Experience strengthening your body and mind while embracing the vibrant rhythm of Afrobeats! Start with Pilates-inspired exercises to build core strength and mobility, followed by dynamic Afrobeats choreography that energizes and empowers. End with a restorative stretch to leave you feeling strong, confident, and refreshed. AfroFit Fusion is perfect for all experience levels, blending dance and fitness for a truly invigorating experience - instructed by Zina & Victoria. Contact Zina at zno1@rutgers.edu with any questions!

Zimmerli Highlights Tour – Saturday, November 15, 2:00pm – 3:00pm Location: Zimmerli Art Museum (71 Hamilton St., New Brunswick, College Ave. Campus)

RSVP <u>HERE!</u>

Zimmerli's student educators provide visitors with a free, curated tour of artworks throughout the galleries. No registration required. For more information or parking details, click <u>HERE</u>.

- RSVP NOW & COMING UP! -

COMING UP! Rutgers & Basic Needs Trivia – Monday, November 17, 3:00pm – 5:00pm

<u>Location: The Cove; Busch Student Center (604 Bartholomew Rd., Piscataway, Busch Campus)</u>

Grab coffee and pastries while lounging in the Cove while playing trivia on your phone! Compete for special prizes and learn about how you can combat hunger and homelessness along with testing your Rutgers knowledge. Contact basicneeds@echo.rutgers.edu with any questions!

COMING UP! Grocery Bingo - Tuesday, November 18, 12:00pm - 2:00pm

<u>Location: College Avenue Student Center, Room 109 (Bottom Floor; 126 College Ave., New Brunswick, College Ave. Campus)</u>

Stop by across from the Basic Needs Center to play grocery bingo. There will be multiple games, and all prizes are groceries or household supplies. Free pizza while supplies last. Contact basicneeds@echo.rutgers.edu with any questions!

COMING UP! Volunteer at Rutgers Gardens – Wednesday, November 19, 9:00am – 11:00am

Location: Rutgers Gardens (112 Log Cabin Rd., North Brunswick)

Register **HERE** before 3:00pm on November 19!

Sign up to volunteer to help the farm that supplies the Rutgers Basic Needs food pantry with fresh produce. Wear layers, boots or shoes that can get dirty, gloves, and hats. Transportation available. Work will include harvesting vegetables, bending/lifting, and maneuvering tight spaces on uneven ground. Contact basicneeds@echo.rutgers.edu with any questions!

COMING UP! Rutgers Community Farmer's Market – Thursday, November 20, 11:00am – 4:00pm

<u>Location: Morrell St. (Next to College Ave. Student Center, 126 College Ave., New Brunswick, College Ave. Campus)</u>

Join the Farmer's Market for its last day of the season during the fall semester. Managed by Rutgers students and staff, the Rutgers Community Farmer's Market partners with local growers and vendors every week to bring nutritious, fresh fruits and vegetables, as well as unique artisan products. Click HERE for the website.

COMING UP! Thursdays in Motion (Pilates) – Thursday, November 20, 5:00pm – 6:00pm

<u>Location: Graduate Student Lounge (Behind Panera; 126 College Ave., New Brunswick, College Ave. Campus)</u>

Join us on Thursdays to take a pause from your busy week by relaxing your mind and body with your fellow graduate students. No registration needed. Mats and blocks are provided, and all skill levels are welcome! Email gradstudentlife@echo.rutgers.edu with any questions. Graduate Student Pilates is hosted by Rutgers Recreation and Office of Graduate Student Life.

COMING UP! CPT/OPT 101 Sessions – Thursday, November 20, 3:30pm – 5:00pm Location: Academic Building East, Room 2400 (15 Seminary Pl., New Brunswick, College Ave. Campus)

Join this session to learn more about the CPT (Curricular Practical Training) and OPT (Optional Practical Training) process, including information regarding eligibility,

important deadlines, RGlobal forms, step-by-step procedures and how to file an OPT with USCIS. Click HERE for more information.

COMING UP! GSA Tabletop Gaming Committee – Thursday, November 20, 7:00pm – 12:00am

<u>Location: College Avenue Student Center, Room 108 (Bottom Floor; 126 College Ave., New Brunswick, College Ave. Campus)</u>

Graduate school can be intense — that's why the GSA Tabletop Gaming Committee is here to help you unwind, recharge, and connect! Whether you're into classic board games, strategic challenges, or just want to hang out with fellow grad students in a low-pressure setting, this is the perfect opportunity. No registration necessary – just drop in! Please email Alex Nesenjuk at an525@scarletmail.rutgers.edu with any questions.

COMING UP! The Food Dating Game – Friday, November 21, 12:00pm – 2:00pm Location: The Atrium (College Ave. Student Center, 126 College Ave., New Brunswick, College Ave. Campus)

Stop by the Basic Needs table in the atrium to answer trivia questions for giveaways. Learn something new about food dating practices and what you can do with items past their due date. Contact basicneeds@echo.rutgers.edu with any questions!

- WELLNESS WORKSHOPS, GROUPS, & SUPPORT-

Working through Anger, Resentment, and Conflict – Tuesday, November 11, 3:00pm – 4:00pm

Location: Zoom

Join CAPS Community-Based Counselor, Dana Simons, and connect with peers to discuss techniques and strategies to address conflict and let go of resentment. Participants will have the opportunity to talk about anger as a healthy emotion, and discuss how to express and discharge angry feelings in a productive way.

Weekly Let's Talk Drop in Counseling Conversations

Let's Talk is a free and confidential service offered by Community Based Counselors at CAPS, in various locations throughout campus. It provides students with opportunities to drop in for an informal consultation with a counselor to discuss personal concerns in a comfortable and non-judgmental setting. Let's Talk is also available in-person or by phone. Students are welcome to visit any Community Based Counselor they would like and may choose a counselor based on the topic they would like to discuss and the counselor's therapeutic approach or community.

The graduate student focused counselors, Dana Simons and Shan Reeves, will be hosting weekly Let's Talk sessions on the following days during the Fall 2025 semester, in addition to an international student-focused group led by Mei-Ling Cheng:

Mondays: 2:00pm-4:00pm
 Location: Rutgers Global International Student Services (180 College Ave., New Brunswick, College Ave. Campus) and on Zoom with Mei-Ling

 Tuesdays: 10:00am-12:00pm
 Location: BME Reading Room 130A (599 Taylor Rd. Piscataway, Busch Campus) and on Zoom with Dana

• Tuesdays: 2:00pm-4:00pm
Location: Honors College Building, Room E125 (15 Seminary Pl., New Brunswick, College Ave. Campus) and on Zoom with Shan

Thursdays: 10:00am-12:00pm
 Location: CABM, Room 240 (679 Hoes Ln. W, Piscataway, Busch Campus) and on Zoom with Dana

• Thursdays: 2:00pm-4:00pm
Location: Chemistry & Chemical Biology Building, Room 2105 (123 Bevier Rd.,
Piscataway, Busch Campus) and on Zoom with Shan

Click <u>HERE</u> for information and schedules for all Let's Talk sessions and click <u>HERE</u> to learn more about individual CAPS Community Based Counselors (look for "Community Based-Counselor").

CAPS Fall 2025 Wellness & Therapy Groups

<u>Please call CAPS at 848-932-7884 to get connected to a group that best suits your needs.</u>

CAPS will be running in person wellness and therapy groups throughout the year including: Cultivating Calm on Tuesdays, 6:30pm-7:30pm (starting 10/14) and Wednesdays, 6:30pm-7:30pm (starting 10/1); International Student Wellness on Tuesdays, 3:00pm-4:30pm; and RU Grad (for grad students exclusively) on Tuesdays, 1:00pm-2:00pm. Plenty of workshops are being provided this fall! Click HERE to view the various available workshops and group descriptions. To get connected with any of these groups, please call 848-932-7884.

Uwill: FREE Immediate-Access to Teletherapy

Uwill provides free immediate access to teletherapy through an easy-to-use, private, secure, confidential, online platform. Choose a therapist based on your preferences, including issue, gender, language, and ethnicity. Select a time that fits your schedule, including day, night, and weekend availability. Register and book your first session using your Rutgers email <u>HERE</u>.

Personal Training with Rutgers Recreation

Location: Various Locations

Ready to reach your fitness goals?
Rutgers Recreation's certified personal trainers are here to guide you every step of the way—whether you're just starting out or looking to take your workouts to the next level. Choose from one-on-one or partner sessions at a time and location that fits your schedule. Our trainers will design a personalized program to help you build strength, confidence, and consistency.

For more info: https://go.rutgers.edu/f25rurecpt.

- ACADEMIC SUPPORT & WORKSHOPS -

Strategic Proposal Writing Workshop: Aligning Your Proposal with Review Criteria – Thursday, November 13, 1:00pm – 2:00pm

Location: Virtual Register HERE!

Join GradFund Fellowship Advisors in this interactive and participatory workshop, geared towards graduate students who are planning to apply for grants and fellowships! Learn how to write a clear, compelling application that aligns with the application review criteria.

Building Graduate Level Research Writing Skills, Part 2: The Revision Process (Graduate Workshop Series) – Wednesday, November 19, 7:00pm – 8:00pm Location: Virtual

Register HERE!

This is the second of a two-part workshop which will provide graduate students with an organized approach to revising and proofreading their research papers. Attendees will be given strategies to help them improve the clarity, coherence, and organization of their content. Detailed tips on copy editing and proofreading will also be covered, so students have the necessary tools to review their own writing for accuracy before submission. Students can attend both parts of the workshop or either one, depending on their needs.

Graduate Writing Accountability Group Sessions

Need some structure and motivation with working on your projects and assignments? Join a Graduate Writing Accountability Session hosted by the Graduate Writing Program and the Learning Centers! Using the Pomodoro method as a structure, these facilitated sessions will provide a supportive atmosphere where graduate students can sit together on Zoom and write alongside other graduate students to make progress toward their goals. These sessions are hosted on Thursdays, either 11:00am – 1:00pm or 4:00pm – 6:00pm. Click HERE to view the schedule and register for each session!

Academic Coaching with Dr. Wilson Ng

Meet Dr. Wilson Ng (he/him/his), the newly appointed Senior Program Coordinator and Academic Coach for Graduate Student Services at the Rutgers Learning Centers. Dr. Ng provides one-on-one academic coaching and facilitates workshops and programming tailored to graduate students. With a background in college student affairs and years of experience in student development and support, he is eager to bring his expertise to the Rutgers community and looks forward to collaborating with students as they navigate their academic journeys in graduate school! Click HERE to make a one-on-one appointment with Dr. Ng via Penji. For any questions, email him at wwn2@echo.rutgers.edu.

PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES

- PROFESSIONAL DEVELOPMENT -

Research Café 2025–26

Apply to present **HERE!**

The SGS LEAD hybrid event emerges from their ongoing Research Café series, where Ph.D. students share their scholarship in concise, engaging, and public-facing talks to an interdisciplinary Rutgers audience. Participation helps students strengthen their communication skills, build connections across disciplines, and gain experience presenting to diverse audiences that may mirror their future career pathways. Talks are 10–12 minutes with audience Q&A.This year's overarching theme is Research for a Better Future. Priority areas include:

- Healthy Lives and Communities food security, nutrition, sustainable systems; public health innovation; healthy aging
- Thriving Minds mental health, resilience, education, human development
- Civic Futures citizenship, democracy, civic participation

- SCHOLARSHIP & FUNDING RESOURCES -

IDEA Innovation Grants Program for Rutgers-New Brunswick

The IDEA Innovation Grants Program is a university-wide initiative that demonstrates how we can join together as a community to support institutional change. IDEA Innovation Grants offer a way for creative, innovative, and grassroots efforts to join in the larger institutional strategy. Info and application link: go.rutgers.edu/ideagrant. Applications are due November 16, by 11:49pm.

Check Out GradSense - A Financial Resource for Graduate Students

GradSense is a website designed to help current and prospective students make informed financial decisions about graduate school. GradSense provides guidance on how to evaluate the cost and value of a graduate degree; determining if graduate school aligns with long-term career goals; options for funding a graduate degree and applying for financial assistance; and essential tips on managing finances while in graduate school. GradSense is free and available to anyone who is interested in learning more about the financial considerations of graduate school. GradSense is managed by the Council of Graduate Schools (CGS) and generously supported by TIAA. Click HERE to access GradSense.

Build a Fellowship Plan with GradFund!

<u>GradFund</u> provides graduate students with information on how to apply for external scholarship, fellowship, and funding opportunities. GradFund also provides guidance and assistance with application processes.

Schedule an appointment with a GradFund advisor for fellowship assistance! Schedule a Planning Meeting to learn how to search for fellowships and grants or to plan out your future funding applications. Request Help with a Funder to learn about the funder's application review process and find the best way to frame your research plans for a particular application. Book an Application Review appointment to have a GradFund advisor review your application materials for one application. Schedule a Post-Award Consultation for advice on moving forward after receiving a fellowship offer. Wherever you are in the fellowship, grant, or award process, GradFund is here to help! Click <a href="https://example.com/heep-en-like

Learn to Write a Competitive Funding Application with GradFund's FREE Self-Paced Canvas Course

Learn to write a competitive external funding application using GradFund's FREE self-paced Canvas course! This course teaches the art of competitive proposal writing through developing familiarity with both funders in your field of study and the proposal writing genre. Click <u>HERE</u> to enroll in GradFund's self-paced Canvas course.

The Office of Financial Aid can provide information about need-based funding and financial aid. Other forms of need-based aid or scholarships may be available through your school of enrollment.

- EMPLOYMENT OPPORTUNITIES -

NEW! Senior Accommodation Assistant – Rutgers Access and Disability Resources

Compensation: \$20.50 per hour, 20 hours per week

Location: Hybrid, based in New Brunswick

Apply HERE by 11:59pm on November 26!

This is a Class 5 Student Worker position. Experience with audio/visual media editing of MP4 or embedded videos is ideal. Other responsibilities include: assisting in creating accessible course materials for students with hearing and vision related disabilities; communicating with students, instructors, staff and vendors to ensure delivery of accessible course materials; maintaining accurate records in the student record database (SKIP) after every communication; learning about and train students on the use of technologies such as ASL Interpreters, CART Captioners, FM Systems, audio description and closed captioning platforms (such as Kaltura); auditing video materials for closed captioning or audio description need, then remediate manually or request remediation from vendors; supporting the operations of RADR, including other duties as assigned.

Web Application Developer Research Assistant – Bloustein School of Planning and Public Policy

Compensation: \$15-20 per hour

Location: On-site

Apply HERE by 6:00am on January 30, 2026!

The Department of Architecture and Planning is seeking a motivated and creative Web Application Developer Research Assistant (RA) to support their research on Al digital tools and services. As an RA, you'll have the opportunity to contribute to live projects, collaborate with experienced researchers and faculty, and learn modern research and development practices in a flexible and supportive environment. This is a great opportunity for a computer science student with application development experience it is not a data science role.

Exam Proctor - Office of Disability Services

Compensation: \$15.49 per hour

Location: In-Person

Apply HERE by 6:00am on February 12, 2026!

The Office of Disability Services is recruiting graduate students to oversee exams as proctors. The exams may be implemented one-on-one, in a group, or online, and the proctor will be responsible for maintaining the testing environment, as well as communicating with the exam office and other proctors. Flexible availability is preferred, and proctors should be prepared to travel within several campuses. Please review the job listing for additional information.

Web Strategy & Resource Organization Assistant – Rutgers Graduate School of Education

Compensation: \$25-30 per hour, 10 hours per week

Location: Hybrid, based in New Brunswick

Apply HERE by 6:00am on March 9, 2026!

The Rutgers Graduate School of Education is seeking a graduate student in communications, UI/UX, web strategy, or a related field, to assist in system and web development. Responsibilities include developing systems for resource organization, creating and refining existing webpages, and analyzing site metrics. The graduate assistant must have prior experience with CMS and dynamic content design, with a strong understanding of UX principles, and accessibility standards. Please review the job listing for additional details.

Emergency Medical Technician (EMT) – Rutgers University Emergency Services

Compensation: \$22 per hour, 15 hours per week

Location: On-site

Apply HERE by 6:00am on August 10, 2026!

The Rutgers University Emergency Services (RUES) is seeking Emergency Medical Technicians. This role requires you to answer all calls for emergency medical treatment on campus and surrounding communities and determine the extent of injuries for medical conditions to provide care, provide standby services for large campus events, and prepare detailed reports of all incidents. Please review the job listing for additional details.

THE RESOURCE CORNER

Sexual Health & Wellness Services Provided by Rutgers Student Health

Rutgers Student Health provides a comprehensive range of sexual health and wellness services including: gynecological visits, male sexual health visits, STI screening and treatment, contraceptive consultation and prescription (options for hormonal and Long Acting Reversible Contraception devices such as an Implant or Intrauterine Device), along with pregnancy counseling and referral services for prenatal care and pregnancy termination. To learn more about the sexual health and wellness services provided by Rutgers Student Health, click HERE. For further information including frequently asked questions about sexual health services, insurance, and billing, click HERE. You can contact Rutgers Student Health by phone at 848-932-7402 or email at health@rutgers.edu.

Wellness Room in Smithers Hall on Busch Campus

Located in Smithers Hall on Busch campus, the Wellness Room aims to alleviate problems highly common among graduate students, such as anxiety, depression, and burnout. The room is always stocked with candy and art materials, in addition to being

a space where students can spend time in between classes. The paint and lighting choices were designed to be as soothing as possible, and the candies put out in the Wellness Room have also been chosen specifically for their sensory elements. The room is decorated with informational posters of various wellness practices, such as breathing exercises, as well as links to Rutgers mental health support services. Learn more about the Wellness Room HERE.

Free Professional Legal Services For Rutgers Students!

Rutgers University Student Legal Services offers professional legal advice and assistance to eligible Rutgers– New Brunswick students at no cost by attorneys licensed to practice in New Jersey! Student Legal Services offers legal consultations on various matters including: tenant/landlord disputes, domestic violence, traffic violations, intellectual property, immigration/INS/DACA, civil suits, and more. They also provide notary services, attorney referrals, community outreach & education, and pre-law advising services. Click https://example.com/here-law-advising-services. Click <a href="https://exa

Gender Affirming Care Services Provided by Rutgers Student Health

Rutgers Student Health provides a wide range of gender affirming care services including assistance with medical and counseling services. Rutgers Student Health can provide assistance related to transitioning including: medical counseling, hormone therapy, hormone-level monitoring, referrals to external healthcare providers such as endocrinologists or surgeons, and signing official name-change documents. Rutgers Student Health Services also provides a variety of counseling services including: structured evidence-based individual counseling, group counseling, crisis management, substance abuse assessment and treatment, psychiatric services, and referrals to community providers. To learn more about the gender affirming care services provided by Rutgers Student Health, click HERE. You can contact Rutgers Student Health by phone at 848-932-7402 or email at health@rutgers.edu.

STUDENT SERVICES & SUPPORT

Ongoing Support and Resources for International Students

Rutgers University is aware of the recent, unexpected, terminations of lawful immigration status that are impacting international students at Rutgers and across the United States. International students, scholars, and faculty are deeply valued members of the Rutgers community and the university is committed to providing support during this time. Rutgers Global has created a global alerts webpage that is updated with resources and guidance regarding issues related to travel advisories, immigration policies, and regulatory updates that impact international students and scholars, as well as domestic students and faculty traveling abroad. Visit the Global Alerts webpage HERE.

Student Basic Needs: Emergency Aid Fund

The Rutgers Emergency Aid Fund provides RU-New Brunswick students with one-time need-based financial support for unforeseen, unavoidable, and unplanned costs associated with emergencies like accidents, illnesses, fire and water damage, or the need for emergency housing or food. International and undocumented students are eligible to apply for the Emergency Aid Fund. Click HERE for more information and to find the application for Emergency Aid.

Resource Webpage for Pregnant and Parenting Graduate Students

The Office of Graduate Student Life, in partnership with the Office of Title IX & Compliance and the Supporting Parents & Caregivers at Rutgers (SPCR) Graduate Student Organization, recently launched a new resource webpage for pregnant and parenting graduate students! This webpage serves as a platform for helping pregnant and parenting students locate resources, policies, support services, and community engagement opportunities available at Rutgers University and in the local community. Click HERE to visit the webpage.

Join a Graduate Student Affinity Group

Looking to get connected with other graduate students and participate in a fun and supportive community? Consider joining a peer-designed, peer-facilitated affinity group! Affinity groups are affirming spaces to build community with peers who share experiences, backgrounds, and social identities and connect with peers for personal and professional support and around shared interests. Six graduate affinity groups are being offered this semester: African Graduate Students, BIPOC LGBTQIA2S+ Graduate Students, Chinese Graduate Students, Rutgers International Graduate Students (RINGS), Southeast Asian Graduate Students (SEA), and Supporting Neurodiversity at Rutgers. To read descriptions for each group and meet the student facilitators for each group to see which group(s) are a good fit for you click HERE. Contact Dean Ghada Endick, gendick@echo.rutgers.edu or Program Assistant, Zoey Eddy ze26@scarletmail.rutgers.edu with any questions.

Academic, Employment, and Student Support Resources on the Graduate Student Life Website

Looking for additional graduate student resources, services, or support? Check out the resource pages on our website! Find information on <u>Academic Support Resources</u>, <u>Career & Professional Development</u>, <u>Student Support Services & Resources</u> and more on our website!

Do you have an opportunity for graduate students that you would like to promote in the Graduate Student Life Weekly Digest? Submit it <u>HERE!</u>!