



Graduate Student Life Weekly Digest

Graduate Student Life Weekly Digest September 29, 2025

Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers-New Brunswick! Share with your friends and tell them to subscribe [HERE](#)! You can contact the Office of Graduate Student Life by emailing gradstudentlife@echo.rutgers.edu or visiting our offices during the week in the Graduate Student Lounge (126 College Ave., behind Panera Bread).

The Graduate Student Lounge is open from 7:00am-12:00am Monday-Friday and 9:00am-12:00am Saturday-Sunday. Click [HERE](#) to view the current daily hours for the College Ave. Student Center (includes Graduate Student Lounge). Learn more about the Office of Graduate Student Life by visiting our website [HERE](#)!

ANNOUNCEMENTS

National Disability Awareness Month

In October, the Rutgers community engages in a campus-wide effort to raise awareness about disability, access, and inclusion. We encourage your office/department to host an event that would add to the number of diverse programs across campus, building upon the programs across campus. For more information, please click [HERE](#).

Join a Graduate Student Affinity Group

Looking to get connected with other graduate students and participate in a fun and supportive community? Consider joining a peer-designed, peer-facilitated affinity group! Affinity groups are affirming spaces to build community with peers who share experiences, backgrounds, and social identities and connect with peers for personal and professional support and around shared interests. Six graduate affinity groups are being offered this semester: African Graduate Students, BIPOC LGBTQIA2S+ Graduate Students, Chinese Graduate Students, Rutgers International Graduate Students (RINGS), Southeast Asian Graduate Students (SEA), and Supporting Neurodiversity at

Rutgers. To read descriptions for each group and meet the student facilitators for each group to see which group(s) are a good fit for you click [HERE](#). Contact Dean Ghada Endick, gendick@echo.rutgers.edu or Program Assistant, Zoey Eddy ze26@scarletmail.rutgers.edu with any questions.

– STAY INFORMED –

Looking for more ways to stay informed? Check out the [newsletters page](#) on our website! The newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including: the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more!

Follow Graduate Student Life on Instagram!

Stay up to date with the Office of Graduate Student Life by following us on Instagram [@rugradstudentlife](#)! Never miss another graduate student life event!

EVENTS

– THIS WEEK! –

Eat the Rainbow, Paint the Rainbow – Tuesday, September 30 through Thursday, October 2, 6:00pm – 8:00pm

9/30 Location: Neilson Dining Hall (177 Ryders Ln., New Brunswick, C/D Campus)

10/1 Location: Busch Dining Hall (608 Bartholomew Rd., Piscataway, Busch Campus)

10/2 Location: The Atrium (126 College Ave., New Brunswick, College Ave. Campus)

Join Scarlet Arts Rx, Rutgers Dining Services, Healthy Dining Team, and Rutgers Gardens to learn about the world's rainbow of healthy foods! Get a healthy "side dish" of art! Create community artwork with paints made from campus-grown veggies! Plus get a free miniature canvas/paint kit while supplies last. Both graduate and undergraduate students are welcome to stop by the interactive table and take a gift!

Jazz on the Lawn: Free Music for Your Well-Being – Wednesday, October 1, 12:00pm – 1:30pm

Location: Institute for Food, Nutrition, and Health (Lawn near Harvest Cafe; 61 Dudley Rd., New Brunswick, C/D Campus)

Enjoy your lunch along while listening to melodies by popular jazz saxophonist Brandon Mejia, with Jeff Andalaro and Seraphina Taylor. Bring a picnic blanket if you would like! Weather permitting - no jazz in the rain. This event will happen every Wednesday until October 29, weather permitting.

**Accessible Gardening and Beekeeping Workshop – Wednesday, October 1,
2:00pm – 4:00pm**

Location: Cook Organic Garden (14 College Farm Rd. W, New Brunswick, C/D
Campus)

Join the Mason Gross Dance Department for an Inclusive Gardening Experience! Learn about beekeeping, gardening, nutrition, and well-being for people with disabilities. Participate in a beekeeping tour led by Javier Robles from Rutgers University, with his assistant Lauren Manley focusing on how individuals with disabilities can engage in this rewarding activity. Additional talks from the Alliance Center for Independent Living led by Samantha Gavron Community Market Manager and Luke Koppisch Deputy Director. Discover Beekeeping 101 Sponsors: Pinelands Preservation Alliance Rutgers Kinesiology and Health Department Mason Gross Dance Department Disability Awareness Month Committee. Contact Natalie Schultz-Kahwaty ns1199@mgsa.rutgers.edu with any questions.

**Swing Dance Class for the Blind & Visually Impaired – Wednesday, October 1,
5:00pm – 7:00pm**

Location: Loree Aerobics Studio (Across from Loree Dance Studio, 70 Lipman Dr., New
Brunswick, C/D Campus)

Join the Mason Gross Dance Department for an evening of fun, learning how to swing dance with a partner, taught by Maya Robles. All are welcomed to join this special inclusive dance class designed for the blind and visually impaired. No dance experience necessary! Contact Natalie Schultz-Kahwaty ns1199@mgsa.rutgers.edu with any questions.

Thursdays in Motion (Yoga) – Thursday, October 2, 5:00pm – 6:00pm

Location: Graduate Student Lounge (Behind Panera, 126 College Ave., New Brunswick,
College Ave. Campus)

Join us on Thursdays to take a pause from your busy week by relaxing your mind and body with your fellow graduate students. No registration needed. Mats and blocks are provided, and all skill levels are welcome! Email gradstudentlife@echo.rutgers.edu with any questions. Graduate Student Yoga is hosted by Rutgers Recreation and Office of Graduate Student Life.

**SparkNight: Celebrating Disability Awareness Month – Thursday, October 2,
5:00pm – 8:00pm**

Location: Zimmerli Art Museum (71 Hamilton St., New Brunswick, College Ave.
Campus)

SparkNight is the free monthly art party at the museum inviting everyone to explore art, engage their creativity, and have fun! In October, join us for the launch event for Disability Awareness Month. Free and open to the public. Complimentary light

refreshments are provided, thanks to the Zimmerli's campus and community partners. Click [HERE](#) for more information.

GSA Tabletop Gaming Committee – Thursday, October 2, 7:00pm – Midnight

Location: College Avenue Student Center, Room 108 (126 College Avenue, New Brunswick, College Ave. Campus)

Graduate school can be intense — that's why the GSA Tabletop Gaming Committee is here to help you unwind, recharge, and connect! Whether you're into classic board games, strategic challenges, or just want to hang out with fellow grad students in a low-pressure setting, this is the perfect opportunity.

A Talk with Safoi Babana-Hampton – Friday, October 3, 4:00pm – 6:00pm

Location Academic Building West, Room 4190 (15 Seminary Pl., New Brunswick, College Ave. Campus)

Prior to the screening of her most recent production “Chœurs atlantiques” (Tales from the Atlantic Beyond) as part of the New Jersey Film Festival, professor and filmmaker Safoi Babana-Hampton will lead a conversation on crucial issues regarding racial, identity and memory struggles in a post-colonial world. This discussion will serve as an intellectual appetizer to preserve anti-slavery memory today. Contact the French Graduate Organization frenchgso.rutgers@gmail.com with any questions.

Topographies of Dissent: Opening Reception & Panel Conversation – Saturday, October 4, 4:00pm – 7:00pm

Location: Zimmerli Art Museum (71 Hamilton St., New Brunswick, College Ave. Campus)

Register for free tickets [HERE](#)!

The Zimmerli's first exhibition dedicated to the ideological and aesthetic diversity of Armenian nonconformist art, 'Topographies of Dissent ' explores nearly 60 artworks by more than 30 artists: from early modernists in the 1960s to radical voices at the close of the Soviet era. Zimmerli curator Julia Tulovsky moderates a panel discussion, starting at 4:30 pm, with guest curators Lilit Sargsyan, one of Armenia's leading art critics, and Armen Yesayants, an art historian and curator of the National Pavilion of the Republic of Armenia at the 2024 Venice Biennale. It is followed by a reception at 5:30 pm. Free & Open to the Public.

Discover Multilingual New Brunswick – 24 hours a day

Location: Various locations throughout New Brunswick

The Tyler Clementi Center for Diversity Education and Bias Prevention - Research2Practice Program is pleased to announce the launch of Discover Multilingual New Brunswick, a city-wide scavenger hunt that invites participants to explore languages in public space. Participants use a custom-built web app to navigate an interactive map, visit and learn about culturally and linguistically significant sites in New

Brunswick, and complete brief surveys at each location. Each completed survey counts as an entry into a raffle to win a 1 of 10 \$50 RU Express Cards. The contest runs through December 1st. Join to explore the multilingual, multicultural New Brunswick community! Click [HERE](#) for more information! Contact Kendra Dickinson for questions. Follow @multilingual_newbrunswick on Instagram!

– RSVP NOW & COMING UP! –

COMING UP! Is Rutgers Accessible? Disability, the Built Environment, and Intersectionality – Tuesday, October 7, 2:30pm – 4:30pm

Location: Conklin Hall, Room 203 (175 University Ave., Newark, NJ 07102)

RSVP [HERE](#)!

Learn from the students who have been working to answer this complex question! From 2:30-3:30, student researchers will present the results of their accessibility audit project, lead attendees through an auditing activity, and share their experiences of (in)accessibility beyond the legal compliance model. From 3:30-4:30, attendees can choose to stay and participate in an auditing activity. Contact Lauren Shallish lauren.shallish@rutgers.edu with any questions.

COMING UP! Do Accommodations Make Sense for You? ODS Drop-In Hours – Wednesday, October 8, 2:00pm – 4:00pm

Location: Graduate Student Lounge (Behind Panera, 126 College Ave., New Brunswick, College Ave. Campus) or via Zoom [HERE](#)!

Do you identify as having a disability or wonder about whether a condition is a disability? Stop by the Graduate Student Lounge to meet Nychey Michel, Sr. Disability Services Coordinator, and find out more. Snacks, sensory toys, and crafts while supplies last! The Office of Disability Services provides reasonable accommodations to students with disabilities, including hearing, vision, and mobility conditions, learning difficulties, psychological diagnoses (including anxiety and depression), chronic illnesses, and more! Contact Nychey Michel at nlm108@echo.rutgers.edu or by calling 848-202-3111 if you have questions about accommodations. To learn more about the ODS, click [HERE](#)!

COMING UP! Residential Support Services for Disabled Students in New Jersey's Public Institutions of Higher Education – Thursday, October 9, 4:00pm – 5:30pm

Location: Gov. James J. Florio Special Events Forum (Civic Square Building, Bloustein School of Planning and Public Policy, 33 Livingston Ave., New Brunswick, College Ave Campus)

Register [HERE](#)!

Despite efforts to support students with severe disabilities, gaps and inconsistencies in disability accommodation policy and practice can create barriers for these students' enrollment and academic success. Bloustein School researchers have begun to

examine both existing and potential residential support services for disabled students enrolled in public institutions of higher education in New Jersey. The intention of this work is to push beyond traditional accommodations toward a more holistic view of educating students with severe physical and/or other disabilities. To broaden this discussion in New Jersey, the New Jersey State Policy Lab has convened a panel of experts to share their insights and experience. Contact Julianna Rivera giulianna.rivera@rutgers.edu with any questions.

COMING UP! Adaptive Sports, Health and Wellness Day – Friday, October 10, 1:00pm – 8:00pm

Location: Cook/Douglass Recreation Center (50 Biel Rd., New Brunswick, C/D Campus)

Rutgers University is celebrating an Adaptive Sports, Health, and Wellness Day to showcase abilities, opportunities, and awareness of sports for individuals with disabilities. Attendees can participate in multiple adaptive sports activities through hands-on demonstrations and attend health and wellness workshops. This event is open to all members of Rutgers University and surrounding communities. There will be multiple events and workshops throughout the day.

COMING UP! Facing the Future 2025 – Uncharted Waters: Navigation Strategies for Competitive Integrated Employment – Friday, October 10, 8:00am – 4:00pm

Location: Hyatt Regency (2 Albany St., New Brunswick, NJ 08091)

Sponsored by Rutgers, The Boggs Center on Disability and Human Development & NJ APSE, the 2025 Facing the Future annual conference highlights best practices in supporting people with disabilities in career planning, supported and customized employment, and transition from school to work. The 2025 conference features 12 workshops on transition, support strategies, job coaching, and job development, and a keynote presentation by Duncan Winburn. APSE members can register for \$195, and non-member registration is \$225. For more information, please click [HERE](#).

– WELLNESS WORKSHOPS, GROUPS, & SUPPORT–

Learning Centers & CAPS ACCESS for ADHD Group

Learning Centers & CAPS are co-hosting the first ever ACCESS for ADHD Group this semester! This is open to all Rutgers graduate students with ADD/ADHD who are willing to commit to 8 weekly 90-minutes sessions on Tuesdays 3:30pm-5:00pm from 09/30 through 11/18 at the College Avenue Learning Center. Sessions will be co-facilitated by Learning Centers and CAPS. In this group, students will develop strategies to work on their time management, organization, mindset, and mental health demonstrated to be effective for students with ADHD. Please register [HERE](#)!

Registration is limited and you must commit to attending all 8 weeks. To learn more about ACCESS and other programs offered, please click [HERE](#)!

International Students' Wellness Group (CAPS Group) – Grad & Undergrad – Tuesdays, 3:00pm – 4:30pm

Location: Asian American Cultural Center (49 Joyce Kilmer Ave., Piscataway, Livingston Campus)

Are you an international student adjusting to life in a new country? You're not alone. Many international students face challenges like homesickness, culture shock, loneliness, language barriers, or academic stress. The International Student Wellness Group offers a safe, confidential space to: Share your experiences with others who understand, build connections and community, talk through the ups and downs of cross-cultural adjustment, and get support for emotional, academic, or social stress. Wherever you're from, you're welcome here. Meetings occur every Tuesday September 30- December 8. To get connected, please call 848-932-7884. Information and more wellness and therapy options for fall 2025 visit [HERE!](#)

What Are Our Dreams Telling Us?: A Conversation – Wednesdays, 8:00pm – 9:30pm

Location: The Canterbury House (5 Mine St., New Brunswick, College Ave. Campus)

Everyone dreams, whether we remember our dreams or not! Join us on Wednesday nights to look at the science surrounding dreams, the history of dream interpretation, and strategies to enlighten ourselves and others about this curious, human experience! No registration required.

Grad Student Drop in Support Space (CAPS Group) – Thursdays, 1:00pm – 2:00pm

Location: Chemistry & Chemical Biology Building, Room 2105 (123 Bevier Rd., Piscataway, Busch Campus)

Grad Drop-In group is a location for graduate students to come and process the way they are navigating their respective program. This will provide space for students to discuss the responsibilities of grad school vs undergrad, managing work life balance, navigating the expectations of advisors, working through the dissertation/ thesis writing process, and anything else students bring to the table. Available every Thursday. To get connected, please call 848-932-7884. For more information and wellness and therapy options for Fall 2025 click [HERE!](#)

FamiLGBTQIA+ Group (CAPS Group) – Fridays, 1:00pm – 2:30pm

Location: Virtual

If you are a queer/LGBIA/transgender student, this confidential, supportive space is for you! Topics include navigating coming out, concerns related to family acceptance and rejection, dealing with current events, dating and relationships, building community, and everything in between! The group meets weekly over the semester every Friday. To

join, call CAPS at 848-932-7884. For more information, email Dr. Krish Sehgal at krish.sehgal@rutgers.edu or Ms. Manda Gatto at gattoma@echo.rutgers.edu.

Weekly Let's Talk Drop in Counseling Conversations

Let's Talk is a free and confidential service offered by Community Based Counselors at CAPS, in various locations throughout campus. It provides students with opportunities to drop in for an informal consultation with a counselor to discuss personal concerns in a comfortable and non-judgmental setting. Let's Talk is also available in-person or by phone. Students are welcome to visit any Community Based Counselor they would like and may choose a counselor based on the topic they would like to discuss and the counselor's therapeutic approach or community.

The graduate student focused counselors, Dana Simons and Shan Reeves, will be hosting weekly Let's Talk sessions on the following days during the Fall 2025 semester, in addition to an international student-focused group led by Mei-Ling Cheng:

- **Mondays:** 2:00pm-4:00pm
Location: Rutgers Global International Student Services (180 College Ave., New Brunswick, College Ave. Campus) and on [Zoom](#) with Mei-Ling
- **Tuesdays:** 10:00am-12:00pm
Location: BME Reading Room 130A (599 Taylor Rd. Piscataway, Busch Campus) and on [Zoom](#) with Dana
- **Tuesdays:** 2:00pm-4:00pm
Location: Honors College Building, Room E125 (15 Seminary Pl., New Brunswick, College Ave. Campus) and on [Zoom](#) with Shan
- **Thursdays:** 10:00am-12:00pm
Location: CABM, Room 240 (679 Hoes Ln. W, Piscataway, Busch Campus) and on [Zoom](#) with Dana
- **Thursdays:** 2:00pm-4:00pm
Location: Chemistry & Chemical Biology Building, Room 2105 (123 Bevier Rd., Piscataway, Busch Campus) and on [Zoom](#) with Shan

Click [HERE](#) for information and schedules for all Let's Talk sessions and click [HERE](#) to learn more about individual CAPS Community Based Counselors (look for "Community Based-Counselor").

CAPS Fall 2025 Wellness & Therapy Groups

Please call CAPS at 848-932-7884 to get connected to a group that best suits your needs.

CAPS will be running in person wellness and therapy groups throughout the year including: Cultivating Calm on Tuesdays, 6:30pm-7:30pm (starting 10/14) and Wednesdays, 6:30pm-7:30pm (starting 10/1); International Student Wellness on

Tuesdays, 3:00pm-4:30pm; and RU Grad (for grad students exclusively) on Tuesdays, 1:00pm-2:00pm. Plenty of workshops are being provided this fall! Click [HERE](#) to view the various available workshops and group descriptions. To get connected with any of these groups, please call [848-932-7884](tel:848-932-7884).

Uwill: FREE Immediate-Access to Teletherapy

Uwill provides free immediate access to teletherapy through an easy-to-use, private, secure, confidential, online platform. Choose a therapist based on your preferences, including issue, gender, language, and ethnicity. Select a time that fits your schedule, including day, night, and weekend availability. Register and book your first session using your Rutgers email [HERE](#).

CILRU Weekly Programming

Location: CILRU, 122 College Ave., New Brunswick, College Ave. Campus

Center For Islamic Life at Rutgers University (CILRU) is dedicated to helping the Muslim community at Rutgers University attain the resources it needs to provide each member with an inclusive space where they are able to foster a rich and meaningful Muslim identity. The following programs will run all semester:

- **Mondays:** Muslim Leadership Study Circle, 5:30pm-6:30pm
A weekly halaqah/learning circle at CILRU geared towards passing on knowledge and skills for Muslim leaders of students orgs on campus. There is a required reading of texts and assignments for participation. *Invitation only, please email chaplain@cilru.org for more information.*
- **Tuesdays:** Seerah of the Prophet(s), 5:30pm-6:30pm
A weekly gathering to go over a portion of the life of the prophet Muhammad (PBUH) and earlier prophets, and lessons you can learn from them. Open to all.
- **Wednesdays:** Muslim History, 5:30pm-6:30pm
A weekly presentation of a survey of Muslim history in order to inherit Islam with confidence and to appreciate where you come from to be more prepared to direct your future. Open to all.
- **Fridays:** Chaplain Chats, 2:30pm-3:30pm
After Jumuah prayer each week on campus, join a weekly discussion of current events related to the Rutgers and greater Muslim community. This will be held in person at the same location as Jumuah prayer on campus (typically Cook Campus Center MPR). Open to all.

FREE Fitness & Wellness Classes Offered by Rutgers Recreation!

Rutgers Recreation offers a wide range of FREE fitness and wellness classes at each of the four campus recreation centers for students, faculty, staff, and recreation members. Choose from *Pilates, Yoga, BodyCombat, Spin, Strength, Grit*, and more! All necessary equipment and mats are provided and classes are designed to accommodate all fitness levels, chat with your instructor if you are new to a particular class type. To learn

more about classes offered or schedules, check out the daily schedule [HERE](#) or in the [RUREC2GO](#) app!

RUPD Self Defense Courses

Join RUPD for self-defense courses at the College Avenue Gym (Dance Studio, Lower Level). The Self-Defense & Personal Safety Workshops are single-session classes (5–6:30 PM on 9/17, 9/29, 10/8, and 10/27) covering situational awareness, de-escalation, and tactical tools—no experience required. Click [HERE](#) to register. The R.A.D. Defense Class, a nationally recognized 4-week program, meets Thursdays (6–8:30 PM on 11/6, 11/13, 11/20, and 12/4) and combines lecture, discussion, and physical techniques. Participants must attend all four R.A.D. sessions for course completion. Click [HERE](#) to register. Contact Angelique Rosario abr124@sn.rutgers.edu with any questions.

– ACADEMIC SUPPORT & WORKSHOPS –

Graduate Writing Accountability Group Sessions

Need some structure and motivation with working on your projects and assignments? Join a Graduate Writing Accountability Session hosted by the Graduate Writing Program and the Learning Centers! Using the Pomodoro method as a structure, these facilitated sessions will provide a supportive atmosphere where graduate students can sit together on Zoom and write alongside other graduate students to make progress toward their goals. These sessions are hosted on Thursdays, either 11:00am – 1:00pm or 4:00pm – 6:00pm. Click [HERE](#) to view the schedule and register for each session!

Academic Coaching

Academic coaching services at the Learning Centers can help you achieve your goals and build the skills you need for self-advocacy and independent, lifelong learning. The coaches can help you create a plan to navigate obstacles that arise throughout your academic career and build positive, useful habits that lead to academic and professional success. Click [HERE](#) to schedule an appointment.

Introduction to GIS with ArcGIS Online – Tuesday, September 30, 1:00pm – 2:15pm

Location: Virtual

Register [HERE](#)!

Join GIS Specialist Susan Oldenburg in this introductory workshop on how to utilize a Geographic Information System (GIS), which is a tool that incorporates location when exploring research questions. Participants will learn basic GIS concepts with ArcGIS Online, as well as have the opportunity to explore its interface and many features.

Lit Review 101 (Graduate Workshop Series) – Wednesday, October 1, 12:00pm – 1:00pm

Location: Virtual

Register [HERE](#) by September 30!

Join the Rutgers Learning Centers for this workshop that will go over strategies for how to write a literature review. This workshop will discuss topics such as the purposes of a literature review, an overview of the research and writing process, as well as structure and formatting. Click [HERE](#) for more academic success workshops. Contact Dr. Wilson Ng wwn2@echo.rutgers.edu with any questions.

Data Visualization 2 – Wednesday, October 1, 3:30pm – 5:00pm

Location: Virtual

Register [HERE](#)!

Join the Rutgers Libraries Data Librarian, Ryan Womack, for this Data Science workshop! This workshop will cover how to create interactive visualizations with Shiny in RStudio, deliver those visualizations on the web, and host a Shiny server.

Introduction to NVivo – Friday, October 3, 1:00pm – 2:30pm

Location: Virtual

Register [HERE](#)!

Join New Brunswick Libraries Graduate Specialist for Qualitative Research Methods, Xu Guo, for this qualitative data analysis workshop! This workshop introduces NVivo, which is a qualitative data analysis software that helps researchers manage, code, and markup data for mixed methods and qualitative studies. The workshop will go over NVivo's workspace and basic features, as well as how to organize data, make mind maps, and get acquainted with data coding. Participants will also be provided with an overview of qualitative methods commonly used in the humanities and social sciences.

Citation Management: Introduction to EndNote 2025 (Graduate Workshop Series) – Wednesday, October 8, 6:00pm - 7:00pm

Location: Virtual

Register [HERE](#) by October 7!

Streamline your research and writing process with EndNote 2025, a powerful citation management tool. In this workshop, you will learn how to: Download and set up EndNote 2025, Import references from databases like QuickSearch, PubMed, and Google Scholar, Create and organize your EndNote library, Insert citations and generate bibliographies while writing in Microsoft Word. Whether you are just getting started or need a refresher, this session will help you make the most of EndNote 2025. Click [HERE](#) for more academic success workshops. Contact Dr. Wilson Ng wwn2@echo.rutgers.edu with any questions.

Free Dissertation Success Curriculum

Rutgers Doctoral students are invited to enroll in a free dissertation success curriculum offered by NCFDD. If you are dealing with procrastination, perfectionism, and isolation regarding your dissertation writing, consider joining this study cohort for the fall! This curriculum will guide you and your peers through weekly lessons and homework, while receiving encouragement and support from a faculty moderator. Registration is included with your membership. To activate your account, click [HERE](#) and go through the sign on process. Head to the Dissertation Success Space and enroll in the Fall '25 Cohort. If you start after September 2, you can catch up or follow the solo study option where you will still receive weekly email prompts and be able to participate in the community space, but can start on your own timing. Questions? Contact support@ncfdd.org.

Academic Coaching with Dr. Wilson Ng

Meet Dr. Wilson Ng (he/him/his), the newly appointed Senior Program Coordinator and Academic Coach for Graduate Student Services at the Rutgers Learning Centers. Dr. Ng provides one-on-one academic coaching and facilitates workshops and programming tailored to graduate students. With a background in college student affairs and years of experience in student development and support, he is eager to bring his expertise to the Rutgers community and looks forward to collaborating with students as they navigate their academic journeys in graduate school! Click [HERE](#) to make a one-on-one appointment with Dr. Ng via Penji. For any questions, email him at wwn2@echo.rutgers.edu.

PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES

– PROFESSIONAL DEVELOPMENT –

TIIP: Troubleshooting Workshop on Teaching and Generative AI – October 3, 12:00pm – 1:00pm

Location: Virtual

Register [HERE](#)!

This workshop will feature Lauren Goodlad, editor of Critical AI and chair of the Critical AI @ Rutgers initiative, and Sharon Stoerger, Asst. Dean for Programs and Assessment in the School of Communication & Information. Topics will include in-class assessment strategies for teaching critical AI literacies, precluding learning loss, and maintaining academic integrity, plus open discussion for troubleshooting and sharing ideas.

TIIP: Developing Teaching and Diversity Statements for Academic Employment – October 3, 12:00pm – 1:00pm

Location: Virtual

Register [HERE!](#)

This interactive session will help you consider and design your teaching philosophy and diversity statements which are often an integral component of the job application for faculty positions. Please be prepared with a copy of your own drafts (or a general idea of what you might write about) to share during small group discussions as well as a laptop or pen and paper.

TIIP: Teaching & Learning Community for Graduate Students and Postdocs – Monthly Meetings

Location Virtual

Register [HERE!](#)

Looking for a space to connect with other graduate students and postdocs dedicated to teaching? The Teaching & Learning Community for Graduate Students and Postdocs is a supportive, member-driven space where you discuss the scholarship of teaching and learning. Meeting dates are included in the registration link above. Please fill out the registration form and the detailed meeting schedule will be emailed to you when ready.

– SCHOLARSHIP & FUNDING RESOURCES –

Check Out GradSense – A Financial Resource for Graduate Students

GradSense is a website designed to help current and prospective students make informed financial decisions about graduate school. GradSense provides guidance on how to evaluate the cost and value of a graduate degree; determining if graduate school aligns with long-term career goals; options for funding a graduate degree and applying for financial assistance; and essential tips on managing finances while in graduate school. GradSense is free and available to anyone who is interested in learning more about the financial considerations of graduate school. GradSense is managed by the Council of Graduate Schools (CGS) and generously supported by TIAA. Click [HERE](#) to access GradSense.

Build a Fellowship Plan with GradFund!

[GradFund](#) provides graduate students with information on how to apply for external scholarship, fellowship, and funding opportunities. GradFund also provides guidance and assistance with application processes.

Schedule an appointment with a GradFund advisor for fellowship assistance! Schedule a Planning Meeting to learn how to search for fellowships and grants or to plan out your future funding applications. Request Help with a Funder to learn about the

funder's application review process and find the best way to frame your research plans for a particular application. Book an Application Review appointment to have a GradFund advisor review your application materials for one application. Schedule a Post-Award Consultation for advice on moving forward after receiving a fellowship offer. Wherever you are in the fellowship, grant, or award process, GradFund is here to help! Click [HERE](#) for more information on GradFund and click [HERE](#) to schedule a GradFund appointment.

Learn to Write a Competitive Funding Application with GradFund's FREE Self-Paced Canvas Course

Learn to write a competitive external funding application using GradFund's FREE self-paced Canvas course! This course teaches the art of competitive proposal writing through developing familiarity with both funders in your field of study and the proposal writing genre. Click [HERE](#) to enroll in GradFund's self-paced Canvas course.

[The Office of Financial Aid](#) can provide information about need-based funding and financial aid. Other forms of need-based aid or scholarships may be available through your school of enrollment.

Affordable New Jersey Communities for Homeowners and Renters (ANCHOR)

This program offers property tax relief to New Jersey residents who own or rent property in New Jersey as their main home and meet certain income limits. This year's ANCHOR benefit is based on residency, income, and age from 2024.

The Division filed ANCHOR applications on behalf of many eligible New Jersey homeowners and renters under age 65 who are not receiving Social Security disability benefits. On August 13, 2025, the New Jersey Treasury mailed Anchor Benefit Confirmation Letters to these applicants. Applicants who received a letter and needed to update banking information, request a paper check, or decline the filing were required to submit their own application by September 15, 2025.

Applicants who did not receive a letter may submit an Application for Property Tax Relief on their own by October 31, 2025. Click [HERE](#) for more information!

– EMPLOYMENT OPPORTUNITIES –

Graduate Coordinator, Social Media and Multimedia Production – Office of Career Exploration and Success

Compensation: \$25 per hour, 20 hours per week

Location: Onsite

Apply [HERE](#) by 6am on October 2!

The Office of Career Exploration and Success (CES) is seeking an enthusiastic and creative graduate to serve as the primary expert on multimedia engagement and production. Key responsibilities include editing photos and video content as well as drafting, creating, scheduling, and posting said content on social media platforms, working with the Associate Director to generate a content calendar that aligns with department campaigns and objectives, supervising undergraduate interns, tracking and analyzing analytics for future content development, assisting with promotional events, and more. Please review the job listing for additional details.

Graduate Coordinator, Strategic Outreach and Design – Office of Career Exploration and Success

Compensation: \$25 per hour, 20 hours per week

Location: On-site

Apply [HERE](#) by 6am on October 2!

The Office of Career Exploration and Success (CES) is seeking an experienced and enthusiastic graduate student to aid in multimedia design, increasing social media engagement and strategic outreach to support departmental events and initiatives. The coordinator is responsible for tasks such as editing photos, creating illustrations and designs for promotional content, tracking and analyzing analytics to improve campaign performance, assisting with event coordination, and more. The ideal candidate should have strong computer skills and prior experience in creating social media content. Please review the job listing for additional details.

Web Application Developer Research Assistant – Bloustein School of Planning and Public Policy

Compensation: \$15-20 per hour

Location: On-site

Apply [HERE](#) by 6:00am on January 30, 2026!

The Department of Architecture and Planning is seeking a motivated and creative Web Application Developer Research Assistant (RA) to support their research on AI digital tools and services. As an RA, you'll have the opportunity to contribute to live projects, collaborate with experienced researchers and faculty, and learn modern research and development practices in a flexible and supportive environment. This is a great opportunity for a computer science student with application development experience - it is not a data science role.

Exam Proctor – Office of Disability Services

Compensation: \$15.49 per hour

Location: In-Person

Apply [HERE](#) by 6:00am on February 12, 2026!

The Office of Disability Services is recruiting graduate students to oversee exams as proctors. The exams may be implemented one-on-one, in a group, or online, and the

proctor will be responsible for maintaining the testing environment, as well as communicating with the exam office and other proctors. Flexible availability is preferred, and proctors should be prepared to travel within several campuses. Please review the job listing for additional information.

Web Strategy & Resource Organization Assistant – Rutgers Graduate School of Education

Compensation: \$25-\$30 per hour, 10 hours per week

Location: Hybrid, based in New Brunswick

Apply [HERE](#) by 6:00am on March 9, 2026!

The Rutgers Graduate School of Education is seeking a graduate student in communications, UI/UX, web strategy, or a related field, to assist in system and web development. Responsibilities include developing systems for resource organization, creating and refining existing webpages, and analyzing site metrics. The graduate assistant must have prior experience with CMS and dynamic content design, with a strong understanding of UX principles, and accessibility standards. Please review the job listing for additional details.

Emergency Medical Technician (EMT) – Rutgers University Emergency Services

Compensation: \$22 per hour, 15 hours per week

Location: On-site

Apply [HERE](#) by 6:00am on August 10, 2026!

The Rutgers University Emergency Services (RUES) is seeking Emergency Medical Technicians. This role requires you to answer all calls for emergency medical treatment on campus and surrounding communities and determine the extent of injuries for medical conditions to provide care, provide standby services for large campus events, and prepare detailed reports of all incidents. Please review the job listing for additional details.

THE RESOURCE CORNER

Get EndNote FREE through the Rutgers Libraries!

EndNote is available to all Rutgers students, faculty, and staff through the Rutgers Libraries! EndNote is a desktop program for collecting and organizing references that allows you to create a searchable personal reference database, find full text articles, manage and annotate PDF files, cite references while writing a paper, create bibliographies in your preferred style, and more! Click [HERE](#) for more information about downloading EndNote as a Rutgers affiliate.

Gender Affirming Care Services Provided by Rutgers Student Health

Rutgers Student Health provides a wide range of gender affirming care services, including assistance with medical and counseling services. Rutgers Student Health can

provide assistance related to transitioning, including: medical counseling, hormone therapy, hormone-level monitoring, referrals to external healthcare providers such as endocrinologists or surgeons, and signing official name-change documents. Rutgers Student Health Services also provides a variety of counseling services including: structured evidence-based individual counseling, group counseling, crisis management, substance abuse assessment and treatment, psychiatric services, and referrals to community providers. To learn more about the gender affirming care services provided by Rutgers Student Health, click [HERE](#). You can contact Rutgers Student Health by phone at 848-932-7402 or email at health@rutgers.edu.

STUDENT SERVICES & SUPPORT

Ongoing Support and Resources for International Students

Rutgers University is aware of the recent, unexpected, terminations of lawful immigration status that are impacting international students at Rutgers and across the United States. International students, scholars, and faculty are deeply valued members of the Rutgers community and the university is committed to providing support during this time. Rutgers Global has created a global alerts webpage that is updated with resources and guidance regarding issues related to travel advisories, immigration policies, and regulatory updates that impact international students and scholars, as well as domestic students and faculty traveling abroad. Visit the Global Alerts webpage [HERE](#).

Student Basic Needs: Emergency Aid Fund

The Rutgers Emergency Aid Fund provides RU-New Brunswick students with one-time need-based financial support for unforeseen, unavoidable, and unplanned costs associated with emergencies like accidents, illnesses, fire and water damage, or the need for emergency housing or food. International and undocumented students are eligible to apply for the Emergency Aid Fund. Click [HERE](#) for more information and to find the application for Emergency Aid.

Resource Webpage for Pregnant and Parenting Graduate Students

The Office of Graduate Student Life, in partnership with the Office of Title IX & Compliance and the Supporting Parents & Caregivers at Rutgers (SPCR) Graduate Student Organization, recently launched a new resource webpage for pregnant and parenting graduate students! This webpage serves as a platform for helping pregnant and parenting students locate resources, policies, support services, and community engagement opportunities available at Rutgers University and in the local community. Click [HERE](#) to visit the webpage.

Academic, Employment, and Student Support Resources on the Graduate Student Life Website

Looking for additional graduate student resources, services, or support? Check out the resource pages on our website! Find information on [Academic Support Resources](#), [Career & Professional Development](#), [Student Support Services & Resources](#) and more on our website!

Do you have an opportunity for graduate students that you would like to promote in the Graduate Student Life Weekly Digest? Submit it [HERE](#)!