



## Graduate Student Life Weekly Digest

### Graduate Student Life Weekly Digest September 22, 2025

#### Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers-New Brunswick! Share with your friends and tell them to subscribe [HERE](#)! You can contact the Office of Graduate Student Life by emailing [gradstudentlife@echo.rutgers.edu](mailto:gradstudentlife@echo.rutgers.edu) or visiting our offices during the week in the Graduate Student Lounge (126 College Ave, behind Panera Bread).

The Graduate Student Lounge is open from 7:00am-12:00am Monday-Friday and 9:00am-12:00am Saturday-Sunday. Click [HERE](#) to view the current daily hours for the College Ave. Student Center (includes Graduate Student Lounge). Learn more about the Office of Graduate Student Life by visiting our website [HERE](#)!

### **ANNOUNCEMENTS**

#### **Thank a Parenting Grad Student**

During the month of September, acknowledge a graduate student parent superhero by submitting an empowering message of support and recognition of their hard work and commitment juggling the demands of graduate school and family life. Notes will be sent to the student from the Office of Graduate Student Life in October. Submit [HERE](#) by September 30.

#### **Join a Graduate Student Affinity Group**

Looking to get connected with other graduate students and participate in a fun and supportive community? Consider joining a peer-designed, peer-facilitated affinity group! Affinity groups are affirming spaces to build community with peers who share experiences, backgrounds, and social identities and connect with peers for personal and professional support and around shared interests. Six graduate affinity groups are being offered this semester: African Graduate Students, BIPOC LGBTQIA2S+ Graduate Students, Chinese Graduate Students, Rutgers International Graduate Students (RINGS), Southeast Asian Graduate Students (SEA), and Supporting Neurodiversity at

Rutgers. To read descriptions for each group and meet the student facilitators for each group to see which group(s) are a good fit for you click [HERE](#). Contact Dean Ghada Endick, [gendick@echo.rutgers.edu](mailto:gendick@echo.rutgers.edu) or Program Assistant, Zoey Eddy [ze26@scarletmail.rutgers.edu](mailto:ze26@scarletmail.rutgers.edu) with any questions.

### **Scarlet Arts Rx: Free On-Campus Arts and Wellbeing Program**

Rutgers - New Brunswick students! Sign up for the FREE, award-winning, on-campus arts and well-being program. Access MGSA music, theater, and dance performances that carry a ticket cost for free; free selected Makerspace activities; fun events; and the Scoop!, a weekly zine of free campus arts activities. Monthly \$50 gift card drawings and other prizes. Scarlet Arts Rx aims to give away State Theatre New Jersey group tickets twice a year. Click [HERE](#) to sign up, and click [HERE](#) to learn more about Scarlet Arts Rx!

### **– STAY INFORMED –**

Looking for more ways to stay informed? Check out the [newsletters page](#) on our website! The newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including: the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more!

### **Follow Graduate Student Life on Instagram!**

Stay up to date with the Office of Graduate Student Life by following us on Instagram @[rugradstudentlife](#)! Never miss another graduate student life event!

## **EVENTS**

### **– THIS WEEK! –**

#### **Jazz on the Lawn: Free Music for Your Well-Being – Wednesday, September 24, 12:00pm – 1:30pm**

Location: Institute for Food, Nutrition, and Health (Lawn near Harvest Cafe; 61 Dudley Rd., New Brunswick, C/D Campus)

Enjoy your lunch along while listening to melodies by popular jazz saxophonist Brandon Mejia, with Jeff Andalero and Seraphina Taylor. Bring a picnic blanket if you would like! Weather permitting - no jazz in the rain. This event will happen every Wednesday until October 29, weather permitting.

**Graduate Student Day of Service – Wednesday, September 24, 1:00pm – 3:00pm**

Location: Meet on the front steps of College Avenue Community Church (100 College Ave., New Brunswick, College Ave. Campus)

**Register [HERE!](#) Limited spots available.**

Join us for a special afternoon of service with your fellow graduate students. We will be assisting the College Avenue Community Church with various activities as they prepare their food pantry and thrift shop for the new academic year. Activities may include lifting and moving food and clothing donations.

**Volunteer Opportunities Information Session for Graduate Students – Wednesday, September 24, 4:00pm – 5:00pm**

Location: Virtual

**RSVP [HERE!](#)**

Enhance your graduate student experience by joining us to learn more about opportunities to volunteer, participate in community service and/or connect to local community organizations. Hosted by the Student Centers and Activities, Office of Student Volunteer Engagement.

**Fall 2025 Fitness Certifications & Workshops – Earliest RSVP by September 25**

Location: Werblin Recreation Center (656 Bartholomew Road, Piscataway, NJ Busch Campus)

Kickstart your fitness career this fall with certifications and workshops designed to help you grow and succeed! From NASM Personal Trainer and Spinning® Instructor Certifications to Les Mills BODYPUMP and motivational training workshops, there's something for every aspiring or current fitness professional! To see individual costs and for more information, click [HERE!](#)

**Inclusion Summit – Thursday, September 25, 9:00am – 3:30pm**

Location: Livingston Hall (Livingston Student Center, 84 Joyce Kilmer Ave., Piscataway, Livingston Campus)

**Register [HERE!](#)**

The Tyler Clementi Center invites you to the fourth annual Inclusion Summit, which is open to all Rutgers-New Brunswick affiliated faculty, staff, and students. As we reflect on fifteen years since Tyler Clementi's passing, our theme this year is "Honor Legacy, Take Action." The Summit offers several dynamic capacity-building opportunities. Through inspirational talks, performances, and workshops, we'll learn to transform stories of resilience into a collective, actionable commitment toward inclusion for all. The event will also be livestreamed virtually if you cannot attend in person.

**Thursdays in Motion: Graduate Student Pilates – Thursday, September 25, 5:00pm – 6:00pm**

Location: Graduate Student Lounge (Behind Panera Bread, 126 College Ave., New Brunswick, College Ave Campus)

Join us on Thursdays in the Fall 2025 semester to take a pause from your busy week by relaxing your mind and body with your fellow graduate students. Starting 9/18 - 11/20, we will be providing alternating movement activities between yoga and pilates. No registration needed. Mats and blocks are provided, and all skill levels are welcome! Email [gradstudentlife@echo.rutgers.edu](mailto:gradstudentlife@echo.rutgers.edu) with any questions. Graduate Student Yoga is hosted by Rutgers Recreation and Office of Graduate Student Life.

**FamiLGBTQIA+ Group – Friday, September 26, 1:00pm – 2:30pm**

Location: Virtual

If you are a queer/LGBIA/transgender student, this confidential, supportive space is for you! Topics include navigating coming out, concerns related to family acceptance and rejection, dealing with current events, dating and relationships, building community, and everything in between! The group meets weekly over the semester every Friday. To join, call CAPS at 848-932-7884. For more information, email Dr. Krish Sehgal at [krish.sehgal@rutgers.edu](mailto:krish.sehgal@rutgers.edu) or Ms. Manda Gatto at [gattoma@echo.rutgers.edu](mailto:gattoma@echo.rutgers.edu).

**QTPOC Welcome BBQ – Friday, September 26, 2:00pm – 5:00pm**

Location: Center for Social Justice Education and LGBT Communities House (17 Bartlett St., New Brunswick, College Ave. Campus)

**Register [HERE!](#)**

Welcome Home! To our Queer and Trans student of color community, we invite you to join us at SJE for the QTPOC Welcome BBQ! Come connect with your fellow QTPOC peers, learn about available resources, gain information from our QTPOC-centered clubs, and enjoy some great food and music.

**Zimmerli Highlights Tour – Sunday, September 27, 2:00pm – 3:00pm**

Location: Zimmerli Art Museum (71 Hamilton St., New Brunswick, College Ave. Campus)

The popular series returns! Explore the galleries with student educators on free guided tours, highlighting key artworks in The Zimmerli Museum's collection. Learn more [HERE!](#)

**Grad Families Karate Class – Saturday, September 27, 2:00pm – 2:30pm**

Location: Satori Academy of Martial Arts (1621 Stelton Rd., Piscataway, NJ 08854)

**Register [HERE!](#)**

Grad student parents are invited to have fun on the mat with their children! Martial arts is a great way to gain physical and social skills that will benefit you for life. The family

class would be best suited for children aged 5-14 and their parents, but older children are welcome as well. No experience necessary; open to all skill levels!

## **– RSVP NOW & COMING UP! –**

### **COMING UP! Último Domingo: Celebrate Hispanic/Latine Heritage Month – Sunday, September 28, 1:00pm – 3:00pm**

Location: Zimmerli Art Museum (71 Hamilton St., New Brunswick, College Ave. Campus)

Último Domingo (Last Sunday) is a series celebrating Latinx culture and invites bilingual communities to come together through the experience of art. Explore stunning exhibitions, create art, and enjoy interactive performances. Click [HERE](#) for more information.

### **COMING UP! From Revolution to Practice: Ranked-Choice Voting – Monday September 29, 10:30am – 11:30am**

Location: Eagleton Institute of Politics (191 Ryders Ln., New Brunswick, C/D Campus)  
**Register [HERE](#)!**

Join Eagleton and Voter Choice NJ (VCNJ) to learn about ranked-choice voting and how it works. Participate in VCNJ's "Rank the Campus," an interactive voting simulation, followed by a panel discussion and Q&A. This event is in-person only. Light refreshments will be served.

### **COMING UP! Eat the Rainbow, Paint the Rainbow – Monday, September 29, 6:00pm – 8:00pm**

Location: Livingston Dining Commons (85 Avenue E, Piscataway, NJ, Livingston Campus)

Join Scarlet Arts Rx, Rutgers Dining Services, Healthy Dining Team and Rutgers Gardens to learn about the world's rainbow of healthy foods! Get a healthy "Side Dish" of Art! Create community artwork with paints made from campus-grown veggies! Plus get a free miniature canvas/paint kit while supplies last. Both graduate and undergraduate students are welcome to stop by the interactive table and take a gift!

### **COMING UP! Eat the Rainbow, Paint the Rainbow – Tuesday, September 30, 6:00pm – 8:00pm**

Location: Neilson Dining Hall (177 Ryders Ln, New Brunswick, NJ College Ave. Campus)

Join Scarlet Arts Rx, Rutgers Dining Services, Healthy Dining Team and Rutgers Gardens to learn about the world's rainbow of healthy foods! Get a healthy "Side Dish" of Art! Create community artwork with paints made from campus-grown veggies! Plus

get a free miniature canvas/paint kit while supplies last. Both graduate and undergraduate students are welcome to stop by the interactive table and take a gift!

**COMING UP! Community Walking Tour of New Brunswick – Wednesday, October 1, 3:00pm – 5:00pm**

Location: Departs from the New Brunswick Performing Arts Center (NBPAC), 11 Livingston Ave, New Brunswick

**RSVP [HERE](#) by 11:59pm on September 29**

This 90-minute walking tour is an informative and fun way to get familiar with the surrounding New Brunswick city neighborhoods and gain an understanding of the city's history, cultural assets, and major institutions. Frequent stops are made in front of city murals, parks, local institutions, and restaurants. Hosted by the Collaborative Center for Community Engagement, Center for Latino Arts and Culture and Office of Graduate Student Life. Email Dean Ghada Endick [gendick@echo.rutgers.edu](mailto:gendick@echo.rutgers.edu) with any questions.

**COMING UP! Discover Multilingual New Brunswick Scavenger Hunt**

Location: Various locations throughout New Brunswick

The Tyler Clementi Center for Diversity Education and Bias Prevention - Research2Practice Program is pleased to announce the launch of Discover Multilingual New Brunswick, a city-wide scavenger hunt that invites participants to explore languages in public space. Participants will use a custom-built web app to navigate an interactive map, visit and learn about culturally and linguistically significant sites in New Brunswick, and complete brief surveys at each location. Each completed survey counts as an entry into a raffle to win a 1 of 10 \$50 RU Express Cards. The contest runs through December 1st. Join to explore the multilingual, multicultural New Brunswick community! Click [HERE](#) for more information! Contact Kendra Dickinson for questions. Follow @multilingual\_newbrunswick on Instagram!

**– WELLNESS WORKSHOPS, GROUPS, & SUPPORT–**

**CAPS Fall 2025 Wellness & Therapy Groups**

Please call CAPS at 848-932-7884 to get connected to a group that best suits your needs.

CAPS will be running in person wellness and therapy groups throughout the year including: ACCESS for ADHD on Tuesdays, 3:30pm-5:00pm (starting 9/30); Cultivating Calm on Tuesdays, 6:30pm-7:30pm (starting 10/14) and Wednesdays, 6:30pm-7:30pm (starting 10/1); International Student Wellness on Tuesdays, 3:00pm-4:30pm; and RU Grad (for grad students exclusively) on Tuesdays, 1:00pm-2:00pm. Plenty of workshops are being provided this fall! Click [HERE](#) to view the various available workshops and group descriptions. To get connected with any of these groups, please call [848-932-7884](tel:848-932-7884).

### **Low Cost ADHD Assessments through the Rutgers Center for Youth Social Emotional Wellness and the Graduate School of Applied & Professional Psychology Center for Psychological Services**

Location: Virtual

The Rutgers Center for Youth Social Emotional Wellness (CYSEW) in partnership with the Graduate School of Applied & Professional Psychology Center for Psychological Services (GSAPP) is now offering low-cost psychological assessments to all Rutgers Students. Assessments are \$150 and include a comprehensive screening for ADHD, anxiety, and depression, a detailed diagnostic report with resources, and a feedback session. To request a virtual assessment scheduled at your convenience, click [HERE](#). Contact the GSAPP Center for Psychological Services by calling 848-445-6111 or by emailing [cysew@gsapp.rutgers.edu](mailto:cysew@gsapp.rutgers.edu).

### **Couples Therapy Services Available at NJ Couples Clinic at the Rutgers Psychological Clinic**

Location: NJ Couples Clinic (Rutgers Psychology Building, 152 Frelinghuysen Rd., Piscataway, Busch Campus)

The NJ Couples Clinic at Rutgers University is now offering evidence-based couples therapy, provided under expert supervision by advanced graduate students in clinical psychology. The clinic aims to provide a safe and supportive environment where couples and individuals can work on their relationship goals, whether it be overcoming challenges or simply enhancing their connection with their partner. The NJ Couples Clinic provides services such as guidance through communication improvement, conflict resolution, intimacy rekindling, and managing life transitions. Services are free to those with Rutgers student insurance and offered at a low sliding scale fee to those without. Contact co-director of the NJ Couples Clinic and GSAPP professor, Karen Riggs, at [kskean@gsapp.rutgers.edu](mailto:kskean@gsapp.rutgers.edu) with any questions.

### **Weekly Let's Talk Drop in Counseling Conversations**

**Let's Talk** is a free and confidential service offered by Community Based Counselors at CAPS, in various locations throughout campus. It provides students with opportunities to drop in for an informal consultation with a counselor to discuss personal concerns in a comfortable and non-judgmental setting. Let's Talk is also available in-person or by phone. Students are welcome to visit any Community Based Counselor they would like and may choose a counselor based on the topic they would like to discuss and the counselor's therapeutic approach or community.

The graduate student focused counselors, Dana Simons and Shan Reeves, will be hosting weekly Let's Talk sessions on the following days during the Fall 2025 semester, in addition to an international student-focused group led by Mei-Ling Cheng:



- **Mondays:** 2:00pm-4:00pm  
Location: Rutgers Global International Student Services (180 College Ave., New Brunswick, College Ave. Campus) and on [Zoom](#) with Mei-Ling
- **Tuesdays:** 2:00pm-4:00pm  
Location: Honors College Building, Room E125 (15 Seminary Pl., New Brunswick, College Ave. Campus) and on [Zoom](#) with Shan
- **Thursdays:** 10:00am-12:00pm  
Location: CABM, Room 240 (679 Hoes Ln. W, Piscataway, Busch Campus) and on [Zoom](#) with Dana
- **Thursdays:** 2:00pm-4:00pm  
Location: Chemistry & Chemical Biology Building, Room 2105 (123 Bevier Rd., Piscataway, Busch Campus) and on [Zoom](#) with Shan

Click [HERE](#) for information and schedules for all Let's Talk sessions and click [HERE](#) to learn more about individual CAPS Community Based Counselors (look for "Community Based-Counselor").

### **Grad Student Drop in Support Space (CAPS Group) – Thursday, September 25, 1:00pm-2:00pm**

Location: Chemistry Building Room 2105 (123 Bevier Road, Piscataway, NJ, Busch Campus)

Grad Drop-In group is a location for graduate students to come and process the way they are navigating their respective program. This will provide space for students to discuss the responsibilities of grad school vs undergrad, managing work life balance, navigating the expectations of advisors, working through the dissertation/ thesis writing process, and anything else students bring to the table. Available every Thursday. To get connected, please call [848-932-7884](tel:848-932-7884). For more information and wellness and therapy options for Fall 2025 click [HERE](#)!

### **International Students' Wellness Group (CAPS Group) – For Grad and Undergrad – Tuesday, September 30, 2:00pm-3:30pm**

Location: Asian American Cultural Center (49 Joyce Kilmer Ave, Piscataway, NJ, Livingston Campus)

Are you an international student adjusting to life in a new country? You're not alone. Many international students face challenges like homesickness, culture shock, loneliness, language barriers, or academic stress. The International Student Wellness Group offers a safe, confidential space to: Share your experiences with others who understand, build connections and community, talk through the ups and downs of cross-cultural adjustment, and get support for emotional, academic, or social stress. Wherever you're from, you're welcome here. Meetings occur every Tuesday September 30- December 8. To get connected, please call [848-932-7884](tel:848-932-7884). Information and more wellness and therapy options for fall 2025 visit [HERE](#)!



### **Uwill: FREE Immediate-Access to Teletherapy**

Uwill provides free immediate access to teletherapy through an easy-to-use, private, secure, confidential, online platform. Choose a therapist based on your preferences, including issue, gender, language, and ethnicity. Select a time that fits your schedule, including day, night, and weekend availability. Register and book your first session using your Rutgers email [HERE](#).

### **FREE Fitness & Wellness Classes Offered by Rutgers Recreation!**

Rutgers Recreation offers a wide range of FREE fitness and wellness classes at each of the four campus recreation centers for students, faculty, staff, and recreation members. Choose from *Pilates*, *Yoga*, *BodyCombat*, *Spin*, *Strength*, *Grit*, and more! All necessary equipment and mats are provided and classes are designed to accommodate all fitness levels, chat with your instructor if you are new to a particular class type. To learn more about classes offered or schedules, check out the daily schedule [HERE](#) or in the [RUREC2GO](#) app!

### **CILRU Weekly Programming**

Location: CILRU, 122 College Ave., New Brunswick, College Ave. Campus

Center For Islamic Life at Rutgers University (CILRU) is dedicated to helping the Muslim community at Rutgers University attain the resources it needs to provide each member with an inclusive space where they are able to foster a rich and meaningful Muslim identity. The following programs will run all semester:

- **Mondays:** Muslim Leadership Study Circle, 5:30pm-6:30pm  
A weekly halaqah/learning circle at CILRU geared towards passing on knowledge and skills for Muslim leaders of students orgs on campus. There is a required reading of texts and assignments for participation. *Invitation only, please email [chaplain@cilru.org](mailto:chaplain@cilru.org) for more information.*
- **Tuesdays:** Seerah of the Prophet(s), 5:30pm-6:30pm  
A weekly gathering to go over a portion of the life of the prophet Muhammad (PBUH) and earlier prophets, and lessons you can learn from them. Open to all.
- **Wednesdays:** Muslim History, 5:30pm-6:30pm  
A weekly presentation of a survey of Muslim history in order to inherit Islam with confidence and to appreciate where you come from to be more prepared to direct your future. Open to all.
- **Fridays:** Chaplain Chats, 2:30pm-3:30pm  
After Jum'ah prayer each week on campus, join a weekly discussion of current events related to the Rutgers and greater Muslim community. This will be held in person at the same location as Jum'ah prayer on campus (typically Cook Campus Center MPR). Open to all.

## **– ACADEMIC SUPPORT & WORKSHOPS –**

### **Graduate Writing Accountability Group Sessions**

Need some structure and motivation with working on your projects and assignments? Join a Graduate Writing Accountability Session hosted by the Graduate Writing Program and the Learning Centers! Using the Pomodoro method as a structure, these facilitated sessions will provide a supportive atmosphere where graduate students can sit together on Zoom and write alongside other graduate students to make progress toward their goals. These sessions are hosted on Thursdays, either 11:00am – 1:00pm or 4:00pm – 6:00pm. Click [HERE](#) to view the schedule and register for each session!

### **Academic Coaching**

Academic coaching services at the Learning Centers can help you achieve your goals and build the skills you need for self-advocacy and independent, lifelong learning. The coaches can help you create a plan to navigate obstacles that arise throughout your academic career and build positive, useful habits that lead to academic and professional success. Click [HERE](#) to schedule an appointment.

### **Graduate Workshop Series: Reading and Selecting Journal Articles – Tuesday, September 23, 6:00pm – 7:00pm**

Location: Virtual

**Register [HERE](#)!**

The Rutgers Learning Centers encourage graduate students to attend this workshop, which will go over strategies on how to read journal articles effectively, tips on selecting appropriate journal articles, and discuss current struggles with reading said articles. Please contact Dr. Wilson Ng at [wwn2@echo.rutgers.edu](mailto:wwn2@echo.rutgers.edu) with any questions.

### **Back on Track Support Group– Wednesday, September 24 11:00am – 12:30pm**

Location: Rutgers Academic Building, West Wing, Room 1125 (College Avenue Learning Center, 15 Seminary Pl., New Brunswick, College Ave. Campus)

**Register for all 4 meetings [HERE](#)!**

The Back on Track Support Group is a supportive community for students facing academic challenges and falling behind in classes. Students will be provided with tools and resources that can address barriers and help get them back on track to succeeding in classes, and the group will connect peers facing similar challenges. This is a 4-week commitment. This group meets for 4 consecutive Wednesdays (9/24 through 10/15) and each meeting takes place from 11 am to 12 noon.

### **Research Methods Workshop: Introduction to GIS with ArcGIS Online – Wednesday, September 24, 11:30am – 12:45pm**

Location: Virtual

**Register [HERE](#)!**

Join GIS Specialist Susan Oldenburg in this introductory workshop on how to utilize a Geographic Information System (GIS), which is a tool that incorporates location when exploring research questions. Participants will learn basic GIS concepts with ArcGIS Online, as well as have the opportunity to explore its interface and many features.

**Research Methods Workshop: R Graphics with ggplot2 – Wednesday, September 24, 3:30pm – 5:00pm**

Location: Virtual

**Register [HERE!](#)**

Join the Rutgers Libraries Data Librarian, Ryan Womack, for this Data Science workshop! This workshop introduces the main features of ggplot2, a tidyverse package for R that offers extensive and flexible graphical capabilities within a consistent framework. Prior familiarity with R, including an understanding of packages, structure, and syntax, is recommended.

**Systematic Review Series Part 2: Formulating a Research Question – Thursday, September 25, 12:00pm – 1:00pm**

Location: Virtual

**Register [HERE!](#)**

Join Information and Education Librarian Matt Bridgeman for a workshop on how to craft an effective research question. This workshop will cover tips and tricks in creating the proper question and how to avoid common pitfalls. There will be a brief question and answer segment and the session will be recorded for later viewing.

**Research Methods Workshop: Introduction to NVivo – Friday, September 26, 1:00pm – 2:30pm**

Location: Virtual

**Register [HERE!](#)**

Join New Brunswick Libraries Graduate Specialist for Qualitative Research Methods, Xu Guo, for this qualitative data analysis workshop! This workshop introduces NVivo, which is a qualitative data analysis software that helps researchers manage, code, and markup data for mixed methods and qualitative studies. The workshop will go over NVivo's workspace and basic features, as well as how to organize data, make mind maps, and get acquainted with data coding. Participants will also be provided with an overview of qualitative methods commonly used in the humanities and social sciences.

### **Free Dissertation Success Curriculum**

Rutgers Doctoral students are invited to enroll in a free dissertation success curriculum offered by NCFDD. If you are dealing with procrastination, perfectionism, and isolation regarding your dissertation writing, consider joining this study cohort for the fall! This curriculum will guide you and your peers through weekly lessons and homework, while receiving encouragement and support from a faculty moderator. Registration is included with your membership. To activate your account, click [HERE](#) and go through the sign on process. Head to the Dissertation Success Space and enroll in the Fall '25 Cohort. If you start after September 2, you can catch up or follow the solo study option where you will still receive weekly email prompts and be able to participate in the community space, but can start on your own timing. Questions? Contact [support@ncfdd.org](mailto:support@ncfdd.org).

### **Academic Coaching with Dr. Wilson Ng**

Meet Dr. Wilson Ng (he/him/his), the newly appointed Senior Program Coordinator and Academic Coach for Graduate Student Services at the Rutgers Learning Centers. Dr. Ng provides one-on-one academic coaching and facilitates workshops and programming tailored to graduate students. With a background in college student affairs and years of experience in student development and support, he is eager to bring his expertise to the Rutgers community and looks forward to collaborating with students as they navigate their academic journeys in graduate school! Click [HERE](#) to make a one-on-one appointment with Dr. Ng via Penji. For any questions, email him at [wwn2@echo.rutgers.edu](mailto:wwn2@echo.rutgers.edu).

## ***PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES***

### **– PROFESSIONAL DEVELOPMENT –**

#### **TIIP: Managing Your Time as a TA – Wednesday, September 24 12:00pm-1:00pm**

Location: Virtual

**Register [HERE](#) prior to the event!**

In this workshop, you will learn how to manage your time as a Teaching Assistant, as well as how to find a balance between your roles as a TA, student, and researcher. You will discuss strategies and tools for both short-term and long-term time management. This session is part of the [Improving Your Classroom Skills certificate program](#) for graduate students and postdocs.

## **TIIP: Teaching & Learning Community for Graduate Students and Postdocs – Monthly Meetings**

Location Virtual

**Register [HERE!](#)**

Looking for a space to connect with other graduate students and postdocs dedicated to teaching? The Teaching & Learning Community for Graduate Students and Postdocs is a supportive, member-driven space where you discuss the scholarship of teaching and learning. Meeting dates are included in the registration link above. Please fill out the registration form and the detailed meeting schedule will be emailed to you when ready.

## **– SCHOLARSHIP & FUNDING RESOURCES –**

### **Check Out GradSense – A Financial Resource for Graduate Students**

GradSense is a website designed to help current and prospective students make informed financial decisions about graduate school. GradSense provides guidance on how to evaluate the cost and value of a graduate degree; determining if graduate school aligns with long-term career goals; options for funding a graduate degree and applying for financial assistance; and essential tips on managing finances while in graduate school. GradSense is free and available to anyone who is interested in learning more about the financial considerations of graduate school. GradSense is managed by the Council of Graduate Schools (CGS) and generously supported by TIAA. Click [HERE](#) to access GradSense.

### **Build a Fellowship Plan with GradFund!**

[GradFund](#) provides graduate students with information on how to apply for external scholarship, fellowship, and funding opportunities. GradFund also provides guidance and assistance with application processes.

Schedule an appointment with a GradFund advisor for fellowship assistance! Schedule a Planning Meeting to learn how to search for fellowships and grants or to plan out your future funding applications. Request Help with a Funder to learn about the funder's application review process and find the best way to frame your research plans for a particular application. Book an Application Review appointment to have a GradFund advisor review your application materials for one application. Schedule a Post-Award Consultation for advice on moving forward after receiving a fellowship offer. Wherever you are in the fellowship, grant, or award process, GradFund is here to help! Click [HERE](#) for more information on GradFund and click [HERE](#) to schedule a GradFund appointment.

### **Learn to Write a Competitive Funding Application with GradFund's FREE Self-Paced Canvas Course**

Learn to write a competitive external funding application using GradFund's FREE self-paced Canvas course! This course teaches the art of competitive proposal writing through developing familiarity with both funders in your field of study and the proposal writing genre. Click [HERE](#) to enroll in GradFund's self-paced Canvas course.

[The Office of Financial Aid](#) can provide information about need-based funding and financial aid. Other forms of need-based aid or scholarships may be available through your school of enrollment.

## **– EMPLOYMENT OPPORTUNITIES –**

### **Rutgers Scarlet Services in Washington, DC Graduate Intern – RSS-DC**

*Compensation: \$25 per hour, 15 hours per week*

*Location: Remote or hybrid based in New Brunswick*

**Apply [HERE](#) by 6:00am on September 26!**

The Rutgers Scarlet Service in Washington, DC (RSS-DC) is seeking a passionate, hardworking graduate intern to assist with planning events and administrative projects for the 2025-2026 school year. RSS-DC provides nine-week summer internship experiences to Rutgers University undergraduate students at government offices and non-profit organizations while expanding their knowledge and skills to be engaged citizens. RSS-DC students receive a stipend, housing, and a free three-credit course while interning with a public service office or organization. The graduate intern reports to the Senior Program Coordinator for RSS-DC. Please review the job listing for additional details.

### **Marketing Video Creator – Rutgers School of Engineering**

*Compensation: \$20-30 per hour, 10 hours per week*

*Location: Hybrid*

**Apply [HERE](#) by 11:59pm on October 12!**

The Department of Electrical and Computer Engineering (ECE) is seeking a Rutgers student majoring in video production, communications, marketing, or any related field, to create a departmental marketing video. This video will be used at events such as the Open House and Rutgers Day to promote undergraduate and graduate recruitment. Some prior experience in video production is required. Please review the job listing for additional details.

### **Graduate Math/Statistics Tutor – Rutgers Undergraduate Academic Affairs**

*Compensation: \$30 per hour, 10 hours per week*

*Location: Hybrid*

**Apply [HERE](#) by 6am on October 30!**

Rutgers is seeking an Academic Success Mentor for Statistics and Math. ASMs are responsible for conducting scheduled 60 minute, one-on-one tutoring sessions with undergraduate students. Through these meetings, the tutor offers support in understanding difficult course material and the development of academic habits and study skills. This role spans throughout the academic year and reports directly to the SSS Senior Program Coordinator. Please review the job listing for additional details.

### **Web Application Developer Research Assistant – Bloustein School of Planning and Public Policy**

*Compensation: \$15-20 per hour*

*Location: On-site*

**Apply [HERE](#) by 6:00am on January 30, 2026!**

The Department of Architecture and Planning is seeking a motivated and creative Web Application Developer Research Assistant (RA) to support their research on AI digital tools and services. As an RA, you'll have the opportunity to contribute to live projects, collaborate with experienced researchers and faculty, and learn modern research and development practices in a flexible and supportive environment. This is a great opportunity for a computer science student with application development experience - it is not a data science role.

### **Exam Proctor – Office of Disability Services**

*Compensation: \$15.49 per hour*

*Location: In-Person*

**Apply [HERE](#) by 6:00am on February 12, 2026!**

The Office of Disability Services is recruiting graduate students to oversee exams as proctors. The exams may be implemented one-on-one, in a group, or online, and the proctor will be responsible for maintaining the testing environment, as well as communicating with the exam office and other proctors. Flexible availability is preferred, and proctors should be prepared to travel within several campuses. Please review the job listing for additional information.

### **Web Strategy & Resource Organization Assistant – Rutgers Graduate School of Education**

*Compensation: \$25-\$30 per hour, 10 hours per week*

*Location: Hybrid, based in New Brunswick*

**Apply [HERE](#) by 6:00am on March 9, 2026!**

The Rutgers Graduate School of Education is seeking a graduate student in communications, UI/UX, web strategy, or a related field, to assist in system and web development. Responsibilities include developing systems for resource organization, creating and refining existing webpages, and analyzing site metrics. The graduate assistant must have prior experience with CMS and dynamic content design, with a



strong understanding of UX principles, and accessibility standards. Please review the job listing for additional details.

### **Emergency Medical Technician (EMT) – Rutgers University Emergency Services**

*Compensation: \$22 per hour, 15 hours per week*

*Location: On-site*

**Apply [HERE](#) by 6:00am on August 10, 2026!**

The Rutgers University Emergency Services (RUES) is seeking Emergency Medical Technicians. This role requires you to answer all calls for emergency medical treatment on campus and surrounding communities and determine the extent of injuries for medical conditions to provide care, provide standby services for large campus events, and prepare detailed reports of all incidents. Please review the job listing for additional details.

## ***THE RESOURCE CORNER***

### **Access Adobe Creative Cloud FREE!**

The Adobe Creative Cloud software suite is available to all active Rutgers students, faculty, and staff! Access Adobe's most popular photography, graphic design, illustration, video, and web design software including Adobe Premier, Photoshop, Illustrator, InDesign, After Effects, and Acrobat and more! Click [HERE](#) for more information about accessing the Adobe Creative Cloud as a Rutgers affiliate.

### **Rent a Bike on Campus for \$50 Per Semester!**

The Rutgers University Department of Transportation manages an on-campus bicycle rental program that provides students with bicycles for transportation and recreational purposes. Students can rent a bicycle for as little as \$50 per semester and contribute to a greener and more environmentally friendly community! Click [HERE](#) to learn more about renting a bicycle through the bicycle rental program.

### **FREE Narcan Nasal Sprays Available Across Rutgers Campuses**

Rutgers Student Health encourages students to pick up Naloxone (brand name Narcan), available across multiple campuses, to be prepared in case of an emergency. This easy-to-use nasal spray can rapidly reverse an opioid overdose, working immediately, and causes no harm when administered correctly. Click [HERE](#) to find pickup locations and instructions on administering Narcan in the event of an overdose.

# **STUDENT SERVICES & SUPPORT**

## **Ongoing Support and Resources for International Students**

Rutgers University is aware of the recent, unexpected, terminations of lawful immigration status that are impacting international students at Rutgers and across the United States. International students, scholars, and faculty are deeply valued members of the Rutgers community and the university is committed to providing support during this time. Rutgers Global has created a global alerts webpage that is updated with resources and guidance regarding issues related to travel advisories, immigration policies, and regulatory updates that impact international students and scholars, as well as domestic students and faculty traveling abroad. Visit the Global Alerts webpage [HERE](#).

## **Student Basic Needs: Emergency Aid Fund**

The Rutgers Emergency Aid Fund provides RU-New Brunswick students with one-time need-based financial support for unforeseen, unavoidable, and unplanned costs associated with emergencies like accidents, illnesses, fire and water damage, or the need for emergency housing or food. International and undocumented students are eligible to apply for the Emergency Aid Fund. Click [HERE](#) for more information and to find the application for Emergency Aid.

## **Resource Webpage for Pregnant and Parenting Graduate Students**

The Office of Graduate Student Life, in partnership with the Office of Title IX & Compliance and the Supporting Parents & Caregivers at Rutgers (SPCR) Graduate Student Organization, recently launched a new resource webpage for pregnant and parenting graduate students! This webpage serves as a platform for helping pregnant and parenting students locate resources, policies, support services, and community engagement opportunities available at Rutgers University and in the local community. Click [HERE](#) to visit the webpage.

## **Academic, Employment, and Student Support Resources on the Graduate Student Life Website**

Looking for additional graduate student resources, services, or support? Check out the resource pages on our website! Find information on [Academic Support Resources](#), [Career & Professional Development](#), [Student Support Services & Resources](#) and more on our website!

Do you have an opportunity for graduate students that you would like to promote in the Graduate Student Life Weekly Digest? Submit it [HERE](#)!