

Graduate Student Life Weekly Digest

Graduate Student Life Weekly Digest September 15, 2025

Welcome to the Graduate Student Life Weekly Digest!

This weekly digest serves as official communication from the Office of Graduate Student Life and keeps you up-to-date on events, opportunities, campus resources and support services for graduate students at Rutgers-New Brunswick! Share with your friends and tell them to subscribe [HERE](#)! You can contact the Office of Graduate Student Life by emailing gradstudentlife@echo.rutgers.edu or visiting our offices during the week in the Graduate Student Lounge (126 College Ave, behind Panera Bread).

The Graduate Student Lounge is open from 7:00am-12:00am Monday-Friday and 9:00am-12:00am Saturday-Sunday. Click [HERE](#) to view the current daily hours for the College Ave. Student Center (includes Graduate Student Lounge). Learn more about the Office of Graduate Student Life by visiting our website [HERE](#)!

ANNOUNCEMENTS

Don't Miss Grad Knights: First Weeks @ RU Programs

All incoming and continuing graduate students are invited to various welcome and community-building programs in September to kick off the Fall 2025 semester. Programs are designed to introduce you to essential resources and services and provide opportunities and events to connect with other graduate students. There are graduate student-exclusive programs as well as university events open for both undergraduate and graduate students. Click [HERE](#) to view the listing of events.

Join a Graduate Student Affinity Group

Looking to get connected with other graduate students and participate in a fun and supportive community? Consider joining a peer-designed, peer-facilitated affinity group! Affinity groups are affirming spaces to build community with peers who share experiences, backgrounds, and social identities and connect with peers for personal and professional support and around shared interests. Six graduate affinity groups are being offered this semester: African Graduate Students, BIPOC LGBTQIA2S+ Graduate Students, Chinese Graduate Students, Rutgers International Graduate Students

(RINGS), Southeast Asian Graduate Students (SEA), and Supporting Neurodiversity at Rutgers. To read descriptions for each group and meet the student facilitators for each group to see which group(s) are a good fit for you click [HERE](#). Contact Dean Ghada Endick, gendick@echo.rutgers.edu or Program Assistant, Zoey Eddy ze26@scarletmail.rutgers.edu with any questions.

Happy National Student Parent Month!

Every September, the Office of Graduate Student Life celebrates our parenting graduate students during National Student Parent Month. This month of programming is dedicated to recognizing the importance of empowering student parents as they balance the demands of academics and family life; raise awareness about the unique challenges parenting students face; and provide opportunities to learn about resources and connect with other graduate student parents. Click [HERE](#) for a schedule of programs!

Scarlet Arts Rx: Free On-Campus Arts and Wellbeing Program

Rutgers - New Brunswick students! Sign up for the FREE, award-winning, on-campus arts and well-being program. Access MGSA music, theater, and dance performances that carry a ticket cost for free; free selected Makerspace activities; fun events; and the Scoop!, a weekly zine of free campus arts activities. Monthly \$50 gift card drawings and other prizes. Scarlet Arts Rx aims to give away State Theatre New Jersey group tickets twice a year. Click [HERE](#) to sign up, and click [HERE](#) to learn more about Scarlet Arts Rx!

– STAY INFORMED –

Looking for more ways to stay informed? Check out the [newsletters page](#) on our website! The newsletters page is the new home for information about various newsletters and listservs that are relevant to the graduate student experience including: the Graduate Student Association, Student Volunteer Engagement, Career Exploration and Success: Doctoral Career Community, Student Basic Needs, and more!

Follow Graduate Student Life on Instagram!

Stay up to date with the Office of Graduate Student Life by following us on Instagram [@rugradstudentlife](#)! Never miss another graduate student life event!

EVENTS

– THIS WEEK! –

Study Abroad Fair 2025 – Tuesday, September 16, 11:00am – 2:00pm

Location: Livingston Student Center, Multipurpose Room (84 Joyce Kilmer Ave., Piscataway, Livingston Campus)

Get to know about the 100+ study abroad programs offered at Rutgers, including semester, academic year, summer, winter, and spring break options. Scholarships are also available. Event features free food, prizes, and swag.

How to Thrive as a Pregnant or Parenting Grad Student: Navigating the Protections, Resources & Community – Tuesday, September 16, 2:00pm – 3:00pm

Location: Virtual

Register [HERE!](#)

Are you a student who is currently pregnant, planning a pregnancy, or raising children? Join us for this informational session on understanding how Title IX protects you from discrimination. The Office of Graduate Student Life, CAPS, and Basic Needs will also go over available resources and groups to get connected with to build community. Hosted by Title IX, Office of Graduate Student Life, CAPS, and Basic Needs.

Colorful Connections: Family Art Class – Tuesday, September 16, 6:00pm – 7:00pm

Location: Virtual

Email nikita.cuvilje@rutgers.edu to register

Celebrate National Student Parent Month with a joyful and creative virtual gathering for student parents and their children! Join Health Outreach, Promotion & Education on Zoom for a guided drawing session where families will follow along with a fun video to create their own version of a Funny Pumpkin Pie, a silly and seasonal character that's sure to spark smiles. This event is all about connection, creativity, and community. No art experience needed. Just bring your imagination and your little ones! Materials provided upon request (email to arrange pick up).

Scarlet Honor Council Information Session – Tuesday, September 16, 6:00pm – 7:00pm

Location: Virtual

Register [HERE!](#)

The Office of Student Conduct and Conflict Resolution Services invites undergraduate and graduate students to join the Scarlet Honor Council! The Scarlet Honor Council is a team of students committed to upholding Rutgers community standards and promoting a safe and civil campus environment. Membership in the council is a great opportunity to develop leadership skills, meet new people, and get involved in the public life of your campus. Members of the Scarlet Honor Council serve on the University Hearing Board and the Campus Appeals Committee and provide education and outreach to the Rutgers community. For more information about the council, click

[HERE](#). After submitting an application, students who are chosen to progress to the next stage will be invited to an interview. Appointments to the council will be made based on applications and interviews. Students who are appointed to the council must then complete the appropriate training program. Questions? Contact Ranaysia Burrell at rnb72@echo.rutgers.edu.

Yoga in the Galleries – Wednesday, September 17, 10:00am – 11:00am

Location: Zimmerli Art Museum (71 Hamilton St., New Brunswick, College Ave. Campus)

Reset your week with a relaxing, all-levels yoga session in a unique setting surrounded by art. Please bring your own mat. Find all the details [HERE](#).

Jazz on the Lawn: Free Music for Your Well-Being – Wednesday, September 17, 12:00pm – 1:30pm

Location: Institute for Food, Nutrition, and Health (Lawn near Harvest Cafe; 61 Dudley Rd., New Brunswick, C/D Campus)

Enjoy your lunch along while listening to melodies by popular jazz saxophonist Brandon Mejia, with Jeff Andalaro and Seraphina Taylor. Bring a picnic blanket if you would like! Weather permitting - no jazz in the rain. This event will happen every Wednesday until October 29, weather permitting.

LGBTQIA+ International Brunch – Wednesday, September 17, 1:00pm – 2:30pm

Location: Asian American Cultural Center (49 Joyce Kilmer Ave., Piscataway, Livingston Campus)

Welcome home! Join us at the Asian American Cultural Center for the LGBTQIA+ International Brunch! Come connect with fellow international, queer students, learn about resources available to both international and LGBTQIA+ students, and enjoy some delicious food throughout it all. This event is in collaboration with the Asian American Cultural Center and Rutgers Global.

Thursdays in Motion: Graduate Student Yoga – Thursday, September 18, 5:00pm – 6:00pm

Location: Graduate Student Lounge (Behind Panera Bread, 126 College Ave., New Brunswick, College Ave Campus)

Join us on Thursdays in the Fall 2025 semester to take a pause from your busy week by relaxing your mind and body with your fellow graduate students. Starting 9/18 - 11/20, we will be providing alternating movement activities between yoga and pilates. No registration needed. Mats and blocks are provided, and all skill levels are welcome! Email gradstudentlife@echo.rutgers.edu with any questions. Graduate Student Yoga is hosted by Rutgers Recreation and Office of Graduate Student Life.

GSA Game Night – Thursday, September 18, 7:00 PM – 12:00 AM

Location: College Ave. Student Center, Room 108 (126 College Ave., New Brunswick, College Ave. Campus)

Graduate school can be intense — that's why the GSA Tabletop Gaming Committee is here to help you unwind, recharge, and connect! Whether you're into classic board games, strategic challenges, or just want to hang out with fellow grad students in a low-pressure setting, this is the perfect opportunity. You can expect casual and competitive board games; a welcoming, inclusive environment; and a fun break from academic stress. Come solo or bring a friend — no experience needed, just a willingness to play and have fun!

FamiLGBTQIA+ Group – Friday, September 19, 1:00pm – 2:30pm

Location: Virtual

If you are a queer/LGBIA/transgender student, this confidential, supportive space is for you! Topics include navigating coming out, concerns related to family acceptance and rejection, dealing with current events, dating and relationships, building community, and everything in between! The group meets weekly over the semester every Friday. To join, call CAPS at 848-932-7884. For more information, email Dr. Krish Sehgal at krish.sehgal@rutgers.edu or Ms. Manda Gatto at gattoma@echo.rutgers.edu.

SKY Happiness Retreat – September 19–21, 6:30 – 9:30pm on Friday; 12:00pm – 4:00pm on Saturday/Sunday

Location: Cook Campus Center, Room 202ABC (59 Biel Rd., New Brunswick, C/D Campus)

Register [HERE](#) by September 18!

The SKY Happiness Retreat is an internationally acclaimed life-skills program that helps participants develop a relaxed, stress-free mind and an energetic, healthy body. A recent study at Yale University found that this retreat significantly reduces stress, depression, and has a long-lasting impact on mental health, mindfulness, positive emotion and social connectedness. The retreat teaches tools such as evidence-based meditation, yoga, breathwork, and self-exploration in a fun and experiential format. Join us on campus for a detox-weekend! This retreat is \$50 to participate. There is a scholarship available for all Rutgers. For more information, contact Divya Raskonda at dr1017@scarletmail.rutgers.edu or 609-917-8607.

International Graduate Students Rutgers Farmers Market Tour – Thursday, September 18, 3:00pm – 3:45pm

Location: Meet outside Panera Bread by College Ave. Student Center (126 College Ave., New Brunswick, College Ave. Campus)

Register [HERE](#)!

International Graduate Students: Join SEBS Office of Global Engagement for a fun and informative guided tour around the Rutgers Community Farmers Market! Learn about the different vendors and the fresh New Jersey grown produce and other products they

will be selling, as well as special perks that Rutgers students can get when they visit the farmers market, such as how to earn Market Bucks which can be used to buy fruits and veggies at no cost. Plus, all attendees will receive a FREE Rutgers Community Farmers Market branded tote bag! Tours will run about 30-45 minutes. Spaces are limited to 15 students so register today!

Rutgers Graduate Families Welcome Social – Saturday, September 20, 11:30am – 1:30pm

Location: Graduate Student Lounge (Behind Panera Bread, 126 College Ave., New Brunswick, College Ave Campus)

Register [HERE!](#)

New and returning graduate student families are invited to a special welcome event hosted by the Office of Graduate Student Life and the Student Parents and Caregivers at Rutgers (SPCR) Graduate Student Organization. This is a great opportunity to meet other grad families and enjoy an afternoon of food and fun!

Activities include:

- Pizza and Popsicles
- Fun games and crafts for children sponsored by Scarlet Arts Rx
- Socializing and info-sharing for parents

– RSVP NOW & COMING UP! –

COMING UP! Graduate Student Day of Service – Wednesday, September 24, 1:00pm – 3:00pm

Location: Meet on the front steps of College Avenue Community Church (100 College Ave., New Brunswick, College Ave. Campus)

Register [HERE!](#) Limited spots available.

Join us for a special afternoon of service with your fellow graduate students. We will be assisting the College Avenue Community Church with various activities as they prepare their food pantry and thrift shop for the new academic year. Activities may include lifting and moving food and clothing donations.

COMING UP! Volunteer Opportunities Information Session for Graduate Students – Wednesday, September 24, 4:00pm – 5:00pm

Location: Virtual

RSVP [HERE!](#)

Enhance your graduate student experience by joining us to learn more about opportunities to volunteer, participate in community service and/or connect to local community organizations. Hosted by the Student Centers and Activities, Office of Student Volunteer Engagement.

COMING UP! Inclusion Summit – Thursday, September 25, 9:00am – 3:30pm

Location: Livingston Hall (Livingston Student Center, 84 Joyce Kilmer Ave., Piscataway, Livingston Campus)

Register [HERE!](#)

The Tyler Clementi Center invites you to the fourth annual Inclusion Summit, which is open to all Rutgers-New Brunswick affiliated faculty, staff, and students. As we reflect on fifteen years since Tyler Clementi's passing, our theme this year is "Honor Legacy, Take Action." The Summit offers several dynamic capacity-building opportunities. Through inspirational talks, performances, and workshops, we'll learn to transform stories of resilience into a collective, actionable commitment toward inclusion for all. The event will also be livestreamed virtually if you cannot attend in person.

COMING UP! Zimmerli Highlights Tour – Sunday, September 27, 2:00pm – 3:00pm

Location: Zimmerli Art Museum (71 Hamilton St., New Brunswick, College Ave. Campus)

The popular series returns! Explore the galleries with student educators on free guided tours, highlighting key artworks in our collection. Learn more [HERE!](#)

COMING UP! From Revolution to Practice: Ranked-Choice Voting – September 29, 10:30am – 11:30am

Location: Eagleton Institute of Politics (191 Ryders Ln., New Brunswick, C/D Campus)

Register [HERE!](#)

Join Eagleton and Voter Choice NJ (VCNJ) to learn about ranked-choice voting and how it works. Participate in VCNJ's "Rank the Campus," an interactive voting simulation, followed by a panel discussion and Q&A. This event is in-person only. Light refreshments will be served.

– WELLNESS WORKSHOPS, GROUPS, & SUPPORT–

CAPS Fall 2025 Wellness & Therapy Groups

Please call CAPS at 848-932-7884 to get connected to a group that best suits your needs.

CAPS will be running in person wellness and therapy groups throughout the year including: ACCESS for ADHD on Tuesdays, 3:30pm-5:00pm (starting 9/30); Cultivating Calm on Tuesdays, 6:30pm-7:30pm (starting 10/14) and Wednesdays, 6:30pm-7:30pm (starting 10/1); International Student Wellness on Tuesdays, 3:00pm-4:30pm; and RU Grad (for grad students exclusively) on Tuesdays, 1:00pm-2:00pm. Plenty of workshops are being provided this fall! Click [HERE](#) to view the various available workshops and group descriptions. To get connected with any of these groups, please call **848-932-7884**.

Low Cost ADHD Assessments through the Rutgers Center for Youth Social Emotional Wellness and the Graduate School of Applied & Professional Psychology Center for Psychological Services

Location: Virtual

The Rutgers Center for Youth Social Emotional Wellness (CYSEW) in partnership with the Graduate School of Applied & Professional Psychology Center for Psychological Services (GSAPP) is now offering low-cost psychological assessments to all Rutgers Students. Assessments are \$150 and include a comprehensive screening for ADHD, anxiety, and depression, a detailed diagnostic report with resources, and a feedback session. To request a virtual assessment scheduled at your convenience, click [HERE](#). Contact the GSAPP Center for Psychological Services by calling 848-445-6111 or by emailing cysew@gsapp.rutgers.edu.

Couples Therapy Services Available at NJ Couples Clinic at the Rutgers Psychological Clinic

Location: NJ Couples Clinic (Rutgers Psychology Building, 152 Frelinghuysen Rd., Piscataway, Busch Campus)

The NJ Couples Clinic at Rutgers University is now offering evidence-based couples therapy, provided under expert supervision by advanced graduate students in clinical psychology. The clinic aims to provide a safe and supportive environment where couples and individuals can work on their relationship goals, whether it be overcoming challenges or simply enhancing their connection with their partner. The NJ Couples Clinic provides services such as guidance through communication improvement, conflict resolution, intimacy rekindling, and managing life transitions. Services are free to those with Rutgers student insurance and offered at a low sliding scale fee to those without. Contact co-director of the NJ Couples Clinic and GSAPP professor, Karen Riggs, at kskean@gsapp.rutgers.edu with any questions.

Weekly Let's Talk Drop in Counseling Conversations

Let's Talk is a free and confidential service offered by Community Based Counselors at CAPS, in various locations throughout campus. It provides students with opportunities to drop in for an informal consultation with a counselor to discuss personal concerns in a comfortable and non-judgmental setting. Let's Talk is also available in-person or by phone. Students are welcome to visit any Community Based Counselor they would like and may choose a counselor based on the topic they would like to discuss and the counselor's therapeutic approach or community.

The graduate student focused counselors, Dana and Shan will be hosting weekly Let's Talk sessions on the following days during the Fall 2025 semester:

- **Tuesdays:** 2:00pm-4:00pm
Location: Honors College Building, Room E125 (15 Seminary Pl., New Brunswick, College Ave. Campus) and on [Zoom](#) with Shan
- **Thursdays:** 10:00am-12:00pm
Location: CABM, Room 240 (679 Hoes Ln. W, Piscataway, Busch Campus) and on [Zoom](#) with Dana
- **Thursdays:** 2:00pm-3:00pm
Location: Chemistry & Chemical Biology Building, Room 2105 (123 Bevier Rd., Piscataway, Busch Campus) and on [Zoom](#) with Shan

Click [HERE](#) for information and schedules for all Let's Talk sessions and click [HERE](#) to learn more about individual CAPS Community Based Counselors (look for "Community Based-Counselor").

Uwill: FREE Immediate-Access to Teletherapy

Uwill provides free immediate access to teletherapy through an easy-to-use, private, secure, confidential, online platform. Choose a therapist based on your preferences, including issue, gender, language, and ethnicity. Select a time that fits your schedule, including day, night, and weekend availability. Register and book your first session using your Rutgers email [HERE](#).

FREE Fitness & Wellness Classes Offered by Rutgers Recreation!

Rutgers Recreation offers a wide range of FREE fitness and wellness classes at each of the four campus recreation centers for students, faculty, staff, and recreation members. Choose from *Pilates*, *Yoga*, *BodyCombat*, *Spin*, *Strength*, *Grit*, and more! All necessary equipment and mats are provided and classes are designed to accommodate all fitness levels, chat with your instructor if you are new to a particular class type. To learn more about classes offered or schedules, check out the daily schedule [HERE](#) or in the [RUREC2GO](#) app!

CILRU Weekly Programming

Location: CILRU, 122 College Ave., New Brunswick, College Ave. Campus

Center For Islamic Life at Rutgers University (CILRU) is dedicated to helping the Muslim community at Rutgers University attain the resources it needs to provide each member with an inclusive space where they are able to foster a rich and meaningful Muslim identity. The following programs will run all semester:

- **Mondays:** Muslim Leadership Study Circle, 5:30pm-6:30pm
A weekly halaqah/learning circle at CILRU geared towards passing on knowledge and skills for Muslim leaders of students orgs on campus. There is a required reading of texts and assignments for participation. *Invitation only*, please email chaplain@cilru.org for more information.

- **Tuesdays:** Seerah of the Prophet(s), 5:30pm-6:30pm
A weekly gathering to go over a portion of the life of the prophet Muhammad (PBUH) and earlier prophets, and lessons you can learn from them. Open to all.
- **Wednesdays:** Muslim History, 5:30pm-6:30pm
A weekly presentation of a survey of Muslim history in order to inherit Islam with confidence and to appreciate where you come from to be more prepared to direct your future. Open to all.
- **Fridays:** Chaplain Chats, 2:30pm-3:30pm
After Jum'ah prayer each week on campus, join a weekly discussion of current events related to the Rutgers and greater Muslim community. This will be held in person at the same location as Jum'ah prayer on campus (typically Cook Campus Center MPR). Open to all.

– ACADEMIC SUPPORT & WORKSHOPS –

Research Methods Workshop: Data Analysis 2 – Wednesday, September 17, 3:30pm – 5:00pm

Location: Virtual

Register [HERE!](#)

Join the Rutgers Libraries Data Librarian, Ryan Womack, for this Data Science workshop! This workshop explores how to implement statistical methods in R as well as parallel techniques in Python. Topics include statistical tests, regression, sampling, and bootstrap methods.

Research Methods Workshop: Introduction to EndNote – Thursday, September 18, 12:30pm – 1:30pm

Location: Virtual

Register [HERE!](#)

Join Science Research Librarian, Mei Ling Lo, for this EndNote workshop! EndNote 2025 is a citation management software that helps organize references and generate bibliographies. This workshop will cover how to capture references from databases, build and manage a library, and use EndNote's features to cite sources while writing papers.

Research Methods Workshop: R Graphics with ggplot2 – Wednesday, September 24, 3:30pm – 5:00pm

Location: Virtual

Register [HERE!](#)

Join the Rutgers Libraries Data Librarian, Ryan Womack, for this Data Science workshop! This workshop introduces the main features of ggplot2, a tidyverse package for R that offers extensive and flexible graphical capabilities within a consistent

framework. Prior familiarity with R, including an understanding of packages, structure, and syntax, is recommended.

Graduate Workshop Series: Reading and Selecting Journal Articles – Tuesday, September 23, 6:00pm – 7:00pm

Location: Virtual

Register [HERE](#)!

The Rutgers Learning Centers encourage graduate students to attend this workshop, which will go over strategies on how to read journal articles effectively, tips on selecting appropriate journal articles, and discuss current struggles with reading said articles. Please contact Dr. Wilson Ng at wwn2@echo.rutgers.edu with any questions.

Systematic Review Series Part 2: Formulating a Research Question – Thursday, September 25, 12:00pm – 1:00pm

Location: Virtual

Register [HERE](#)!

Join Information and Education Librarian Matt Bridgeman for a workshop on how to craft an effective research question. This workshop will cover tips and tricks in creating the proper question and how to avoid common pitfalls. There will be a brief question and answer segment and the session will be recorded for later viewing.

Free Dissertation Success Curriculum

Rutgers Doctoral students are invited to enroll in a free dissertation success curriculum offered by NCFDD. If you are dealing with procrastination, perfectionism, and isolation regarding your dissertation writing, consider joining this study cohort for the fall! This curriculum will guide you and your peers through weekly lessons and homework, while receiving encouragement and support from a faculty moderator. Registration is included with your membership. To activate your account, click [HERE](#) and go through the sign on process. Head to the Dissertation Success Space and enroll in the Fall '25 Cohort. If you start after September 2, you can catch up or follow the solo study option where you will still receive weekly email prompts and be able to participate in the community space, but can start on your own timing. Questions? Contact support@ncfdd.org.

Graduate Writing Accountability Group Sessions

Need some structure and motivation with working on your projects and assignments? Join a Graduate Writing Accountability Session hosted by the Graduate Writing Program and the Learning Centers! Using the Pomodoro method as a structure, these facilitated sessions will provide a supportive atmosphere where graduate students can sit together on Zoom and write alongside other graduate students to make progress toward their goals. These sessions are hosted on Thursdays, either 11:00am – 1:00pm or 4:00pm – 6:00pm. Click [HERE](#) to view the schedule and register for each session!

Academic Coaching with Dr. Wilson Ng

Meet Dr. Wilson Ng (he/him/his), the newly appointed Senior Program Coordinator and Academic Coach for Graduate Student Services at the Rutgers Learning Centers. Dr. Ng provides one-on-one academic coaching and facilitates workshops and programming tailored to graduate students. With a background in college student affairs and years of experience in student development and support, he is eager to bring his expertise to the Rutgers community and looks forward to collaborating with students as they navigate their academic journeys in graduate school! Click [HERE](#) to make a one-on-one appointment with Dr. Ng via Penji. For any questions, email him at wwn2@echo.rutgers.edu.

PROFESSIONAL DEVELOPMENT, FUNDING, & EMPLOYMENT OPPORTUNITIES

– PROFESSIONAL DEVELOPMENT –

TIIP Teaching Workshop: First Time TA – Tuesday, September 16, 12:00pm – 1:00pm

Location: Virtual

Register [HERE](#)!

Have you started teaching a lab, a class, or a recitation section this semester and want to discuss some questions that have come up? This session is specifically designed to explore common teaching moments you might encounter as a first-time TA. We will share some tips and tricks for a great first-time teaching experience! This session is part of the [Improving Your Classroom Skills certificate program](#) for graduate students and postdocs.

TIIP Teaching Workshop: Hosting Effective Office Hours – Monday, September 22, 12:00pm – 1:00pm

Location: Virtual

Register [HERE](#)!

In this workshop, we will discuss common objectives of office hours and strategies for offering effective office hours that support undergraduate student learning and wellness. This session is part of the [Improving Your Classroom Skills certificate program](#) for graduate students and postdocs.

TIIP: Teaching & Learning Community for Graduate Students and Postdocs – Monthly Meetings

Location Virtual

Register [HERE!](#)

Looking for a space to connect with other graduate students and postdocs dedicated to teaching? The Teaching & Learning Community for Graduate Students and Postdocs is a supportive, member-driven space where you discuss the scholarship of teaching and learning. Meeting dates are included in the registration link above. Please fill out the registration form and the detailed meeting schedule will be emailed to you when ready.

– SCHOLARSHIP & FUNDING RESOURCES –

Check Out GradSense – A Financial Resource for Graduate Students

GradSense is a website designed to help current and prospective students make informed financial decisions about graduate school. GradSense provides guidance on how to evaluate the cost and value of a graduate degree; determining if graduate school aligns with long-term career goals; options for funding a graduate degree and applying for financial assistance; and essential tips on managing finances while in graduate school. GradSense is free and available to anyone who is interested in learning more about the financial considerations of graduate school. GradSense is managed by the Council of Graduate Schools (CGS) and generously supported by TIAA. Click [HERE](#) to access GradSense.

Build a Fellowship Plan with GradFund!

[GradFund](#) provides graduate students with information on how to apply for external scholarship, fellowship, and funding opportunities. GradFund also provides guidance and assistance with application processes.

Schedule an appointment with a GradFund advisor for fellowship assistance! Schedule a Planning Meeting to learn how to search for fellowships and grants or to plan out your future funding applications. Request Help with a Funder to learn about the funder's application review process and find the best way to frame your research plans for a particular application. Book an Application Review appointment to have a GradFund advisor review your application materials for one application. Schedule a Post-Award Consultation for advice on moving forward after receiving a fellowship offer. Wherever you are in the fellowship, grant, or award process, GradFund is here to help! Click [HERE](#) for more information on GradFund and click [HERE](#) to schedule a GradFund appointment.

Learn to Write a Competitive Funding Application with GradFund's FREE Self-Paced Canvas Course

Learn to write a competitive external funding application using GradFund's FREE self-paced Canvas course! This course teaches the art of competitive proposal writing through developing familiarity with both funders in your field of study and the proposal writing genre. Click [HERE](#) to enroll in GradFund's self-paced Canvas course.

[The Office of Financial Aid](#) can provide information about need-based funding and financial aid. Other forms of need-based aid or scholarships may be available through your school of enrollment.

– EMPLOYMENT OPPORTUNITIES –

Class/Lab Assistant – Office of Disability Services (ODS)

Compensation: \$16.50 per hour

Location: On campus

Apply [HERE](#) by 6pm on September 12!

The Office of Disability Services is seeking graduate students to work as class or lab assistants to support students with disabilities. Assistants are responsible for assisting the student with activities they may find challenging due to their disability, such as handling specimens, manipulating equipment, navigating the classroom, or providing visual descriptions. Specific responsibilities vary depending on the student's needs and the course in which you will be assisting with. Preferred candidates should have prior experience in the course they will be assisting with. Please review the job listing for more details.

Rutgers Scarlet Services in Washington, DC Graduate Intern – RSS-DC

Compensation: \$25 per hour, 15 hours per week

Location: Remote or hybrid based in New Brunswick

Apply [HERE](#) by 6:00am on September 26!

The Rutgers Scarlet Service in Washington, DC (RSS-DC) is seeking a passionate, hardworking graduate intern to assist with planning events and administrative projects for the 2025-2026 school year. RSS-DC provides nine-week summer internship experiences to Rutgers University undergraduate students at government offices and non-profit organizations while expanding their knowledge and skills to be engaged citizens. RSS-DC students receive a stipend, housing, and a free three-credit course while interning with a public service office or organization. The graduate intern reports to the Senior Program Coordinator for RSS-DC. Please review the job listing for additional details.

Data Science Graduate Specialist – Rutgers Libraries

Compensation: \$25 per hour, 10 hours per week

Location: On-site

Apply [HERE](#) by 6:00am on September 30!

The Rutgers New Brunswick Libraries seek two Data Science graduate specialists to provide instruction and consultation in data analytics tools and methods. It is expected that the Data Science Graduate Specialists will develop and deliver workshops, hold virtual office hours, and provide e-mail help to the Rutgers community on their areas of expertise. Please review the job listing for additional details.

Web Application Developer Research Assistant – Bloustein School of Planning and Public Policy

Compensation: \$15-20 per hour

Location: On-site

Apply [HERE](#) by 6:00am on January 30, 2026!

The Department of Architecture and Planning is seeking a motivated and creative Web Application Developer Research Assistant (RA) to support their research on AI digital tools and services. As an RA, you'll have the opportunity to contribute to live projects, collaborate with experienced researchers and faculty, and learn modern research and development practices in a flexible and supportive environment. This is a great opportunity for a computer science student with application development experience - it is not a data science role.

Exam Proctor – Office of Disability Services

Compensation: \$15.49 per hour

Location: In-Person

Apply [HERE](#) by 6:00am on February 12, 2026!

The Office of Disability Services is recruiting graduate students to oversee exams as proctors. The exams may be implemented one-on-one, in a group, or online, and the proctor will be responsible for maintaining the testing environment, as well as communicating with the exam office and other proctors. Flexible availability is preferred, and proctors should be prepared to travel within several campuses. Please review the job listing for additional information.

Web Strategy & Resource Organization Assistant – Rutgers Graduate School of Education

Compensation: \$25-\$30 per hour, 10 hours per week

Location: Hybrid, based in New Brunswick

Apply [HERE](#) by 6:00am on March 9, 2026!

The Rutgers Graduate School of Education is seeking a graduate student in communications, UI/UX, web strategy, or a related field, to assist in system and web development. Responsibilities include developing systems for resource organization, creating and refining existing webpages, and analyzing site metrics. The graduate assistant must have prior experience with CMS and dynamic content design, with a

strong understanding of UX principles, and accessibility standards. Please review the job listing for additional details.

Emergency Medical Technician (EMT) – Rutgers University Emergency Services

Compensation: \$22 per hour, 15 hours per week

Location: On-site

Apply [HERE](#) by 6:00am on August 10, 2026!

The Rutgers University Emergency Services (RUES) is seeking Emergency Medical Technicians. This role requires you to answer all calls for emergency medical treatment on campus and surrounding communities and determine the extent of injuries for medical conditions to provide care, provide standby services for large campus events, and prepare detailed reports of all incidents. Please review the job listing for additional details.

THE RESOURCE CORNER

Get EndNote FREE through the Rutgers Libraries!

EndNote is available to all Rutgers students, faculty, and staff through the Rutgers Libraries! EndNote is a desktop program for collecting and organizing references that allows you to create a searchable personal reference database, find full text articles, manage and annotate PDF files, cite references while writing a paper, create bibliographies in your preferred style, and more! Click [HERE](#) for more information about downloading EndNote as a Rutgers affiliate.

Gender Affirming Care Services Provided by Rutgers Student Health

Rutgers Student Health provides a wide range of gender affirming care services, including assistance with medical and counseling services. Rutgers Student Health can provide assistance related to transitioning, including: medical counseling, hormone therapy, hormone-level monitoring, referrals to external healthcare providers such as endocrinologists or surgeons, and signing official name-change documents. Rutgers Student Health Services also provides a variety of counseling services including: structured evidence-based individual counseling, group counseling, crisis management, substance abuse assessment and treatment, psychiatric services, and referrals to community providers. To learn more about the gender affirming care services provided by Rutgers Student Health, click [HERE](#). You can contact Rutgers Student Health by phone at 848-932-7402 or email at health@rutgers.edu.

STUDENT SERVICES & SUPPORT

Ongoing Support and Resources for International Students

Rutgers University is aware of the recent, unexpected, terminations of lawful immigration status that are impacting international students at Rutgers and across the United States. International students, scholars, and faculty are deeply valued members of the Rutgers community and the university is committed to providing support during this time. Rutgers Global has created a global alerts webpage that is updated with resources and guidance regarding issues related to travel advisories, immigration policies, and regulatory updates that impact international students and scholars, as well as domestic students and faculty traveling abroad. Visit the Global Alerts webpage [HERE](#).

Student Basic Needs: Emergency Aid Fund

The Rutgers Emergency Aid Fund provides RU-New Brunswick students with one-time need-based financial support for unforeseen, unavoidable, and unplanned costs associated with emergencies like accidents, illnesses, fire and water damage, or the need for emergency housing or food. International and undocumented students are eligible to apply for the Emergency Aid Fund. Click [HERE](#) for more information and to find the application for Emergency Aid.

Resource Webpage for Pregnant and Parenting Graduate Students

The Office of Graduate Student Life, in partnership with the Office of Title IX & Compliance and the Supporting Parents & Caregivers at Rutgers (SPCR) Graduate Student Organization, recently launched a new resource webpage for pregnant and parenting graduate students! This webpage serves as a platform for helping pregnant and parenting students locate resources, policies, support services, and community engagement opportunities available at Rutgers University and in the local community. Click [HERE](#) to visit the webpage.

Academic, Employment, and Student Support Resources on the Graduate Student Life Website

Looking for additional graduate student resources, services, or support? Check out the resource pages on our website! Find information on [Academic Support Resources](#), [Career & Professional Development](#), [Student Support Services & Resources](#) and more on our website!

Do you have an opportunity for graduate students that you would like to promote in the Graduate Student Life Weekly Digest? Submit it [HERE](#)!